



OUR LADY OF THE
Assumption
PARISH

Love and Serve God • Love and Serve One Another
5057 Cottage Way, Carmichael, CA 95608 ~ www.olaparish.net

First Sunday of Lent
March 9, 2025

**Be with me, Lord,
when I am in trouble.**

Psalm 91

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Prelude Song (verses 1 and 2)

BEYOND THE DAYS

Ricky Manalo, CSP

Refrain



Be - yond the days of hope and mys - t'ry we
see a light of faith re - newed, and in our long - ing
we thirst for guid - ance to walk with you day by day.

1-4 to Verses

Final Verses




day, to walk with you day by day.

1. For - ty days and	May your
2. Not on bread a -	Speak the
3. In your hands, O	Keep us
4. On our Lent - en	Be our



1. nights, you guide the steps of our jour - ney.
2. lone are we to walk on this jour - ney.
3. God, we feel the touch of your guid - ance.
4. path we see the dawn of a new day.

May your
Speak the
Keep us
Be our



1. pres - ence be felt in the whis - per of your voice.
2. words that give life to the yearn - ings of our hearts.
3. safe in your care: may your gen - tle - ness be there.
4. vi - sion of hope; be the prom - ise of our lives.

3 to Refrain

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THE INTRODUCTORY RITES (GATHERING)

Entrance Antiphon

Cf. Psalm 91 (90):15-16

When he calls on me, I will answer him; I will deliver him and give him glory, I will grant him length of days.

Entrance Hymn (verses 1 and 2) (Please stand.)

LED BY THE SPIRIT

KINGSFOLD



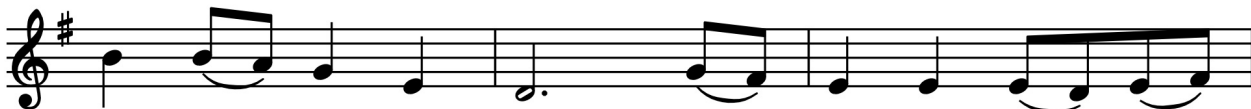
1. Led by the Spir - it of our God, we go to fast and
2. Led by the Spir - it, we con - front temp - ta - tion face to
3. Led by the Spir - it, now draw near the wa - ters of re -
4. Led by the Spir - it, now sing praise to God the Trin - i -



1. pray With Christ in - to the wil - der-ness; we join his
2. face, And know full well we must re - ly on God's re -
3. birth With hearts that long to wor-ship God in spir - it
4. ty: The Source of Life, the liv - ing Word made flesh to



1. pas - chal way. "Rend not your gar - ments, rend your hearts. Turn
2. deem - ing grace. On bread a - lone we can - not live, but
3. and in truth. "Who - ev - er drinks the drink I give shall
4. set us free, The Spir - it blow - ing where it will to



1. back your lives to me." Thus says our kind and
2. nour-ished by the Word We seek the will of
3. nev - er thirst a - gain." Thus says the Lord who
4. make us friends of God: This mys - t'ry far be -



1. gra - cious God, whose reign is lib - er - ty.
2. God to do: this is our drink and food.
3. died for us, our Sav - ior, kin and friend.
4. yond our reach, yet near in heal - ing love.

Text: CMD; based on Joel 2:12-13; Matthew 4:1-4; Mark 1:12-15; John 4:5-42; Bob Hurd, © 1996, Bob Hurd.

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adapt. by Ralph Vaughan Williams, 1872-1958.

Greeting

Priest: *In the name of the Father, and of the Son, and of the Holy Spirit.*

(All make the Sign of the Cross.) **Amen.**

Priest: *The grace of our Lord Jesus Christ...be with you all.* **And with your spirit.**

Collect

(After the Priest says the Collect, all respond.) **Amen.** (Please be seated.)

LITURGY OF THE WORD

First Reading

Deuteronomy 26:4-10

A reading from the Book of Deuteronomy

Moses spoke to the people, saying:

"The priest shall receive the basket from you
and shall set it in front of the altar of the LORD, your God.

Then you shall declare before the Lord, your God,

'My father was a wandering Aramean

who went down to Egypt with a small household
and lived there as an alien.

But there he became a nation
great, strong, and numerous.

When the Egyptians maltreated and oppressed us,
imposing hard labor upon us,

we cried to the LORD, the God of our fathers,
and he heard our cry

and saw our affliction, our toil, and our oppression.

He brought us out of Egypt

with his strong hand and outstretched arm,

with terrifying power, with signs and wonders;

and bringing us into this country,

he gave us this land flowing with milk and honey.

Therefore, I have now brought you the firstfruits
of the products of the soil

which you, O LORD, have given me.'

And having set them before the LORD, your God,
you shall bow down in his presence."

*The Word of the Lord. **Thanks be to God.***

Responsorial Psalm

Psalm 91:1-2, 10-11, 12-13, 14-15, R. see v.15b



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You who dwell in the shelter of the Most High,
who abide in the shadow of the Almighty,
say to the LORD, "My refuge and fortress,
my God in whom I trust."

R. Be with me, Lord, when I am in trouble.

No evil shall befall you,
nor shall affliction come near your tent,
For to his angels he has given command about you,
that they guard you in all your ways.

R. Be with me, Lord, when I am in trouble.

Upon their hands they shall bear you up,
lest you dash your foot against a stone.
You shall tread upon the asp and the viper;
you shall trample down the lion and the dragon.

R. Be with me, Lord, when I am in trouble.

Because he clings to me, I will deliver him;
I will set him on high because he acknowledges my name.
He shall call upon me, and I will answer him;
I will be with him in distress;
I will deliver him and glorify him.

R. Be with me, Lord, when I am in trouble.

Second Reading

Romans 10:8-13

A reading from the Letter of Saint Paul to the Romans

Brothers and sisters:

What does Scripture say?

The word is near you,

in your mouth and in your heart

—that is, the word of faith that we preach—,

for, if you confess with your mouth that Jesus is Lord

and believe in your heart that God raised him from the dead,

you will be saved.

For one believes with the heart and so is justified,

and one confesses with the mouth and so is saved.

For the Scripture says,

No one who believes in him will be put to shame.

For there is no distinction between Jew and Greek;

the same Lord is Lord of all,

enriching all who call upon him.

For “everyone who calls on the name of the Lord will be saved.”

The Word of the Lord. Thanks be to God.

Gospel Acclamation and Verse

Matthew 4:4b

(Please stand.)



R. Praise to you, Lord Je - sus Christ, King of end - less glo - ry!

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One does not live on bread alone,

but on every word that comes forth from the mouth of God.

Gospel

Luke 4:1-13

The Lord be with you. And with your spirit.

The reading from the holy Gospel according to Luke. Glory to you, O Lord.

Filled with the Holy Spirit, Jesus returned from the Jordan
and was led by the Spirit into the desert for forty days,
to be tempted by the devil.

He ate nothing during those days,
and when they were over he was hungry.

The devil said to him,

"If you are the Son of God,
command this stone to become bread."

Jesus answered him,

"It is written, *One does not live on bread alone.*"

Then he took him up and showed him
all the kingdoms of the world in a single instant.

The devil said to him,

"I shall give to you all this power and glory;
for it has been handed over to me,
and I may give it to whomever I wish.

All this will be yours, if you worship me."

Jesus said to him in reply,

"It is written

*You shall worship the Lord, your God,
and him alone shall you serve.*"

Then he led him to Jerusalem,
made him stand on the parapet of the temple, and said to him,

"If you are the Son of God,
throw yourself down from here, for it is written:

He will command his angels concerning you, to guard you,
and:

*With their hands they will support you,
lest you dash your foot against a stone.*"

Jesus said to him in reply,

"It also says,

You shall not put the Lord, your God, to the test."

When the devil had finished every temptation,
he departed from him for a time.

The Gospel of the Lord. Praise to you, Lord Jesus Christ.

Homily (Please be seated.)

Profession of Faith (Nicene Creed). (Please stand.)

**I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.**

**God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.**

For us men and for our salvation he came down from heaven,

(At the words that follow, up to and including "and became man," all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried, and rose again on the third day
in accordance with the Scriptures.**

He ascended into heaven and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.**

I believe in one, holy, catholic and apostolic Church.

**I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

Universal Prayer (Prayers of the Faithful)

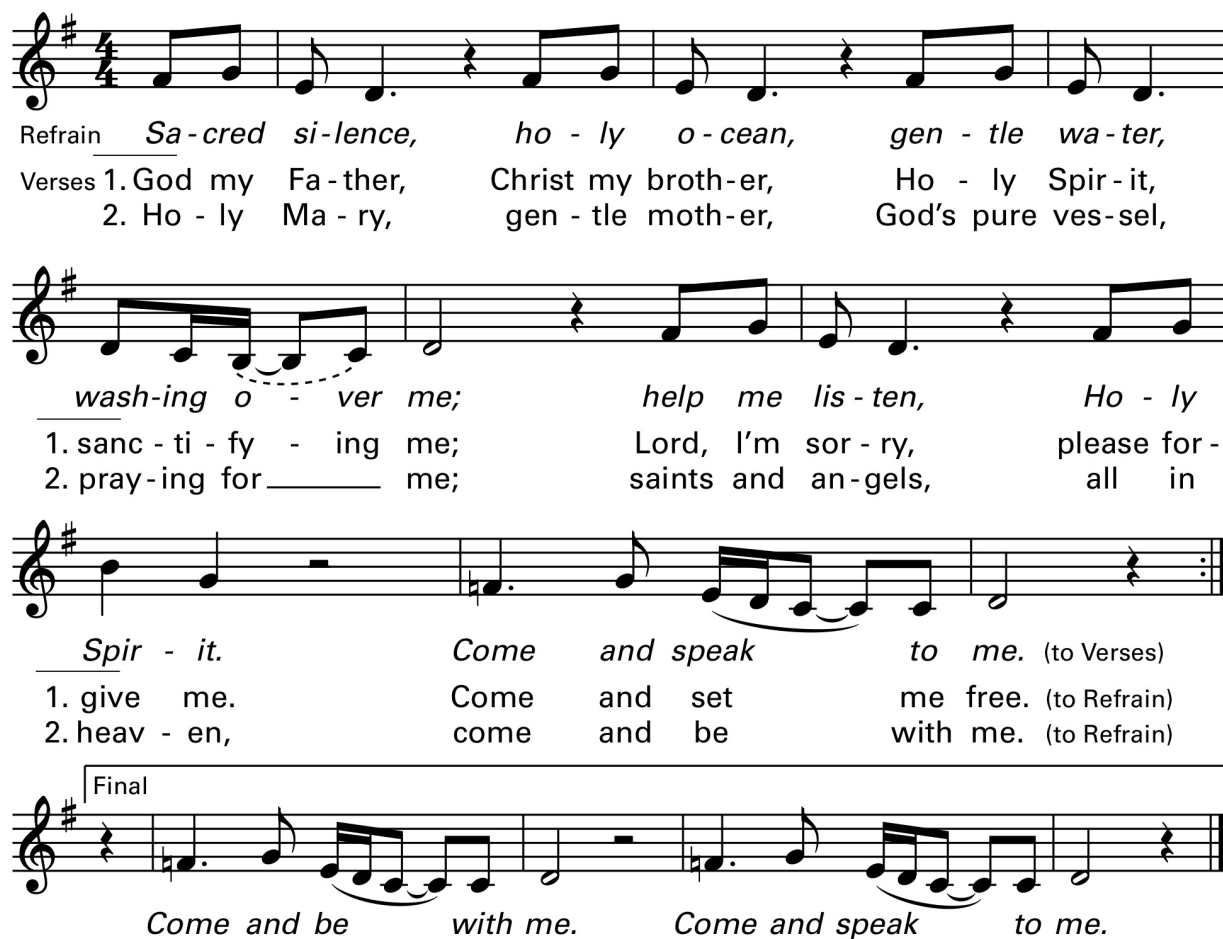
LITURGY OF THE EUCHARIST

Hymn for Presentation of the Gifts and Preparation of the Altar

(Please be seated.)

SACRED SILENCE

Tom Booth and Jenny Pixler



Refrain *Sa - cred si - lence, ho - ly o - cean, gen - tle wa - ter,*

Verses 1. God my Fa - ther, Christ my broth - er, Ho - ly Spir - it,
2. Ho - ly Ma - ry, gen - tle moth - er, God's pure ves - sel,

wash - ing o - ver me; help me lis - ten, Ho - ly

1. sanc - ti - fy - ing me; Lord, I'm sor - ry, please for -
2. pray - ing for _____ me; saints and an - gels, all in

Spir - it. Come and speak to me. (to Verses)

1. give me. Come and set me free. (to Refrain)
2. heav - en, come and be with me. (to Refrain)

Final

Come and be with me. Come and speak to me.

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Presentation of the Gifts and Preparation of the Altar

Priest: ...that my sacrifice and yours may be acceptable to God, the almighty Father,"

(Please stand.) **May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.**

Prayer over the Offerings

Amen

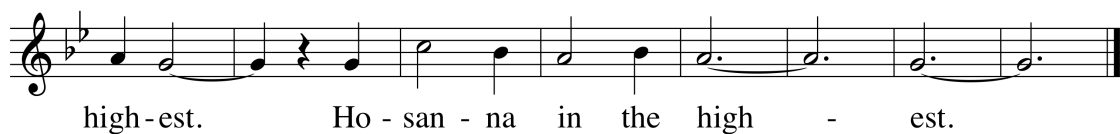
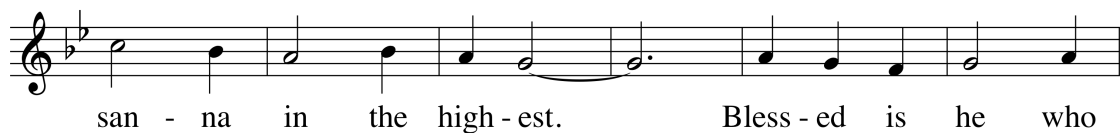
Preface

Priest: *The Lord be with you. And with your spirit.*

Priest: *Lift up your hearts. We lift them up to the Lord.*

Priest: *Let us give thanks to the Lord our God. It is right and just.*

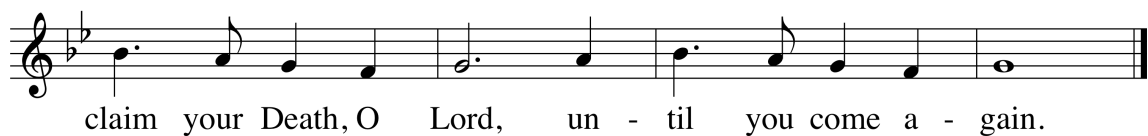
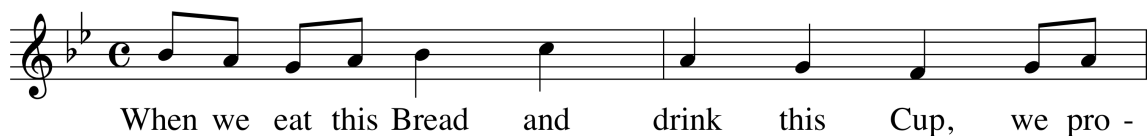
Holy



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Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, 2010, GIA Publications, Inc.

(Please kneel.)

Mystery of Faith



Text: ICEL, © 2010
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Amen

(Please stand.)



Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, GIA Publications, Inc.

Our Father

Our Father, who art in heaven, hallowed be thy name;
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.

Priest: *Deliver us, Lord ... the coming of our Savior Jesus Christ.*

For the kingdom, the power and the glory are yours now and forever.

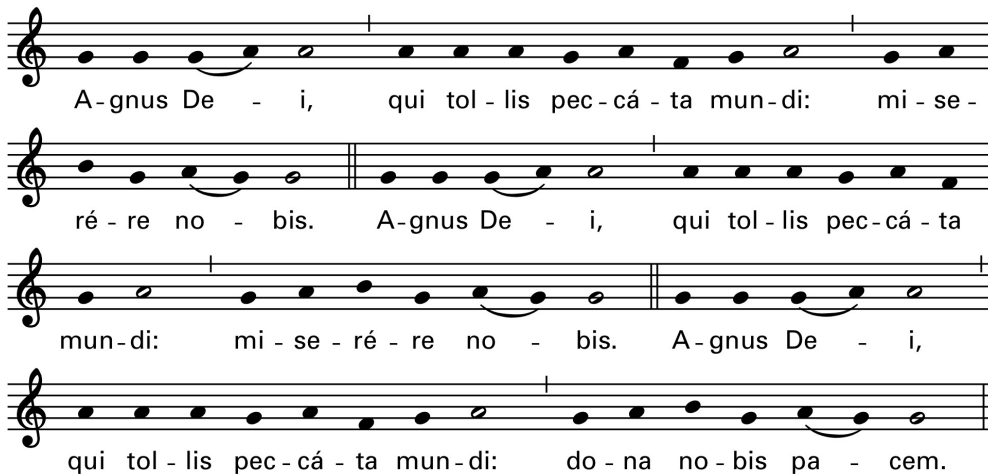
Priest: *Lord Jesus Christ ... Who live and reign for ever and ever. Amen*

Priest: *The peace of the Lord be with you always. And with your spirit.*

Sign of Peace

Lamb of God

AGNUS DEI XVIII



Text and music: Chant; *Graduale Romanum*, 1974.

(Please kneel.)

Communion

Priest: *Behold the Lamb of God ... Blessed are those called to the supper of the Lamb.*

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You. Amen.

Communion Antiphon

Matthew 4:4

One does not live by bread alone, but by every word that comes forth from the mouth of God.

Communion Hymn

ON EAGLE'S WINGS

Michael Joncas

Verse 1



1. You who dwell in the shel-ter of the Lord, who a-bide in his

to Refrain



1. shad-ow for life, say to the Lord: "My ref-uge, my rock in whom I trust!"

Refrain



And he will raise you up on ea - gle's wings, bear you on the



breath of dawn, make you to shine like the

to Verses (last time to Coda) \oplus



sun, and hold you in the palm of his hand.

⊕ Coda



And hold you, hold you in the palm of his hand.

Verse 2



2. The snare of the fowl-er will nev-er cap-ture you, and fam-ine will bring

to Refrain



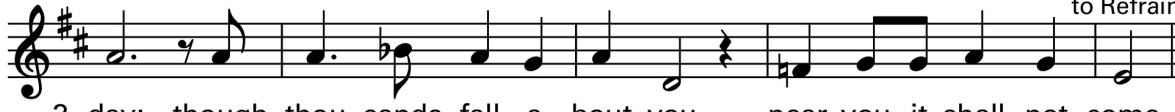
2. you no fear: un-der his wings your ref-uge, his faith-ful-ness your shield.

Verse 3



3. You need not fear the ter-ror of the night, nor the ar-row that flies by

to Refrain



3. day; though thou-sands fall a - bout you, near you it shall not come.

ON EAGLE'S WINGS (CONT. 2)

Verse 4

4. For to his an-gels he's giv-en a com-mand to
 4. guard you in all of your ways; up - on their hands they will
 4. bear you up, lest you dash your foot a- gainst a stone. to Refrain

9:00 a.m. Mass only

UBI CARITAS

Bob Hurd

Refrain: All

*U - bi ca - ri - tas est ve-ra, est ve-ra: De-us i - bi

Verses: Cantor/Choir

est, De-us i - bi est.

1. The love of Christ joins us to -
2. In true com-mu - nion let us
3. May we who gath - er at this
4. For those in need make us your
5. May we one day be - hold your

1. geth-er. Let us re - joice in him, and in our love and
2. gath-er. May all di - vi - sions cease and in their place be
3. ta - ble to share the bread of life be-come a sac - ra -
4. mer-cy, for those op-pressed, your might. Make us, your Church, a
5. glo - ry and see you face to face, re - joic - ing with the

to Refrain

1. care for all now love God in re - turn.
2. Christ the Lord, our ris - en Prince of Peace.
3. ment of love, your heal - ing touch, O Christ.
4. ho - ly sign of jus - tice and new life.
5. saints of God to sing e - ter - nal praise.

Refrain and vss. 1, 2, 5 based on *Ubi Caritas*, 9th cent.; vss. 3, 4 by Bob Hurd. Text and music © 1996, Bob Hurd. Published by OCP Publications. All rights reserved.

Prayer after Communion

THE CONCLUDING RITES

Greeting and Blessing

(Please stand.)

Priest: *The Lord be with you. And with your spirit.*

Priest: *May almighty God bless you, the Father, the Son, and the Holy Spirit. Amen*

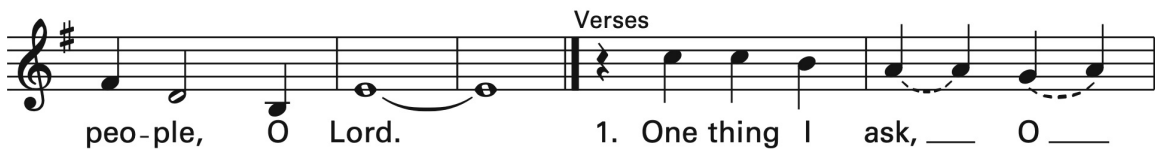
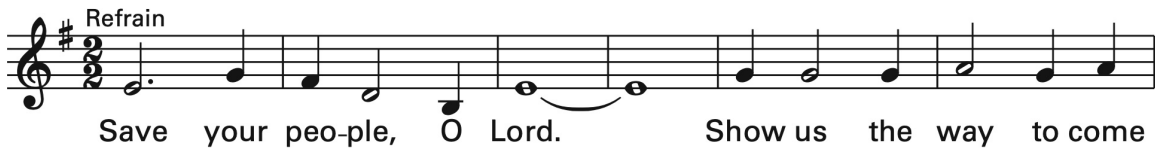
Dismissal

Deacon/Priest: *Go in peace. Thanks be to God.*

Recessional Hymn (verse 2)

SAVE YOUR PEOPLE

Jim Farrell



1. One thing I ask, O
2. For you will hide me in the
3. Lis - ten, O Lord, to the
4. Thus will I bless you all the

