



OUR LADY OF THE
Assumption
PARISH

Love and Serve God • Love and Serve One Another
5057 Cottage Way, Carmichael, CA 95608 ~ www.olaparish.net

Fourth Sunday in Ordinary Time
January 29, 2023

**Blessed are the poor in spirit;
the kingdom of heaven is theirs!**

Psalm 146

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Prelude Song

PRAYER OF ST. FRANCIS / ORACIÓN DE SAN FRANCISCO

Sebastian Temple

Verses 1, 2, 4



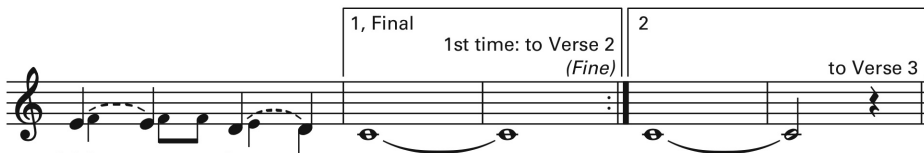
- | | |
|----------------------------------------|---------------------------|
| 1. Make me a chan-nel of your peace. | Where there is ha-tred, |
| 2. Make me a chan-nel of your peace. | Where there's de-spair in |
| 4. Make me a chan-nel of your peace. | It is in par-don - |
| 1. Haz-me un ins-tru-men-to de tu paz, | don - de ha-ya o - dio |
| 2. Haz-me un ins-tru-men-to de tu paz, | que lle - ve tu es-pe - |
| 4. Haz-me un ins-tru-men-to de tu paz, | es per - do-nan-do |



- | | |
|-------------------------------------|-----------------------------|
| 1. let me bring your love. _____ | Where there is in - ju - |
| 2. life, let me bring hope. _____ | Where there is dark-ness _ |
| 4. ing that we are par-doned, _____ | In giv - ing of our - |
| 1. lle - ve yo tu a - mor, _____ | don - de ha-ya in-ju - ria |
| 2. ran - za por do - quier, _____ | don - de ha-ya os-cu - ri - |
| 4. que nos das per - dón, _____ | es dan - do a to-dos _ |



- | | |
|-------------------------------|-------------------------------|
| 1. ry, your par-don, Lord, | And where there's doubt, true |
| 2. _____ on - ly light, | And where there's sad - ness |
| 4. selves that we re - ceive, | And in dy - ing that we're |
| 1. tu per-dón, Se - ñor, | don - de ha - ya du - da, |
| 2. dad lle - ve tu luz, | don - de ha - ya pe - na, |
| 4. _____ que tú nos das, | y mu - rien - do es que vol - |



- | | |
|------------------------------|---------|
| 1. faith _____ in _____ you. | 2. joy. |
| 2. ev - er _____ | |
| 4. born to e - ter-nal life. | |
| 1. fe _____ en _____ tí. | 2. ñor. |
| 2. tu go - zo, Se - | |
| 4. ve - mos a na - cer. | |

Text: Based on the prayer traditionally ascr. to St. Francis of Assisi, 1182-1226.
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Verse 3



- | | |
|----------------------------------------------|----------------------|
| 3. O Mas-ter, grant that I may nev - er seek | So much to be con- |
| 3. Ma - es-tro a-yú - da-me a nun-ca bus-car | ¿ ser _____ con-so - |



- | | |
|----------------------------------|----------------------------------------|
| 3. soled, as to con-sole, _____ | To be un-der-stood _____ as to un-der- |
| 3. la - do si-no con - so - lar, | ser en-ten - di - do si- no en-ten- |



- | | |
|-----------|--------------------------------------------|
| 3. stand, | To be loved, as to love, with all my soul. |
| 3. der, | ser a - ma-do si - no a - mar. |

THE INTRODUCTORY RITES (GATHERING)

Entrance Antiphon

Psalm 106 (105):47

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name, and make it our glory to praise you.

Entrance Hymn (Please stand.)

ALL ARE WELCOME

(ALL BELONG)

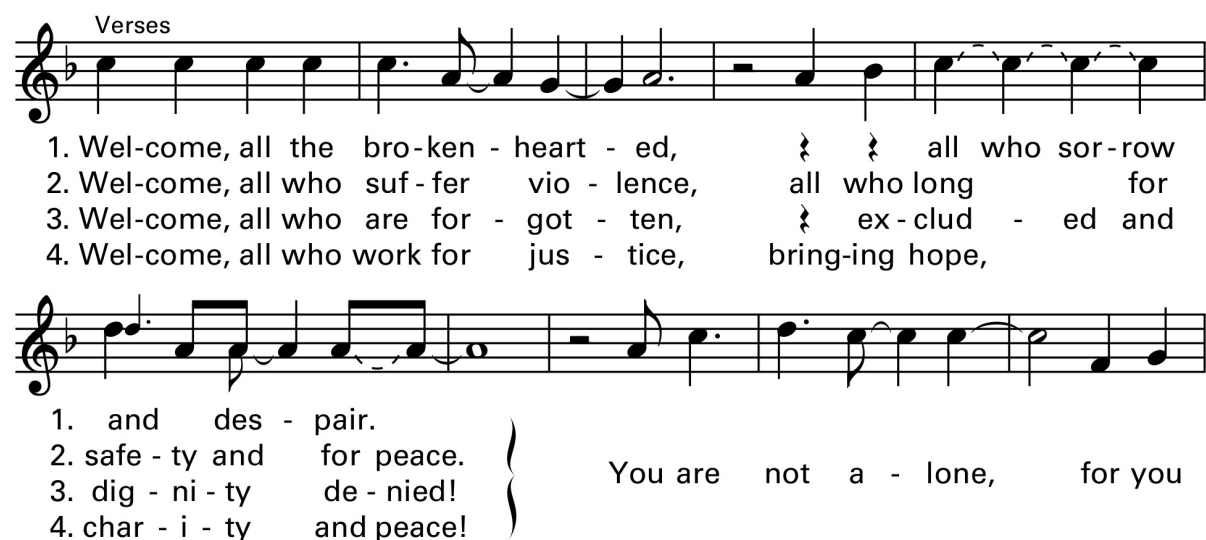
Jesse Manibusan and Jennah Manibusan

Refrain



All are wel - come in this place. Be-hold Love's a-maz-
- ing grace. All are wel - come! All are wel - come!
Bring your hopes, bring your dreams. Mer-cy flows and Love
re-deems! All are wel - come! All be-long!

Verses



1. Wel-come, all the bro-ken - heart - ed, & all who sor-row
2. Wel-come, all who suf-fer vio - lence, all who long for
3. Wel-come, all who are for - got - ten, & ex - clud - ed and
4. Wel-come, all who work for jus - tice, bring-ing hope,
1. and des - pair.
2. safe - ty and for peace.
3. dig - ni - ty de - nied!
4. char - i - ty and peace! } You are not a - lone, for you



1-4. are God's own! To-geth-er, we sing and we pro - claim! to Refrain

Greeting

Priest: *In the name of the Father, and of the Son, and of the Holy Spirit.*

(All make the Sign of the Cross.) **Amen.**

Priest: *The grace of our Lord Jesus Christ...be with you all. And with your spirit.*

Penitential Act

Priest/Deacon: *Lord have mercy. Lord have mercy.*

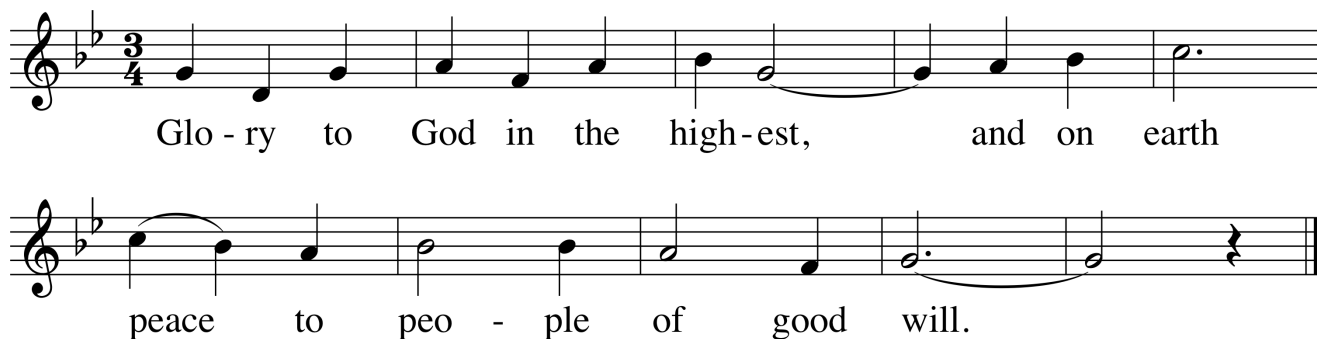
Priest/Deacon: *Christ have mercy. Christ have mercy.*

Priest/Deacon: *Lord have mercy. Lord have mercy.*

Priest/Deacon: *May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.*

Gloria

Refrain



Verses

- | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father. | you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father,
have mercy on us. |
| 2. Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the
Father,
you take away the sins of the world,
have mercy on us; | 3. For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen. |

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Collect

(After the Priest says the Collect, all respond.) **Amen.** (Please be seated.)

LITURGY OF THE WORD

First Reading

Zephaniah 2:3; 3:12-13

A reading from the Book of the Prophet Zephaniah

Seek the LORD, all you humble of the earth,
who have observed his law;
seek justice, seek humility;
perhaps you may be sheltered
on the day of the LORD's anger.

But I will leave as a remnant in your midst
a people humble and lowly,
who shall take refuge in the name of the LORD:
the remnant of Israel.

They shall do no wrong
and speak no lies;
nor shall there be found in their mouths
a deceitful tongue;
they shall pasture and couch their flocks
with none to disturb them.

The Word of the Lord. Thanks be to God.

Responsorial Psalm

Psalm 146:6-7, 8-9, 9-10, R. Mt 5:3



R. Blessed are the poor in spir-it; the king-dom of heav-en is theirs!

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The LORD keeps faith forever,
secures justice for the oppressed,
gives food to the hungry.

The LORD sets captives free.

R. Blessed are the poor in spirit; the kingdom of heaven is theirs!

The LORD gives sight to the blind;
the LORD raises up those who were bowed down.

The LORD loves the just;
the LORD protects strangers.

R. Blessed are the poor in spirit; the kingdom of heaven is theirs!

The fatherless and the widow the LORD sustains,
but the way of the wicked he thwarts.

The LORD shall reign forever;
your God, O Zion, through all generations. Alleluia.

R. Blessed are the poor in spirit; the kingdom of heaven is theirs!

Second Reading

1 Corinthians 1:26-31

A reading from the first Letter of Saint Paul to the Corinthians

Consider your own calling, brothers and sisters.
Not many of you were wise by human standards,
not many were powerful,
not many were of noble birth.
Rather, God chose the foolish of the world to shame the wise,
and God chose the weak of the world to shame the strong,
and God chose the lowly and despised of the world,
those who count for nothing,
to reduce to nothing those who are something,
so that no human being might boast before God.
It is due to him that you are in Christ Jesus,
who became for us wisdom from God,
as well as righteousness, sanctification, and redemption,
so that, as it is written,
"Whoever boasts, should boast in the Lord."

The Word of the Lord. Thanks be to God.

Gospel Acclamation and Verse

Matthew 5:12a

(Please stand.)

Chant, Mode VI.



Rejoice and be glad;
your reward will be great in heaven.

Gospel

Matthew 5:1-12a

The Lord be with you. And with your spirit.

The reading from the holy Gospel according to Matthew. Glory to you, O Lord.

When Jesus saw the crowds, he went up the mountain,
and after he had sat down, his disciples came to him.

He began to teach them, saying:

"Blessed are the poor in spirit,
for theirs is the kingdom of heaven.

Blessed are they who mourn,
for they will be comforted.

Blessed are the meek,
for they will inherit the land.

Blessed are they who hunger and thirst for righteousness,
for they will be satisfied.

Blessed are the merciful,
for they will be shown mercy.

Blessed are the clean of heart,
for they will see God.

Blessed are the peacemakers,
for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness,
for theirs is the kingdom of heaven.

Blessed are you when they insult you and persecute you
and utter every kind of evil against you falsely because of me.

Rejoice and be glad,
for your reward will be great in heaven."

The Gospel of the Lord. Praise to you, Lord Jesus Christ.

Homily (Please be seated.)

Profession of Faith (Nicene Creed)

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down from heaven,

(At the words that follow, up to and including "and became man," all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried, and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Universal Prayer (Prayers of the Faithful)

LITURGY OF THE EUCHARIST

Hymn for Presentation of the Gifts and Preparation of the Altar

(Please be seated.)

WHATSOEVER YOU DO

Willard F. Jabusch

Refrain



What-so - ev - er you do to the least of my peo - ple, that you

Verses



do un - to me.

1. When I was hun - gry, you gave me to
2. When I was home-less, you o - pened your
3. When I was wea - ry, you helped me find
4. When in a pris - on, you came to my
5. When I was laughed at, you stood by my



1. eat; When I was thirst - y, you gave me to drink.
2. door; When I was na - ked, you gave me your coat.
3. rest; When I was anx - ious, you calmed all my fears.
4. cell; When on a sick-bed, you cared for my needs.
5. side; When I was hap - py, you shared in my joy.

to Refrain



1-5. Now en - ter in - to the home of my Fa - ther.

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Presentation of the Gifts and Preparation of the Altar

Priest: ...that my sacrifice and yours may be acceptable to God, the almighty Father,"

(Please stand.) **May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.**

Prayer over the Offerings

Amen

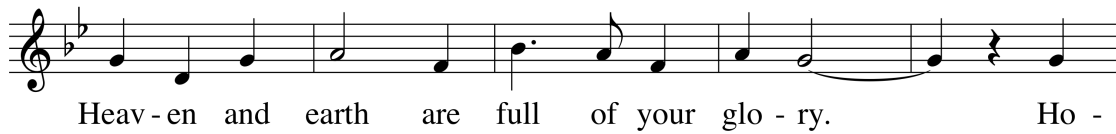
Preface

Priest: *The Lord be with you.* **And with your spirit.**

Priest: *Lift up your hearts.* **We lift them up to the Lord.**

Priest: *Let us give thanks to the Lord our God.* **It is right and just.**

Holy

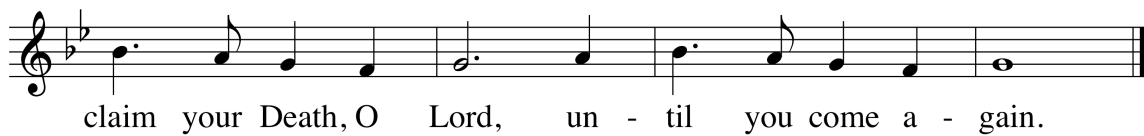
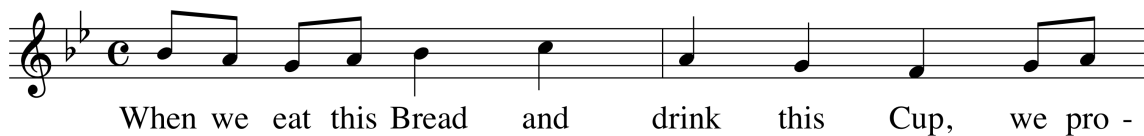


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(Please kneel.)

Prayer

Mystery of Faith

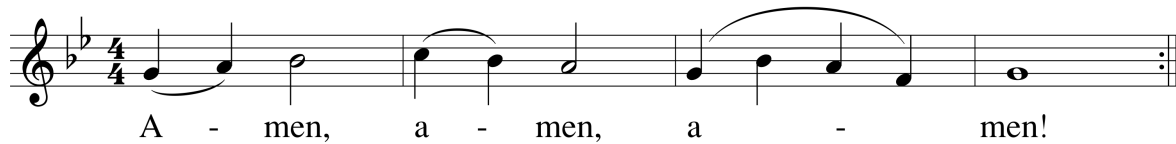


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Prayer

Amen

(Please stand.)



Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, GIA Publications, Inc.

Our Father

**Our Father, who art in heaven, hallowed be thy name;
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.**

Priest: Deliver us, Lord ... the coming of our Savior Jesus Christ.

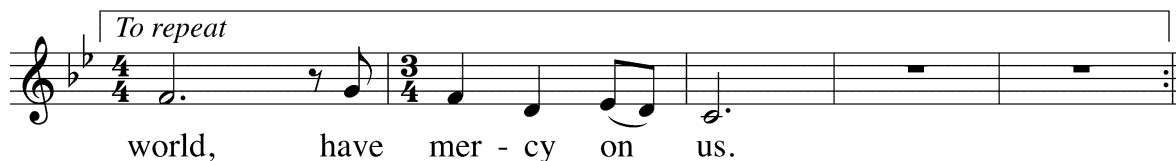
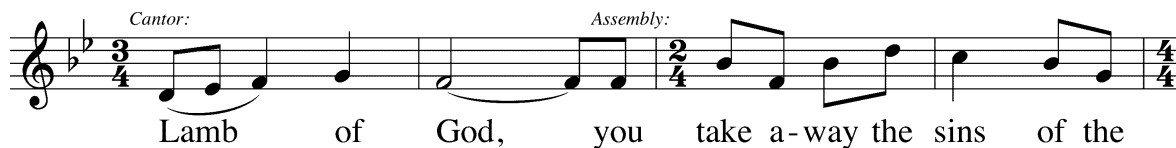
For the kingdom, the power and the glory are yours now and forever.

Priest: Lord Jesus Christ ... Who live and reign for ever and ever. Amen

Priest: The peace of the Lord be with you always. And with your spirit.

Sign of Peace

Lamb of God



Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, 2010, GIA Publications, Inc.

(Please kneel.)

Communion

Priest: Behold the Lamb of God ... Blessed are those called to the supper of the Lamb.

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

**Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.**

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

Communion Antiphon

Cf. Psalm 31 (30):17-18

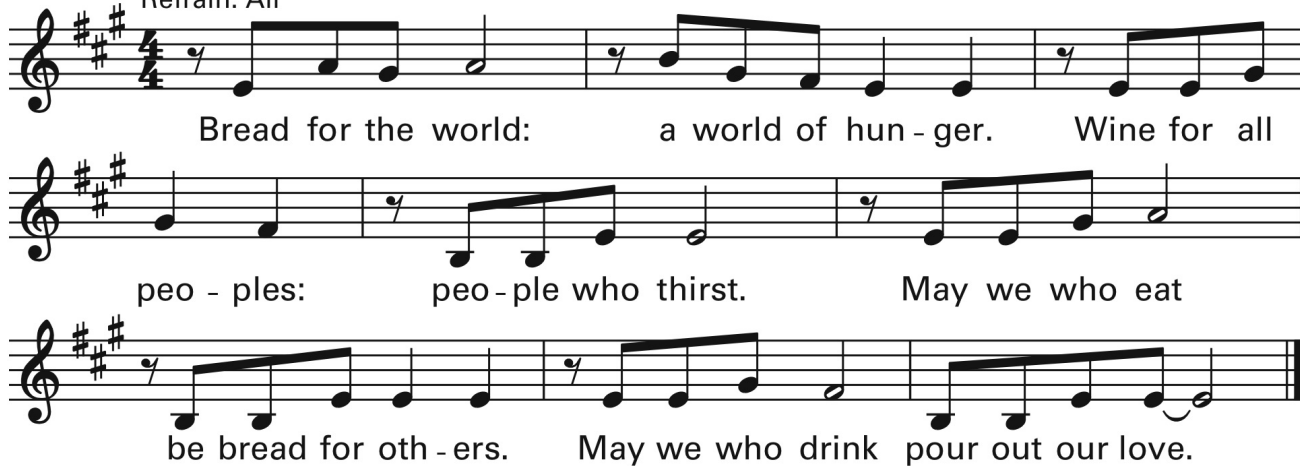
Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame, for I call on you.

Communion Hymn

BREAD FOR THE WORLD

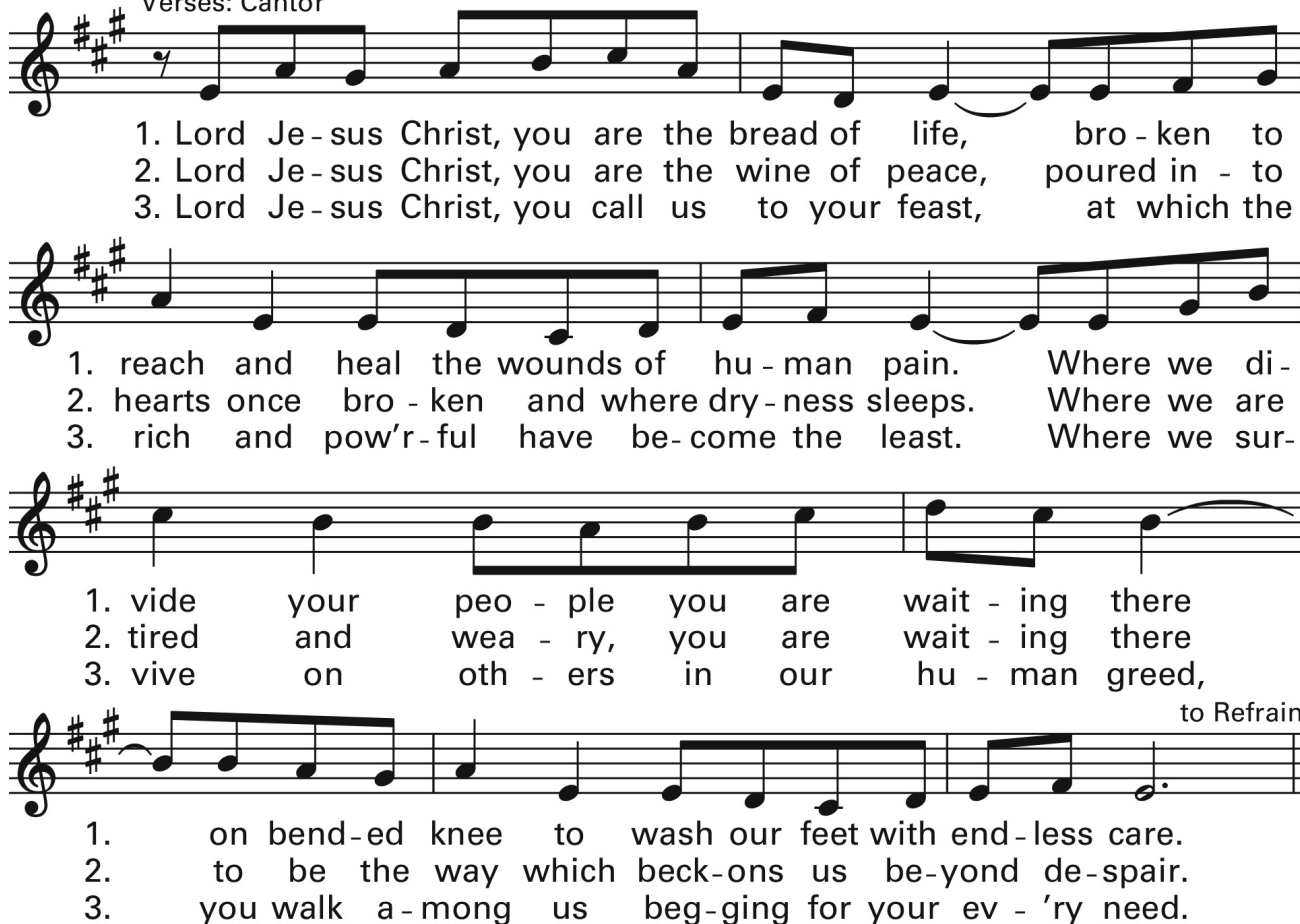
Bernadette Farrell

Refrain: All



Bread for the world: a world of hun - ger. Wine for all
peo - ples: peo - ple who thirst. May we who eat
be bread for oth - ers. May we who drink pour out our love.

Verses: Cantor



1. Lord Je - sus Christ, you are the bread of life, bro - ken to
2. Lord Je - sus Christ, you are the wine of peace, poured in - to
3. Lord Je - sus Christ, you call us to your feast, at which the
1. reach and heal the wounds of hu - man pain. Where we di -
2. hearts once bro - ken and where dry - ness sleeps. Where we are
3. rich and pow'r - ful have be - come the least. Where we sur -
1. vide your peo - ple you are wait - ing there
2. tired and wea - ry, you are wait - ing there
3. vive on oth - ers in our hu - man greed,
to Refrain
1. on bend - ed knee to wash our feet with end - less care.
2. to be the way which beck - ons us be - yond de - spair.
3. you walk a - mong us beg - ging for your ev - 'ry need.

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Prayer after Communion

THE CONCLUDING RITES

Announcements

Greeting and Blessing

(Please stand.)

Priest: *The Lord be with you.* **And with your spirit.**

Priest: *May almighty God bless you, the Father, the Son, and the Holy Spirit.* **Amen**

Dismissal

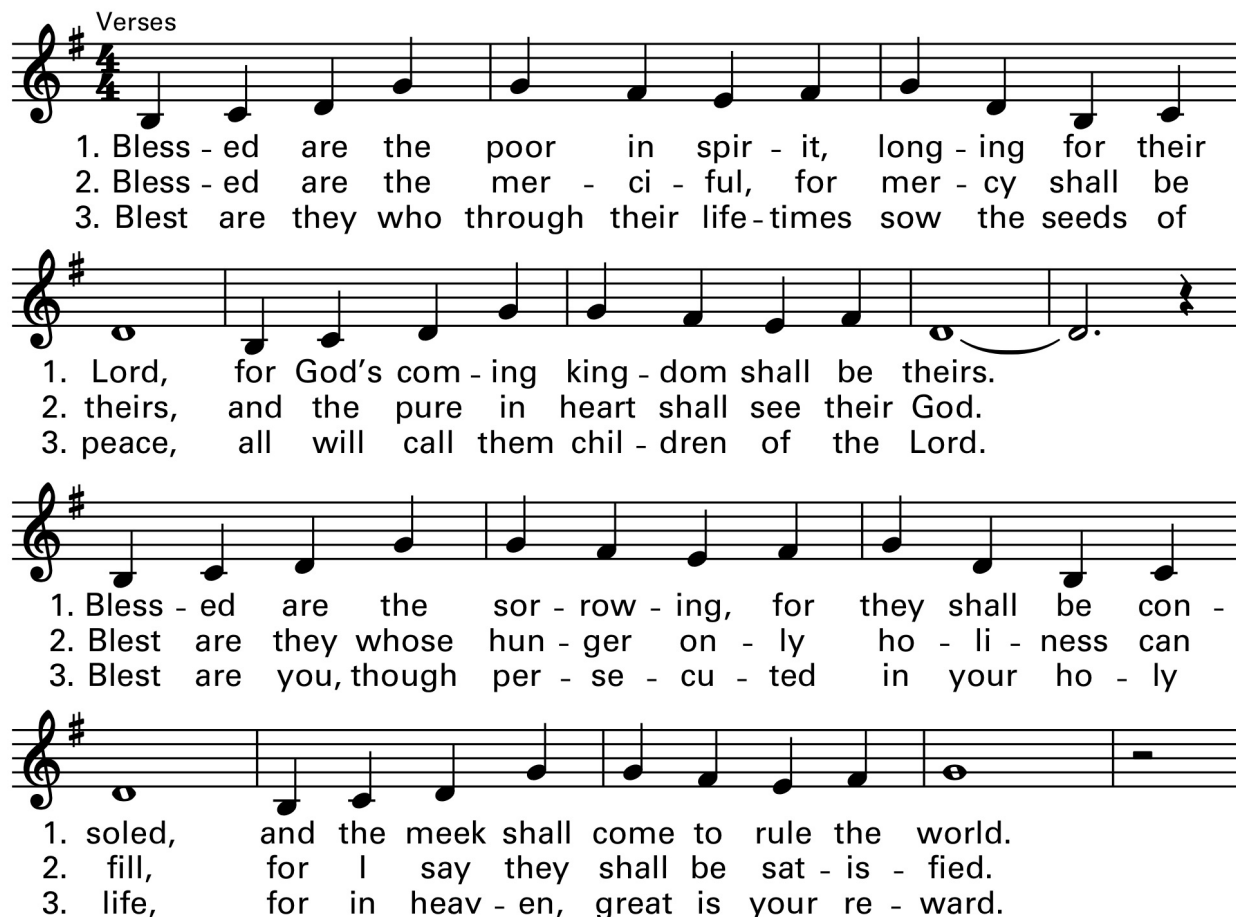
Deacon/Priest: *Go in peace.* **Thanks be to God.**

Recessional Hymn

LEAD ME, LORD

John D. Becker

Verses



1. Bless - ed are the poor in spir - it, long - ing for their
2. Bless - ed are the mer - ci - ful, for mer - cy shall be
3. Blest are they who through their life-times sow the seeds of

1. Lord, for God's com - ing king - dom shall be theirs.
2. theirs, and the pure in heart shall see their God.
3. peace, all will call them chil - dren of the Lord.

1. Bless - ed are the sor - row - ing, for they shall be con -
2. Blest are they whose hun - ger on - ly ho - li - ness can
3. Blest are you, though per - se - cu - ted in your ho - ly

1. soled, and the meek shall come to rule the world.
2. fill, for I say they shall be sat - is - fied.
3. life, for in heav - en, great is your re - ward.

Refrain



Lead me, Lord, lead me, Lord, by the light of truth to
seek and to find the nar-row way. Be my way;
be my truth; be my life, my Lord, and lead me, Lord, to -
day. day. And lead me, Lord, to - day.