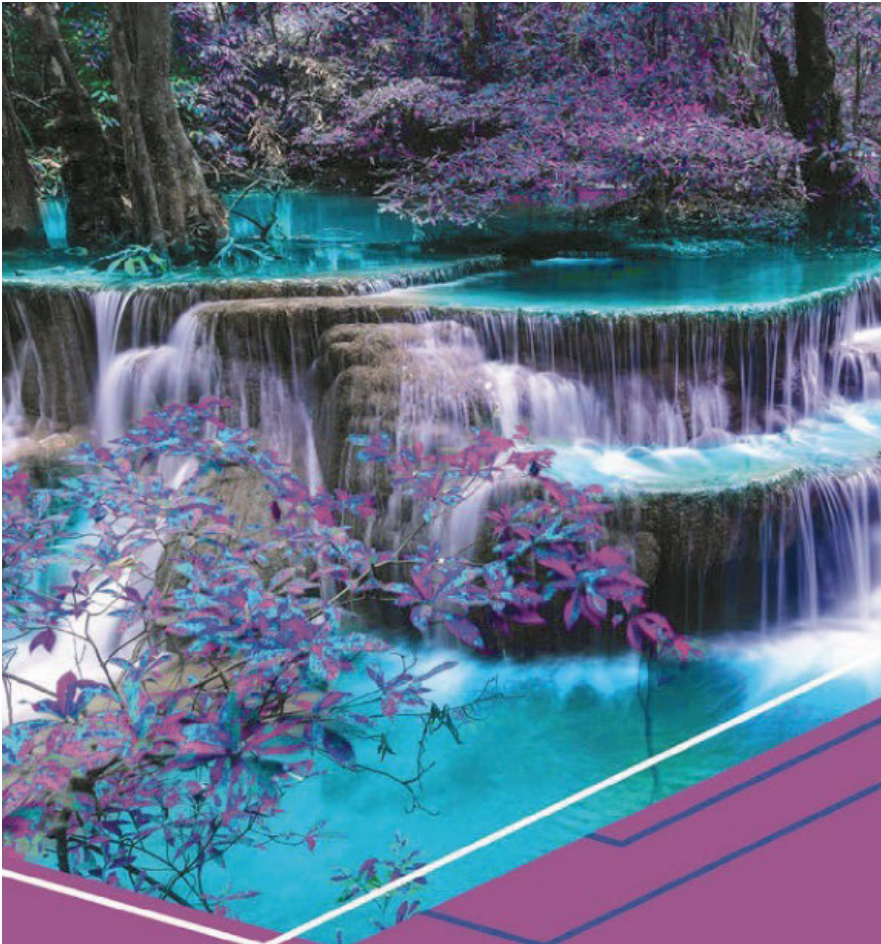




# OUR LADY OF THE *Assumption* PARISH

5057 COTTAGE WAY  
CARMICHAEL, CA 95608  
(916) 481-5115  
WWW.OLAPARISH.NET  
PARISH@OLAPARISH.NET



## 18<sup>th</sup> SUNDAY IN ORDINARY TIME

"But God said to him, 'You fool, this night your life will be demanded of you; and the things you have prepared, to whom will they belong?' Thus will it be for all who store up treasure for themselves but are not rich in what matters to God."  
- Lk 12:20-21

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD

©LPI

### Regular Mass Schedule

**Saturday vigil Mass  
at 5:00 p.m.**

**Sunday Masses at 7:30 a.m.,  
9:00 a.m., 11:00 a.m.,  
and 7:30 p.m.**

**8:00 a.m. daily Masses  
(Monday-Friday and  
first Saturday)**

**Holy Days of Obligation:  
8:00 a.m. and 5:30 p.m.**

**Confessions are heard inside  
the church on Saturday  
afternoons at 3:30 p.m.**

*You may also call the parish office  
to schedule an appointment.*

Please visit our website and  
subscribe to Flocknote for more  
information about our parish,  
ministries, and upcoming events.

**[olaparish.net](http://olaparish.net)**



**[flocknote.com/olaparish](http://flocknote.com/olaparish)**

**Sunday, August 3, 2025**

**Bulletin for the  
Eighteenth Sunday in Ordinary Time**

**Pastor**

**Rev. Eduino T. Silveira**  
**[pastor@olaparish.net](mailto:pastor@olaparish.net)**

**Pastors Emeriti**

**Rev. Brendan McKeefry &  
Rev. Michael F. Kiernan**

### **PARISH OFFICE HOURS**

**Monday - Friday  
8:30 a.m. - 2:30 p.m.**

**OLA PARISH SCHOOL  
PRESCHOOL - EIGHTH GRADE  
(916) 489-8958**

**School Website: [school.olaparish.net](http://school.olaparish.net)**

**Principal: Robert Love**

### **OLA ST. VINCENT DE PAUL SOCIETY**

***Provides assistance for those in need  
within our parish boundaries.***

**Please call: (916) 481-6352**

**Monday - Friday | 9:00 a.m. - 11:00 a.m.**

**Food Locker hours of operation  
are Tuesday and Thursday mornings  
from 10:00 a.m. - 12:00 p.m.**

Emails from OLA Parish staff will be sent  
from an @olaparish.net email address or  
sent from OLA Parish via Flocknote  
([mail@flocknote.com](mailto:mail@flocknote.com)). Please check the  
sender's email address if you receive any  
suspicious emails. Thank you.

**You are invited to follow OLA Parish on  
Facebook, Instagram, and YouTube!**



**[facebook.com/OLAParish](https://facebook.com/OLAParish)**



**[instagram.com/ola\\_parish\\_ca](https://instagram.com/ola_parish_ca)**



**[youtube.com/@OLAParishCA](https://youtube.com/@OLAParishCA)**

## PARISH STAFF

### Pastor

Rev. Eduino T. Silveira | pastor@olaparish.net

### Office Manager

Stacie Nieves | officemgr@olaparish.net

### Worship and Communications

Casey Oliver | worship@olaparish.net

### Ministry Coordinator

Jane Ricci | ministrycoordinator@olaparish.net

### Faith Formation

Tracy Urban | faithformation@olaparish.net

### Youth Ministry

Johann Rubia-Miller | youth@olaparish.net

### Parish Maintenance

Jake Benjamin olamaint@olaparish.net

## ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

## OLA SCHOOL

Principal: Robert Love

Admissions: Elisabeth Gustorf advancement@olaparish.net

General Questions: Donna Eaddy eaddy@olaparish.net



### SATURDAY, August 2<sup>nd</sup>

8:00 AM † Jutta Woodington

5:00 PM † Michael Campos  
by Gordon family

### SUNDAY, August 3<sup>rd</sup>

7:30 AM † Bill Portillo

9:00 AM † Kevin Livingston  
by Sue Livingston

11:00 AM (Sp) Johnny Overholt  
by Doud family

7:30 PM All Parishioners (*Missa Pro Populo*)

### MONDAY, August 4<sup>th</sup>

8:00 AM (Sp) Tomasa Washington  
by Anne Perez

### TUESDAY, August 5<sup>th</sup>

8:00 AM (Sp) Stacey Claxton  
by Laurie Brown

### WEDNESDAY, August 6<sup>th</sup>

8:00 AM † Matt Walas  
by Stan Walas  
† Jesse De Souza  
by De Souza parents  
† Mary Byrholdt  
by Virginia De Souza, daughter

### THURSDAY, August 7<sup>th</sup>

8:00 AM †† Juan and Amelia San Miguel  
By Portillo family

### FRIDAY, August 8<sup>th</sup>

8:00 AM † Jutta Woodington

### SATURDAY, August 9<sup>th</sup>

5:00 PM † Matt Walas  
by Stan Walas

### Parish Mission Statement

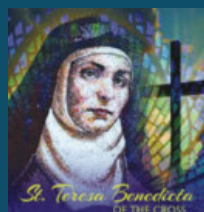
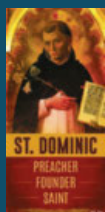
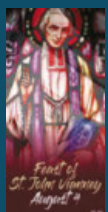
**Love and Serve God. Love and Serve One Another.**

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

### Observances for the week of August 3, 2025

Sunday: 18<sup>th</sup> Sunday in Ordinary Time  
Monday: St. John Vianney, Priest  
Tuesday: The Dedication of the Basilica of St. Mary Major  
Wednesday: The Transfiguration of the Lord  
Thursday: St. Sixtus II, Pope, and Companions, Martyrs;  
St. Cajetan, Priest  
Friday: St. Dominic, Priest  
Saturday: St. Teresa Benedicta of the Cross, Virgin and Martyr  
Next Sunday: 18<sup>th</sup> Sunday in Ordinary Time

©LPi



THE  
Transfiguration  
OF  
Jesus

## JOIN OUR OLA COMMUNITY

We ♥ love  
having you as part of our flock



Keep in touch  
with us via  
email & text



Sign up for Flocknote emails and the Flocknote Engage educational resources by scanning the QR code or at <https://olaparish.flocknote.com/>.

**Aren't signed up for OLA Parish Flocknote yet? We can help you!** We can assist you in the parish office and via email. Call the parish office or email Deacon Michael Tateishi at [deacon@olaparish.net](mailto:deacon@olaparish.net).

**Are you attending Mass regularly at Our Lady of the Assumption Church but not registered?**

Register today as a parishioner! Go online to <https://olaparish.net/community/register-us> or scan the QR code.



Current parishioners may also update/verify contact information using the parishioner registration form.



## Support our church easily & securely with online giving!

Our church now uses *Flocknote* for secure online giving! You can donate by visiting the website below on your computer or a mobile browser!

- ✓ It's the **easiest & most secure way** to give to our church and its ministries!
- ✓ You can make one-time donations or you can set up automatic, recurring giving!



**Sign up for online giving through your OLA Parish Flocknote account or by visiting <https://olaparish.flocknote.com/give>.**

Flocknote Fund It transaction fees are the industry standard 1.1% + 30¢ per ACH transaction, and 2.9% + 30¢ per credit/debit card transaction.

**For questions or assistance with your OLA Parish Flocknote account, please send an email to [flocknotesupport@olaparish.net](mailto:flocknotesupport@olaparish.net).**

## PARISH CALENDAR

### Sunday, August 3rd

**Masses: 7:30 am – 9:00 am  
– 11:00 am – 7:30 pm**  
**After 9:00 am Mass** Pray & Play – Playground  
**5:00 pm** Adult Fellowship – Church and Affinito Hall

### Monday, August 4th

**8:00 am** Mass  
**4:00 pm** Meditation Group – Church

### Tuesday, August 5th

**8:00 am** Mass  
**8:30 am – 7:00 pm**  
Exposition of the Blessed Sacrament – Church

### Wednesday, August 6th

**8:00 am** Mass  
**6:00 pm** Catholics in Recovery – St. Anne's Room  
**6:00 pm** OCIA – Affinito Hall Mtg. Rm. 3

### Thursday, August 7th

**8:00 am** Mass  
**8:30 am – 7:00 pm**  
Exposition of the Blessed Sacrament – Church  
**7:00 pm** Living the Word – Affinito Hall Mtg. Rm. 3

### Friday, August 8th

**8:00 am** Mass

### Saturday, August 9th

**3:30 pm** Confessions – Church  
**5:00 pm vigil Mass** – Church

To see a complete calendar of events, please view our parish website calendar at: <https://olaparish.net/calendar>.

### † Funeral Arrangements †

Patricia Anderson  
Saturday, August 23<sup>rd</sup> at  
9:30 a.m.



**Next week, we will take up the Collection for the Church in Latin America.** For many in Latin America and the Caribbean, a rising Secular culture, difficult rural terrain, and a shortage of ministers all present obstacles to practicing the faith. Your support for the collection provides lay leadership training, catechesis, priestly and religious formation, and other programs to share our Catholic faith with those who long to hear the Good News of Christ. **To learn more about how your gifts make a difference, visit [www.usccb.org/latin-america](http://www.usccb.org/latin-america). To donate online, visit <https://www.scd.org/ccla>.**

Weekend Offertory 07/27/25	\$ 9,074.00
E-Giving 07/21/25 to 07/27/25	\$ 2,810.35
<b>Total:</b>	<b>\$11,884.35</b>
July Debt Reduction Total:	\$ 969.00

**We appreciate  
your  
contributions!**

## LEAVE A LEGACY OF FAITH:

### Include OLA in your Estate Planning

Ensure your *faith* and *values* live on for generations to come by including OLA in your will or estate plans.

Your *legacy gift* will support our parish's mission, ministries, and future growth.

Questions? Contact Elisabeth Gustorf, Advancement Director,  
[advancement@olaparish.net](mailto:advancement@olaparish.net)

## GOSPEL MEDITATION

**August 3, 2025**  
**18<sup>th</sup> Sunday in Ordinary Time**  
**Luke 12:13-21**

Recent studies suggest that millennials will be the first generation in America to be worse off than their parents in terms of financial earnings and job status. Many lament this. I propose that this week's Gospel provides a hopeful way to see the trend as good news.

The Lord Jesus says, "Take care to guard against greed, for though one may be rich, one's life does not consist in possessions" (Luke 12:15). Greed damages us with the deception that we are what we possess. But to Jesus, this is simply not true. What makes us happy is who we are, who we become.

Does not the expectation that every generation should do better than their parents subtly mask the poison of greed? A similar attitude is mirrored in the man who demands that Jesus justly arrange his share of the family inheritance. Despite the injustice, Jesus will not play that game. In fact, he seems to prefer that the man have less than his parents. What good would having more be to this man if he becomes enslaved and miserable by greed? What good would it be for us to have more if it means we become much less?

In allowing the man to have less, Jesus opens a space for him to become more: a man free to love. In that much more meaningful sense, perhaps he was better off than his parents. Maybe the millennials will be, too.

– John Muir

©LPI



**For those in our  
community who have  
passed away...**

**Luann Hollis and Patricia Anderson**

*Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.  
May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.*

©LPI

## PRAY FOR OUR SICK BROTHERS & SISTERS

### **Bulletin Sick List Policy**

**To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list.**

The names will be added in alphabetical order. Once a name is added, it will be removed either when requested OR after six months. Names will then be removed *unless there is a specific request to keep the name on the list for longer.*

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email:

[communications@olapish.net](mailto:communications@olapish.net).

Thank you.

**Doug Abbes**

**Cathy Apker**

**Shannon Armstrong**

**Donna Blaschke**

**Ryan Daniels**

**Yolande De Forge**

**Robert DeAnda**

**John DeSouza**

**Aaron Esselman**

**Bobbie Hall**

**Kathy Harreld**

**Dorothy Heimbichner**

**Matthew Holmes**

**Christine Jansen**

**Sheila Johnson**

**Michael Kyalwazi**

**Michael and Shannon Langer**

**Kathleen Lemieux**

**Elaine Lyons**

**Delilah Macfal**

**Bennett Mattingly**

**Armie Mauricio**

**Amber Morris**

**Langford Metzger**

**Jessica Montgomery**

**Nguyen Family**

**Kathleen Nolan**

**Dave Palmer**

**Maria Passarelli**

**Esther Paulos**

**Camille Peter**

**Adam Peter**

**T.J. Rapozo**

**Rob & Teresa Reavis**

**Guadalupe Rodriguez**

**Mary Roy**

**Marie Schuring**

**Hannon Sulochana**

**April Valencia**

**Linda Vaughan**

**Wesley Villariza**

**Tomasa Washington**

**Charlie Wetherall**

**Jack Wetherall**

**Cole Miller Whitney (baby)**

**Lawrence Wilhelm**

**Pat Wood**

**Call the parish office to add a name or to remove a name from this list.**

**Distribution of the Eucharist to our homebound parishioners is available.**

Eucharistic Homebound Ministers are dedicated to serving the spiritual needs of our homebound parishioners by bringing Christ to them and keeping them connected to our community. **Leave a message for Peggy Vellanoweth at the parish office if you would like to receive the Eucharist.**

### **OLA Communications Information**

DEADLINES	BULLETIN WEEKEND DATES	ARTICLE DUE
	August 16 <sup>th</sup> – 17 <sup>th</sup>	Aug. 8 <sup>th</sup>
	August 23 <sup>rd</sup> – 24 <sup>th</sup>	Aug. 15 <sup>th</sup>
	August 30 <sup>th</sup> – 31 <sup>st</sup>	Aug. 22 <sup>nd</sup>

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at <https://olapish.net/communications-committee>. We will try to accommodate the dates you would prefer your item to appear. *All requests are subject to approval by Father Eduino.* **For questions contact [communications@olapish.net](mailto:communications@olapish.net).**

## PARISH AND SCHOOL NEWS

### OLA 75<sup>th</sup> Anniversary Dinner

**Following the 5:30 p.m. Mass for our parish feast day, we will have a very special parish feast day dinner in Affinito Hall.**

**All of the seats at the dinner are now filled.** If you have a seat reserved and your plans change, please cancel your RSVP so others can sign up. There is a waitlist you can sign up for on our parish website [www.olaparish.net](http://www.olaparish.net) or by logging onto your OLA Parish Flocknote account.

**You may also use your smartphone camera to scan the QR codes below to join the wait list, make a donation online, and/or purchase raffle tickets for the gift basket raffle.**



Scan for Wait List



Scan to Donate



Scan for Raffle Tickets



**Our Gift Baskets themes include:** Family Car Trip, Prayer, Halloween, Sports, Cozy, Kids Crafts, Brain Booster, and more! The baskets are excellent gifts for weddings, house warmings, new families, grandparents' house fun, trips, etc.!

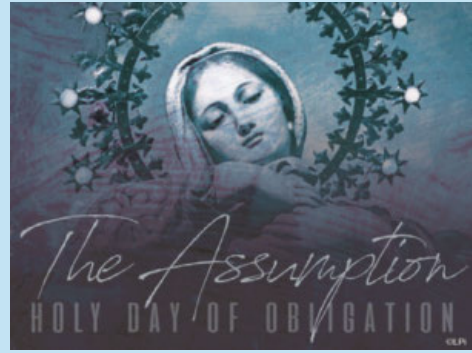
**How does a Gift "Basket" Raffle work?** You may purchase as many \$2.00 raffle tickets as you would like. When you buy five tickets, you get one extra free! You must be present to win. You can purchase them on-line and have them waiting for you at check in, or you can purchase them at the dinner. You will place as many raffle tickets as you want into the containers in front of the various gift baskets until the MC announces the end. Then one ticket will be drawn from each container and that person will be announced as that Gift Basket winner!

**How does the Dessert Auction work?** First of all, EVERYONE gets Leatherby's Ice Cream for dessert! **In addition**, we will have many scrumptious desserts to auction off. There will be a sheet of paper in front of each one. You write your name and bid amount on the paper. The MC will announce the end of the auction (yes there will be a warning). The bid sheets will be collected and the winner announced by the MC. You are welcome to eat the dessert at the dinner or bring it home to enjoy later!

**We are collecting memories about OLA in commemoration of our anniversary year. Please share a fond OLA memory in writing or a picture with your contact information** and email it to [communications@olaparish.net](mailto:communications@olaparish.net), drop off at the parish office, or drop it off on the weekends in the memory collection basket on the table near the altar server room (rectory side door). We look forward to reminiscing together at our parish feast day dinner! **To help out at the dinner, please contact Jane at [ministrycoordinator@olaparish.net](mailto:ministrycoordinator@olaparish.net).**

## Parish Feast Day and Holy Day of Obligation

*Solemnity of the Assumption of the Blessed Virgin Mary*

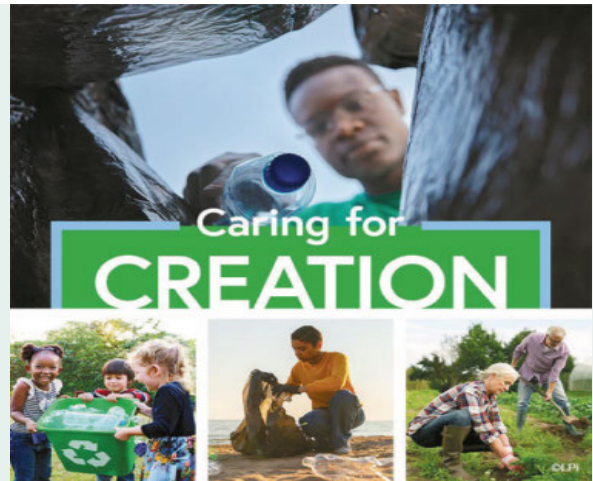


**Join us for Mass on Friday, August 15<sup>th</sup>, for the Solemnity of the Assumption of the Blessed Virgin Mary.** It is a Holy Day of Obligation. **Masses will be at 8:00 a.m. and 5:30 p.m.** Students from OLA School will be present at the 8:00 a.m. Mass, and the OLA School faculty will be participating in liturgical ministries.

Both Masses will be live streamed on our parish website, Facebook page, and YouTube channel.

**Our Lady of the Assumption, pray for us!**

## Final Weekend of Summer Recycling Challenge



**The Summer Recycling Challenge concludes this weekend!**

There will be a collection area under the portico where you can drop off your bags of recycling after all the weekend Masses.

**Thank you again for your support!**

## Adult Fellowship at OLA



**All adult parishioners 18 and older are invited to a fellowship of prayer and pickup basketball on Sunday, August 17<sup>th</sup>.**

Come to the church as early as 5:00 p.m. if you like. There will be a group rosary at 5:30 p.m. followed by basketball in Affinito Hall. Basketball will wrap up in time for those attending 7:30 p.m. Mass. The parish is hoping to grow this new fellowship and offer it on a regular basis! Please join us and spread the word! Questions? Please contact Catherine Olguin at 916-223-1257 or [catharina.936@gmail.com](mailto:catharina.936@gmail.com).

## PRAYER AND FORMATION AT OLA

### Exposition of the Blessed Sacrament

All are invited to come pray in the church on Tuesdays and Thursdays from 8:30 a.m. – 7:00 p.m.



***Make time this summer to pray in the peaceful presence of our Lord.***

***All are invited to pray a Holy Hour if you have the time to do so.***

To sign up for an Adoration time slot, please contact Don Thamer at [don.nprz6@gmail.com](mailto:don.nprz6@gmail.com) or (916) 549-7195 mobile/text.

### OLA Meditation Group

**This group gathers weekly and follows Christian meditations to help participants grow in relationship with Christ.**

Meetings are in the church on the first and third Mondays of the month, at 4:00 p.m., and on Zoom the other Mondays of the month. Email Fran Rider at [birider2808@sbcglobal.net](mailto:birider2808@sbcglobal.net) for more information. ***"Be still and know that I am God."***

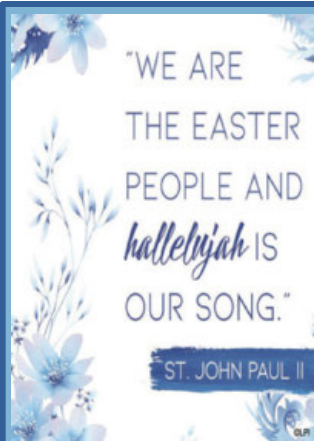


### Living the Word Scripture Study

All are welcome for Living the Word Scripture Study on Thursday evenings at 7:00 p.m. in Affinito Hall Meeting Room 3. At Living the Word, we discuss the Sunday scripture readings and how they apply to our daily lives.

### Catholics Coming Home

If you are returning to your Catholic Faith, we would like to offer an informal conversation with a member of the parish staff to help facilitate a comfortable active return to our church community by sharing information on topics that may have changed in your absence: Sacraments, Explanation of Mass, Church Terminology, Divorce/Annulment, etc. as well as discussing the many OLA ministry options. Interested? Please leave a message for Jane at (916) 481-5115 or send an email: [ministrycoordinator@olaparish.net](mailto:ministrycoordinator@olaparish.net). We are very excited to have you join our faith family!



**Choir in the Pews is a volunteer ministry that is open to all ability levels.** We need prepared singers in the pews who are willing to sing out during Mass to support and encourage the singing of others. If you have been interested in participating in music ministry, but have never had the time, this ministry is for you! **Please email Casey Oliver at [worship@olaparish.net](mailto:worship@olaparish.net) to learn more.**

### What is a Holy Hour?

A holy hour is the practice of spending one hour's time in the presence of the Blessed Sacrament, praying and meditating on the agony of Jesus Christ. More broadly, a holy hour can also refer to any 60 minutes set aside in prayer and reflection, whether in church or elsewhere.

The holy hour devotion dates to the late 17th century, when St. Margaret Mary Alacoque received visions of Jesus Christ. In these visions, the Lord requested that St. Margaret Mary spend one hour every Thursday evening lying prostrate and meditating upon his agony in the Garden of Gethsemane. This practice calls back to the Gospel of Matthew, which tells of Jesus' desire for the disciples to "remain here and keep watch with me" (Matthew 26:38) as he awaited his passion.

Holy hours can be made privately or in community, and the USCCB has created a variety of different holy hour formats that can be found at [www.usccb.org/prayer-and-worship/prayers-and-devotions/eucharistic-devotion](http://www.usccb.org/prayer-and-worship/prayers-and-devotions/eucharistic-devotion). ©LPI



### OLA Faith Formation Program Update

The OLA Faith Formation program will resume on Sunday, September 7, at 10:15 a.m. in Bannon Hall with a family orientation. Registration for the program will take place all Sundays in August in the Faith Formation Office (door to the left of the Parish Office) from 10:00 a.m. – noon. Visit the parish website to learn more: <https://olaparish.net/formation/faith-formation/becoming-catholic-children>.

**There is an urgent need for catechists to guide children, youth, and families preparing for the sacraments of initiation in growing their relationship with Jesus and sharing the principles and practices of our Catholic faith and traditions.** Please reach out to Tracy Urban, Faith Formation Coordinator at [FaithFormation@olaparish.net](mailto:FaithFormation@olaparish.net) or (916) 509-0625.

**There will be a Back to School Mass and blessing for ALL students "pre through PhD" (preschool-college), school personnel, and all those who support students on Sunday, August 17<sup>th</sup>, at the 11:00 a.m. Mass.**

### Learn more about becoming Catholic

**Are you interested in learning more about our rich Catholic faith and possibly becoming Catholic? Or do you know someone who is interested? If you are the age of 18 or older and interested, inquiries will be held on the following Wednesdays: August 6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> and 27<sup>th</sup>.** All sessions will be from 7:00-8:00 p.m. in Affinito Hall, Meeting Room 3 (accessed via Cottage Way). You are welcome to join us at all four sessions and learn more! We will answer your questions and share the OCIA process. If you will be joining us, or if you have any questions, contact Jordan Holmes via email at [ocia@olaparish.net](mailto:ocia@olaparish.net).

# LOVE AND SERVE GOD, LOVE AND SERVE ONE ANOTHER



## St. Vincent de Paul Society OLA Conference

For those who need assistance and live within our parish boundaries, the SVdP food locker is open Tuesdays and Thursdays from 10 A.M. – 12 P.M. We can also help with utility and rent payments. Questions? Call (916) 481-6352.



If you have fresh vegetables and/or fruits from your garden, our clients would greatly appreciate them. These can be dropped off on Tuesday and Thursday mornings.

Thank you for dropping off your donations at the parish office or in the SVdP collection boxes at the back of the church.

In the spirit of love and justice, the Society of St. Vincent de Paul, Sacramento Diocesan Council provides help to our neighbors in need through person-to-person service. Our organization, through a network of charity, provides help to those who live in poverty and struggle to make ends meet.

A network of friends inspired by Gospel values, growing in holiness and building a more just world through personal relationships with and service to people in need. A network of friends inspired by Gospel values, growing in holiness and building a more just world through personal relationships with and service to people in need.

Through your contributions we are able to aid people in desperate times in their lives. Your continued financial assistance will help anyone who is in real need: the children, the homeless, the elderly and the hungry.

"What's gray, has four legs and a trunk?"



"A mouse on a pilgrimage!"

**CHALLENGE!** A "pilgrimage" is a form of prayer that involves a trip or journey to a holy place. The entire journey becomes a prayer!

## Worldwide Marriage Encounter

**Worldwide Marriage Encounter is offering a great experience for couples and religious.** The experience is presented by three couples and a priest. This is a time to Restore, Rekindle and Renew your relationship with your spouse. As we say "not everyone needs a weekend, the DESERVE a weekend". To register go to <http://sacramentowmme.org>.

## Find healing at Rachel's Vineyard



Call (916) 733-0161 or email  
[projectrachel@scd.org](mailto:projectrachel@scd.org).

All messages are confidential.



## OLA Ministry Opportunities & Info.

Want to join a ministry? Does your ministry need assistance? We can help you!

For more information about ministry at OLA, visit our parish website: <https://olaparish.net/community/ministries>.

Do you wish to learn more about our parish ministries and/or sign up to become involved? Our OLA Ministry Coordinator Jane Ricci is here to help! Please reach out to Jane via email at [ministrycoordinator@olaparish.net](mailto:ministrycoordinator@olaparish.net). You may also call the parish office at (916) 481-5115 to leave a message.



## OLA's Gabriel Project Update



We are excited to share that Alba, an expectant mother in our community, gave birth to twins three weeks early! They are 6lbs and healthy boys! The doctor had told her she was having a girl – OOPS! Alba also has a teenage son and a four-year-old son.

We've already delivered some items to her and she is truly grateful for the support. However, she still needs donations of new or gently used items, including a double stroller, sleep sacks (size S/M), playmats, baby bouncers, baby care toiletries (such as baby wash, diaper cream, etc.), and infant toys. Please drop off items at the parish office or contact Sharon Kropf at [skropf@winfirst.com](mailto:skropf@winfirst.com) / 916-705-7812. Let's continue to support Alba and her growing family during this exciting time!

## Weekly Meetings at OLA



Join Catholic in Recovery Wednesday nights at 6 p.m. in St. Anne's Room. Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer. Confidentiality is protected. We welcome those recovering from any addiction, compulsion, or unhealthy attachment: alcoholism; drug addiction; compulsive overeating; restricted eating; lust/pornography addiction; gambling addiction; technology addiction; compulsive spending; codependency; control, fear, resentment, and grief. For more information, visit our website: [www.catholicinrecovery.com](http://www.catholicinrecovery.com), or Bill B. at (561) 827-0624 or at [bbefort@bellsouth.net](mailto:bbefort@bellsouth.net).



**Pregnant? Worried?  
Need Help?**  
**Call (800) 910-0191**

*The Gabriel Project*

**LOCK**  
REAL ESTATE  
DRE# 00443547

**Nancy Arndorfer**  
Parishioner  
916-838-1763  
narndorfer@golyon.com

**IF YOU LIVE ALONE**

**MDMedAlert!**™  
✓ Ambulance/Police  
✓ Family/Friends  
✓ GPS & Fall Alert  
**CALL NOW! \$19<sup>95</sup> mo.**  
800.808.9294 • md-medalert.com

**SUPPORT OUR ADVERTISERS!**

PRAY FOR OUR BISHOP & EAT ICE CREAM!

**leatherby's**  
Family Creamery

**15% OFF**  
Not valid with any other promotions  
2333 ARDEN WAY

**iSmile Dental Spa** Dr. Angel Soto  
Dr. Carla Gutierrez  
(916)979-7122 • 6227 Fair Oaks Blvd, Carmichael, CA  
www.ismiledentalspa.com  
**COMMITTED TO DELIVERING THE HIGHEST QUALITY DENTAL CARE**

**JB** Jason Borg & Associates, Inc.  
A Professional Law Corporation  
(916) 478-4234 www.jasonborglaw.com  
Family Law, Bankruptcy: Chapter 7 & 13, Wills, Trusts & Probate

**Brandt's Painting**  
484-7877  
Russell James Brandt - Owner  
Since 1989 License #652471  
Quality Work • Free Estimates

**LET'S GROW YOUR BUSINESS**  
Place Your Ad Here  
and Support Our Parish!

**CONTACT ME**  
**Joanne Sullins**  
jsullins@4LPi.com • (800) 950-9952 x2662

**EL DORADO SAVINGS BANK**  
Serving our local communities for over 65 Years  
Dinah McMillin | Branch Manager  
4701 Manzanita Ave. • 916-481-0664

**EMIGH ACE Hardware**  
Sacramento's Hardware Store Since 1908  
3555 El Camino Ave  
Sacramento, CA 95821  
916-482-1900 emigh.com

**ARDEN DISPATCH**  
shipping • mailboxes  
gifts & more!

**We're Open!**  
3575 Arden Way • Sacramento, CA  
916-418-4673  
store@ardendispatch.com  
M-F: 10am-5:30pm • Sat: 10am-2pm

**DOES YOUR NONPROFIT ORGANIZATION NEED A NEWSLETTER?**  
Engaging, ad-supported print and digital newsletters to reach your community.  
Visit [lpicommunities.com](http://lpicommunities.com)

**OUR COMMUNITY NEWSLETTER**  
OCTOBER EDITION

Scan to contact us!



*Thank you*  
**Martin Ross**

**YOUR CATHOLIC RESOURCE FOR END-OF-LIFE CARE**

**CALVARY CEMETERY & FUNERAL CENTER**  
F02262  
916.726.1232 • CFCSSACRAMENTO.ORG  
FUNERAL • MORTUARY • CREMATION • BURIAL

**PLACER CARPET CLEANING**  
truck mount system  
Placer carpet cleaning services@gmail.com  
3 areas \$145 / 4 areas \$195  
oversized rooms will be charge extra area rug cleaning  
**Tile and Grout Cleaning**  
**916-289-8376**  
Jose

**FREE AD DESIGN**  
with purchase of this space  
**CALL**  
800-477-4574

**Lombard Funeral Home** Dignity®  
AT-NEED & PRE-NEED  
Funeral & Cremation services  
Serving our community since 1942  
Call Today 916-483-3297  
1550 Fulton Ave, Sacramento, CA 95825  
www.Lombardfunerals.com

**SUPPORT OUR PARISH**

INSURANCE | WEALTH MANAGEMENT  
ESTATE PLANNING & TAX STRATEGIES | LONG TERM CARE

**Jeremy J. Wakamiya**  
Financial Advisor  
Northwestern Mutual  
Wealth Management Company®  
**916-212-9165**  
2990 Lava Ridge Court, Ste 210 • Roseville, CA 95661

Scan QR code to learn more:

**catholicmatch®**  
California  
[CatholicMatch.com/CA](http://CatholicMatch.com/CA)

**WILLS • TRUSTS • PROBATE**  
**S. Susan King, Esq.**  
Certified Legal Specialist  
by the State Bar of California  
(916) 794-3003  
sking@sacbusinesslaw.com  
**Complimentary Consultation**  
Garafola, King & McCordle, LLP  
7801 Folsom Blvd., Suite 109 • Sacramento

**Steve Ridenour**  
REALTOR®  
License# 01922051  
Cell: (916) 806-6912  
**SteveSellsSac.com**

**LYON**  
REAL ESTATE

**Be a Hero for the Homeless**

**joshua's house**  
VOLUNTEER HOSPICE  
[Joshuahousehospice.org](http://Joshuahousehospice.org)

Hospice care for the terminally ill homeless.  
No one should die alone on the street.  
**Please donate today at [GIVEJH.COM](http://GIVEJH.COM)**  
Opening in Summer 2024