



OUR LADY OF THE Assumption PARISH

LOVE AND SERVE GOD · LOVE AND SERVE ONE ANOTHER

5057 COTTAGE WAY CARMICHAEL, CA 95608 · (916) 481-5115 · OLAPARISH.NET

OUR MISSION

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

JOIN OUR COMMUNITY

If you are attending Mass in person or online but not yet registered? PLEASE REGISTER TODAY! Access our online form by scanning the QR code or by visiting our parish website at <https://olaparish.net/register-us>.

Scan the QR code using your smartphone camera for the online parish registration form.



CONTACT US

OUR LADY OF THE ASSUMPTION CATHOLIC CHURCH
Address: 5057 Cottage Way Carmichael, CA 95608

Phone: (916) 481-5115

E-mail: parish@olaparish.net

Website: www.olaparish.net

Parish Office Hours

Monday - Friday | 8:30 a.m. to 2:30 p.m.

flocknote.com/olaparish

facebook.com/OLAParish

youtube.com/@OLAParishCA

instagram.com/ola_parish_ca

OUR LADY OF THE ASSUMPTION PARISH SCHOOL

Preschool - Eighth Grade

Phone: (916) 481-5115

Website: <https://school.olaparish.net/>



MARCH 8, 2026

THIRD SUNDAY OF LENT

PASTOR

Rev. Eduino T. Silveira

PASTORS EMERITI

Rev. Brendan McKeefry and Rev. Michael F. Kiernan

MASS AND CONFESSION SCHEDULE

WEEKEND MASSES

Saturday vigil | 5:00pm

Sunday | 7:30am, 9:00am, 11:00am, & 7:30pm

DAILY MASS

Monday - Friday | 8:00am

First Saturday | 8:00am

HOLY DAYS OF OBLIGATION

8:00am & 5:30pm

RECONCILIATION

Saturday | 3:00pm

You may also call the parish office to schedule an appointment for confession.

EUCCHARISTIC ADORATION



Exposition of the Blessed Sacrament at OLA takes place each Tuesday and Thursday following the 8:00am Mass and concludes at 7:00pm.



OLA ST. VINCENT DE PAUL SOCIETY provides assistance for those in need within our parish boundaries. Please call (916) 481-6352 Monday - Friday from 9:00am - 11:00am.

OLA SVdP Food Locker hours of operation are Tuesday and Thursday mornings from 10:00am - 12:00pm.

OLA PARISH STAFF

PASTOR

Fr. Eduino Silveira - pastor@olaparish.net

OFFICE MANAGER

Stacie Nieves - officemgr@olaparish.net

WORSHIP DIRECTOR

Casey Oliver - worship@olaparish.net

FAITH FORMATION

Tracy Urban - faithformation@olaparish.net

PARISH MAINTENANCE

Jake Benjamin - olamaint@olaparish.net

Emails from OLA Parish staff will be sent from an @olaparish.net email address or sent via OLA Parish Flocknote (mail@flocknote.com). Please check the sender's email address if you receive any suspicious emails.

ADVISORY BOARD CHAIRPERSONS

PASTORAL COUNCIL

Carmy Baca

FINANCE COUNCIL

Joe Selewicz

BUILDINGS & GROUNDS

John Blashke

To reach out to any of our parish advisory council chairpersons, please call the parish office or send an email to their attention at parish@olaparish.net

OLA PARISH GIVING UPDATE

SUNDAY COLLECTION

February 28 - March 1 Donations: \$16,734

UPCOMING SECOND COLLECTIONS

March 14/15 our parish will take up The Catholic Relief Services Collection. Learn more about the collection at www.usccb.org/catholic-relief.

March 28/29 will be the 5th Sunday Collection for OLA SVdP. OLA SVdP serves those in need who live within our parish boundaries through the food locker and by helping with utility and rent payments.

Thank you for your generous gifts to the OLA Sunday collection and second collections!

OLA PARISH FLOCKNOTE



Our parish uses Flocknote multipurpose software for our parishioner database, for email messaging, and for online giving. Flocknote also offers a smartphone app that allows you to easily check parish communications, view educational videos through Flocknote Engage, and access Flocknote Online Giving to make a gift, view your giving history and donor summaries, or update recurring gifts.

Keep current with details of OLA parish activities by scanning the QR code or going online to <https://olaparish.flocknote.com>.

Once there, be sure to join the OLA Parish Carmichael News and the OLA Parish Carmichael Faith and Catechesis email groups to receive important updates from OLA, including the weekly bulletin.

If you haven't signed up for online giving yet and would like to do so, please scan the QR code or visit our online giving portal at [https://olaparish.flocknote.com/give to sign up](https://olaparish.flocknote.com/give-to-sign-up). Flocknote Online Giving is a simple and secure way to donate online. If you need assistance or have questions about online giving, please email our parish Flocknote support team at flocknotesupport@olaparish.net.



Scan the QR code using your smartphone camera for OLA Parish Flocknote emails.



Scan the QR code using your smartphone camera for OLA Parish Flocknote online giving.



OLA PARISH COMMUNICATIONS



If you have an event to promote or news to share, please fill out the Communications Request Form at <https://olaparish.net/communications>. All requests are subject to approval by our pastor, Fr. Eduino Silveira. Due to limited bulletin space, we may be unable to include your announcement, or it may be shortened to 1-2 lines. For questions, please send an email to communications@olaparish.net.

Bulletin Weekend Dates

March 21st - 22nd

March 28th - 29th

April 4th - 5th

Submission Due Dates

March 13th

*March 19th

*March 23rd

**Due dates may be earlier due to the printer's holiday schedule.*

MASS INTENTIONS

SATURDAY, MARCH 7TH

8:00am

†† Juan & Amelia San Miguel *by Portillo family*

5:00pm

† Sue Oliver *by George & Kathy Whitehouse*

† Joseph Cotton *by Mom and Dad*

(Sp) Matt Dooling *by Siobhan and Tony Riehl*

SUNDAY, MARCH 8TH

7:30am

† Jody Quint *by Denise Dube*

9:00am

† Theresa Hergula *by Frank Romano*

(Sp) Nicolas Becerra *by Aida Lund*

11:00am

† Mike Ellison *by Brothers family*

† Janice Kostal *by Frank Romano*

7:30pm

All Parishioners (Missa Pro Populo)

MONDAY, MARCH 9TH

8:00am

† Margaret Rodriques

† Maria Del Carmen *by Sofia Gomez*

TUESDAY, MARCH 10TH

8:00am

† Jennifer Shershebera *by Kannengeiser family*

WEDNESDAY, MARCH 11TH

8:00am

† Joao Jose Machado

THURSDAY, MARCH 12TH

8:00am

† Michael Ann *by Rockentstein family*

†† Richard and Patty (anniversary)

†† Dale and Arlene Fuller *by Portillo family*

FRIDAY, MARCH 13TH

8:00am

† Mary Jammal *by Jammal family*

(Sp) Jake Warlitner (birthday) *by Grandparents DeSouza*

(Sp) Tomasa Washington *by Anne Perez*

SATURDAY, MARCH 14TH

5:00pm

† Richard Chacko *by Carole Chacko*

PARISH CALENDAR

SUNDAY, MARCH 8TH

7:30am, 9:00am, 11:00am, and 7:30pm Mass - Church

9:50am (After Mass) Pray & Play - Preschool Playground

12:00pm Baptisms - Church

5:00pm Adult Fellowship - Church / Affinito Hall

MONDAY, MARCH 9TH

8:00am Mass - Church

7:00pm Gabriel Project - Affinito Hall Rm. 3

TUESDAY, MARCH 10TH

8:00am Mass - Church

8:30am - 5:00pm Exposition of the Blessed Sacrament - Church

6:00pm Confirmation Mass - Church

WEDNESDAY, MARCH 11TH

8:00am Mass - Church

6:00pm Catholics in Recovery - St. Anne's Room

7:00pm OCIA - Affinito Hall, Room 3

THURSDAY, MARCH 12TH

8:00am Mass - Church

8:30am - 7:00pm Exposition of the Blessed Sacrament - Church

3:00pm Saint Vincent de Paul, OLA Conference Mtg. - Affinito Hall Rm. 3

6:30pm She Shall Be called Woman - St. John's Hall

7:00pm Living the Word - Affinito Hall Rm. 3

FRIDAY, MARCH 13TH

8:00am Mass - Church

5:45pm Soup Supper - St. John's Hall

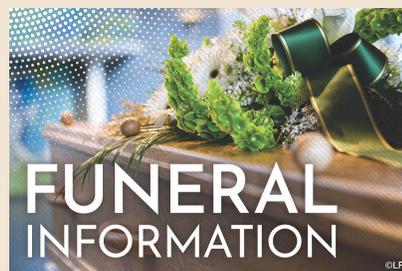
7:00pm Stations of the Cross - Church

SATURDAY, MARCH 14TH

3:00pm Confessions - Church

5:00pm vigil Mass - Church

For a **COMPLETE** listing of events, visit our parish website: <https://olaparish.net/calendar>.



Funeral Mass for Michael Ellison

Saturday, March 28th
at 12:00 pm

PRAY FOR OUR SICK BROTHERS AND SISTERS



*For those in pain and in sorrow,
God be their comfort.*

*For caretakers and medical staff,
God give them grace.*

*Surround those afflicted with Your
love, care, and mercy,
You who are our healing and hope.
Amen.*

BULLETIN SICK LIST POLICY

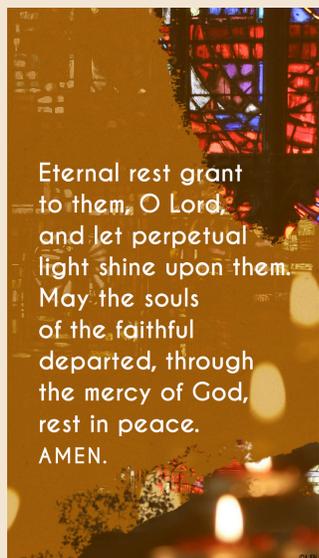
To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list. The names will be added in alphabetical order. When a name is added it will be in bold type for a week. Once a name is added, it will be removed either when requested OR after six months, unless there is a specific request to keep the name on the list for longer.

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email: communications@olaparish.net.

Doug Abbes
Mariano Afonso
Cathy Apker
Shannon Armstrong
Carmy Baca
Doreen Baldwin
Donna Blaschke
Larry E. Carnine
Joan Cotton
Ryan Daniels
Yolande De Forge
Robert DeAnda
Aaron Esselman
Bobbie Hall
Kathy Harreld
Dorothy Heimbichner
Matthew Holmes
Christine Jansen
Sheila Johnson
Maya Juarez
Michael Kyalwazi
Michael and Shannon Langer
Julia Silva Lara
John Lemieux
Kathleen Lemieux
David DeLeonardis
Elaine Lyons
Delilah Macfal

Bennett Mattingly
Armie Mauricio
Langford Metzger
Margaret Mongeau
Jessica Montgomery
Nguyen Family
Kathleen Nolan
Jane Osborn
Dave Palmer
Camille Peter
Adam Peter
T.J. Rapozo
Rob & Teresa Reavis
Salvador Silva Reyes
David Rider
Guadalupe Rodriguez
Mary Roy
Emily Tuazon
Linda Vaughan
Wesley Villariza
Rachel Wann
Tomas Washington
Charlie Wetherall
Jack Wetherall
Cole Miller Whitney (baby)
Lawrence Wilhelm
Pat Wood
Bobby Zoppi

FOR THOSE IN OUR COMMUNITY WHO HAVE PASSED AWAY



HOMEBOUND PARISHIONERS

Distribution of the Eucharist to our homebound parishioners is available from our Eucharistic Homebound Ministers who are dedicated to serving the spiritual needs of our homebound by bringing Christ to them and keeping them connected to our community. Please leave a message for Peggy at the parish office (916) 481-5115 for details.

BEREAVEMENT SUPPORT GROUP

The OLA Bereavement Support Group will have its next meeting on Monday, March 16th, from 6:00 p.m. - 7:30 p.m. in St. Paul's Room, next to the parish office.

If you have any questions or would like more information, reach out to Daniel Hernandez via email at d315hernandez@gmail.com.

PRAYER AND FORMATION AT OLA

LENT AND EASTER TRIDUUM SCHEDULE

Sunday, March 8st - Third Sunday of Lent

- 1st Scrutiny for Catechumens at the 11:00 am Mass

Tuesdays, March 10th, 17th, 24th, and 31st

- 8:30am – 7:00pm Exposition of the Blessed Sacrament in the church (**8:30am - 5pm 3/10**)
- 6:30pm Rosary in the presence of the Blessed Sacrament (livestream) (**no rosary 3/10**)

Thursdays, March 12th, 19th, and 26th

- 8:30am – 7:00pm Exposition of the Blessed Sacrament in the church
- 7:00pm Living the Word Scripture Study in Affinito Hall Rm. 3

Fridays, March 13th and 27th

- 5:45pm-6:45pm Soup Supper in St. John's Hall
- 7:00pm Stations of the Cross in the church (livestream)

Friday, March 20th

- 6:00pm Stations of the Cross in the church
- 6:30pm Lenten Fish Fry

Saturdays, March 14th, 21st, and 28th

- 3:00pm Sacrament of Confession in the church

Monday, March 23rd

- 6:15pm Lenten Contemplative Prayer followed by 6:30pm Lenten Penance Service

Thursday, April 2nd - Holy Thursday

- 7:00pm Holy Thursday Evening Mass of the Lord's Supper (livestream)
- Adoration of the Most Blessed Sacrament in the chapel following Mass until 9:00pm

Friday, April 3rd - Good Friday

- 12:00pm Good Friday Service
- 7:00pm Good Friday Stations of the Cross in the church

Saturday, April 4th - Easter Vigil

- 8:15pm Easter Vigil

Sunday, April 5th - Easter Sunday Masses/Events

- 8:00am Mass
- 10:00am Mass (livestream)
- 11:00am (approximately) Easter Egg Hunt after the 10:00am Mass
- 12:00pm Mass
- *There will be no 7:30pm evening Mass on Easter Sunday.*

YOUTH STATIONS OF THE CROSS

Join us for our parish Youth Stations of the Cross followed by the annual OLA Lenten Fish Fry on Friday, March 20th. The OLA Youth Stations of the Cross will be featuring youth from our parish school, Faith Formation program, and Youth Ministry. Stations of the Cross begins at 6:00 p.m. in the church. We are looking for student readers (grades 2-8) for the Stations of the Cross. The readings are short and simple, and readings will be emailed to you as soon as you sign up. We will meet in the church at approximately 5:30 p.m. that night to briefly review the readings and the order. We are also looking for students to help sing in the choir. Email Casey Oliver at worship@olaparish.net if your student is interested in volunteering to read or sing.

Doors open for the Lenten Fish Fry after the Youth Stations of the Cross, and dinner will be served after the blessing. Please see page 7 of the bulletin for more information about the fish fry.

LENTEN CONTEMPLATIVE PRAYER AND PENANCE SERVICE

Join us at OLA on Monday, March 23rd for Lenten Contemplative Prayer at 6:15 p.m. and the Lenten Penance Service at 6:30 p.m.

Several priests will be present to hear confessions, and there will be live Lenten instrumental music.

All are welcome to attend this prayerful event to help us prepare our hearts for Easter.

VOLUNTEER NEEDED FOR EUCHARISTIC ADORATION

A volunteer is needed on a regular basis to take the 3:00pm to 4:00pm shift on Thursdays for Eucharistic Adoration. *This is an excellent way to pray during the Lenten season and beyond.*

To sign up for this or any Adoration time slot, please contact Don Thamer at don.nprz6@gmail.com or text (916) 549-7195.

PARISH AND SCHOOL NEWS

OCIA (ORDER OF CATHOLIC INITIATION FOR ADULTS) UPDATES



On Sunday, February 22, the catechumens (those to be baptized at the Easter Vigil Mass) participated in the Rite of Sending at the 9 A.M. Mass, during which Father Eduino accepted their desire to enter the Catholic Church and sent them to be presented before Bishop Rey at the Rite of Election at the Cathedral of the Blessed Sacrament on Sunday evening. During the Rite of Election, which takes place at multiple churches throughout the first weekend of Lent, all of the catechumens from the Diocese of Sacramento were presented to Bishop Rey and Bishop Soto as they prepared to receive the sacraments of initiation.

On Saturday, February 28, the OCIA candidates (those already baptized and preparing to receive the sacraments of Eucharist and Confirmation at Easter) participated in the Rites of Call to Continuing Conversion and Penance. These rites acknowledge that they have already been washed of Original Sin at their baptisms and are prepared to receive Reconciliation to prepare for the final sacraments of initiation.

Please continue to keep those participating in OCIA in your prayers as they draw closer to Easter and the catechumens prepare for the scrutinies the next three weeks.

KNIGHTS OF COLUMBUS WHEELCHAIR SUNDAY



**Today is
"WHEELCHAIR
SUNDAY"!**

Please open your hearts and join the Knights of Columbus for a brief presentation on how you can help someone in need receive a free wheelchair.

Thank you for your support!

SUPPORT THE OLA SCHOOL JOG-A-THON!



Please support the OLA School Jog-a-Thon! Here is a link to the donation page: <https://ola.pledgestar.com/>
Questions? Reach out to Hilary Simas via email at hilaryadeline@aol.com.

OLA SCHOOL IS BUILDING THEIR FAITH

Students, please cut out the brick and bring it to school on Monday to add to your class board and help your class "build" their faith!

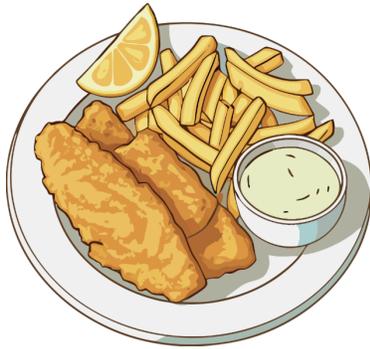




OUR LADY OF THE *Assumption* PARISH

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Lenten Fish Fry

Friday, March 20, 2026

Affinito Hall

Doors open at 6:30 p.m.

following Youth Stations of the Cross

The menu includes fish, fries, and Leatherby's ice cream.

Gluten free options available.



Scan the QR Code to RSVP via OLA Parish Flocknote,
or visit our parish website: www.olaparish.net.



The dinner is free of charge. If you would like to make a donation to help defray the cost of the dinner, you may scan the QR code to the left using your smartphone camera to make an optional donation online.

You may also make a donation at the dinner or at the parish office.

Lenten Fish Fry RSVPs will also be collected in the church and parish office.

Family Name: _____

of RSVPs _____ # of Gluten Free RSVPs _____

List names of attendees here: _____

Enter contact information for this RSVP (name, phone number, and email address):

Call the parish office at (916) 481-5115 or email parish@olaparish.net with questions.



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Nancy Arndorfer

Parishioner
916-838-1763
narndorfer@golyon.com

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Parishioner



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