



# OUR LADY OF THE *Assumption* PARISH

LOVE AND SERVE GOD · LOVE AND SERVE ONE ANOTHER

5057 COTTAGE WAY CARMICHAEL, CA 95608 · (916) 481-5115 · OLAPARISH.NET

## Schedule for Lent and Easter Triduum - 2026

"Lent emphasizes the communal aspect of listening to the word and fasting... our parishes, families, ecclesial groups and religious communities are called to undertake a shared journey during Lent, in which listening to the word of God, as well as to the cry of the poor and of the earth, becomes part of our community life, and fasting a foundation for sincere repentance."

Excerpt from "[Listening and Fasting: Lent as a Time of Conversion](#)" - 2026 Lenten Message from Pope Leo XIV

### **Wednesday, February 18: Ash Wednesday**

- 8:00 am Ash Wednesday Mass (livestream)
- 12:00 pm Ash Wednesday Mass
- 5:30 pm Ash Wednesday Mass (livestream)
- Thursday, February 19: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Thursday, February 19: Living the Word Scripture Study in Affinito Hall Mtg. Rm. 3 at 7:00 pm
- Friday, February 20: Soup Supper in St. John's Hall from 5:45-6:45 pm
- Friday, February 20: Stations of the Cross in the church at 7:00 pm (livestream)
- Saturday, February 21: *Sacrament of Confession in the church at 3:00 pm*

### **Sunday, February 22: First Sunday of Lent (usual Mass schedule) - RCIA Rite of Sending at 9:00 am Mass**

- Tuesday, February 24: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Tuesday, February 24: Rosary in the presence of the Blessed Sacrament at 6:45 pm (livestream)
- Thursday, February 26: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Thursday, February 26: Living the Word Scripture Study in Affinito Hall Mtg. Rm. 3 at 7:00 pm
- Friday, February 27: Soup Supper in St. John's Hall from 5:45-6:45 pm
- Friday, February 27: Stations of the Cross in the church at 7:00 pm (livestream)
- Saturday, February 28: *Sacrament of Confession in the church at 3:00 pm*

### **Sunday, March 1: Second Sunday of Lent (usual Mass schedule) - Penitential Rite for Candidates at 2/28 5 pm vigil Mass**

- Tuesday, March 3: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Tuesday, March 3: Rosary in the presence of the Blessed Sacrament at 6:30 pm (livestream)
- Thursday, March 5: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Thursday, March 5: Living the Word Scripture Study in Affinito Hall Rm. 3 at 7:00 pm
- Friday, March 6: Soup Supper in St. John's Hall from 5:45-6:45 pm
- Friday, March 6: Stations of the Cross at 7:00 pm (livestream)
- Saturday, March 7: *Sacrament of Confession in the church at 3:00 pm*

### **Sunday, March 8: Third Sunday of Lent (usual Mass schedule) - 1<sup>st</sup> Scrutiny for Catechumens at the 11:00 am Mass**

- Tuesday, March 10: *Exposition of the Blessed Sacrament in the church 8:30 am - 5:00 pm* (ending early for Confirmation Mass)
- ~~Tuesday, March 10: Rosary in the presence of the Blessed Sacrament at 6:45 pm (livestream) (cancelled)~~
- Thursday, March 12: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Thursday, March 12: Living the Word Scripture Study in Affinito Hall Rm. 3 at 7:00 pm
- Friday, March 13: Soup Supper in St. John's Hall from 5:45-6:45 pm
- Friday, March 13: Stations of the Cross at 7:00 pm (livestream)
- Saturday, March 14: *Sacrament of Confession in the church at 3:00 pm*

*The remainder of the schedule is continued on the back of this page.*

Visit <https://olaparish.net/livestream-mass> for livestream Masses or  
<https://olaparish.net/ola-live> for all other livestream events.

Calendar current as of 3/3/26. Please check our website for calendar updates.



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## Continued Schedule for Lent and Easter Triduum - 2026

### **Sunday, March 15: Fourth Sunday of Lent (usual Mass schedule) - 2<sup>nd</sup> Scrutiny for Catechumens at 7:30 am Mass**

- Tuesday, March 17: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Tuesday, March 17: Rosary in the presence of the Blessed Sacrament at 6:30 pm (livestream)
- Thursday, March 19: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Thursday, March 19: Living the Word Scripture Study in Affinito Hall Mtg. Rm. 3 at 7:00 pm
- Friday, March 20: Youth Stations of the Cross in the church at 6:00 pm (livestream)
- Friday, March 20: Fish Fry Dinner in Affinito Hall following Stations at approximately 6:30 pm
- Saturday, March 21: *Sacrament of Confession in the church at 3:00 pm*

### **Sunday, March 22: Fifth Sunday of Lent (usual Mass schedule) - 3<sup>rd</sup> Scrutiny for Catechumens at 9:00 am Mass**

- **Monday, March 23: Lenten Contemplative Prayer at 6:15 pm / Penance Service at 6:30 pm**
- Tuesday, March 24: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Tuesday, March 24: Rosary in the presence of the Blessed Sacrament at 6:30 pm (livestream)
- Thursday, March 26: *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Thursday, March 26: Living the Word Scripture Study in Affinito Hall at 7:00 pm
- Friday, March 27: Soup Supper in St. John's Hall from 5:45-6:45 pm
- Friday, March 27: Stations of the Cross in the church at 7:00 pm (livestream)
- Saturday, March 28: *Sacrament of Confession in the church at 3:00 pm*

## HOLY WEEK

### **Sunday, March 29: Palm Sunday (usual Mass schedule)**

### **Tuesday, March 31: Tuesday of Holy Week**

- *Exposition of the Blessed Sacrament in the church 8:30 am - 7:00 pm*
- Sorrowful Mysteries of the Rosary in the presence of the Blessed Sacrament at 6:45 pm (livestream)

### **Thursday, April 2: Holy Thursday Evening Mass of the Lord's Supper at 7:00 pm (livestream)**

- Adoration following the transfer of the Most Blessed Sacrament, from approximately 8:00 pm - 9:00 pm

### **Friday, April 3: Good Friday Service at 12:00 pm (livestream)**

- Good Friday Stations of the Cross in the church at 7:00 pm

### **Saturday, April 4: Easter Vigil at 8:15 pm (livestream)**

- Celebration of the Sacraments of Initiation and Rite of Reception of Baptized Christians into Full Communion at the Easter Vigil Mass

### **Sunday, April 5: Easter Sunday Masses/Events**

- 8:00 am Mass
- 10:00 am Mass (livestream)
- Easter Egg Hunt after the 10:00 am Mass
- 12:00 pm Mass
- *No 7:30 pm evening Mass on Easter Sunday*

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