



# OUR LADY OF THE *Assumption* PARISH

LOVE AND SERVE GOD · LOVE AND SERVE ONE ANOTHER

5057 COTTAGE WAY CARMICHAEL, CA 95608 · (916) 481-5115 · OLAPARISH.NET

## OUR MISSION

LOVE AND SERVE GOD.  
LOVE AND SERVE ONE ANOTHER.

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

## JOIN OUR COMMUNITY

If you are attending Mass in person or online but not yet registered? PLEASE REGISTER TODAY! Access our online form by scanning the QR code or by visiting our parish website at <https://olaparish.net/register-us>.

Scan the QR code using your smartphone camera for the online parish registration form.



## CONTACT US

### OUR LADY OF THE ASSUMPTION CATHOLIC CHURCH

Address: 5057 Cottage Way Carmichael, CA 95608

Phone: (916) 481-5115

E-mail: [parish@olaparish.net](mailto:parish@olaparish.net)

Website: [www.olaparish.net](http://www.olaparish.net)

Parish Office Hours

Monday - Friday | 8:30am to 2:30pm

[flocknote.com/olaparish](https://flocknote.com/olaparish)

[facebook.com/OLAParish](https://facebook.com/OLAParish)

[youtube.com/@OLAParishCA](https://youtube.com/@OLAParishCA)

[instagram.com/ola\\_parish\\_ca](https://instagram.com/ola_parish_ca)

### OUR LADY OF THE ASSUMPTION PARISH SCHOOL

Preschool - Eighth Grade

Phone: (916) 489-8958

Website: <https://school.olaparish.net/>



MAY 31, 2026

THE MOST HOLY TRINITY

## PASTOR

Rev. Eduino T. Silveira

## PASTORS EMERITI

Rev. Brendan McKeefry and Rev. Michael F. Kiernan

## MASS AND CONFESSION SCHEDULE

### WEEKEND MASSES

Saturday vigil | 5:00pm

Sunday | 7:30am, 9:00am, 11:00am, & 7:30pm

### DAILY MASS

Monday - Friday | 8:00am

First Saturday | 8:00am

### HOLY DAYS OF OBLIGATION

8:00am & 5:30pm

### RECONCILIATION

Saturday | 3:00pm

You may also call the parish office to schedule an appointment for confession.

## EUCCHARISTIC ADORATION



Exposition of the Blessed Sacrament at OLA takes place each Tuesday and Thursday following the 8:00am Mass and concludes at 7:00pm.



OLA ST. VINCENT de PAUL SOCIETY provides assistance for those in need within our parish boundaries. Please call (916) 481-6352 Monday - Friday from 9:00am - 11:00am.

OLA SVdP Food Locker hours of operation are Tuesday and Thursday mornings from 10:00am - 12:00pm.

## OLA PARISH STAFF

### PASTOR

Fr. Eduino Silveira - pastor@olaparish.net

### OFFICE MANAGER

Stacie Nieves - officemgr@olaparish.net

### WORSHIP DIRECTOR

Casey Oliver - worship@olaparish.net

### FAITH FORMATION

Tracy Urban - faithformation@olaparish.net

### PARISH MAINTENANCE

Jake Benjamin - olamaint@olaparish.net

**Emails from OLA Parish staff will be sent from an @olaparish.net email address or sent via OLA Parish Flocknote (mail@flocknote.com).** Please check the sender's email address if you receive any suspicious emails.

## ADVISORY BOARD CHAIRPERSONS

### PASTORAL COUNCIL

Carmy Baca

### FINANCE COUNCIL

Joe Selewicz

### BUILDINGS & GROUNDS

John Blashke

To reach out to any of our parish advisory council chairpersons, please call the parish office or send an email to their attention at parish@olaparish.net.

## OLA PARISH GIVING UPDATE

### SUNDAY COLLECTION

*May 23/24 donations will be reported in next weekend's bulletin due to an early print deadline.*

### SPECIAL COLLECTION

**There will be a 5<sup>th</sup> Sunday special collection for OLA SVdP this weekend, May 30/31.** Your contributions will support our SVdP Food Locker and other outreach services to those in need within our parish boundaries, including rent and utility payments. Thank you for your generosity!

**Thank you for your generous gifts to our parish!**

## OLA PARISH FLOCKNOTE



**Our parish uses Flocknote multipurpose software for our parishioner database, for email messaging, and for online giving.** Flocknote also offers a smartphone app that allows you to easily check parish communications, view educational videos through Flocknote Engage, and access Flocknote Online Giving to make a gift, view your giving history and donor summaries, or update recurring gifts.

**Keep current with details of OLA parish activities by scanning the QR code or going online to <https://olaparish.flocknote.com>.**

Once there, be sure to join the OLA Parish Carmichael News and the OLA Parish Carmichael Faith and Catechesis email groups to receive important updates from OLA, including the weekly bulletin.



Scan the QR code using your smartphone camera for OLA Parish Flocknote emails.

**If you haven't signed up for online giving yet and would like to do so, please scan the QR code or visit our online giving portal at <https://olaparish.flocknote.com/give> to sign up.** Flocknote Online Giving is a simple and secure way to donate online. If you need assistance or have questions about online giving, please email our parish Flocknote support team at [flocknotesupport@olaparish.net](mailto:flocknotesupport@olaparish.net).



Scan the QR code using your smartphone camera for OLA Parish Flocknote online giving.

## OLA PARISH COMMUNICATIONS



**If you have an event to promote or news to share,** please fill out the Communications Request Form at <https://olaparish.net/communications>. *All requests are subject to approval by our pastor, Fr. Eduino Silveira.* Due to limited bulletin space, we may be unable to include your announcement, or it may be shortened to 1-2 lines. For questions, please send an email to [communications@olaparish.net](mailto:communications@olaparish.net).

### Bulletin Weekend Dates

June 6<sup>th</sup> - 7<sup>th</sup>  
June 13<sup>th</sup> - 14<sup>th</sup>  
June 20<sup>th</sup> - 21<sup>st</sup>

### Submission Due Dates

June 5<sup>th</sup>  
June 12<sup>th</sup>  
June 19<sup>th</sup>

*\*Due dates may be earlier due to the printer's holiday schedule.*

## MASS INTENTIONS

### SATURDAY, MAY 30<sup>TH</sup>

5:00pm

† Lloyd A. Lagerstrom *by Patricia Wood*

### SUNDAY, MAY 31<sup>ST</sup>

7:30am

†† Francisco and Adelina Sousa

9:00am

†† Fernando and Mary Garcia

11:00am

† Helen Gregorio

7:30pm

All Parishioners (*Missa Pro Populo*)

### MONDAY, JUNE 1<sup>ST</sup>

8:00am

(Sp) For all Kinds of Miracles *by Joel Rivera*

### TUESDAY, JUNE 2<sup>ND</sup>

8:00am

† Jerry and (Sp) Jane Mouton *70<sup>th</sup> Wedding Anniv.*

### WEDNESDAY, JUNE 3<sup>RD</sup>

8:00am

† Bill Portillo *by Portillo Family*

† Olivia Massetti *by Massetti Family*

### THURSDAY, JUNE 4<sup>TH</sup>

8:00am

(Sp) Matt Bailey *by Kannengeiser Family*

### FRIDAY, JUNE 5<sup>TH</sup>

8:00am

† Jutta Woodington

### SATURDAY, JUNE 6<sup>TH</sup>

8:00am

† Vasco Faria

5:00pm

† Sue Oliver *by George and Kathy Whitehouse*

† Jose Nabor Gomez *by Sofia Gomez*

## MASS INTENTION INFORMATION

To request a Mass Intention, you may visit the parish office or you may send an email to [parish@olaparish.net](mailto:parish@olaparish.net). The "+" means that a person is deceased. The "(Sp)" means Special Intention. A donation of \$10.00 is suggested but not required.

## PARISH CALENDAR

### SUNDAY, MAY 31<sup>ST</sup>

7:30am, 9:00am, 11:00am, and 7:30pm Mass - Church  
10:00am (*after Mass*) Pray & Play - Preschool Playground

### MONDAY, JUNE 1<sup>ST</sup>

8:00am Mass - Church

9:00am Meditation Group - Church

### TUESDAY, JUNE 2<sup>ND</sup>

8:00am Mass - Church

8:30am - 7:00pm Exposition of the Blessed Sacrament - Church

6:30pm Group Rosary in the presence of the Blessed Sacrament - Church

### WEDNESDAY, JUNE 3<sup>RD</sup>

8:00am Mass - Church

6:00pm Catholics in Recovery - St. Anne's Room

### THURSDAY, JUNE 4<sup>TH</sup>

8:00am Mass - Church

8:30am - 7:00pm Exposition of the Blessed Sacrament - Church

7:00pm Living the Word - Affinito Hall Room 3

### FRIDAY, JUNE 5<sup>TH</sup>

8:00am Mass - Church

### SATURDAY, JUNE 6<sup>TH</sup>

8:00am Mass - Church

3:00pm Confessions - Church

5:00pm Vigil Mass - Church

For a COMPLETE listing of events, visit our parish website: <https://olaparish.net/calendar>.

## OLA PARISH FUNERAL INFORMATION



***No upcoming funerals scheduled.***

Our OLA Bereavement Ministry is here to support families in their time of need with funeral planning. Please call the parish office for more information.

## PRAY FOR OUR SICK BROTHERS AND SISTERS



*For those in pain and in sorrow,  
God be their comfort.*

*For caretakers and medical staff,  
God give them grace.*

*Surround those afflicted with Your  
love, care, and mercy,*

*You who are our healing and hope.*

**Amen.**

### BULLETIN SICK LIST POLICY

To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list. The names will be added in alphabetical order. When a name is added it will be in bold type for a week. Once a name is added, it will be removed either when requested OR after six months, unless there is a specific request to keep the name on the list for longer.

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email: [communications@olaparish.net](mailto:communications@olaparish.net).

Cathy Apker	Langford Metzger
Carmy Baca	Jessica Montgomery
Doreen Baldwin	Nguyen Family
Donna Blaschke	Kathleen Nolan
Joan Cotton	Ovvie Ortega
Ryan Daniels	Jane Osborn
Yolande De Forge	Dave Palmer
Robert DeAnda	Camille Peter
Aaron Esselman	Adam Peter
Bobbie Hall	T.J. Rapozo
Kathy Harreld	Rob & Teresa Reavis
Dorothy Heimbichner	Salvador Silva Reyes
Matthew Holmes	David Rider
Christine Jansen	Guadalupe Rodriguez
Sheila Johnson	Mary Roy
Maya Juarez	Emily Tuazon
Bernd Koerber	Linda Vaughan
Michael Kyalwazi	Joe S. Venegas
Michael and Shannon Langer	Bobby & Marlowe Villariza
Julia Silva Lara	Wesley Villariza
John Lemieux	Rachel Wann
Kathleen Lemieux	Charlie Wetherall
David DeLeonardis	Jack Wetherall
Elaine Lyons	Lawrence Wilhelm
Delilah Macfal	Pat Wood
Bennett Mattingly	Juan and Victoria Yniguez
Armie Mauricio	Bobby Zoppi

### FOR THOSE IN OUR COMMUNITY WHO HAVE PASSED AWAY

Eternal rest grant  
to them, O Lord,  
and let perpetual  
light shine upon them.  
May the souls  
of the faithful  
departed, through  
the mercy of God,  
rest in peace.  
AMEN.

### HOMEBOUND PARISHIONERS

**Distribution of the Eucharist to our homebound parishioners** is available from our Eucharistic Homebound Ministers who are dedicated to serving the spiritual needs of our homebound by bringing Christ to them and keeping them connected to our community. Please leave a message for Peggy at the parish office (916) 481-5115 for details.

### BEREAVEMENT SUPPORT GROUP

The OLA Bereavement Support Group will have its next meeting on **Monday, June 15<sup>th</sup>, from 6:00pm - 7:30pm** in St. Paul's Room, next to the parish office. **The regularly scheduled meeting for Monday, June 1<sup>st</sup> is cancelled.** If you have any questions or would like more information, reach out to Daniel Hernandez via email at [d315hernandez@gmail.com](mailto:d315hernandez@gmail.com).

# PRAYER, FORMATION, AND MINISTRY AT OLA

## OLA MINISTRY INFORMATION

Visit our parish website to learn more about our OLA ministries at <https://olaparish.net/community/ministries>. OLA Ministry Handbooks are also available in the parish office and in the hanging display cases by the church doors. We have categorized our ministries by the Four Pillars of Stewardship: prayer, hospitality, formation, and service. Prayerfully consider participating in one (or more) of our parish ministries, and thank you for allowing us to serve you and to pray for you when you are in need.

## OLA ADULT FELLOWSHIP GROUP - ALL ADULTS ARE WELCOME!

**Come join the OLA Adult Fellowship Group for some group prayer and recreation time!** Group rosary in the church every Tuesday at 6:30pm. Come as early as you like for some personal adoration time.

For our Sunday meetings, the church opens at 5pm. The rosary starts at 5:30pm, followed by the pickup basketball game in Affinito Hall. All are invited to attend Sunday 7:30pm Mass afterwards. **We are meeting this Sunday May 31<sup>st</sup>.**

*All players and spectators for basketball must be 18 years or older and registered parishoners.*

For questions, contact Catherine Olguin, 916-223-1257, [Catharina.936@gmail.com](mailto:Catharina.936@gmail.com)

## INTERESTED IN BECOMING CATHOLIC?

If you or someone you know is interested in learning more about the Catholic Church, please reach out to Jordan Holmes at [ocia@olaparish.net](mailto:ocia@olaparish.net). The cycle begins each August with inquiry sessions and concludes with reception into the Church at Easter Vigil.

## RETURNING TO YOUR CATHOLIC FAITH

If you are returning to your Catholic Faith, we would like to offer an informal conversation with a member of the parish staff to help facilitate a comfortable active return to our church community by sharing information on topics that may have changed in your absence, including Sacraments, Explanation of Mass, Church Terminology, Divorce/Annulment, etc. as well as discussing the many OLA ministry options. Interested? Leave a message for Casey Oliver at (916) 481-5115 ext. 212, or you may send an email to [worship@olaparish.net](mailto:worship@olaparish.net). Welcome home!

## 2026 CONSECRATION OF THE UNITED STATES TO THE SACRED HEART OF JESUS

**In June 2026, as part of the celebration of the 250th anniversary of the signing of the Declaration of Independence, the U.S. bishops will consecrate the United States of America to the Sacred Heart of Jesus.**

Parishes around the country are encouraged to join the bishops in consecrating our nation to the Sacred Heart in June.

*In the diocese of Sacramento, Bishop Soto is inviting all parishes to complete 250 hours of Adoration of the Blessed Sacrament AND 250 Works of Mercy.* OLA Parishioners are invited to adore the Blessed Sacrament on Tuesdays and Thursday from 8:30am - 7:00pm in the church. Please park in the Walnut Avenue parking lot and enter the church through the rectory side door. Sign in/out using the adoration attendance binder so we can document how many hours of Adoration our parish completes during the month of June. In the next bulletin, we will detail opportunities for completing Works of Mercy.



## PRAYER TO THE HOLY TRINITY

Glory be to God the Father, God the Son, and God the Holy Spirit, who calls us into communion with Him, a life of grace and mystery, reconciliation and unity. **Amen.**

## NEWS FROM OUR PARISH AND SCHOOL



### OLA CONFERENCE OF THE ST. VINCENT de PAUL SOCIETY

**Thank you to all OLA parishioners for your ongoing support of the OLA Conference of the St. Vincent de Paul Society!** This weekend is the fifth Sunday of May, and we will take up our 5<sup>th</sup> Sunday second collection. We are grateful for your generous support of our 5<sup>th</sup> Sunday second collections. Your donations help support our food locker and the work of our home visitation teams. For those who need assistance and live within our parish boundaries, our OLA SVdP Food Locker is open Tuesdays and Thursdays from 10:00am – 12:00pm. OLA SVdP can also offer assistance with rent, utilities, and more, due to the generosity of our parishioners.

Are you interested in volunteering? Please contact OLA SVdP President Leo Winternitz via email at [lwintern@comcast.net](mailto:lwintern@comcast.net).



### OLA GABRIEL PROJECT UPDATE

#### **Thank you for your continued support.**

OLA Gabriel project offers unconditional care to mothers and their families facing challenging circumstances. Please pray for our new Moms; Zaineb, Kershma, Lailani, Zohal, Amber, Jessica, Sonia, Adamaris, and Selene. Your prayers are greatly appreciated.

**All are welcome to attend our monthly meetings on the second Monday of each month.** Our next meeting takes place on **Monday, June 8<sup>th</sup> at 7:00pm** in Affinito Hall Meeting Room 3.

**We are currently in need of baby wipes, and we are also currently looking for volunteers.** If you are interested in volunteering, reach out via email to Rose Ross at [jross2331@att.net](mailto:jross2331@att.net) or Sharon Kropf at [skropf@winfirst.com](mailto:skropf@winfirst.com).

*If you are a pregnant Mother  
and Need Help, please call*

**(800) 910-0191**

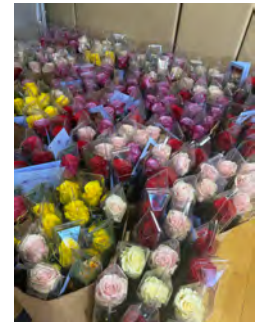
You can also visit us:  
[www.scd.org/gabrielproject](http://www.scd.org/gabrielproject)

### SACRAMENTO LIFE CENTER ROSE SALE THANK YOU!



May was a joyful and busy month at the Sacramento Life Center. Thanks to the dedication of our amazing volunteers, we prepared and distributed nearly 4,000 roses for our Annual Mother's Day Rose Sale - what a beautiful celebration of life and motherhood! **The generous Rose Donation of \$1,831.00 from OLA is making a lasting impact.** Your support helps make motherhood possible for so many women who walk through our doors - women who may be afraid, unsupported, or unsure of their future. Because of you, they are met with hope, love, and practical resources to begin a new chapter.

At the Sacramento Life Center, we walk alongside each woman from the very beginning of her pregnancy and remain by her side for years to come. We give her space to breathe, to cry, to laugh, and to reflect - space to consider her options and rewrite her story with a new life forever connected to her own. Although our patients may never meet you, they feel the love and care your donation makes possible. With heartfelt appreciation, Marie Leatherby, Executive Director



### OLA SCHOOL IS BUILDING THEIR FAITH

Students, please cut out the brick and save it over the summer to help your class "build" their faith when school resumes in August!

**May 31, 2026**

## COMMUNITY NEWS AND RESOURCES

### DIOCESAN CORPUS CHRISTI MASSES & EUCHARISTIC PROCESSION

**Come celebrate the Solemnity of Corpus Christi on Sunday, June 7<sup>th</sup>!** There will be Masses throughout the day, and evening prayer as well. Join us for Mass at St. Joseph in Rio Vista @ 8:00am, or take part later in the day at the Cathedral of the Blessed Sacrament for Evening Prayer @ 4:30pm, followed by Mass @ 5:00pm.

**You are also invited to join the walking Eucharistic procession through Sacramento as we accompany the Blessed Sacrament to the Cathedral.** You can begin from St. Joseph (Rio Vista), St. Francis, Holy Spirit Parish, or the Tower Bridge – each route joining together in a united witness of devotion. Walk with us, pray with us, and be part of this beautiful public expression of our faith in the Eucharist.

**Consider joining us along the river as well.** As the Eucharistic procession passes by boat, you are invited to gather along the riverbanks to witness this special event. Bishop Soto will offer blessings with the Blessed Sacrament as He passes – an extraordinary opportunity to encounter Christ in a unique and powerful way. Find a spot, bring your loved ones, and be part of this moving expression of faith. Please find details along with locations and times to watch the boat on the website below.

**Get more information about the entire procession and RSVP online.**

**[www.scd.org/CorpusChristiProcession](http://www.scd.org/CorpusChristiProcession)**

Whether you begin the day with us or gather in the evening, this is a powerful opportunity to worship together and deepen your love for the Eucharist. Bring your family and friends and be a part of this beautiful diocesan celebration!



**MEETINGS  
AT OLA**

**Join Catholic in Recovery Wednesday nights at 6pm in St. Anne's Room.** For more info, visit <https://catholicinrecovery.com/> or contact Bill at [bbefort@bellsouth.net](mailto:bbefort@bellsouth.net) or at (561) 827-0624.

ALL YOUNG ADULTS  
(21 - 39 YRS OLD) RE-CELEBRATE YOUR WEDDING DAY

# MARRIED COUPLES MASS AND FELLOWSHIP

Mass celebrated by Bishop Rey Bersabal

0-7 YEARS MARRIED

Special blessing for all young adult  
Married couples during Mass.  
Fellowship, food and presentation following Mass

**June 6, 2026  
5PM Vigil Mass**

**Immaculate Conception Church**  
3263 1st Ave, Sacramento, CA 95817

Register by June 3  
Questions:  
Alex Barraza: [abarraza@scd.org](mailto:abarraza@scd.org)

### SUMMER FIESTA: CHRIST THE KING PASSIONIST RETREAT CENTER

**Christ the King Passionist Retreat Center in Citrus Heights will hold their annual Summer Fiesta Event next Sunday, June 7<sup>th</sup> from 11:00am – 3:30pm.**

Visit [www.christthekingretreatcenter.org](http://www.christthekingretreatcenter.org) for tickets. You may also order by phone, or on site. Contact Sandra Gill at 916-725-4720, ext. 302 for more info.

### ANNUAL SACRAMENTO CLASSIC BASKETBALL GAME

**Join the Office of Priestly & Religious Vocations for the Annual Sacramento Classic Basketball Game: Priests + Seminarians on Tuesday, June 16<sup>th</sup> at Christian Brothers High School in Sacramento.**

Cost of tickets: Adults \$15, Students \$5 (K-College), and Group of 6 adult tickets \$60. Children age 4 and under, Religious Sisters, Deacons and Priests are FREE. Tickets can be purchased online at [www.scd.org/basketball](http://www.scd.org/basketball).

### QUO VADIS RETREAT "WHERE ARE YOU GOING?"

**The Office of Priestly & Religious Vocations invites all young men ages 13 to 17 to the 2026 Quo Vadis Retreat, July 31-August 1, at the Marelllo Youth Retreat Center in Loomis, CA. The cost is \$100. Please visit [www.scd.org/quovadis](http://www.scd.org/quovadis) to register your son, or if you have questions, contact us at (916) 733-0258.**



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