



OUR LADY OF THE
Assumption
PARISH

Love and Serve God • Love and Serve One Another
5057 Cottage Way, Carmichael, CA 95608 ~ www.olaparish.net

Third Sunday in Ordinary Time
January 22, 2023

**The Lord is my light
and my salvation.**

Psalm 27

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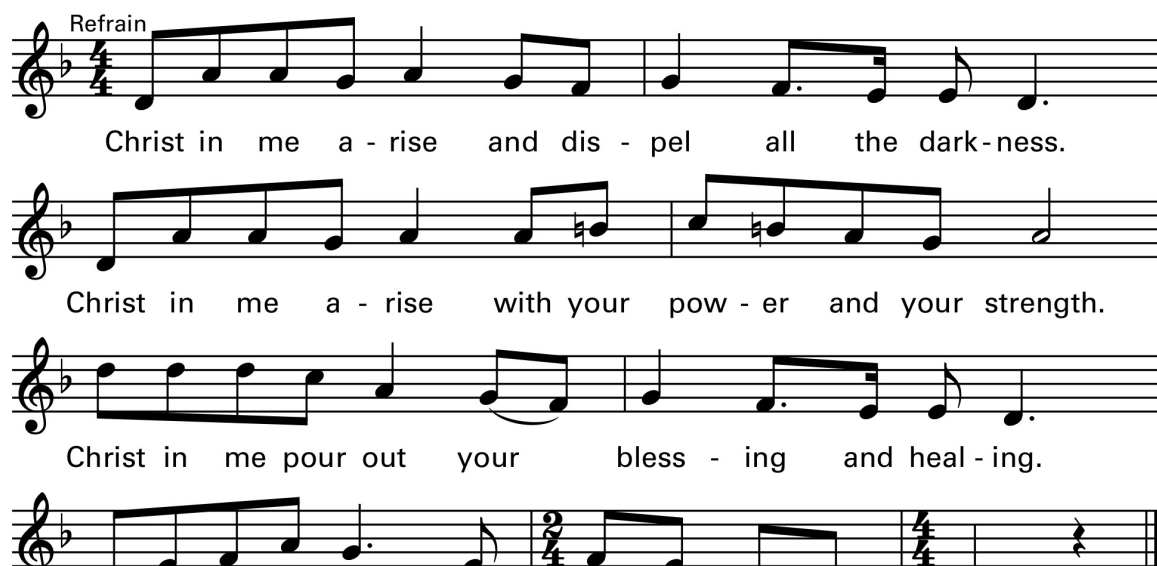
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Prelude Song

CHRIST IN ME ARISE

Trevor Thomson

Refrain



Christ in me a - rise and dis - pel all the dark - ness.

Christ in me a - rise with your pow - er and your strength.

Christ in me pour out your bless - ing and heal - ing.

Christ in me a - rise and I shall rise with you.

Verses

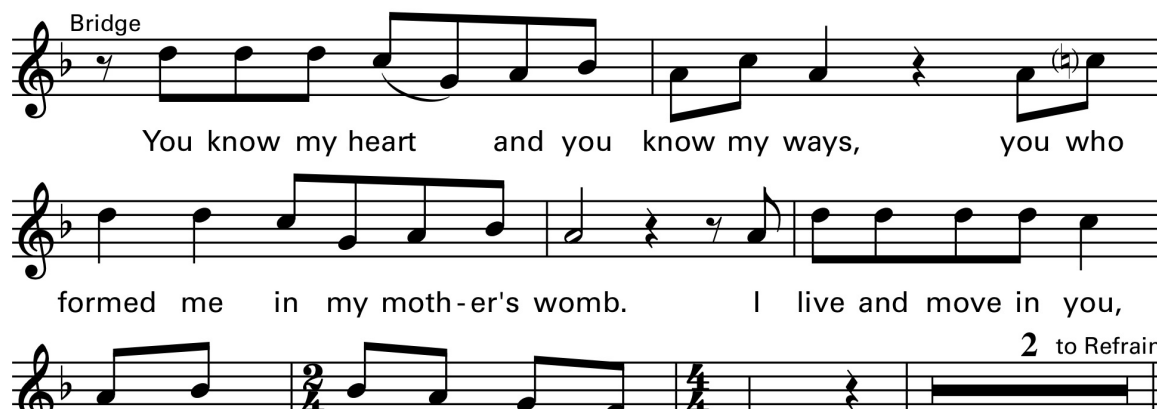


1. Be now my vi - sion; o - pen these eyes, show - ing me
2. Be now my foot - steps, lead - ing the way, tak - ing me

1. all that I must see. }
2. where I must go. } On - ward to the king - dom,

1, 2. you are the way. A - rise in me and I shall rise with you.

Bridge



You know my heart and you know my ways, you who

formed me in my moth - er's womb. I live and move in you,

my whole be - ing thrives in you.

THE INTRODUCTORY RITES (GATHERING)

Entrance Antiphon

Cf. Psalm 96 (95):1,6


O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendor, strength and honor in his holy place.

Entrance Hymn (Please stand.)

SING A NEW SONG

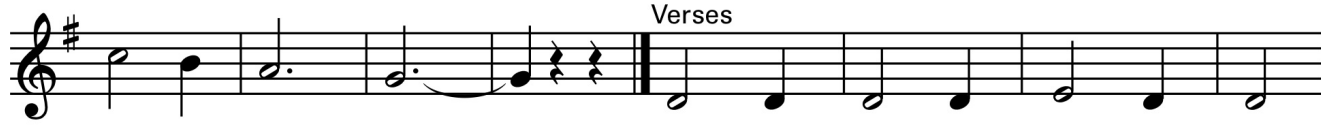
Dan Schutte

Refrain




Sing a new song un-to the Lord; let your song be sung from
moun-tains high. Sing a new song un-to the Lord, sing-ing

Verses



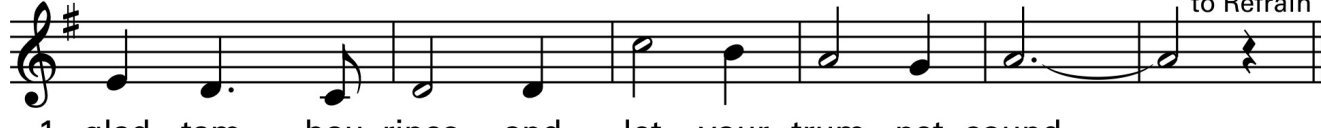
al - le - lu - ia.

1. Shout with glad-ness! Dance for joy!
2. Rise, O chil-dren, from your sleep;
3. Glad my soul for I have seen



1. O come be-fore the Lord. And play for God on
2. your Sav-ior now has come. † He has turned your
3. the glo-ry of the Lord. The trum-pet sounds; the

to Refrain



1. glad tam-bou-rines, and let your trum-pet sound.
2. sor-row to joy, and filled your soul with song.
3. dead shall be raised. I know my Sav-ior lives.

Text: Based on Psalm 98:1, 4-6. Text and music © 1972, 1974, 1979, 2008, OCP. All rights reserved.

Greeting

Priest: *In the name of the Father, and of the Son, and of the Holy Spirit.*

(All make the Sign of the Cross.) **Amen.**

Priest: *The grace of our Lord Jesus Christ...be with you all. And with your spirit.*

Penitential Act

Priest/Deacon: *Lord have mercy.* **Lord have mercy.**

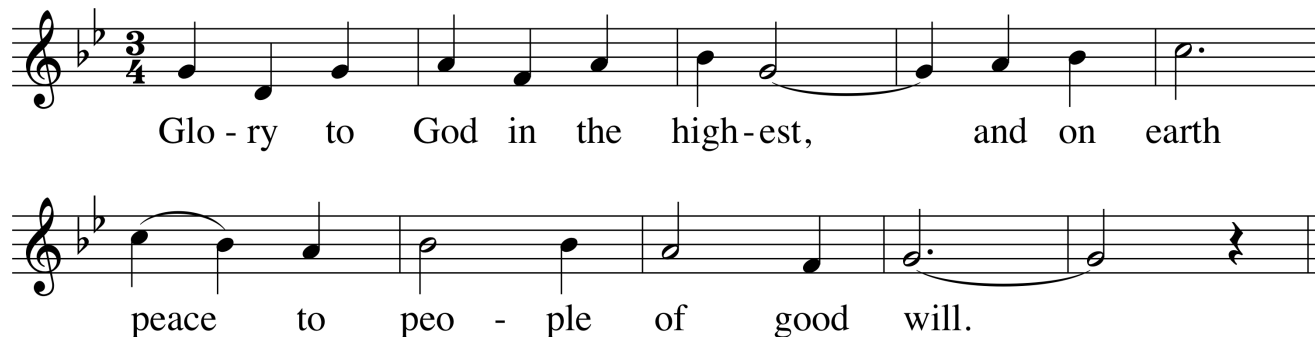
Priest/Deacon: *Christ have mercy.* **Christ have mercy.**

Priest/Deacon: *Lord have mercy.* **Lord have mercy.**

Priest/Deacon: *May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.* **Amen.**

Gloria

Refrain



Verses

- | | |
|---|---|
| 1. We praise you,
we bless you,
we adore you,
we glorify you,
we give you thanks for your great glory,
Lord God, heavenly King,
O God, almighty Father. | you take away the sins of the world,
receive our prayer;
you are seated at the right hand of the
Father,
have mercy on us. |
| 2. Lord Jesus Christ, Only Begotten Son,
Lord God, Lamb of God, Son of the
Father,
you take away the sins of the world,
have mercy on us; | 3. For you alone are the Holy One,
you alone are the Lord,
you alone are the Most High,
Jesus Christ,
with the Holy Spirit,
in the glory of God the Father.
Amen. |

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Collect

(After the Priest says the Collect, all respond.) **Amen.** (Please be seated.)

LITURGY OF THE WORD

First Reading

Isaiah 8:23 – 9:3

A reading from the Book of the Prophet Isaiah

First the Lord degraded the land of Zebulun
and the land of Naphtali;
but in the end he has glorified the seaward road,
the land west of the Jordan,
the District of the Gentiles.

Anguish has taken wing, dispelled is darkness:
for there is no gloom where but now there was distress.
The people who walked in darkness
have seen a great light;
upon those who dwelt in the land of gloom
a light has shone.
You have brought them abundant joy
and great rejoicing,
as they rejoice before you as at the harvest,
as people make merry when dividing spoils.
For the yoke that burdened them,
the pole on their shoulder,
and the rod of their taskmaster
you have smashed, as on the day of Midian.

*The Word of the Lord. **Thanks be to God.***

Responsorial Psalm

Psalm 27:1, 4, 13-14, R. v.1a



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The LORD is my light and my salvation;
whom should I fear?

The LORD is my life's refuge;
of whom should I be afraid?

R. The Lord is my light and my salvation.

One thing I ask of the LORD;
this I seek:

To dwell in the house of the LORD
all the days of my life,
That I may gaze on the loveliness of the LORD
and contemplate his temple.

R. The Lord is my light and my salvation.

I believe that I shall see the bounty of the LORD
in the land of the living.

Wait for the LORD with courage;
be stouthearted, and wait for the LORD.

R. The Lord is my light and my salvation.

Second Reading

1 Corinthians 1:10-13, 17

A reading from the first Letter of Saint Paul to the Corinthians

I urge you, brothers and sisters, in the name of our Lord Jesus Christ,
that all of you agree in what you say,
and that there be no divisions among you,
but that you be united in the same mind and in the same purpose.
For it has been reported to me about you, my brothers and sisters,
by Chloe's people, that there are rivalries among you.
I mean that each of you is saying,
"I belong to Paul," or "I belong to Apollos,"
or "I belong to Cephas," or "I belong to Christ."
Is Christ divided?
Was Paul crucified for you?
Or were you baptized in the name of Paul?
For Christ did not send me to baptize but to preach the gospel,
and not with the wisdom of human eloquence,
so that the cross of Christ might not be emptied of its meaning.

The Word of the Lord. Thanks be to God.

Gospel Acclamation and Verse

See Mathew 4:23

(Please stand.)

Chant, Mode VI.



Jesus proclaimed the Gospel of the kingdom
and cured every disease among the people.

Gospel

Matthew 4:12-23 or Matthew 4:12-17

(Include the bracketed text for the long form.)

The Lord be with you. **And with your spirit.**

The reading from the holy Gospel according to Matthew. **Glory to you, O Lord.**

When Jesus heard that John had been arrested,
he withdrew to Galilee.

He left Nazareth and went to live in Capernaum by the sea,
in the region of Zebulun and Naphtali,
that what had been said through Isaiah the prophet
might be fulfilled:

*Land of Zebulun and land of Naphtali,
the way to the sea, beyond the Jordan,
Galilee of the Gentiles,
the people who sit in darkness have seen a great light,
on those dwelling in a land overshadowed by death
light has arisen.*

From that time on, Jesus began to preach and say,
“Repent, for the kingdom of heaven is at hand.”

[As he was walking by the Sea of Galilee, he saw two brothers,
Simon who is called Peter, and his brother Andrew,
casting a net into the sea; they were fishermen.

He said to them,
“Come after me, and I will make you fishers of men.”

At once they left their nets and followed him.

He walked along from there and saw two other brothers,
James, the son of Zebedee, and his brother John.

They were in a boat, with their father Zebedee, mending their nets.
He called them, and immediately they left their boat and their father
and followed him.

He went around all of Galilee,
teaching in their synagogues, proclaiming the gospel of the kingdom,
and curing every disease and illness among the people.]

The Gospel of the Lord. **Praise to you, Lord Jesus Christ.**

Homily (Please be seated.)

Profession of Faith (Nicene Creed)

I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.

God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.

For us men and for our salvation he came down from heaven,

(At the words that follow, up to and including "and became man," all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,
he suffered death and was buried, and rose again on the third day
in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead
and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.

I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.

Universal Prayer (Prayers of the Faithful)

LITURGY OF THE EUCHARIST

Hymn for Presentation of the Gifts and Preparation of the Altar

(Please be seated.)

BE NOT AFRAID

Bob Dufford, SJ

Verse 1



1. You shall cross the bar-ren des-ert, but you shall not die of



1. thirst. You shall wan-der far in safe-ty though you do not know the



1. way. You shall speak your words in for-eign lands and all will un-der-



1. stand. You shall see the face of God and live. to Refrain

Refrain



Be not a-fraid. I go be-fore you al-ways. Come fol-low



me, and I will give you rest. 1, 2 to Vss 2, 3 Final 2

Verse 2



2. If you pass through rag-ing wa-ters in the sea, you shall not



2. drown. If you walk a-mid the burn-ing flames, you shall not be



2. harmed. If you stand be-fore the pow'r of hell and death is at your



2. side, know that I am with you through it all. to Refrain

Presentation of the Gifts and Preparation of the Altar

Priest: ...that my sacrifice and yours may be acceptable to God, the almighty Father,"

(Please stand.) **May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.**

Prayer over the Offerings

Amen

Preface

Priest: *The Lord be with you.* **And with your spirit.**

Priest: *Lift up your hearts.* **We lift them up to the Lord.**

Priest: *Let us give thanks to the Lord our God.* **It is right and just.**

Holy

Ho-ly, Ho-ly, Ho-ly Lord God of hosts.

Heav-en and earth are full of your glo-ry. Ho -

san - na in the high-est. Bless-ed is he who

comes in the name of the Lord. Ho - san - na in the

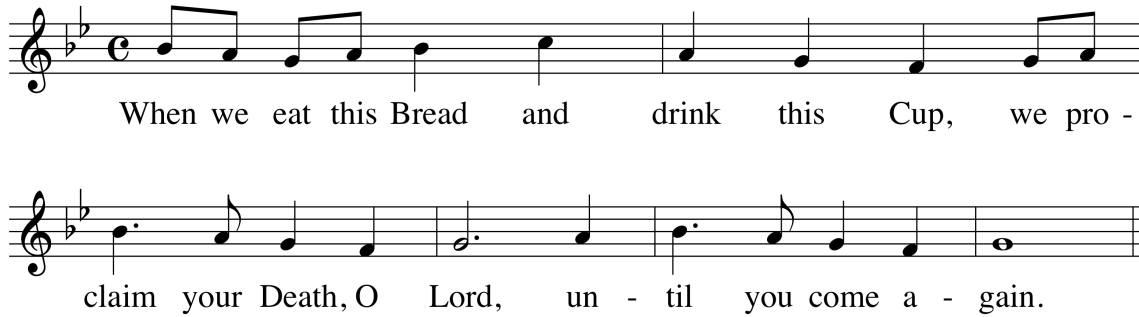
high-est. Ho - san - na in the high - est.

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(Please kneel.)

Prayer

Mystery of Faith



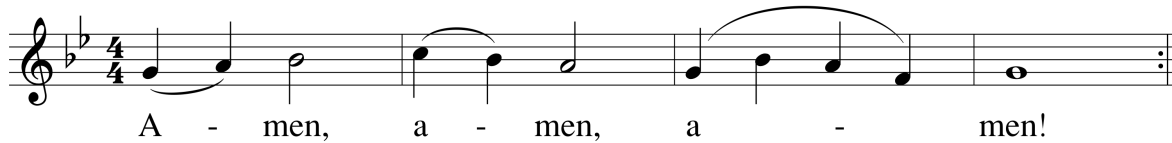
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Prayer

Amen

(Please stand.)



Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, GIA Publications, Inc.

Our Father

**Our Father, who art in heaven, hallowed be thy name;
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.**

Priest: *Deliver us, Lord ... the coming of our Savior Jesus Christ.*

For the kingdom, the power and the glory are yours now and forever.

Priest: *Lord Jesus Christ ... Who live and reign for ever and ever. Amen*

Priest: *The peace of the Lord be with you always. And with your spirit.*

Sign of Peace

Lamb of God

The musical score for 'Lamb of God' is written on a single staff with a treble clef and a key signature of one flat (Bb). It consists of three lines of music. The first line is labeled 'Cantor:' and 'Assembly:'. It begins with a 3/4 time signature, followed by a 2/4 time signature, and ends with a 4/4 time signature. The lyrics are: 'Lamb of God, you take a-way the sins of the'. The second line is labeled 'To repeat' and begins with a 4/4 time signature, followed by a 3/4 time signature, and ends with a 4/4 time signature. The lyrics are: 'world, have mer - cy on us.'. The third line is labeled 'Last time' and begins with a 4/4 time signature, followed by a 3/4 time signature, and ends with a 4/4 time signature. The lyrics are: 'world, grant us peace.'

Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, 2010, GIA Publications, Inc.

(Please kneel.)

Communion

Priest: *Behold the Lamb of God ... Blessed are those called to the supper of the Lamb.*

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Act of Spiritual Communion

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

**Since I cannot at this moment receive You sacramentally,
come at least spiritually into my heart.**

I embrace You as if You were already there and unite myself wholly to You.

Never permit me to be separated from You. Amen.

Communion Antiphon

Cf. Psalm 34 (33):6

Look toward the Lord and be radiant; let your faces not be abashed.

Communion Hymn

PESCADOR DE HOMBRES/LORD, YOU HAVE COME

Cesáreo Gabaráin

Estrofas/Verses



1. Tú has ve - ni - do a la o - ri - lla,
2. Tú sa - bes bien lo que ten - go;
3. Tú ne - ce - si - tas mis ma - nos,
4. Tú, pes - ca - dor de o - tros la - gos,
1. Lord, you have come to the sea shore,
2. Lord, see my goods, my pos - ses - sions;
3. Lord, take my hands and di - rect them.
4. Lord, as I drift on the wa - ters,



1. no has bus - ca - do ni a sa - bios ni a ri - cos; _____
2. en mi bar - ca no hay o - ro ni es - pa - das, _____
3. mi can - san - cio que a o - tros des - can - se, _____
4. an - sia e - ter - na de al - mas que es - pe - ran, _____
1. nei - ther search - ing for the rich nor the wise, _____
2. in my boat you find no pow - er, no wealth. _____
3. Help me spend my - self in seek - ing the lost, _____
4. be the rest - ing place of my rest - less heart, _____



1. tan só - lo quie - res que yo te si - ga.
2. tan só - lo re - des y mi tra - ba - jo.
3. a - mor que quie - ra se - guir a - man - do.
4. a - mi - go bue - no, que a - sí me lla - mas.
1. de - sir - ing on - ly that I should fol - low.
2. Will you ac - cept, then, my nets and la - bor?
3. re - turn - ing love for the love you gave me.
4. my life's com - pan - ion, my friend and ref - uge.

Estribillo/Refrain



Se - ñor, me has mi - ra - do a los o - jos,
O, Lord, with your eyes set up - on me,



son - ri - en - do _____ has di - cho mi nom - bre, _____
gent - ly smil - ing, _____ you have spo - ken my name; _____



en la a - re - na he de - ja - do mi bar - ca,
all I longed for I have found by the wa - ter,



jun - to a ti bus - ca - ré o - tro mar.
at your side, I will seek oth - er shores.

Prayer after Communion

THE CONCLUDING RITES

Announcements

Greeting and Blessing

(Please stand.)

Priest: *The Lord be with you. And with your spirit.*

Priest: *May almighty God bless you, the Father, the Son, and the Holy Spirit. Amen*

Dismissal

Deacon/Priest: *Go in peace. Thanks be to God.*

Recessional Hymn

COMPANIONS ON THE JOURNEY

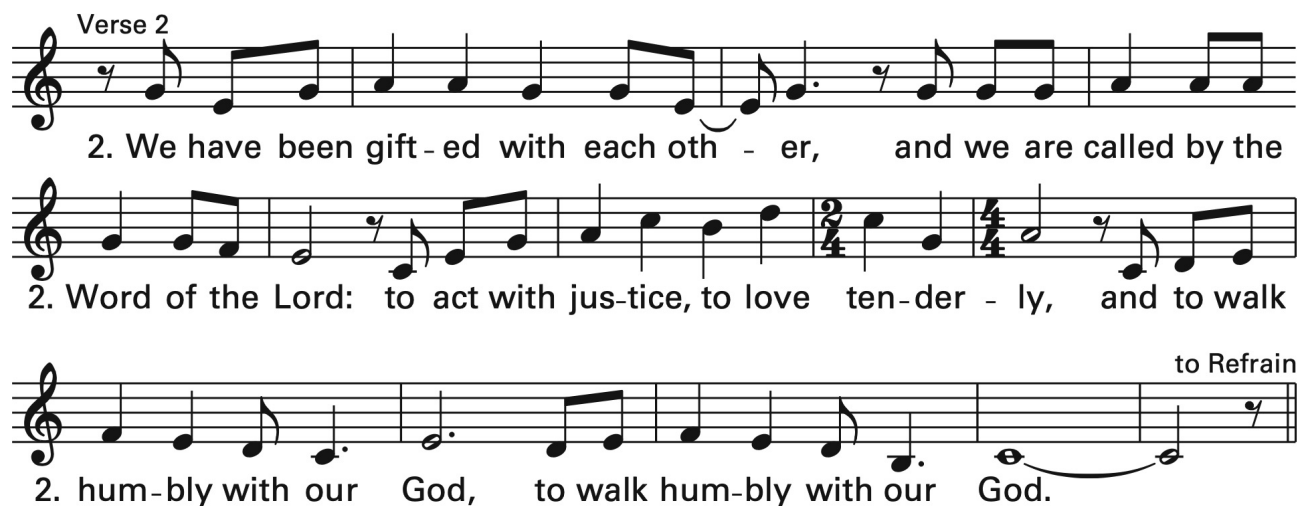
Carey Landry

Refrain



We are com-pan-ions on the jour - ney, break-ing bread and shar-ing life; and in the love we bear is the hope we share for we be-lieve in the love of our God, we be-lieve in the love of our God.

Verse 2



2. We have been gift-ed with each oth - er, and we are called by the Word of the Lord: to act with jus-tice, to love ten-der - ly, and to walk hum-bly with our God, to walk hum-bly with our God.

to Refrain

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