



OUR LADY OF THE
Assumption
PARISH

Love and Serve God • Love and Serve One Another
5057 Cottage Way, Carmichael, CA 95608 ~ www.olaparish.net

First Sunday of Lent
February 20-21, 2021

**Your ways, O Lord, are love and truth to
those who keep your covenant.**

Psalm 25

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THE INTRODUCTORY RITES (GATHERING)

Entrance Procession

LED BY THE SPIRIT

KINGSFOLD



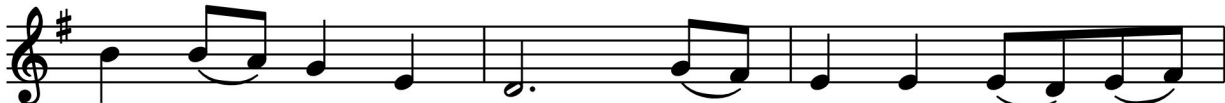
1. Led by the Spir - it of our God, we go to fast and
2. Led by the Spir - it, we con - front temp - ta - tion face to
3. Led by the Spir - it, now draw near the wa - ters of re -
4. Led by the Spir - it, now sing praise to God the Trin - i -



1. pray With Christ in - to the wil - der - ness; we join his
2. face, And know full well we must re - ly on God's re -
3. birth With hearts that long to wor - ship God in spir - it
4. ty: The Source of Life, the liv - ing Word made flesh to



1. pas - chal way. "Rend not your gar - ments, rend your hearts. Turn
2. deem - ing grace. On bread a - lone we can - not live, but
3. and in truth. "Who - ev - er drinks the drink I give shall
4. set us free, The Spir - it blow - ing where it will to



1. back your lives to me." Thus says our kind and
2. nour - ished by the Word We seek the will of
3. nev - er thirst a - gain." Thus says the Lord who
4. make us friends of God: This mys - t'ry far be -



1. gra - cious God, whose reign is lib - er - ty.
2. God to do: this is our drink and food.
3. died for us, our Sav - ior, kin and friend.
4. yond our reach, yet near in heal - ing love.

Text: CMD; based on Joel 2:12-13; Matthew 4:1-4; Mark 1:12-15; John 4:5-42; Bob Hurd, © 1996, Bob Hurd.
Published by OCP. All rights reserved. Music: trad. English Melody; English Country Songs, 1893;
adapt. by Ralph Vaughan Williams, 1872-1958.

Greeting

Priest: *In the name of the Father, and of the Son, and of the Holy Spirit. (All make the Sign of the Cross.) Amen.*

Priest: *The grace of our Lord Jesus Christ...be with you all. And with your spirit.*

Penitential Act

Priest/Deacon: *Lord have mercy.* **Lord have mercy.**

Priest/Deacon: *Christ have mercy.* **Christ have mercy.**

Priest/Deacon: *Lord have mercy.* **Lord have mercy.**

Priest/Deacon: *May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.* **Amen.**

Collect

(After the Priest says the Collect, all respond). **Amen.**

LITURGY OF THE WORD

First Reading

Genesis 9:8-15 (23B)

God said to Noah and to his sons with him:

“See, I am now establishing my covenant with you
and your descendants after you
and with every living creature that was with you:
all the birds, and the various tame and wild animals
that were with you and came out of the ark.

I will establish my covenant with you,
that never again shall all bodily creatures be destroyed
by the waters of a flood;
there shall not be another flood to devastate the earth.”

God added:

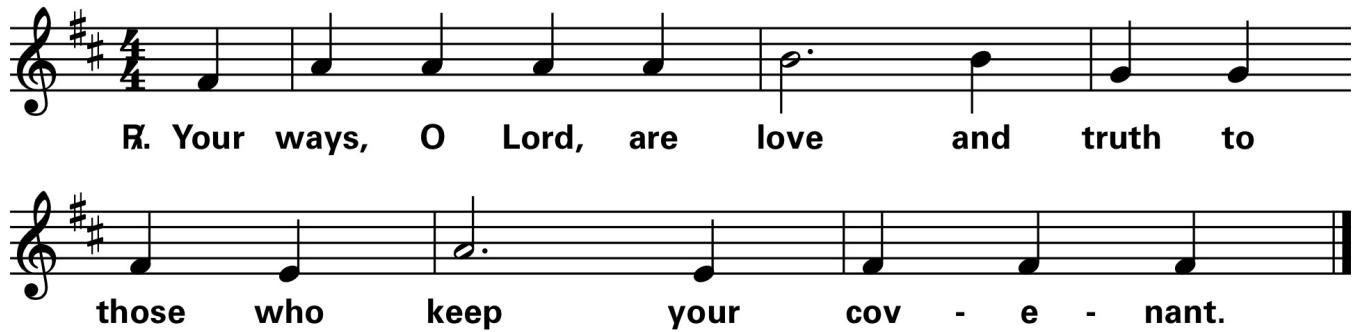
“This is the sign that I am giving for all ages to come,
of the covenant between me and you
and every living creature with you:
I set my bow in the clouds to serve as a sign
of the covenant between me and the earth.

When I bring clouds over the earth,
and the bow appears in the clouds,
I will recall the covenant I have made
between me and you and all living beings,
so that the waters shall never again become a flood
to destroy all mortal beings.”

The Word of the Lord. **Thanks be to God.**

Responsorial Psalm

Psalm 25:4-5, 6-7, 8-9



R. Your ways, O Lord, are love and truth to
those who keep your cov - e - nant.

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R. (cf. 10) Your ways, O Lord, are love and truth to those who keep your covenant.

Your ways, O LORD, make known to me;
teach me your paths,
Guide me in your truth and teach me,
for you are God my savior.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Remember that your compassion, O LORD,
and your love are from of old.
In your kindness remember me,
because of your goodness, O LORD.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Good and upright is the LORD,
thus he shows sinners the way.
He guides the humble to justice,
and he teaches the humble his way.

R. Your ways, O Lord, are love and truth to those who keep your covenant.

Second Reading

1 Peter 3:18-22

Beloved:

Christ suffered for sins once,
the righteous for the sake of the unrighteous,
that he might lead you to God.
Put to death in the flesh,
he was brought to life in the Spirit.
In it he also went to preach to the spirits in prison,
who had once been disobedient
while God patiently waited in the days of Noah
during the building of the ark,
in which a few persons, eight in all,
were saved through water.

This prefigured baptism, which saves you now.
It is not a removal of dirt from the body

but an appeal to God for a clear conscience,
through the resurrection of Jesus Christ,
who has gone into heaven
and is at the right hand of God,
with angels, authorities, and powers subject to him.

The Word of the Lord. **Thanks be to God.**

Gospel Acclamation and Verse

Matthew 4:4b



R. Praise to you, Lord Je - sus Christ, King of end - less glo - ry!

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One does not live on bread alone,
but on every word that comes forth from the mouth of God.

Gospel

Mark 1:12–15

The Lord be with you. **And with your spirit.**

The reading from the holy Gospel according to Mark. **Glory to you, O Lord.**

The Spirit drove Jesus out into the desert,
and he remained in the desert for forty days,
tempted by Satan.

He was among wild beasts,
and the angels ministered to him.

After John had been arrested,
Jesus came to Galilee proclaiming the gospel of God:

“This is the time of fulfillment.

The kingdom of God is at hand.

Repent, and believe in the gospel.”

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

Homily

Profession of Faith (Nicene Creed)

**I believe in one God, the Father almighty, maker of heaven and earth,
of all things visible and invisible.**

**I believe in one Lord Jesus Christ, the Only Begotten Son of God,
born of the Father before all ages. God from God, Light from Light,
true God from true God, begotten, not made, consubstantial with the Father;
through him all things were made.**

For us men and for our salvation he came down from heaven,
and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried,
and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Universal Prayer (Prayers of the Faithful)

LITURGY OF THE EUCHARIST

SACRED SILENCE

Tom Booth and Jenny Pixler



Refrain *Sa - cred si - lence, ho - ly o - cean, gen - tle wa - ter,*

Verses 1. God my Fa - ther, Christ my broth - er, Ho - ly Spir - it,
2. Ho - ly Ma - ry, gen - tle moth - er, God's pure ves - sel,



wash - ing o - ver me; help me lis - ten, Ho - ly
1. sanc - ti - fy - ing me; Lord, I'm sor - ry, please for -
2. pray - ing for _____ me; saints and an - gels, all in



Spir - it. Come and speak to me. (to Verses)
1. give me. Come and set me free. (to Refrain)
2. heav - en, come and be with me. (to Refrain)



Come and be with me. Come and speak to me.

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Presentation of the Gifts and Preparation of the Altar

Priest: ...that my sacrifice and yours may be acceptable to God, the almighty Father.

May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.

Prayer over the Offerings

Amen

Preface

Priest: The Lord be with you. And with your spirit.

Priest: Lift up your hearts. We lift them up to the Lord.

Priest: Let us give thanks to the Lord our God. It is right and just.

Holy

Holy, Holy, Holy, Lord God of hosts. Heaven and earth are full of your glory. Hosanna in the highest. Blessed is He who comes in the name of the Lord. Hosanna in the highest.

Prayer

Mystery of Faith

We proclaim your Death O Lord, and profess your Resurrection until you come again.

or

When we eat this Bread and drink this Cup, we proclaim your Death, O Lord, until you come again.

or

Save us, Savior of the world, for by your Cross and Resurrection you have set us free.

Prayer

Amen

Our Father

**Our Father, who art in heaven, hallowed be thy name;
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.**

Priest: Deliver us, Lord ... the coming of our Savior Jesus Christ.

For the kingdom, the power and the glory are yours now and forever.

Priest: Lord Jesus Christ ... Who live and reign for ever and ever. Amen

Priest: The peace of the Lord be with you always. And with your spirit.

Sign of Peace

Lamb of God

**Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, have mercy on us.
Lamb of God, you take away the sins of the world, grant us peace.**

Communion

Priest: Behold the Lamb of God ... Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.
I love You above all things, and I desire to receive You into my soul.
Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.
I embrace You as if You were already there and unite myself wholly to You.
Never permit me to be separated from You.
Amen.

ON EAGLE'S WINGS

Michael Joncas

Verse 1



1. You who dwell in the shel-ter of the Lord, who a - bide in his



1. shad-ow for life, say to the Lord: "My ref-uge, my rock in whom I trust!"

to Refrain

Refrain



And he will raise you up on ea - gle's wings, bear you on the



breath of dawn, make you to shine like the



sun, and hold you in the palm of his hand.

to Verses (last time to Coda) ⊕

⊕ Coda



And hold you, hold you in the palm of his hand.

Verse 2



2. The snare of the fowl-er will nev-er cap-ture you, and fam-ine will bring



2. you no fear: un-der his wings your ref-uge, his faith-ful-ness your shield. to Refrain

Verse 3




3. You need not fear the ter-ror of the night, nor the ar-row that flies by

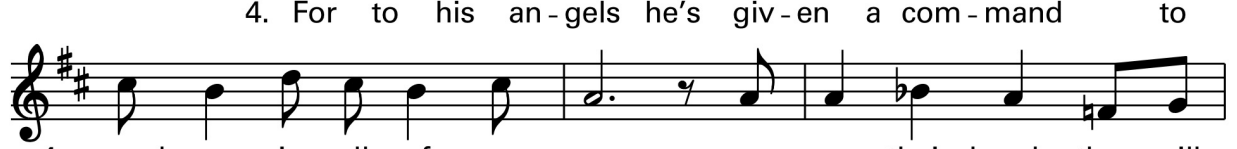


3. day; though thou-sands fall a - bout you, near you it shall not come. to Refrain

Verse 4



4. For to his an-gels he's giv-en a com-mand to



4. guard you in all of your ways; up - on their hands they will



4. bear you up, lest you dash your foot a-gainst a stone. to Refrain

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Prayer after Communion

THE CONCLUDING RITES

Announcements

Greeting and Blessing

Priest: *The Lord be with you. And with your spirit.*

Priest: *May almighty God bless you, the Father, the Son, and the Holy Spirit. Amen*

Dismissal

Deacon/Priest: *Go in peace. Thanks be to God.*

SAVE YOUR PEOPLE

Jim Farrell

Refrain

Save your peo-ple, O Lord. Show us the way to come

home. We have been wan-der-ing far from your love. Save your

Verses

peo-ple, O Lord.

1. One thing I ask, O
2. For you will hide me in the
3. Lis - ten, O Lord, to the
4. Thus will I bless you all the

1. Lord, this I seek: to dwell for - ev - er in your

2. shel - ter of your wings and from the ar - rows of my
3. sound of my call, for I ac - knowl - edge my of -
4. days of my life. Lift - ing my hands, I call your

1. house, that I may gaze on your love - li - ness

2. foes. You set me high on a moun - tain - top,
3. fense. Wash me and I shall be pur - i - fied.
4. name: "O Lord, re - mem - ber your in - her - i - tance.

to Refrain

1. all the days of my life.

2. saved me from my dis - tress.
3. I shall be whit - er than snow.
4. Save your peo - ple, O Lord!"

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