

OF HOLY COMMUNION JULY 2023 UPDATES & REMINDERS

With the resumption of the traditional practice of distributing the Precious Blood from the Chalice along with the Body of Christ for Holy Communion, the Liturgy Committee has issued the following new instructions and reminders based on a conversation with Father Eduino.

ALL EXTRAORDINARY MINISTERS OF HOLY COMMUNION

Before Mass: When preparing the credence table, please place two large, folded corporals, instead of one large or two small, folded corporals, on the pall that is on top of the Chalice.

Distribution of Holy Communion: <u>Reminders</u>: All Extraordinary Ministers of Holy Communion (EMHCs) should model the greatest reverence for the Most Holy Eucharist by your demeanor, attire, and way you handle the consecrated bread or wine. Please do not block the tabernacle when receiving the Precious Blood or Body of Christ. As an Extraordinary Minister of the Body of Christ, say "The Body of Christ" with no other words. As an Extraordinary Minister of the Precious Blood, say "The Blood of Christ" with no other words. If you do not hear the communicant say "Amen" afterwards, please say it for them. When you leave the sanctuary after distributing Holy Communion and returning the vessels, please go together as a group (one group of Extraordinary Ministers of the Precious Body, and one group of Extraordinary Ministers of the Precious Blood) to the bottom of the stairs, bow, and return to your seats. <u>Important</u>: Please stop immediately and reverence the tabernacle when the Priest or Deacon places the consecrated hosts inside.

After Mass: <u>Reminder</u>: All EMHCs are to assist the Altar Servers in taking the vessels and linens to the Sacristy; purifying and cleaning the purified vessels; and then preparing for the next Mass, as necessary.

EXTRAORDINARY MINISTERS OF THE PRECIOUS BLOOD

Distribution at the Altar: During most Masses, Father Eduino will use four cups (one each) to serve the Precious Blood to the first, third, fifth, and seventh EMHC at the altar. Each of them will then serve the Precious Blood to the EMHC next to them, (second, fourth, sixth, and eighth EMHC respectively). The second, fourth, sixth, and eighth EMHC will then retain the cup and wait for location assignments for serving those in the pews. The eighth (or last) EMHC should ensure the Altar Servers are able to receive the Precious Blood before moving to her/his assigned location. When a Deacon is present, he will retain the cup by his ordination as the "Minister of the Cup."

Distribution and Consumption of the Precious Blood: <u>Reminder</u>: When the cup is handed back after the Communicant's reception, please carefully wipe the rim with a small portion of the purificator, ensuring it does not drape into the Precious Blood. Then, before ministering to the next person, turn the cup a quarter turn or so. As an Extraordinary Minister of the Precious Blood, if you do not wish to consume the remaining precious blood, please ask the last person in your line if they will consume it. If they do not, please take the cup to the credence table, and ask another EMHC to consume the Precious Blood.

After Distribution of the Precious Blood: <u>Reminder</u>: Please put the purificators <u>on</u> <u>the credence table</u> and <u>not inside the cups</u>. This is especially important because the purificators are used in purifying the vessels in the Sacristy after Mass, and this also helps prevent excessive staining of the purificators. Wait at the credence table until all Extraordinary Ministers of the Precious Blood have returned, and the precious blood is consumed. Then, gather at the bottom of the sanctuary, bow, and return to your seats.



Thank you for your devoted commitment as an Extraordinary Minister of Holy Communion at OLA!