



# OUR LADY OF THE *Assumption*

5057 COTTAGE WAY • CARMICHAEL, CA 95608 • (916) 481-5115 • OLAPARISH.NET

## Schedule for Lent and Easter Triduum - 2025

“Let us journey together in hope...Hope is the ‘sure and steadfast anchor of the soul.’” (Catechism of the Catholic Church, 1820)  
2025 Lenten Message from Pope Francis

- **Wednesday, March 5: Ash Wednesday Masses**
  - o 8:00 am Ash Wednesday Mass (livestream)
  - o 12:00 pm Ash Wednesday Mass
  - o 5:30 pm Ash Wednesday Mass (livestream)
  - o Thursday, March 6: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Thursday, March 6: Living the Word Scripture Study in Affinito Hall Mtg. Rm. 3 at 7:00 pm
  - o Friday, March 7: Soup Supper in St. John's Hall from 5:45-6:45 pm
  - o Friday, March 7: Stations of the Cross in the church at 7:00 pm (livestream)
- **Sunday, March 9: First Sunday of Lent (usual Mass schedule) - RCIA Rite of Sending at 11:00 am Mass**
  - o Tuesday, March 11: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Tuesday, March 11: Sorrowful Mysteries of the Rosary in the presence of the Blessed Sacrament at 6:30 pm
  - o Thursday, March 13: *Exposition of the Blessed Sacrament in the church 8:30 am - 4:00 pm*
  - o Thursday, March 13: Living the Word Scripture Study in Affinito Hall Mtg. Rm. 3 at 7:00 pm
  - o Friday, March 14: Soup Supper in St. John's Hall from 5:45-6:45 pm
  - o Friday, March 14: Stations of the Cross in the church at 7:00 pm (livestream)
- **Sunday, March 16: Second Sunday of Lent (usual Mass schedule) - Penitential Rite for Candidates at 3/15 5 pm vigil Mass**
  - o Tuesday, March 18: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Thursday, March 20: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Thursday, March 20: Living the Word Scripture Study in Affinito Hall Rm. 3 at 7:00 pm
  - o Friday, March 21: Soup Supper in St. John's Hall from 5:45-6:45 pm
  - o Friday, March 21: Stations of the Cross at 7:00 pm (livestream)
- **Sunday, March 23: Third Sunday of Lent (usual Mass schedule) - 1<sup>st</sup> Scrutiny for Catechumens**
  - o Tuesday, March 25: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Thursday, March 27: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Thursday, March 27: Living the Word Scripture Study in Affinito Hall Rm. 3 at 7:00 pm
  - o **Friday, March 28 – Saturday, March 29: 24 Hours for the Lord – Confessions at St. Lawrence Parish**
  - o Friday, March 28: Youth Stations of the Cross in the church at 6:00 pm (livestream)
  - o Friday, March 28: Fish Fry Dinner in Affinito Hall following Stations at approximately 6:30 pm
- **Sunday, March 30: Fourth Sunday of Lent (usual Mass schedule) - 2<sup>nd</sup> Scrutiny for Catechumens at 9:00 am Mass**
  - o Tuesday, April 1: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Thursday, April 3: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Thursday, April 3: Living the Word Scripture Study in Affinito Hall Mtg. Rm. 3 at 7:00 pm
  - o Friday, April 4: Soup Supper in St. John's Hall from 5:45-6:45 pm
  - o Friday, April 4: Stations of the Cross in the church at 7:00 pm (livestream)

*The remainder of the schedule is continued on the back of this page.*

Visit <https://olaparish.net/livestream-mass> for livestream Masses *or*  
<https://olaparish.net/ola-live> for all other livestream events.

Calendar current as of 3/1/25. Please check our website for calendar updates.



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## Continued Schedule for Lent and Easter Triduum - 2025

- **Sunday, April 6: Fifth Sunday of Lent (usual Mass schedule) - 3<sup>rd</sup> Scrutiny for Catechumens at 7:30 am Mass**
  - o Tuesday, April 8: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Wednesday, April 9: Lenten Contemplative Prayer at 6:15 pm and Penance Service at 6:30 pm in the church
  - o Thursday, April 10: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
  - o Thursday, April 10: Living the Word Scripture Study in Affinito Hall at 7:00 pm
  - o Friday, April 11: Soup Supper in St. John's Hall from 5:45-6:45 pm
  - o Friday, April 11: Stations of the Cross in the church at 7:00 pm (livestream)
- **Sunday, April 13: Palm Sunday (usual Mass schedule)**
  - o Tuesday, April 15: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- **Thursday, April 17: Holy Thursday Evening Mass of the Lord's Supper at 7:00 pm (livestream)**
  - o Adoration following the transfer of the Most Blessed Sacrament, from approximately 8:00 pm - 9:00 pm
- **Friday, April 18: Good Friday Service at 12:00 pm (livestream)**
  - o Good Friday Stations of the Cross in the church at 7:00 pm
- **Saturday, April 19: Easter Vigil at 8:15 pm (livestream)**
  - o Celebration of the Sacraments of Initiation / Rite of Reception of Baptized Christians into Full Communion at the Easter Vigil Mass
- **Sunday, April 20: Easter Sunday Masses/Events**
  - o 8:00 am Mass
  - o 10:00 am Mass (livestream)
  - o Easter Egg Hunt after the 10:00 am Mass
  - o 12:00 pm Mass
  - o *No 7:30 pm evening Mass on Easter Sunday*

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Calendar current as of 3/1/25. Please check our website for calendar updates.

## Resources to Help You Grow in Faith and Knowledge During Lent and Beyond

Our parish has Flocknote Engage, which includes complete access to Bishop Robert Barron's Word on Fire ENGAGE video library! All that is required is a Flocknote account. Visit Word on Fire Digital from Flocknote to watch any of the videos at any time. This is a robust faith formation resource that includes access to the complete Catholicism series, multiple study programs (including free pdf study materials), and more. *You can even start a small study group with your friends and family using these free resources if you wish.* If you do not have a Flocknote account, sign up at <https://olaparish.flocknote.com/>, or by scanning the QR code below.



Check our parish website for more resources to help you grow in faith: <https://olaparish.net/formation/resources>.

Looking for scripture study at our parish? Check out our Living the Word group! This group meets weekly on Thursday evenings at 7:00 pm in Affinito Hall Meeting Room 3 and discusses the Sunday Mass readings.