



OUR LADY OF THE *Assumption* PARISH

LOVE AND SERVE GOD · LOVE AND SERVE ONE ANOTHER

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Third Sunday of Lent

March 8, 2026

**If today you hear his voice,
harden not your hearts.**

Psalm 95

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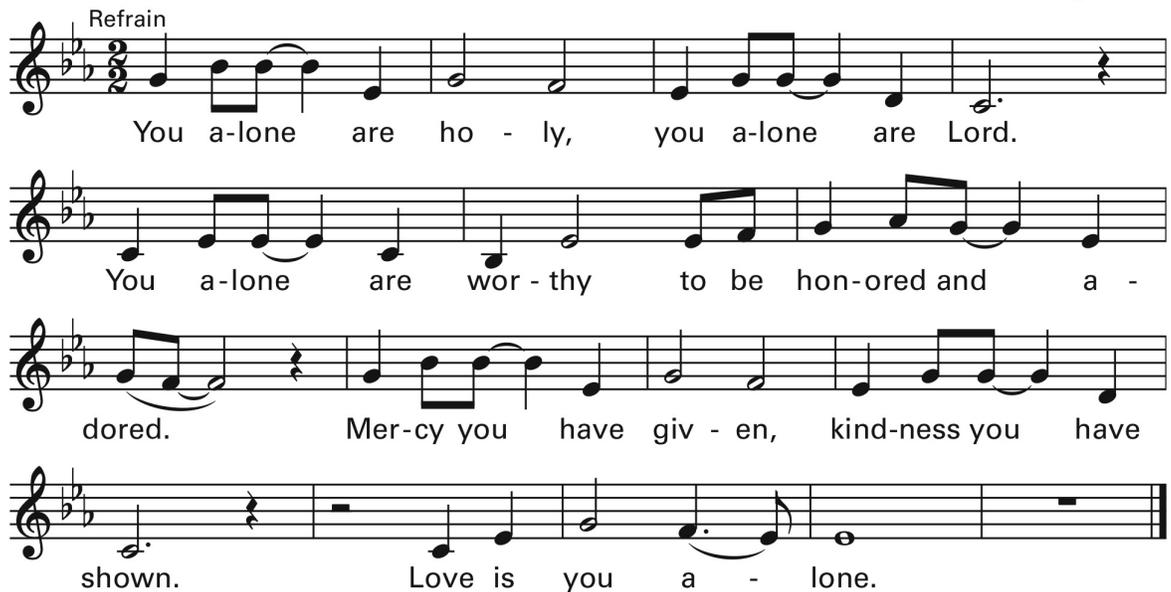
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Prelude Song

YOU ALONE

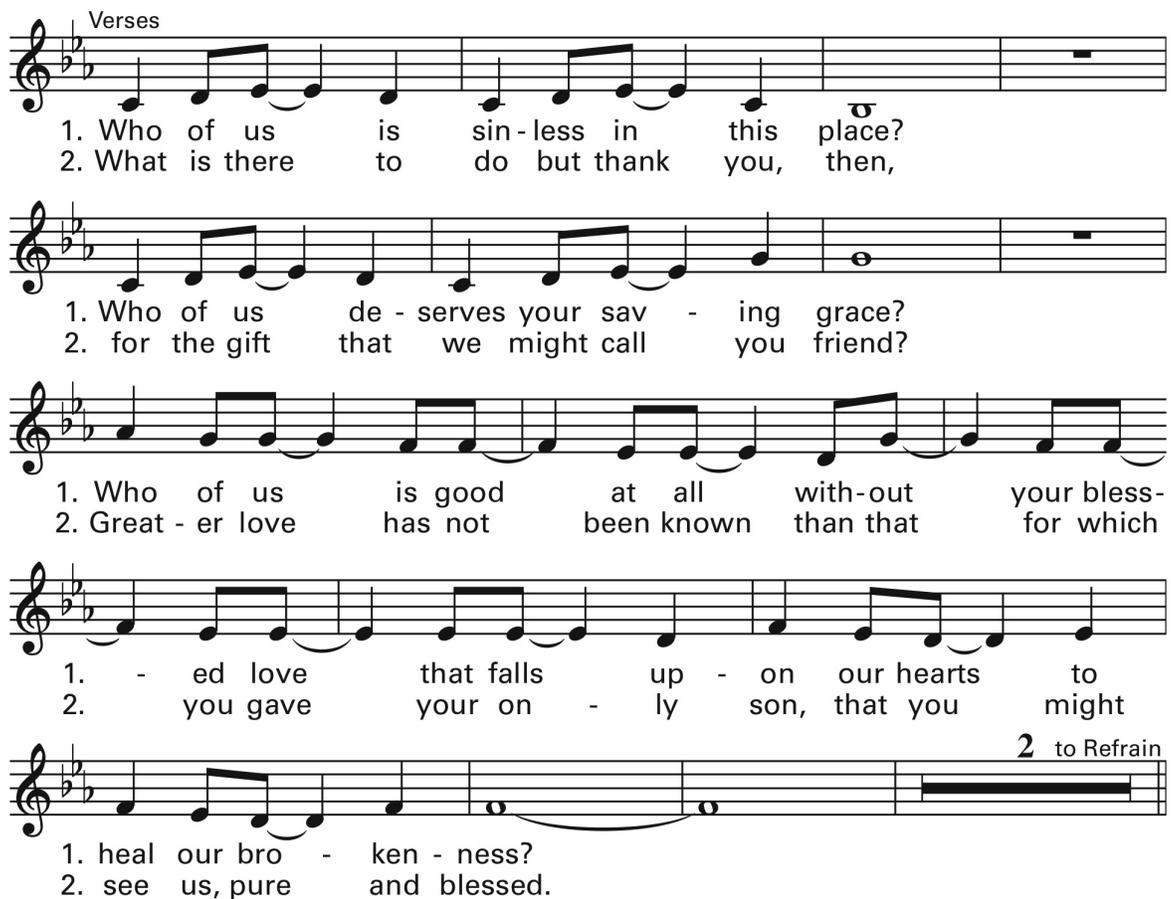
Sarah Hart and Dwight Liles

Refrain



You a-lone are ho - ly, you a-lone are Lord.
You a-lone are wor - thy to be hon - ored and a -
dored. Mer - cy you have giv - en, kind - ness you have
shown. Love is you a - lone.

Verses



1. Who of us is sin - less in this place?
2. What is there to do but thank you, then,
1. Who of us de - serves your sav - ing grace?
2. for the gift that we might call you friend?
1. Who of us is good at all with - out your bless -
2. Great - er love has not been known than that for which
1. - ed love that falls up - on our hearts to
2. you gave your on - ly son, that you might
2 to Refrain
1. heal our bro - ken - ness?
2. see us, pure and blessed.

THE INTRODUCTORY RITES (GATHERING)

Entrance Antiphon

Cf. Psalm 25 (24):15-16

My eyes are always on the Lord, for he rescues my feet from the snare. Turn to me and have mercy on me, for I am alone and poor.

Entrance Hymn (verses 1 and 2) (Please stand.)

I HEARD THE VOICE OF JESUS

KINGSFOLD



1. I heard the voice of Je - sus say, "Come un - to me and
2. I heard the voice of Je - sus say, "Be - hold, I free - ly
3. I heard the voice of Je - sus say, "I am this dark world's



1. rest; Lay down, thou wea - ry one, lay down Thy head up -
2. give The liv - ing wa - ter; thirst - y one, Stoop down, and
3. light; Look un - to me, thy morn shall rise, And all thy



1. on my breast." I came to Je - sus as I was, So
2. drink, and live." I came to Je - sus, and I drank Of
3. day be bright." I looked to Je - sus, and I found In



1. wea - ry, worn and sad; I found in him a
2. that life - giv - ing stream; My thirst was quenched, my
3. him my star, my sun; And in that light of



1. rest - ing place, And he has made me glad.
2. soul re - vived, And now I live in him.
3. life I'll walk Till trav - 'ling days are done.

Text: CMD; Horatius Bonar, 1808–1889, alt.
Music: trad. English melody, adapt. by Ralph Vaughan Williams, 1872–1958.

Greeting

Priest: *In the name of the Father, and of the Son, and of the Holy Spirit.*

(All make the Sign of the Cross.) **Amen.**

Priest: *The grace of our Lord Jesus Christ...be with you all. And with your spirit.*

Penitential Act

I confess to almighty God
and to you, my brothers and sisters,
that I have greatly sinned
in my thoughts and in my words,
in what I have done,
and in what I have failed to do;
(Strike breast) through my fault, through my fault,
through my most grievous fault;
therefore I ask blessed Mary ever-Virgin,
all the Angels and Saints,
and you, my brothers and sisters,
to pray for me to the Lord our God.

Priest/Deacon: *May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life. Amen.*

Chant:

LORD, HAVE MERCY

The musical notation consists of two staves of music. The first staff has three measures: the first measure is for the Priest/Deacon/Other Minister, the second for All respond, and the third for the Priest/Deacon/Other Minister. The second staff has three measures: the first for All respond, the second for the Priest/Deacon/Other Minister, and the third for All respond. The lyrics are written below the notes.

Priest/Deacon/Other Minister All respond Priest/Deacon/Other Minister

Lord, have mer - cy. Lord, have mer - cy. Christ, have mer - cy.

All respond Priest/Deacon/Other Minister All respond

Christ, have mer - cy. Lord, have mer - cy. Lord, have mer - cy.

Or recited:

Priest/Deacon: *Lord have mercy. Lord have mercy.*

Priest/Deacon: *Christ have mercy. Christ have mercy.*

Priest/Deacon: *Lord have mercy. Lord have mercy.*

Collect

(After the Priest says the Collect, all respond.) **Amen.** (Please be seated.)

LITURGY OF THE WORD

First Reading

Exodus 3:1-8a, 13-15

A reading from the Book of Exodus

In those days, in their thirst for water,
the people grumbled against Moses,
saying, "Why did you ever make us leave Egypt?

Was it just to have us die here of thirst
with our children and our livestock?"

So Moses cried out to the LORD,
"What shall I do with this people?
a little more and they will stone me!"

The LORD answered Moses,
"Go over there in front of the people,
along with some of the elders of Israel,
holding in your hand, as you go,
the staff with which you struck the river.

I will be standing there in front of you on the rock in Horeb.
Strike the rock, and the water will flow from it
for the people to drink."

This Moses did, in the presence of the elders of Israel.

The place was called Massah and Meribah,
because the Israelites quarreled there
and tested the LORD, saying,

"Is the LORD in our midst or not?"

*The Word of the Lord. **Thanks be to God.***

Responsorial Psalm

Psalm 95:1-2, 6-7, 8-9. R. v.8



R. If to-day you hear his voice, hard-en not your hearts.

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Come, let us sing joyfully to the LORD;

let us acclaim the Rock of our salvation.

Let us come into his presence with thanksgiving;

let us joyfully sing psalms to him.

R. If today you hear his voice, harden not your hearts.

Come, let us bow down in worship;

let us kneel before the LORD who made us.

For he is our God,

and we are the people he shepherds, the flock he guides.

R. If today you hear his voice, harden not your hearts.

Oh, that today you would hear his voice:

“Harden not your hearts as at Meribah,

as in the day of Massah in the desert,

Where your fathers tempted me;

they tested me though they had seen my works.”

R. If today you hear his voice, harden not your hearts.

Second Reading

Romans 5:1-2, 5-8

A reading from the Letter of Saint Paul to the Romans

Brothers and sisters:

Since we have been justified by faith,

we have peace with God through our Lord Jesus Christ,

through whom we have gained access by faith

to this grace in which we stand,

and we boast in hope of the glory of God.

And hope does not disappoint,

because the love of God has been poured out into our hearts

through the Holy Spirit who has been given to us.

For Christ, while we were still helpless,

died at the appointed time for the ungodly.

Indeed, only with difficulty does one die for a just person,

though perhaps for a good person one might even find courage to die.

But God proves his love for us

in that while we were still sinners Christ died for us.

The Word of the Lord. **Thanks be to God.**

Gospel Acclamation and Verse

John 4:42, 15

(Please stand.)



R. Praise to you, Lord Je - sus Christ, King of end - less glo - ry!

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Lord, you are truly the Savior of the world;
give me living water, that I may never thirst again.

Gospel

John 4:5-15, 19b-26, 39a, 40-42

The Lord be with you. And with your spirit.

The reading from the holy Gospel according to John. Glory to you, O Lord.

Jesus came to a town of Samaria called Sychar,
near the plot of land that Jacob had given to his son Joseph.
Jacob's well was there.
Jesus, tired from his journey, sat down there at the well.
It was about noon.

A woman of Samaria came to draw water.

Jesus said to her,
"Give me a drink."

His disciples had gone into the town to buy food.

The Samaritan woman said to him,

"How can you, a Jew, ask me, a Samaritan woman, for a drink?"

— For Jews use nothing in common with Samaritans. —

Jesus answered and said to her,

"If you knew the gift of God
and who is saying to you, 'Give me a drink,'
you would have asked him
and he would have given you living water."

The woman said to him,

"Sir, you do not even have a bucket and the cistern is deep;
where then can you get this living water?"

Are you greater than our father Jacob,
who gave us this cistern and drank from it himself
with his children and his flocks?"

Jesus answered and said to her,

"Everyone who drinks this water will be thirsty again;
but whoever drinks the water I shall give will never thirst;
the water I shall give will become in him
a spring of water welling up to eternal life."

The woman said to him,

“Sir, give me this water, so that I may not be thirsty
or have to keep coming here to draw water.

“I can see that you are a prophet.
Our ancestors worshiped on this mountain;
but you people say that the place to worship is in Jerusalem.”

Jesus said to her,

“Believe me, woman, the hour is coming
when you will worship the Father
neither on this mountain nor in Jerusalem.
You people worship what you do not understand;
we worship what we understand,
because salvation is from the Jews.
But the hour is coming, and is now here,
when true worshipers will worship the Father in Spirit and truth;
and indeed the Father seeks such people to worship him.
God is Spirit, and those who worship him
must worship in Spirit and truth.”

The woman said to him,

“I know that the Messiah is coming, the one called the Christ;
when he comes, he will tell us everything.”

Jesus said to her,

“I am he, the one who is speaking with you.”

Many of the Samaritans of that town began to believe in him.

When the Samaritans came to him,
they invited him to stay with them;
and he stayed there two days.

Many more began to believe in him because of his word,
and they said to the woman,

“We no longer believe because of your word;
for we have heard for ourselves,
and we know that this is truly the savior of the world.”

The Gospel of the Lord. Praise to you, Lord Jesus Christ.

Homily (Please be seated.)

Profession of Faith (Nicene Creed) (Please stand.)

**I believe in one God, the Father almighty,
maker of heaven and earth, of all things visible and invisible.**

**I believe in one Lord Jesus Christ,
the Only Begotten Son of God,
born of the Father before all ages.**

**God from God, Light from Light, true God from true God,
begotten, not made, consubstantial with the Father;
through him all things were made.**

For us men and for our salvation he came down from heaven,

(At the words that follow, up to and including "and became man," all bow.)

and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

**For our sake he was crucified under Pontius Pilate,
he suffered death and was buried, and rose again on the third day
in accordance with the Scriptures.**

He ascended into heaven and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead
and his kingdom will have no end.**

**I believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is adored and glorified,
who has spoken through the prophets.**

I believe in one, holy, catholic and apostolic Church.

**I confess one Baptism for the forgiveness of sins
and I look forward to the resurrection of the dead
and the life of the world to come. Amen.**

Universal Prayer (Prayers of the Faithful) (Please stand.)

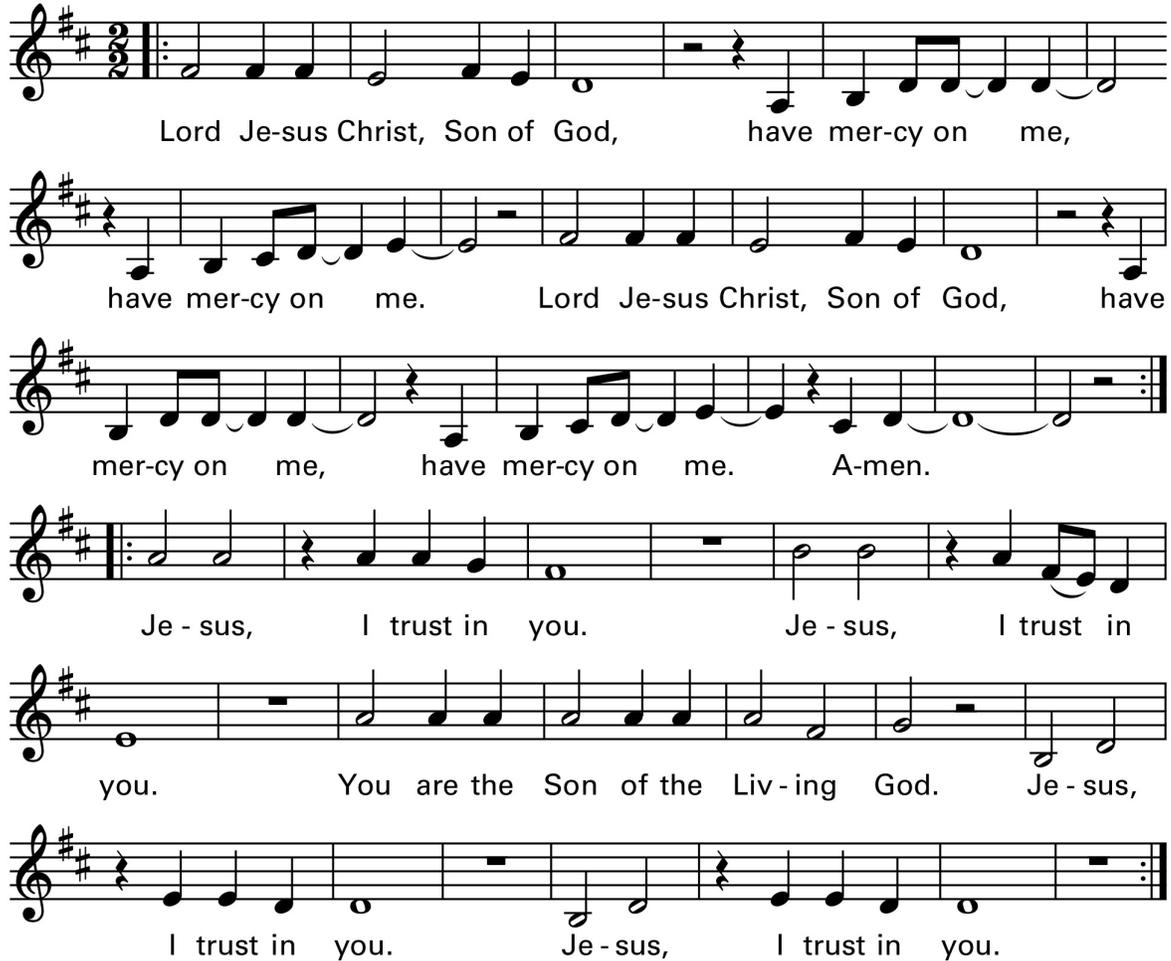
LITURGY OF THE EUCHARIST

Hymn for Presentation of the Gifts and Preparation of the Altar (verses 1-3)

(Please be seated.)

THE JESUS SONG

Tom Booth



Lord Je-sus Christ, Son of God, have mer-cy on me,
have mer-cy on me. Lord Je-sus Christ, Son of God, have
mer-cy on me, have mer-cy on me. A-men.
Je - sus, I trust in you. Je - sus, I trust in
you. You are the Son of the Liv - ing God. Je - sus,
I trust in you. Je - sus, I trust in you.

Text based on the *Jesus Prayer* and the *Chaplet of Divine Mercy*. Text and music © 2014, Tom Booth.
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Presentation of the Gifts and Preparation of the Altar

Priest: *...that my sacrifice and yours may be acceptable to God, the almighty Father,*"

(Please stand.) **May the Lord accept the sacrifice at your hands, for the praise and glory of his name, for our good and the good of all his holy Church.**

Prayer over the Offerings

Amen

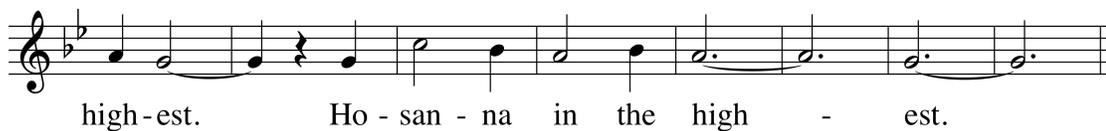
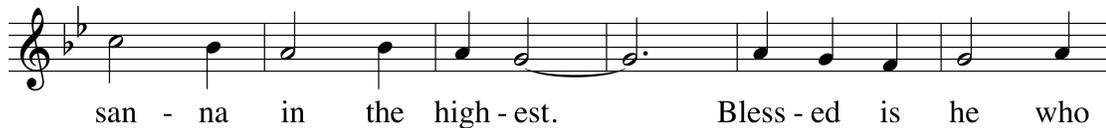
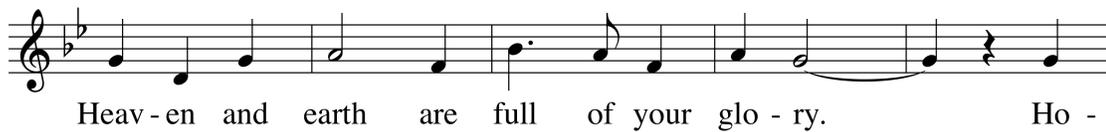
Preface

Priest: *The Lord be with you. And with your spirit.*

Priest: *Lift up your hearts. We lift them up to the Lord.*

Priest: *Let us give thanks to the Lord our God. It is right and just.*

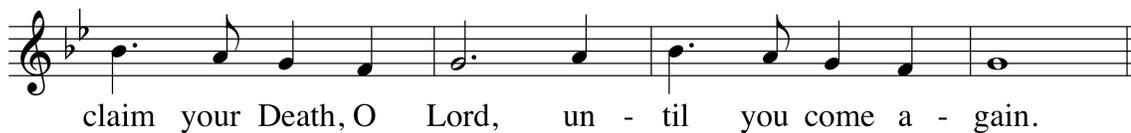
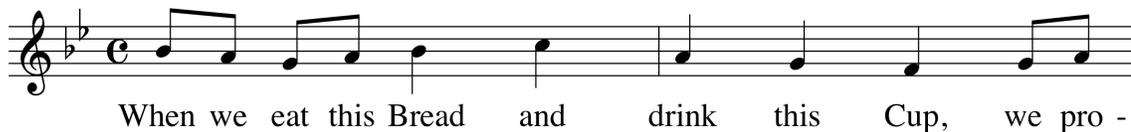
Holy



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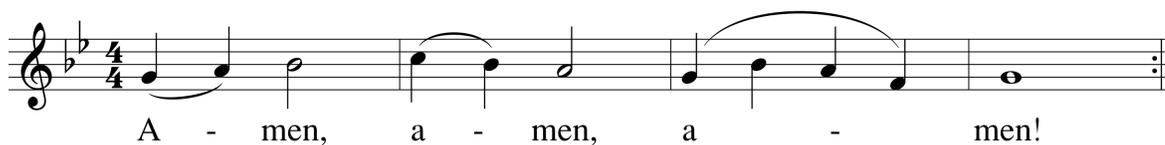
(Please kneel.)

Mystery of Faith



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Amen



Music: *Mass of Creation*, Marty Haugen, © 1984, 1985, GIA Publications, Inc.

(Please stand.)

Our Father

Our Father, who art in heaven, hallowed be thy name;
thy kingdom come, thy will be done on earth as it is in heaven.
Give us this day our daily bread, and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation, but deliver us from evil.

Priest: *Deliver us, Lord ... the coming of our Savior Jesus Christ.*

For the kingdom, the power and the glory are yours now and forever.

Priest: *Lord Jesus Christ ... Who live and reign for ever and ever. Amen*

Priest: *The peace of the Lord be with you always. And with your spirit.*

Sign of Peace

Lamb of God

AGNUS DEI XVIII

A-gnus De - i, qui tol - lis pec - cá - ta mun - di: mi - se -
ré - re no - bis. A-gnus De - i, qui tol - lis pec - cá - ta
mun - di: mi - se - ré - re no - bis. A-gnus De - i,
qui tol - lis pec - cá - ta mun - di: do - na no - bis pa - cem.

Text and music: Chant; *Graduale Romanum*, 1974.

(Please kneel.)

Communion

Priest: *Behold the Lamb of God ... Blessed are those called to the supper of the Lamb.*

Lord, I am not worthy that you should enter under my roof, but only say the word and my soul shall be healed.

Act of Spiritual Communion

I wish my Lord to receive You with the purity, humility, and devotion with which Your most Holy Mother received You, with the spirit and fervor of the Saints. Amen.

Communion Antiphon

John 4:13-14

For anyone who drinks it, says the Lord, the water I shall give will become in him a spring welling up to eternal life.

Communion Hymn

PSALM 103: LOVING AND FORGIVING

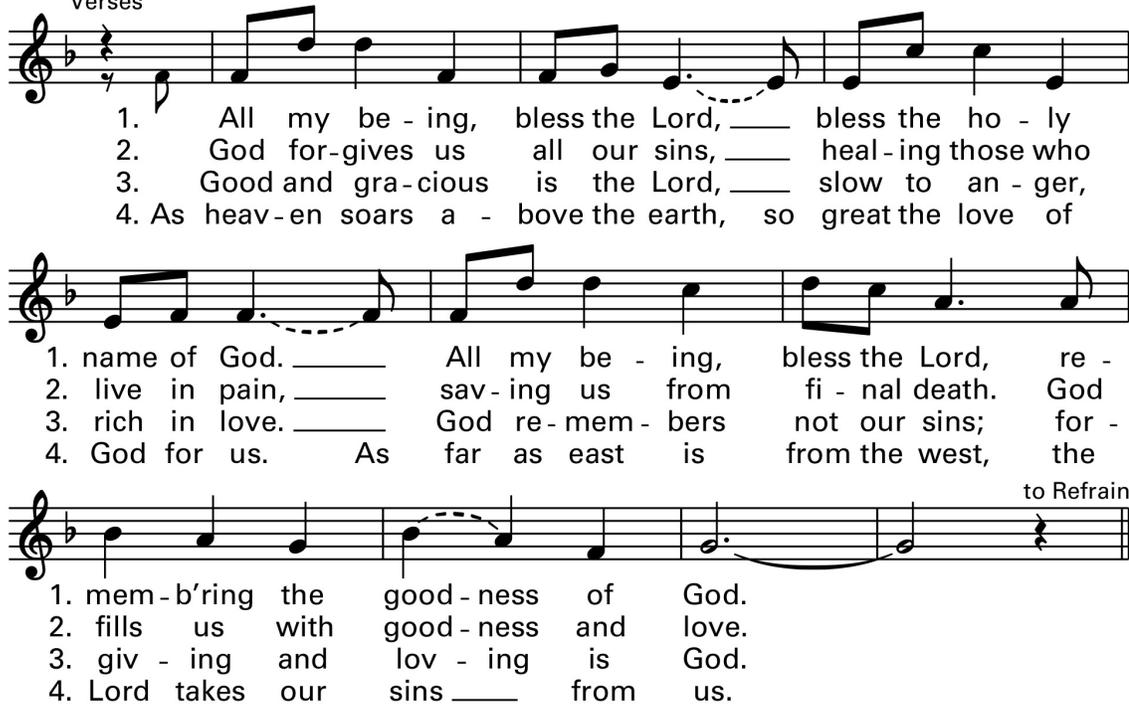
Scott Soper

Refrain



Lov-ing and for - giv - ing are you, O Lord; slow to an - ger,
rich in kind - ness, lov - ing and for - giv - ing are you.

Verses



1. All my be - ing, bless the Lord, ___ bless the ho - ly
2. God for - gives us all our sins, ___ heal - ing those who
3. Good and gra - cious is the Lord, ___ slow to an - ger,
4. As heav - en soars a - bove the earth, so great the love of
1. name of God. ___ All my be - ing, bless the Lord, re -
2. live in pain, ___ sav - ing us from fi - nal death. God
3. rich in love. ___ God re - mem - bers not our sins; for -
4. God for us. As far as east is from the west, the

to Refrain

Text: Based on Psalm 103:8, 1-2, 3-4, 8-10, 11-12. Text and music © 1992, OCP. All rights reserved.

Prayer after Communion

THE CONCLUDING RITES

Greeting and Blessing

(Please stand.)

Priest: *The Lord be with you. And with your spirit.*

Priest: *May almighty God bless you, the Father, the Son, and the Holy Spirit. Amen*

Dismissal

Deacon/Priest: *Go in peace. Thanks be to God.*

SAVE YOUR PEOPLE

Jim Farrell

Refrain



Save your peo-ple, O Lord. Show us the way to come



home. We have been wan-der-ing far from your love. Save your

Verses



peo-ple, O Lord.

1. One thing I ask, O
2. For you will hide me in the
3. Lis - ten, O Lord, to the
4. Thus will I bless you all the



1. Lord, this I seek: to dwell for - ev - er in your
2. shel - ter of your wings and from the ar - rows of my
3. sound of my call, for I ac - knowl - edge my of -
4. days of my life. Lift - ing my hands, I call your



1. house, that I may gaze on your love - li - ness
2. foes. You set me high on a moun - tain - top,
3. fense. Wash me and I shall be pur - i - fied.
4. name: "O Lord, re - mem - ber your in - her - i - tance.



to Refrain

1. all the days of my life.
2. saved me from my dis - tress.
3. I shall be whit - er than snow.
4. Save your peo - ple, O Lord!"