



OUR LADY OF THE *Assumption* PARISH

LOVE AND SERVE GOD · LOVE AND SERVE ONE ANOTHER

5057 COTTAGE WAY CARMICHAEL, CA 95608 · (916) 481-5115 · OLAPARISH.NET

OUR MISSION

LOVE AND SERVE GOD.
LOVE AND SERVE ONE ANOTHER.

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners with the entire family of God.

JOIN OUR COMMUNITY

If you are attending Mass in person or online but not yet registered, PLEASE REGISTER TODAY! Access our online form by scanning the QR code or by visiting our parish website at <https://olaparish.net/register-us>.

Scan the QR code using your smartphone camera for the online parish registration form.



CONTACT US

OUR LADY OF THE ASSUMPTION CATHOLIC CHURCH

Address: 5057 Cottage Way Carmichael, CA 95608

Phone: (916) 481-5115 **E-mail:** parish@olaparish.net

Website: www.olaparish.net

Parish Office Hours:

M,T,TH,F: 7:30am - 1:30pm & Wed.: 11am - 5:30pm

To better serve you after hours, our office is also open at additional times by appointment at 916-481-5115.

flocknote.com/olaparish

facebook.com/OLAParish

youtube.com/@OLAParishCA

instagram.com/ola_parish_ca

OUR LADY OF THE ASSUMPTION CATHOLIC SCHOOL



Preschool - Eighth Grade

Phone: (916) 489-8958

Website: <https://school.olaparish.net/>



OCTOBER 18, 2026

**TWENTY-NINTH SUNDAY
IN ORDINARY TIME**

PAROCHIAL ADMINISTRATOR

Rev. Alvaro Perez, PES, Dean

PAROCHIAL VICAR

Rev. Dante "Dane" Lumabas, SSP

PASTOR EMERITUS

Rev. Michael F. Kiernan

MASS AND CONFESSION SCHEDULE

WEEKEND MASSES

Saturday vigil | 5:00pm

Sunday | 7:30am, 9:00am, 11:00am, & 7:30pm

DAILY MASS

Monday - Friday | 8:00am

First Saturday | 8:00am

HOLY DAYS OF OBLIGATION

8:00am & 5:30pm

RECONCILIATION

Saturday | 3:00pm

You may also call the parish office to schedule an appointment for confession.

EUCCHARISTIC ADORATION



Exposition of the Blessed Sacrament takes place each Tuesday and Thursday following the 8:00am Mass and concludes at 7:00pm.

If you are a pregnant mother and need help, please call 1-800-910-0191 or visit www.scd.org/gabrielproject.



OLA ST. VINCENT de PAUL SOCIETY provides assistance for those in need within our parish boundaries. Please call (916) 481-6352 Monday - Friday from 9:00am - 11:00am.

SVdP FOOD LOCKER hours of operation are Tuesday and Thursday's 10:00am - 12:00pm.

OLA PARISH STAFF

PAROCHIAL VICAR

Fr. Dante "Dane" Lumabas, SSP -
parochialvicar@olaparish.net

PARISH ADMINISTRATIVE ASSOCIATE

Jane Ricci - parishadmin@olaparish.net

WORSHIP DIRECTOR

Casey Oliver - worship@olaparish.net

FAITH FORMATION

Tracy Urban - faithformation@olaparish.net

PARISH MAINTENANCE

Jake Benjamin - olamaint@olaparish.net

Emails from OLA Parish staff will be sent from an @olaparish.net email address or sent via OLA Parish Flocknote (mail@flocknote.com). Please check the sender's email address if you receive any suspicious emails.

ADVISORY BOARD CHAIRPERSONS

PASTORAL COUNCIL Carmy Baca

FINANCE COUNCIL Joe Selewicz

BUILDINGS & GROUNDS John Blashke

To reach out to any of our parish advisory council chairpersons, please call the parish office or send an email to their attention at parish@olaparish.net.

OLA PARISH GIVING UPDATE

SUNDAY COLLECTION October 10th & 11th
\$13,588.37

SECOND COLLECTION World Mission Sunday
October 17th & 18th

Pope Leo invites the entire Church to support mission dioceses in Africa, Asia, the Pacific Islands, and parts of Latin America and Europe, where priests, religious and lay leaders serve the world's most vulnerable communities. **Please keep the Pope's missions in your prayers and be generous in the collection** for the Society for the Propagation of the Faith. To donate online: <https://www.scd.org/wms>

OLA ST. VINCENT DE PAUL

A recurring donation through Flocknote Online Giving provides consistent income for our OLA Parish Food Locker and other outreach services for those within our parish boundaries, including housing and utilities assistance. Visit <https://olaparish.flocknote.com/give> to schedule a recurring gift. **Thank you!**

OLA PARISH FLOCKNOTE



Our parish uses Flocknote multipurpose software for our parishioner database, for email messaging, and for online giving. Flocknote also offers a smartphone app that allows you to easily check parish communications, view educational videos through Flocknote Engage, and access Flocknote Online Giving to make a gift, view your giving history and donor summaries, or update recurring gifts.

Keep current with details of OLA parish activities by scanning the QR code or going online to <https://olaparish.flocknote.com>.

Once there, be sure to join the OLA Parish Carmichael News and the OLA Parish Carmichael Faith and Catechesis email groups to receive important updates from OLA, including the weekly bulletin.



Scan the QR code using your smartphone camera for OLA Parish Flocknote emails.

If you haven't signed up for online giving yet and would like to do so, please scan the QR code or visit <https://olaparish.flocknote.com/give> to sign up. Flocknote Online Giving is a simple and secure way to donate online. You can set up one time and/or recurring gifts for the Sunday collection, SVdP, debt reduction, and more. Questions?

Email our Flocknote support team at flocknotesupport@olaparish.net.



Scan the QR code using your smartphone camera for OLA Parish Flocknote online giving.

OLA PARISH COMMUNICATIONS



If you have an event to promote or news to share, please fill out the Communications Request Form at <https://olaparish.net/communications>. All requests are subject to approval. Due to limited bulletin space, we may be unable to include your submission, or it may be summarized. When space allows, submissions may be included for up to a 2-3 week timeframe. For further questions, email us at communications@olaparish.net.

Bulletin Weekend Dates Submission Due Dates

Oct. 31st - Nov. 1st

Oct. 23rd

Oct. 7th - Nov. 8th

Oct. 30th

Nov. 14th - Nov. 15th

Nov. 6th

**Due dates may be earlier due to the printer's holiday schedule.*

MASS INTENTIONS

SATURDAY, OCTOBER 17TH

5:00pm

(Sp) Bereavement Committee

SUNDAY, OCTOBER 18TH

Twenty-Ninth Sunday in Ordinary Time

7:30am

(Sp) Catholics in Recovery Group

9:00am

(Sp) Family Promise Ministry

11:00am

† Br. Michael Breault. SJ *by The Abbes Family*

† Richard Vargas *by Robin and Mary Meriano*

7:30pm

All Parishioners (*Missa Pro Populo*)

MONDAY, OCTOBER 19TH

Sts. John de Brebeuf and Isaac Jogues, Priests and companions, martyrs

8:00am

† Margaret (Peggy) Ingram *by Robert Messa*

† Wesley L. Apker (*Birthday*) *by Cathy Apker*

TUESDAY, OCTOBER 20TH

St. Paul of the Cross, Priest

8:00am

(Sp) Hats for the Homeless Ministry

WEDNESDAY, OCTOBER 21ST

8:00 am

(Sp) Gabriel Project and Respect Life Mi

THURSDAY, OCTOBER 22ND

St. John Paul II, Pope

8:00am

(Sp) The Knights of Columbus Council 4970

FRIDAY, OCTOBER 23RD

St. John of Capistrano, Priest

8:00am

(Sp) St. Vincent de Paul Society OLA Conference

SATURDAY, OCTOBER 24TH

St. Anthony Mary Claret, Bishop

5:00pm

† Carole Vercruyssen

To request a Mass Intention, you may visit the parish office or email: parish@olaparish.net.

The "†" means that a person is deceased. The "(Sp)" means Special Intention. A donation of \$10.00 is suggested but not required.

PARISH CALENDAR

SATURDAY, OCTOBER 17TH

3:00pm Confessions - Church

5:00pm Vigil Mass - Church

SUNDAY, OCTOBER 18TH

7:30am, 9:00am, 11:00am, and 7:30pm Masses - Church

10:00am (*after Mass*) Pray & Play - Preschool Playground

10:15am Faith Formation - Bannon Hall

MONDAY, OCTOBER 19TH

8:00am Mass - Church

6:00pm Bereavement Support Group - Affinito Hall Room 3

TUESDAY, OCTOBER 20TH

8:00am Mass

8:30am - 7:00pm Eucharistic Adoration - Church

6:30pm Group Rosary in the presence of the Blessed Sacrament - Church

WEDNESDAY, OCTOBER 21ST

8:00am Mass - Church

11:00am Martha & Mary - St. Paul's Room

6:00pm Catholics in Recovery - St. Anne's Room

7:00pm OCIA - Affinito Hall Room 3

7:00pm Magnificent Humanity Seminar - St. John's Hall

THURSDAY, OCTOBER 22ND

8:00am Mass - Church

8:30am - 7:00pm Eucharistic Adoration - Church

6:30pm She Shall Be Called Woman - St. Paul's Room

7:00pm Living the Word - Affinito Hall Room 3

FRIDAY, OCTOBER 23RD

8:00am Mass - Church

SATURDAY, OCTOBER 24TH

3:00pm Confessions - Church

5:00pm Vigil Mass - Church

5:00pm School Auction - Affinito Hall

For a COMPLETE listing of events, visit our parish website: <https://olaparish.net/calendar>.

FUNERAL INFORMATION

Doug Abbes

Wednesday, October 28th at
10:00am



Our OLA Bereavement Ministry is here to support families in their time of need with funeral planning.
Please call the parish office for more information.

Pray for the Sick

O God, look with pity on Your
Servants who suffer.

Ease their pain and comfort their
loneliness.

Give them the grace to bear this
cross patiently with You in Christian
reparation.

Amen.

BULLETIN SICK LIST POLICY

To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list. The names will be added in alphabetical order. When a name is added it will be in bold type for a week.

Once a name is added, it will be removed either when requested or after six months, unless there is a specific request to keep the name on the list for longer.

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email: communications@olaparish.net.

FOR THOSE IN OUR COMMUNITY WHO HAVE PASSED AWAY

We especially pray for **Doug Abbes...**

Eternal rest grant
to them, O Lord,
and let perpetual
light shine upon them.
May the souls
of the faithful
departed, through
the mercy of God,
rest in peace.
AMEN.

PRAY FOR OUR SICK BROTHERS AND SISTERS

Pope Leo XIV

Cathy Apker
Abigail Arnett
Carmy Baca
Mary Blain
Donna Blaschke
David DeLeonardis
Mike Gigliotti
Roberta Gigliotti
Norm Johnson
Bernd Koerber
Michael Kyalwazi

Jason Lavelle
John Lemieux
Kathleen Lemieux
Daniel Linter
Cesar Muedas
Ovvie Ortega
Bobby & Marlowe Villariza
Diane Wadys-Wooly
Greta Whelan
Florita Wilhelm
Lawrence Wilhelm
Juan and Victoria Yniguez

Pope Leo XIV's October Prayer Intention

"God of life, You know the innermost depths of our hearts - the light and shadows within us, the silent wounds that sometimes no one sees.

Today we bring before you our brothers and sisters who struggle with challenges to their mental health, who suffer in solitude with anxiety, depression, or any other mental illness. We pray to you, Lord, for those who care: professionals, family members, volunteers - men and women who, with patience and love, build bridges of understanding and comfort. Give them strength and compassion to sustain others. Send your Spirit upon us, that we may learn to welcome and integrate care for mental health into the life and ministry of our communities and of the whole Church, and thus become a living sign of your mercy, which never abandons and always restores. Amen."

†
the Lord is close to the
brokenhearted
— Psalm 34:19 —

HOMEBOUND PARISHIONERS

Distribution of the Eucharist to our homebound parishioners is available from our Eucharistic Homebound Ministers who help serve the spiritual needs of our homebound by bringing Christ to them and keeping them connected to our community. Please leave a message with your name and number at the parish office (916)481-5115.

BEREAVEMENT SUPPORT GROUP

The OLA Bereavement Support Group will have its next meeting on **Monday, October 19th, from 6:00pm - 7:30pm** in **Affinito Hall Meeting Room 3**. Meetings are the 1st and 3rd Mondays each month. If you have any questions or would like more information, reach out to Daniel Hernandez via email at d315hernandez@gmail.com.

PRAYER, FORMATION, AND MINISTRY AT OLA

EUCCHARISTIC ADORATION

Make time to pray in the peaceful presence of our Lord.

All are invited to pray in the church during Exposition of the Blessed Sacrament on Tuesdays and Thursdays between 8:30am – 7:00pm. ***Our Adoration Ministry needs regular adorers, as well as substitutes.*** To sign up for an Adoration time slot, email Don Thamer at don.nprz6@gmail.com or text (916) 549-7195.

ARE YOU INTERESTED IN BECOMING CATHOLIC?

Are you or someone you know over the age of 18 and interested in becoming Catholic? Are you a practicing Catholic and want to support those discerning becoming Catholic, whether behind the scenes, as a godparent/sponsor, or an instructor? Contact Jordan at ocia@olaparish.net for more information.

ADULT FELLOWSHIP GROUP

The OLA Adult Fellowship ministry seeks to provide a space for group prayer and recreation. ***Our group currently prays a weekly rosary Tuesday evenings to close out adoration.*** We also plan monthly meetings with a group rosary or scripture study followed by recreation and socializing. *All adult parishoners should feel welcome no matter your age, level of experience, or knowledge of the rosary.* Registered adult parishioners 18 years or older are welcome to attend our next activity on **Sunday, November 8th at 5:30pm** in the church for a rosary, followed by recreation in Affinito Hall before the 7:30pm Sunday Mass. Questions? Please contact Catherine Olguin via mobile/text at (916) 223-1257 or email Catharina.936@gmail.com.

LIVING THE WORD SCRIPTURE STUDY

Would you like to learn more about the Bible and how it can enrich your daily life? Come and join us at the Living the Word Bible Study every Thursday at 7:00pm in Affinito Hall, Meeting Room 3 (enter from Cottage Way). We hope to see you there!

OLA MINISTRY INFORMATION

Visit the ministry page on our parish website at <https://olaparish.net/community/ministries>. Ministry handbooks are also available in the parish office and in the hanging display cases by the church doors. Prayerfully consider participating in one (or more) of our parish ministries, and thank you for allowing us to serve you and to pray for you when you are in need.



THE MYSTERIES OF THE ROSARY

Have you ever wanted to explore the life of Jesus and Mary in a deeper way? Each decade of the rosary highlights a sacred episode:

Joyful Mysteries: Through the Annunciation (1) and Visitation (2), we get a glimpse at Mary's joyful yes to God. She gives birth to Jesus in the Nativity (3). Mary and Joseph present their son at the temple (4) and bring him there again when he is a teenager (5).

Luminous Mysteries: Jesus is baptized in the Jordan River (1) before Mary gives him a nudge to his first miracle at Cana (2). Jesus proclaims the Gospel (3), is transfigured on Mount Tabor (4), and institutes the Eucharist (5). The light is shining!

Sorrowful Mysteries: Jesus prays in agony in Gethsemane (1), knowing his hour of suffering has come. After his betrayal and arrest, Jesus is scourged (2) and crowned with thorns (3). He carries his cross (4), and Mary stands at the foot of the cross as he is crucified (5).

Glorious Mysteries: Christ is risen in glory (1)! After appearing to those he loves, he ascends into heaven (2). Jesus' followers receive the Holy Spirit at Pentecost (3). Mary, unaffected by original sin, is assumed body and soul into heaven (4), where she is crowned queen, humble mother of Christ the King (5). ©LPi

CHOIR IN THE PEWS MUSIC MINISTRY

OLA Choir in the Pews is a volunteer ministry that is open to all ability levels. We need prepared singers in the pews who are willing to sing out to support and encourage the singing of others during Mass. All are welcome! Participants receive a weekly email with online music video links and support materials. ***Members of Choir in the Pews are also encouraged to give input regarding song selection for Masses.*** 

An engaged and singing assembly glorifies God and helps evangelize, and singing is also good for your physical and cognitive health. Interested in learning more? Email Casey Oliver at worship@olaparish.net.

NEWS FROM OUR PARISH AND SCHOOL

A WORD FROM ST. FRANCIS OF ASSISI

Dear Brothers and Sisters,

As the mid-term elections draw near, I thought you might find the following of benefit as we make our decisions. While written in a very different world of the time of his day, the holy words from the great saint still resonate with us in our time. - *Fr. Kiernan*

An Exhortation to Be Wise Tenants

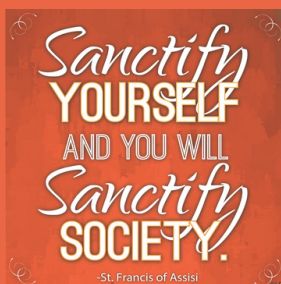
Brother Francis, your little and looked-down-upon servant in the Lord God, wishes health and peace to all mayors and consuls, magistrates and governors throughout the world and to all others to whom these words may come.

Reflect and see that the day of death is approaching. With all possible respect, therefore, I beg you not to forget the Lord because of this world's cares and preoccupations and not to turn away from his commandments, since all those who leave him in oblivion and turn away from his commandments are cursed and will be left in oblivion by him (Ez 33:13).

When the day of death does come, everything they think they have shall be taken from them. The wiser and more powerful they may have been in this world, the greater will be the punishment they will endure in hell.

Therefore I strongly advise you... to put aside all care and preoccupation and receive the most holy Body and Blood of our Lord Jesus Christ with fervor in holy remembrance of him. May you foster...honor to the Lord among the people entrusted to you...If you do not do this, know that, on the day of judgment, you must render an account before the Lord your God, Jesus Christ. Let those who keep this writing with them and observe it know that they will be blessed by the Lord God.

- Saint Francis of Assisi (+1226) was a deacon, father to the poor, missionary, and religious founder. This is a letter he wrote to "The Rulers of the Peoples."



MAGNIFICENT HUMANITY SEMINAR

Please plan to attend this Wednesday's seminar at on **Pope Leo's new encyclical "Magnifica Humanitas"**, or "Magnificent Humanity" this **Wednesday, October 21st from 7pm to 8pm in St. John's Hall**. Copies of the encyclical will be provided.

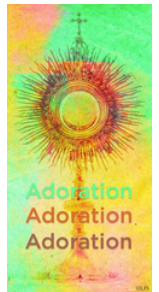
In his introduction Pope Leo writes "The Social Doctrine of the Church is a legacy of wisdom, where we find principles for thought, criteria for discernment and judgment, and concrete guidelines for action."

We look forward to seeing you at the seminar!

ADORATION VOLUNTEER NEEDED

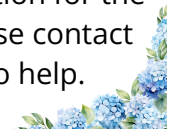
We need a volunteer for Adoration of the Blessed Sacrament on Thursdays from 5:00pm to 6:00pm beginning October 22nd.

If you are interested in learning more, please contact Don Thamer. You may reach him via email at don.nprz6@gmail.com or by text at (916) 549-7195. THANK YOU!



SPECIAL REQUEST FOR BLOOMS FOR SANCTUARY CHRISTMAS DECOR

We would like to incorporate dried hydrangea blooms into our sanctuary decor for Christmas this year. If you have a hydrangea plant at home, and would be willing to clip and dry the blooms for us in preparation for the season, we would greatly appreciate it! Please contact Katie Cunha or Tralee Morris if you're able to help. Send an email to katieecunha@gmail.com.



EVERGREEN FUNDRAISER FOR OLA SCHOOL

Please support the OLA 8th grade class fundraiser! They are raising funds for their spring trip to Washington D.C. Purchase beautiful holiday evergreens for your home or as a festive gift for someone special. Go online and visit <https://omt.sffwa.com/minisite/olaschool> or you may use the smartphone camera on your phone to scan the QR code.



OLA SCHOOL IS SUPER-POWERED BY FAITH

Students, cut out the battery box and bring it to school on Monday to add to your Class Power Grid. *Individually we're small sparks contributing to a large universal current!*



ADDITIONAL COMMUNITY NEWS AND PRAYER RESOURCES



OLA GABRIEL PROJECT ANNUAL BLESSINGS & BABIES DRIVE

Thank You, Parish and School Families! On behalf of the Gabriel Project, thank you for your extraordinary generosity during our 2nd Annual Blessings & Babies Drive. Your donations will help provide diapers, baby equipment, and other essentials for mothers and infants throughout the year. ***Most importantly, your support sends a powerful message that every mother and child is valued, loved, and welcomed.***

Please continue to pray for the families we serve and for the volunteers who accompany them with God's love. Together, we are making a lasting difference in the lives of local mothers and babies.

For questions or more information, please contact Sharon Kropf, 916-705-7812 | skropf@winfirst.com or Rose Ross, 916-717-0918 | jross2331@att.net or go to our link at: <https://linktr.ee/gabrielproject>.

Join us for our monthly meeting the 2nd Monday of the month at 7:00pm in Affinito Hall Rm. 3.

WORLD WIDE MARRIAGE ENCOUNTER

- ◆ Let the colors of fall, remind you to rediscover the beauty of your marriage.
- ◆ Worldwide Marriage Encounter has all the tools you need for a great marriage.
- ◆ Join the millions of couples worldwide who have learned how to keep their marriage vibrant and alive by signing up for an upcoming Worldwide Marriage Encounter Experience on Nov. 13-15, 2026 in Danville or Nov. 20-22, 2026 in Benecia. Visit our website <https://wwme.org/apply/> to find the date that works for you! *Early registration is recommended.*



**WEEKLY MEETINGS
AT OLA**

Join Catholic in Recovery Wednesday nights at 6pm in St. Anne's Room. For more information, visit <https://catholicinrecovery.com/> or contact Bill via email at bbefort@bellsouth.net or you may call (561) 827-0624.

CRISTO REY TEE TOURNAMENT

October 23rd, 24th, and 25th Cristo Rey High School fundraising golf tournament. For more info. go to: <https://capitalcup.mightycause.com/story/paulesch2026>



OLA ST. VINCENT de PAUL NEEDS YOUR HELP

The food locker needs donations of small cans of tuna and soup, as well as macaroni and cheese and peanut butter and jelly. Please leave your donations at the back of the church for pick-up. Thank you for your generosity!

Your recurring donations provide consistent income for our ministry, and the need is great. Automatic donations through OLA's Flocknote Online Giving option on page two of this bulletin will help this happen. We are very grateful for your donations which keep SVP going and appreciate your consideration of Flocknote Online Giving. If you are interested in volunteering, please contact Leo via email at lwintern@comcast.net.

SONS & DAUGHTERS OF ITALY SHRIMP FEED

Your purchase of the \$60 per person (no host bar) ticket helps **support our Scholarship Program**. There will be Dinner and Silent Auction in Affinito Hall on November 7th at 6:00pm. RSVP to Danny Marinelli at 916-698-2928.

SACRAMENTO LIFE CENTER GALA

Join us on Saturday, Nov. 7th for our biggest fundraiser of the year! There will be a champagne reception, fun filled silent auction, heartfelt program and exciting live auction. All money raised helps us keep our clinic open to **provide compassionate, FREE medical care and referrals to women** in the Sacramento Region. Register at: www.saclifegala.com.

THANK YOU FROM THE KNIGHTS OF COLUMBUS

Thank YOU, Parishioners of OLA, for the outpouring of generosity for our annual Intellectual Disability Drive (Tootsie Roll Drive) conducted over the weekend of October 10th -11th. The event was an enormous success with more than \$1,490 contributed. We thank Parochial Vicar, Fr. Dante "Dane" Lumabas, SSP, and his staff for their support. The dollars will enable campers with developmental disabilities to attend Camp ReCreation in June 2027. May God bless all of you abundantly for supporting this worthy event year after year.



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Let God.

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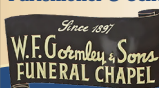
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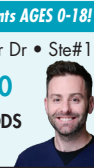
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DAVID STEINBERG, DDS

Parishioner



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