



OUR LADY OF THE *Assumption* PARISH

LOVE AND SERVE GOD · LOVE AND SERVE ONE ANOTHER

5057 COTTAGE WAY CARMICHAEL, CA 95608 · (916) 481-5115 · OLAPARISH.NET

OUR MISSION

LOVE AND SERVE GOD.
LOVE AND SERVE ONE ANOTHER.

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners with the entire family of God.

JOIN OUR COMMUNITY

If you are attending Mass in person or online but not yet registered, PLEASE REGISTER TODAY! Access our online form by scanning the QR code or by visiting our parish website at <https://olaparish.net/register-us>.

Scan the QR code using your smartphone camera for the online parish registration form.



CONTACT US

OUR LADY OF THE ASSUMPTION CATHOLIC CHURCH

Address: 5057 Cottage Way Carmichael, CA 95608

Phone: (916) 481-5115 **E-mail:** parish@olaparish.net

Website: www.olaparish.net

Parish Office Hours:

M,T,TH,F: 7:30am - 1:30pm & Wed.: 11am - 5:30pm

To better serve you after hours, our office is also open at additional times by appointment at 916-481-5115.

flocknote.com/olaparish

facebook.com/OLAParish

youtube.com/@OLAParishCA

instagram.com/ola_parish_ca

OUR LADY OF THE ASSUMPTION CATHOLIC SCHOOL



Preschool - Eighth Grade

Phone: (916) 489-8958

Website: <https://school.olaparish.net/>



OCTOBER 11, 2026

**TWENTY-EIGHTH SUNDAY
IN ORDINARY TIME**

PAROCHIAL ADMINISTRATOR

Rev. Alvaro Perez, PES, Dean

PAROCHIAL VICAR

Rev. Dante "Dane" Lumabas, SSP

PASTOR EMERITUS

Rev. Michael F. Kiernan

MASS AND CONFESSION SCHEDULE

WEEKEND MASSES

Saturday vigil | 5:00pm

Sunday | 7:30am, 9:00am, 11:00am, & 7:30pm

DAILY MASS

Monday - Friday | 8:00am

First Saturday | 8:00am

HOLY DAYS OF OBLIGATION

8:00am & 5:30pm

RECONCILIATION

Saturday | 3:00pm

You may also call the parish office to schedule an appointment for confession.

EUCCHARISTIC ADORATION



Exposition of the Blessed Sacrament takes place each Tuesday and Thursday following the 8:00am Mass and concludes at 7:00pm.

If you are a pregnant mother and need help, please call 1-800-910-0191 or visit www.scd.org/gabrielproject.



OLA ST. VINCENT de PAUL SOCIETY provides assistance for those in need within our parish boundaries. Please call (916) 481-6352 Monday - Friday from 9:00am - 11:00am.

SVdP FOOD LOCKER hours of operation are Tuesday and Thursday's 10:00am - 12:00pm.

OLA PARISH STAFF

PAROCHIAL VICAR

Fr. Dante "Dane" Lumabas, SSP -
parochialvicar@olaparish.net

PARISH ADMINISTRATIVE ASSOCIATE

Jane Ricci - parishadmin@olaparish.net

WORSHIP DIRECTOR

Casey Oliver - worship@olaparish.net

FAITH FORMATION

Tracy Urban - faithformation@olaparish.net

PARISH MAINTENANCE

Jake Benjamin - olamaint@olaparish.net

Emails from OLA Parish staff will be sent from an @olaparish.net email address or sent via OLA Parish Flocknote (mail@flocknote.com). Please check the sender's email address if you receive any suspicious emails.

ADVISORY BOARD CHAIRPERSONS

PASTORAL COUNCIL

Carmy Baca

FINANCE COUNCIL

Joe Selewicz

BUILDINGS & GROUNDS

John Blashke

To reach out to any of our parish advisory council chairpersons, please call the parish office or send an email to their attention at parish@olaparish.net.

OLA PARISH GIVING UPDATE

Sunday collection: October 3rd/4th : \$20,908.47

2nd collection next week: World Mission Sunday

Pope Leo invites the entire Church to support mission dioceses in Africa, Asia, the Pacific Islands, and parts of Latin America and Europe, where priests, religious and lay leaders serve the world's most vulnerable communities. **Please keep the Pope's missions in your prayers and be generous in next week's collection** for the Society for the Propagation of the Faith. To donate online: <https://www.scd.org/wms>

OLA ST. VINCENT DE PAUL

A recurring donation through Flocknote Online Giving provides consistent income for our OLA Parish Food Locker and other outreach services for those within our parish boundaries, including housing and utilities assistance. Visit <https://olaparish.flocknote.com/give> to schedule a recurring gift. **Thank you!**

OLA PARISH FLOCKNOTE



Our parish uses Flocknote multipurpose software for our parishioner database, for email messaging, and for online giving. Flocknote also offers a smartphone app that allows you to easily check parish communications, view educational videos through Flocknote Engage, and access Flocknote Online Giving to make a gift, view your giving history and donor summaries, or update recurring gifts.

Keep current with details of OLA parish activities by scanning the QR code or going online to <https://olaparish.flocknote.com>.

Once there, be sure to join the OLA Parish Carmichael News and the OLA Parish Carmichael Faith and Catechesis email groups to receive important updates from OLA, including the weekly bulletin.



Scan the QR code using your smartphone camera for OLA Parish Flocknote emails.

If you haven't signed up for online giving yet and would like to do so, please scan the QR code or visit <https://olaparish.flocknote.com/give> to sign up. Flocknote Online Giving is a simple and secure way to donate online. You can set up one time and/or recurring gifts for the Sunday collection, SVdP, debt reduction, and more. Questions?

Email our Flocknote support team at flocknotesupport@olaparish.net.



Scan the QR code using your smartphone camera for OLA Parish Flocknote online giving.

OLA PARISH COMMUNICATIONS



If you have an event to promote or news to share, please fill out the Communications Request Form at <https://olaparish.net/communications>. All requests are subject to approval. Due to limited bulletin space, we may be unable to include your submission, or it may be summarized. When space allows, submissions may be included for up to a 2-3 week timeframe. For further questions, email us at communications@olaparish.net.

Bulletin Weekend Dates

Oct. 24th - Oct. 25th

Oct. 31st - Nov. 1st

Nov. 7th - Nov. 8th

Submission Due Dates

Oct. 16th

Oct. 23rd

Oct. 30th

**Due dates may be earlier due to the printer's holiday schedule.*

MASS INTENTIONS

SATURDAY, OCTOBER 10TH

5:00pm

(Sp) Ushers

SUNDAY, OCTOBER 11TH

Twenty-Eighth Sunday in Ordinary Time

7:30am

(Sp) The youth of our parish

9:00am

(Sp) The Living the Word Group

11:00am

† Elizabeth Silter (birthday) *by Dunbar Family*

† Pete Scuris *by the Dunbar Family*

7:30pm

All Parishioners (*Missa Pro Populo*)

MONDAY, OCTOBER 12TH

8:00am

†† Dale & Arlene Fuller *by the Portillo Family*

† Michael Daubenmire *by Jane & Jim McArdle*

(Sp) Dave Pisani *by the Bird Family*

TUESDAY, OCTOBER 13TH

8:00am

(Sp) OLA School Families

WEDNESDAY, OCTOBER 14TH

St. Callistus I, Pope and Martyr

8:00 am

(Sp) Sacrament Preparation Team

THURSDAY, OCTOBER 15TH

St. Teresa of Jesus, Virgin and Doctor of the church

8:00am

† Richard Ramey (death anniv.) *by Ramey Family*

FRIDAY, OCTOBER 16TH

St. Hedwig, Religious St. Margaret Mary Alacoque, Virgin

8:00am

(Sp) OCIA Group

SATURDAY, OCTOBER 17TH

5:00pm

(Sp) Bereavement Committee

To request a Mass Intention, you may visit the parish office or email: parish@olaparish.net.

The "†" means that a person is deceased. The "(Sp)" means Special Intention. A donation of \$10.00 is suggested but not required.

PARISH CALENDAR

SATURDAY, OCTOBER 10TH

3:00pm Confessions - Church

5:00pm Vigil Mass - Church

SUNDAY, OCTOBER 11TH

7:30am, 9:00am, 11:00am, and 7:30pm Masses - Church

10:00am (*after Mass*) Pray & Play - Preschool Playground

10:15am Faith Formation - Bannon Hall

12:00am Baptisms - Church

5:00pm Young Adult Fellowship - Church and Affinito Hall

MONDAY, OCTOBER 12TH

8:00am Mass - Church

TUESDAY, OCTOBER 13TH

8:00am Mass followed by Safety Drill - Church

9:15am - 7:00pm Eucharistic Adoration - Church

6:30pm Group Rosary in the presence of the Blessed Sacrament - Church

6:00pm Knights of Columbus - St. John's Hall

WEDNESDAY, OCTOBER 14TH

8:00am Mass - Church

6:00pm Catholics in Recovery - St. Anne's Room

7:00pm OCIA - Affinito Hall Mtg. Rm. 3

THURSDAY, OCTOBER 15TH

8:00am Mass - Church

8:30am - 7:00pm Eucharistic Adoration - Church

6:30pm She Shall Be Called Woman - St. Paul's Room

7:00pm Living the Word - Affinito Hall Room 3

FRIDAY, OCTOBER 16TH

8:00am Mass - Church

SATURDAY, OCTOBER 17TH

3:00pm Confessions - Church

5:00pm Vigil Mass - Church

For a COMPLETE listing of events, visit our parish website: <https://olaparish.net/calendar>.

FUNERAL INFORMATION



BEREAVEMENT MINISTRY

Our OLA Bereavement Ministry is here to support families in their time of need with funeral planning.

Please call the parish office for more information.

Pray for the Sick

*For those in pain and in sorrow,
God be their comfort.
For caretakers and medical staff,
God give them grace.
Surround those afflicted with Your
love, care, and mercy,
You who are our healing and hope.
Amen.*

BULLETIN SICK LIST POLICY

To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list. The names will be added in alphabetical order. When a name is added it will be in bold type for a week.

Once a name is added, it will be removed either when requested or after six months, unless there is a specific request to keep the name on the list for longer.

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email: communications@olaparish.net.

FOR THOSE IN OUR COMMUNITY WHO HAVE PASSED AWAY

Eternal rest grant
to them, O Lord,
and let perpetual
light shine upon them.
May the souls
of the faithful
departed, through
the mercy of God,
rest in peace.
AMEN.

PRAY FOR OUR SICK BROTHERS AND SISTERS

Cathy Apker	Kathleen Lemieux
Abigail Arnett	Daniel Linter
Carmy Baca	Elaine Lyons
Mary Blain	Cesar Muedas
Donna Blaschke	Ovvie Ortega
David DeLeonardis	Salvador Silva Reyes
Mike Gigliotti	Linda Vaughan
Roberta Gigliotti	Joe S. Venegas
Christine Jansen	Bobby & Marlowe Villariza
Norm Johnson	Diane Wadys-Wooly
Bernd Koerber	Jack Wetherall
Michael Kyalwazi	Greta Whelan
Julia Silva Lara	Florita Wilhelm
Jason Lavelle	Lawrence Wilhelm
John Lemieux	Juan and Victoria Yniguez

Pope Leo XIV's October Prayer Intention

"God of life, You know the innermost depths of our hearts - the light and shadows within us, the silent wounds that sometimes no one sees.

Today we bring before you our brothers and sisters who struggle with challenges to their mental health, who suffer in solitude with anxiety, depression, or any other mental illness. You call them by name, with tenderness, and in you they find dignity and hope. Forgive us for the times we have looked the other way, feeding the stigma and discrimination of persons with mental illnesses. May your Church be an open house, a safe space where everyone has a place - a community that accompanies and never excludes, that listens without judging and draws near without fear. We pray to you, Lord, for those who care: professionals, family members, volunteers - men and women who, with patience and love, build bridges of understanding and comfort. Give them strength and compassion to sustain others. Send your Spirit upon us, that we may learn to welcome and integrate care for mental health into the life and ministry of our communities and of the whole Church, and thus become a living sign of your mercy, which never abandons and always restores. Amen."

HOMEBOUND PARISHIONERS

Distribution of the Eucharist to our homebound parishioners is available from our Eucharistic Homebound Ministers who help serve the spiritual needs of our homebound by bringing Christ to them and keeping them connected to our community. Please leave a message with your name and number at the parish office (916)481-5115.

BEREAVEMENT SUPPORT GROUP

The OLA Bereavement Support Group will have its next meeting on **Monday, October 19th, from 6:00pm - 7:30pm** in Affinito Hall Meeting Room 3. Meetings are the 1st and 3rd Mondays each month. If you have any questions or would like more information, reach out to Daniel Hernandez via email at d315hernandez@gmail.com.

PRAYER, FORMATION, AND MINISTRY AT OLA

EUCCHARISTIC ADORATION

Make time to pray in the peaceful presence of our Lord.

All are invited to pray in the church during Exposition of the Blessed Sacrament on Tuesdays and Thursdays between 8:30am – 7:00pm. Our Adoration Ministry needs regular adorers, as well as substitutes. To sign up for an Adoration time slot, email Don Thamer at don.nprz6@gmail.com or text (916) 549-7195.

ARE YOU INTERESTED IN BECOMING CATHOLIC?

Are you or someone you know over the age of 18 and interested in becoming Catholic? Are you a practicing Catholic and want to support those discerning becoming Catholic, whether behind the scenes, as a godparent/sponsor, or an instructor? Contact Jordan at ocia@olaparish.net for more information.

ADULT FELLOWSHIP GROUP

The OLA Adult Fellowship ministry seeks to provide a space for group prayer and recreation. ***Our group currently prays a weekly rosary Tuesday evenings to close out adoration.*** We also plan monthly meetings with a group rosary or scripture study followed by recreation and socializing. *All adult parishoners should feel welcome no matter your age, level of experience, or knowledge of the rosary.* Registered adult parishoners 18 years or older are welcome to attend our next activity this **Sunday, October 11th at 5:30pm** in the church for a rosary, followed by recreation in Affinito Hall before the 7:30pm Sunday Mass. Questions? Please contact Catherine Olguin via mobile/text at (916) 223-1257 or email Catharina.936@gmail.com.

LIVING THE WORD SCRIPTURE STUDY

Would you like to learn more about the Bible and how it can enrich your daily life? Come and join us at the Living the Word Bible Study every Thursday at 7:00pm in Affinito Hall, Meeting Room 3 (enter from Cottage Way). We hope to see you there!

OLA MINISTRY INFORMATION

Visit the ministry page on our parish website at <https://olaparish.net/community/ministries>. Ministry handbooks are also available in the parish office and in the hanging display cases by the church doors. Prayerfully consider participating in one (or more) of our parish ministries, and thank you for allowing us to serve you and to pray for you when you are in need.



CATHOLIC Q&A: ROSARIES AS DECORATIONS IN CARS

Question: I've seen people hang rosaries over the rear-view mirrors in their cars. Is it OK to do that?

Answer: The practice of hanging a rosary or a religious medal off of the rearview mirror of one's car is a fairly popular custom across many cultures. While there is no particular *rule approving or condemning this practice, we should also be mindful of the respect and reverence due to religious objects and devotional items (i.e. sacramentals). **California vehicle code states hanging objects off of rearview mirrors is not allowed.*

An important point to consider would be the reason why one chooses to place a rosary or religious medal in our cars. Is it a reminder of the protection and intercession of Mary and the saints? Does it encourage us to be mindful of God's presence, even in such a mundane task as driving? Is it an outward expression of our more private devotions?

One advantage of having a rosary or religious medal in our cars is that it can also serve as a reminder to pray when we travel, asking for protection for ourselves and for other motorists or commuters. Certainly, invoking the protection and prayers of the saints is a wonderful practice for families, helping to reinforce our belief in the communion of saints and the care and concern we owe to one another. ©LPI

CHOIR IN THE PEWS MUSIC MINISTRY

OLA Choir in the Pews is a volunteer ministry that is open to all ability levels. We need prepared singers in the pews who are willing to sing out to support and encourage the singing of others during Mass. All are welcome! Participants receive a weekly email with online music video links and support materials. ***Members of Choir in the Pews are also encouraged to give input regarding song selection for Masses.***

An engaged and singing assembly glorifies God and helps evangelize, and singing is also good for your physical and cognitive health. Interested in learning more? Email Casey Oliver at worship@olaparish.net.

NEWS FROM OUR PARISH AND SCHOOL

TOOTSIE ROLL DRIVE THIS WEEKEND

The Knights of Columbus members will be outside the church doors after all Masses this weekend, October 10th and 11th, offering free Tootsie Rolls and accepting your donations for their annual Intellectual Disability Drive. **All money raised by the Knights helps send kids and adults with developmental disabilities to Camp ReCreation.**

Please assist the Knights by being as generous as you can in support of this worthy event. You can also contribute by writing a check made payable to the COLUMBIAN FOUNDATION ID (a 501(c)(3) charitable organization (tax deductible) and mailing it to: Joe Romanazzi, ID Drive Chairman 6322 Appian Way, Carmichael, CA 95608

CHURCH SAFETY DRILL THIS THURSDAY

This **Thursday, October 15th**, following the 8:00am Mass, there will be a safety drill in the church. *Exposition of the Blessed Sacrament will take place following the safety drill.*

OLA School students and staff will be present, and parishioners and all OLA liturgical ministers are also encouraged to attend. Questions? Reach out to Casey Oliver at worship@olaparish.net.

OLA SVdP NEEDS HELP WITH SHOPPING

You can help our OLA SVdP Food Locker assist our neighbors in need by shopping for needed items. You will purchase specific food items and deliver them to the food locker. Volunteers select their day of availability and are reimbursed by SVdP. This only takes a few hours of your day. Interested? Please contact Marta Forst via email at marta.forst@att.net. Thank you!

SPECIAL REQUEST FOR BLOOMS FOR SANCTUARY CHRISTMAS DECOR

We would like to incorporate dried hydrangea blooms into our sanctuary decor for Christmas this year. If you have a hydrangea plant at home, and would be willing to clip and dry the blooms for us in preparation for the season, we would greatly appreciate it! Please contact Katie Cunha or Tralee Morris if you're able to help by emailing katieecunha@gmail.com.

MAGNIFICENT HUMANITY SEMINAR

Please plan to attend the OLA seminar on **Pope Leo's new encyclical "Magnifica Humanitas"**, or "Magnificent Humanity" on **Wednesday, October 21st from 7pm to 8pm in St. John's Hall.** *Copies of the encyclical will be provided.* Pope Leo's encyclical covers the Catholic Church's teaching on Social Doctrine from his predecessor Pope Leo XIII in 1891 up to today. More importantly, the Pope lays the groundwork for future decades of teaching on such issues as truth in democracy, the dignity of work, new forms of slavery, education for the digital age, and the risks of technology in terms of war and other conflicts.

ANIMAL BLESSING RECAP AND HOW YOU CAN BLESS YOUR OWN ANIMALS



Thank you to Deacon Michael Tateishi for blessing our pets at the Blessing of the Animals last Friday, October 3rd. Many of our parishioners and school children brought their animals to be blessed in the church.



Were you unable to attend the Blessing of the Animals last week? **We also have prayer cards and holy water available in the parish office so you can bless your own pets.** Many people bring their pets to the church to be blessed on or near St. Francis' feast day because of his love for animals, as expressed in his Cantic of the Creatures. However, a layperson can also offer a verbal blessing and a sprinkling of holy water in their backyard, garden, or anywhere inside their home.

OLA SCHOOL IS BUILDING THEIR FAITH

Students, please cut out the brick and bring it to school on Monday to add to your class board and help your class "build" their faith!



ADDITIONAL COMMUNITY NEWS AND PRAYER RESOURCES



OLA GABRIEL PROJECT ANNUAL BLESSINGS & BABIES DRIVE

If you have taken a Blessing Tag, please return the donated items as soon as possible. You can still participate by selecting a tag, donating through the Amazon or Walmart Baby Registries, or making a monetary donation (made out to OLA Gabriel Project). The crib will be at the back of the church and in the OLA School Office for the next few days, or you can return the item to the Parish Office. The baby registries are listed under "Gabriel Project" California.

Amazon and Walmart Gabriel Project Registries can be accessed online by visiting the website below or by scanning the QR code with your smartphone camera:

<https://linktr.ee/gabrielproject>



Thank you for helping make our parish a place where faith truly meets the needs of God's children. For more info., contact Sharon, skropf@winfirst.com or Rose, jross2331@att.net

WOMEN'S DISCERNMENT RETREAT

The Carmelite Sisters of the Most Sacred Heart from the Los Angeles, CA area, invite young adult women who may be discerning their vocation to religious life to the discernment retreats they will be offering. The upcoming retreat will be on October 15th -18th in Alhambra, CA. For more information on retreats: <https://carmelitesistersocd.com/discernment-retreat/>

CRISTO REY TEE TOURNAMENT

October 23rd, 24th, and 25th Cristo Rey High School fundraising golf tournament. For more info. go to: <https://capitalcup.mightycause.com/story/paulesch2026>



**Catholic
in Recovery**

WEEKLY MEETINGS AT OLA

Join Catholic in Recovery Wednesday nights at 6pm in St. Anne's Room. For more information, visit <https://catholicinrecovery.com/> or contact Bill via email at bbefort@bellsouth.net or you may call (561) 827-0624.



OLA ST. VINCENT de PAUL NEEDS YOUR HELP

The food locker needs donations of small cans of tuna and soups as well as macaroni and cheese and peanut butter and jelly. Please leave your donations at the back of the church for pick-up. Thank you for your generosity!

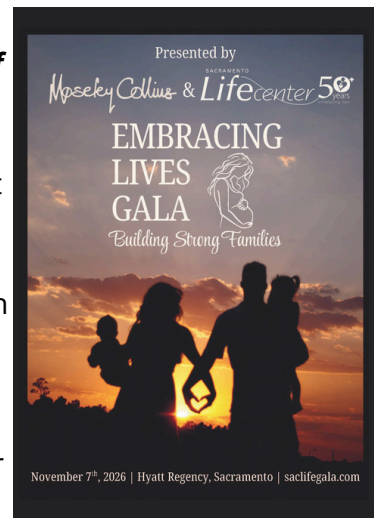
Your recurring donations provide consistent income for our ministry, and the need is great. Automatic donations through OLA's Flocknote Online Giving option on page two of this bulletin will help this happen. **We are very grateful for your donations which keep SVdP going and appreciate your consideration of Flocknote Online Giving.** If you are interested in volunteering, please contact Leo via email at lwintern@comcast.net.

SONS & DAUGHTERS OF ITALY SHRIMP FEED

Your purchase of the \$60 per person (no host bar) ticket helps **support our Scholarship Program**. There will be Dinner and Silent Auction in Affinito Hall on November 7th at 6:00pm. RSVP to Danny Marinelli at 916-698-2928.

SACRAMENTO LIFE CENTER GALA

Join us on Saturday, Nov. 7th for our biggest fundraiser of the year! Come join us for a champagne reception, fun filled silent auction, heartfelt program and exciting live auction. All money raised helps us keep our clinic open to provide compassionate, FREE medical care and referrals to women in the Sacramento Region. Register at: www.saclifegala.com.



WORLD WIDE MARRIAGE ENCOUNTER

"He dispatched his servants to summon the invited guests to the feast, but they refused to come." **God invites your marriage to be filled with His graces.** Accept His invitation by participating in a Worldwide Marriage Encounter Experience Nov. 13-15, 2026 in Danville or Nov. 20-22, 2026 in Benecia or go to <https://wwme.org/apply/> to find the date that works for you!

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Let God.

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