



OUR LADY of the ASSUMPTION PARISH

5057 COTTAGE WAY
CARMICHAEL, CA 95608
(916) 481-5115
WWW.OLAPARISH.NET
PARISH@OLAPARISH.NET

SUNDAY, JANUARY 31, 2021

Fourth Sunday of ordinary time

PARISH STAFF

Pastor

Rev. Eduino T. Silveira | pastor@olaparish.net

Pastors Emeriti

Rev. Brendan McKeefry & Rev. Michael F. Kiernan

Deacons

Michael Tateishi | deacon@olaparish.net

Paul Friedrich | deaconpaul@olaparish.net

Office Manager

Ivan Florez | officemgr@olaparish.net

Parish Bookkeeper

916-481-5115, ext. 203

Music Director

Casey Oliver | worship@olaparish.net

Faith Formation

Joan Cotton | faithformation@olaparish.net

Youth Minister

Johann Rubia-Miller | youth@olaparish.net

Building Maintenance

Earl Knight | maintenance@olaparish.net

Groundskeeper

Paul Narloch

ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca

Liturgical Committee: Deacon Michael Tateishi

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

OLA PRESCHOOL - EIGHTH GRADE

Principal, Robert Love

Vice Principal, Steven Vidal

K-8th: eaddy@olaparish.net | 489-8958

P-8th Admissions: sweeney@olaparish.net

P-8th Website: www.school.olaparish.net

Preschool Director, Ann Marie Duesbury

916-485-1504 duesbury@olaparish.net

License No. 343616796

PARISH OFFICE

Monday - Friday | 8:00am - 3:00pm

ST. VINCENT DE PAUL SOCIETY

Provides assistance for those in need within our parish boundaries. Please call: 916-481-6352

Monday - Friday | 9:00am - 11:00am

HEARING ASSISTANCE DEVICES

Ask an usher about them!

Please check our website for current MASS
SCHEDULE information

www.olaparish.net

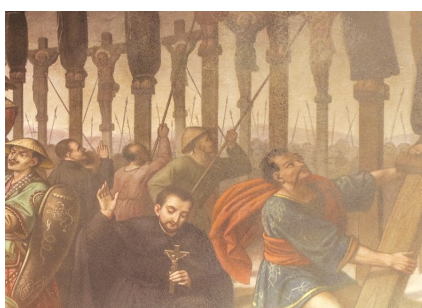


4TH SUNDAY IN ORDINARY TIME

In their synagogue was a man with an unclean spirit; he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are—the Holy One of God!" Jesus rebuked him and said, "Quiet! Come out of him!" - Mk 1:23-25

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

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**ST. PAUL MIKI
&
CAMPANIONS
MARTYRS**

OUR MISSION STATEMENT

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible around the world. We strive to build a sense of community among our parishioners, with the wider Diocesan community, and with the entire family of God.

WE WELCOME YOU HOME

Thank you for joining us today! We welcome you to our faith family and look forward to growing in faith and friendship with you. If you are interested in formally joining our parish community and/or the Catholic Faith, you can do so on-line or by coming in to the parish office. If you are returning to an active Catholic life, we are happy to facilitate a smooth and joy filled transition. May you find fellowship, peace and serenity in our community. Sincerely in Christ,
Fr. Eduino, Pastor.

GOSPEL MEDITATION ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

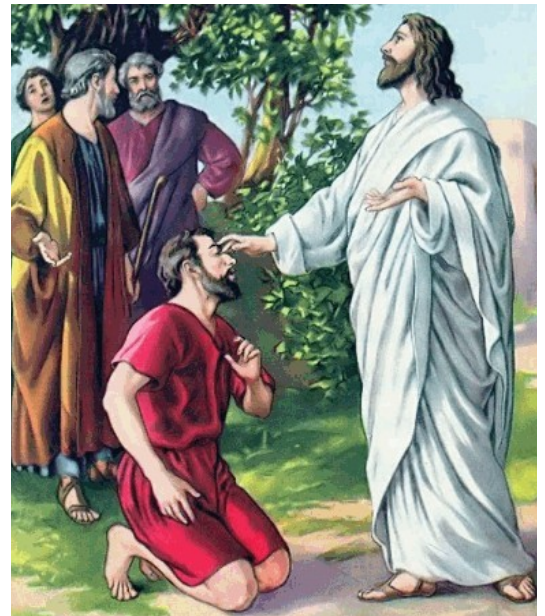
January 31, 2021
4th Sunday in Ordinary Time

Most of us are quiet people who desire to live a good and holy life, promote the values and mission of the Gospel as best we can and desire to one day inherit the surprise of life eternal God promises to us. We are not trail blazers. We are simple people who want to do the simple things of life well. But there are others who left a more profound impact along the way of the paths they walked. Folks like Dorothy Day, Martin Luther King, Thomas Merton, Gandhi, St. Teresa of Calcutta, and many others left lasting impacts and legacies. Like Moses, they show us by word and deed who God is and what integrity and a purpose driven life look like. They show us how to be holy. We need Moses people like these to give us inspiration, hope and an example of holy living.

We do not need to do what they did or even mirror their relationship with God. Each one of us is God's special creation, with a purpose and soul known only to us. We need to learn how to open up and bring, without compromise, our soul-ness to life. We know when someone is authentic and centered because they always point to truth, even though they struggle and sin themselves, and they embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and it astonished many who listened. We do not need to move mountains, advance a cause, write books or become notable. All we have to do is become credible witnesses of the faith we profess. Moses people can teach us how to do this.

St. Oscar Romero was an amazing man and a Moses figure for sure. He saw God in the burning bush and brought the flame of Gospel faith to the poorest of the poor, challenging the evils of the society in which he lived. He was tireless and persistent. He must have gotten very close to the problem because it cost him his life. He suspected it would. St. Romero said, "When we leave Mass, we ought to go out the way Moses descended Mt Sinai: with his face shining, with his heart brave and strong to face the world's difficulties." We can learn from this wisdom. If we allow the power of the Mass to truly transform us, we will leave that holy encounter changed. Our face will shine, and we will have courage. We can then bring what we have received to life's challenges. That sounds doable, doesn't it? Because of the example of our simple holiness, people will be amazed.

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Mass Intentions

SATURDAY, JANUARY 30

5:00PM †Dr. Claire A. Quinlan

SUNDAY, JANUARY 31

9:00AM †Bernadette Rockenstein
by Mike Rockenstein

MONDAY, FEBRUARY 01

8:00AM † Jutta Woodington
by Father Eduino

TUESDAY, FEBRUARY 02

The Presentation of the Lord

8:00AM † † Fernando and Mary Garcia
by Father Eduino

WEDNESDAY, FEBRUARY 03

St. Blaise and St. Ansgar

8:00AM † Armando Ochoa
by Rose Ochoa

THURSDAY, FEBRUARY 04

8:00AM † † Serafim and Guihermina
by Father Eduino

FRIDAY, FEBRUARY 05

8:00AM † Vasco Faria and Family
by Father Eduino

SATURDAY, FEBRUARY 06

8:00AM Elijah (Complete healing)
by Morales Jimenez Family
5:00PM † Joseph Cotton
by Mom and Dad

STEWARDSHIP THOUGHTS

Stewards Pray

4th Sunday in Ordinary Time

“Brothers and sisters: I should like you to be free of anxieties.”

* 1 CORINTHIANS 7:32

How much anxiety do we bring upon ourselves by constantly worrying about not having enough or attaining more things? God won't necessarily give you everything you want, but He will provide everything you need.

Try this – use the word “pray” instead of the word “worry” in the future. Stewards pray for things instead of worrying about them.



Sunday Jan 31: Dt 18:15-20/Ps 95:1-2, 6-7, 7-9 [8]/1 Cor 7:32-35/Mk 1:21-28

Monday Feb 01: Heb 11:32-40/Ps 31:20, 21, 22, 23, 24 [25]/Mk 5:1-20

Tuesday Feb 02: Mal 3:1-4/Ps 24:7, 8, 9, 10 [8]/Heb 2:14-18/Lk 2:22-40 or 2:22-32

Wednesday Feb 03: Heb 12:4-7, 11-15/Ps 103:1-2, 13-14, 17-18a [cf. 17]/Mk 6:1-6

Thursday Feb 04: Heb 12:18-19, 21-24/Ps 48:2-3ab, 3cd-4, 9, 10-11 [cf. 10]/Mk 6:7-13

Friday Feb 05: Heb 13:1-8/Ps 27:1, 3, 5, 8b-9abc [1a]/Mk 6:14-29

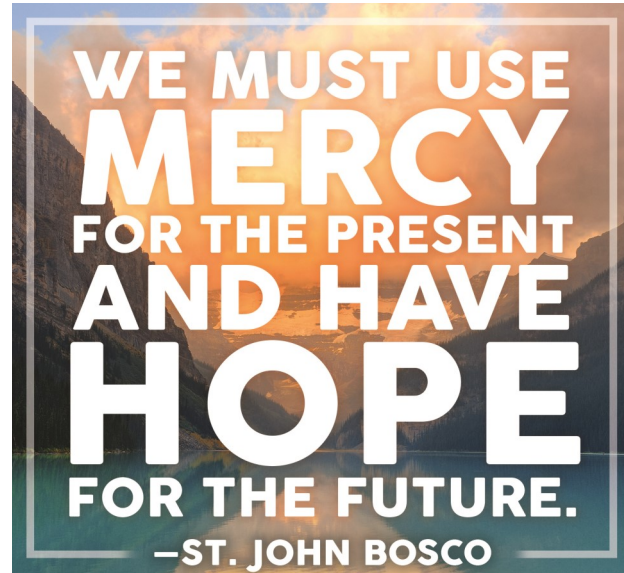
Saturday Feb 06: Heb 13:15-17, 20-21/Ps 23:1-3a, 3b-4, 5, 6 [1]/Mk 6:30-34

Sunday Feb 07: Jb 7:1-4, 6-7/Ps 147:1-2, 3-4, 5-6 [cf. 3a]/1 Cor 9:16-19, 22-23/Mk 1:29-3

PARISH LAUNDRY HELPERS

We have a committee of parishioners who have signed up to wash the communion laundry and faithfully weekly pick it up and wash away!

We have noticed, however, that it seems there are others helping with this task who are not part of the committee – **DON'T GET US WRONG WE WELCOME YOU AND APPRECIATE YOUR HELP, HOWEVER,** we just need to have you contact Marylee Johnson at 916- 359-1225 and give her your name.



EVERYDAY STEWARDSHIP

EVERYDAY STEWARDSHIP - RECOGNIZE GOD IN YOUR ORDINARY MOMENTS

Embracing Change in Christ

It's officially one month since we popped the champagne, toasted 2021 and wrote down a list of resolutions. This is usually the time when we start to take a good, hard look in the mirror to assess what we have done — or have not done — with the first month of this brand-new year.

New years can be scary, can't they? Full of promise, sure, but also full of room for failure. Full of space for our old baggage, old fears and the continuation of old mistakes.

The same can be said of Christ, and the new life he offers us, if we are brave enough to accept it. Opportunities like that can be intimidating. In that moment, we might find ourselves like the man with the unclean spirit crying out: “What have you to do with me, Jesus of Nazareth? Have you come to destroy us?”

Jesus is a comforter of the afflicted; he is a consoling figure, but he is also a challenging one. Sometimes we have grown attached to our afflictions. The idea of correcting bad habits or forming new ones is frankly terrifying to us. We have a voice deep inside who sees Christ and his invitation to repentance, and it cries out in fear: “I know who you are!” When we live in the present, disavowing the baggage of the past or fear of the future, we submit ourselves to the promise of redemption. Let us be brave everyday stewards and invite Christ's healing power into our lives. We won't regret it — I'm sure the demoniac never did.

— Tracy Earl Welliver, MTS
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OUR PARISH

OLA LIVE

In an effort to bring us safely back together for prayer and community, the parish will be hosting weekly virtual events. The events will be either live-streamed or on Zoom so you can watch and participate from the safety of your home. More events will be added, so please check the schedule each week for updates.

www.olaparish.net



Church Wi-Fi

We now have wireless internet (WiFi) in the Church and St. John's Hall Church

Network: OLA Parishioner

Password: olachurch



St. John's Hall

Network: St. John's Hall Guest

Password: GuestWiFi1!!!

Go to our parish website:

<https://olaparish.net/live-stream-mass> to access the worship aid online each Sunday.

JOIN US FOR
ONLINE MASS

CHECK OUT
OUR WEBSITE
FOR MORE
INFORMATION!



BULLETIN DEADLINES

Bulletin Weekend Dates	Article DUE
Feb 06—07	January 29
Feb 13—14	February 05
Feb 20—21	February 12



Pregnant? Worried? Need Help?

Call (800) 910-0191



GUIDELINES WHEN ATTENDING OUTSIDE MASS

OUTDOOR SEATING AVAILABLE IN FRONT OF THE CHURCH UNDER THE PORTICO
INDOOR SEATING IS NOT ALLOWED AT THIS TIME

DRESS WARMLY



WEAR A MASK

Face masks are required for those ages 2 and older unless you have a medical exemption. We will provide a face mask for you if you need one.



MAINTAIN PHYSICAL DISTANCING

At least six feet when seated. Families may sit together. The congregation is asked to not sing or chant during the Mass. Use hand sanitizer.



DURING HOLY COMMUNION

We will distribute Holy Communion outside at the main doors of the church (Cottage side) for approximately 15 minutes after each weekend Mass. You are encouraged to receive in the hand.



AVOID SOCIALIZING AFTER MASS

Please minimize socializing after Mass. Wear your mask and maintain physical distancing when talking to others.

The Masses will also be available to view on our website, YouTube channel, and Facebook page.

PUZZLES

Come to our parish office and take home a fantastic puzzle that will keep you busy, healthy, and happy.



Parishioners have brought these puzzles to share. Take the challenge to build a big one!

SCHOOL & NEWS

CATHOLIC SCHOOL WEEK



JOIN US ONLINE FOR OUR

Open House

SUNDAY, JANUARY 31
10:30am - 12:00pm

RSVP ONLINE:
olaopenhouse.com



2141 Walnut Avenue, Carmichael • (916) 489-8958

New Parish Hall, Preschool, and Gym - Opening 2021

Please join us for our celebration of Catholic Schools Week, January 31 to February 6, 2021. We consider OLA School an important part of our community, and we hope you will join us as we celebrate Catholic Education this week. Discover the difference that a Catholic education can make in the life of a child, and share this gift with your friends and neighbors, particularly those who may be considering Catholic education. For a listing of Catholic Schools Week events, please visit our school's website at <http://school.olaparch.net>

TAKE OUT Tuesday

★ OLA ★



BELLA BRU
CAFE & CATERING

Join us **all day** Tuesday, February 2nd,
for Take Out Tuesday supporting OLA featuring
Bella Bru.

Outside Dining*Take-out

Mention OLA when ordering online, phone, or in person
and 20% of the proceeds will be donated to OLA.

FAITH FORMATION NEWS

Sunday we began Faith Formation classes for all our students. What a joy to see their faces beaming through the computer. They thoroughly enjoy seeing and saying hi to their fellow classmates! Classes will continue most Sundays from 9 am-10 am. Our dedicated Catechists spend a great deal of time each week planning their lessons and working to make the class interesting, active, and enjoyable.

Parents, thank you for your support and help in attending class with your child. You are their primary Catechist and we appreciate your guidance in carrying out the lessons taught each week. A calendar of classes will be sent again to provide the dates for classes. Classes continue to meet each Sunday, with the exception of holiday weekends.

First Eucharist is scheduled for Sunday, May 2, 2021, at 2:00 PM. Confirmation is scheduled for Wednesday, May 26, 2021, at 6:00 PM. It is imperative all students attend classes and participate in the activities planned to enhance the meaning of the Sacraments.

Confirmation Students – Fired Up, the Bishops Rally will be virtually presented on Saturday, March 6th from 1:00 PM-4:00 PM. Bishop Soto will close the Rally with Mass. This Rally is **MANDATORY** for all Confirmation students. Registration forms are available and are also being sent by email.

If you have any questions regarding Faith Formation Classes, please contact Joan Cotton, email: faithformation@olaparch.net



Pennies for Patients

January 25-February 12th

The Hero Squad Program raises funds in support of The Leukemia & Lymphoma Society (LLS).

The mission of LLS is: Cure leukemia, lymphoma, Hodgkin's disease, and myeloma, and improve the quality of life of patients and their families.

Class Competition Fundraiser

The class that raises the most will win an ice-cream party! All fundraising will be done online.

- Go to www.herosquad.org
- Click on Find Your School
- Type: Our Lady of the Assumption
- Donate to classroom

SPIRITUAL GROWTH

LIVE THE LITURGY - INSPIRATION FOR THE WEEK

Most of us are not trail blazers. Throughout history though, there have been many folks who tirelessly and persistently pursued the promptings of their hearts without giving any care to what others thought or trends dictated. Jesus is one of them. St. Teresa of Calcutta and St. Francis of Assisi are examples of others. The rest of us are people who take a more measured look at things, want to test the waters, and take our time choosing what path or person to follow. We need credible witnesses of faith. We need the Moses people in our lives to show us by word and deed who God is and what integrity and a purpose-driven life looks like. They are the pointers to truth, who even though they struggle themselves, seem to embody an unspoken timeless wisdom that just sounds and feels right. Jesus taught with this same type of authority and caught the attention of the greatest of skeptics. They were astonished. Even though we need our human prophets we can also be somewhat prophetic ourselves by putting integrity and conviction behind our embrace of the Gospel. Perhaps much to our surprise, we all have the power to be a credible witness. Are you willing to give it a try?

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LIVE THE LITURGY



QUESTION OF THE WEEK

Jesus has power over evil.

Breaking Open the Word

Suggested text for faith sharing: Today's Gospel

Listen to the Word

As you hear today's Gospel with its shouting demons, what words or phrases strike you? What in this reading touches your heart?

Look into Your Life

Question for Children: Name some bad things that you want to pray that Jesus will take away from our world.

Question for Youth: Jesus was able to free the man from the unclean spirit within him. What do you hope Jesus will free you from? What is happening in the world that needs Jesus' help?

Question for Adults: What are the evils in today's world that you pray God will free us from?

WORLD DAY FOR CONSECRATED LIFE



World Day for Consecrated Life will be celebrated in the Church on February 2, 2021 and in parishes on the week-end of February 6-7, 2021. Please pray for all those who have made commitments in the consecrated life, and be sure to thank them on their special day. May they continue to be inspired by Jesus Christ and respond generously to God's gift of their vocation.



OUR SICK BROTHERS & SISTERS

Julie Nelson
Nancy Carlson
Jonathan Rassmussen
Stacie Higginbotham
Sandi Lanz
Shirley Ward
Mary Silva
Gloria Plog
J. Richard Heintz

Molly Garcia
Richard McClintock
Margaret Parker
Maria García
Daniel Armstrong
George Peres
Gutierrez Family
Kevin Livingston

Note: Please call the parish office to add a name or to remove them from this list. Thank you.

NOVENA OF GRACE

Hearts on Fire

Novena of Grace — Nine Days of Prayer

"Hope: Finding Good in an Imperfect World"

A Virtual Offering



Day 1:
Hope's Disguises
Fr. Mike Moynahan, S.J.



Day 2:
Ways to Nourish Hope
Michael Cheney



Day 3:
Teach Me Your Way of
Hope, O Lord
Charlene Cardenas



Day 4:
The Temptations
against Hope
Fr. Tom Lucas, S.J.



Day 5:
Hope and Our Call to the
Holiness of Discipleship
Fr. John McGarry, S.J.



Day 6:
Resilience of Those Working
for Justice Gives Me Hope
Monica Smith



Day 7:
Have Mercy, O God:
Hope and Compassion
Maureen Pryor



Day 8:
Invoking Hope with
Interiority
Annie Crew-Renzo



Day 9:
Entrusting Myself to the Hands of Jesus
Fr. Christopher Calderon, S.J.

Heart on fire is a nine-day retreat in everyday life that offers the opportunity to nourish your faith and grow closer to God. This series consists of Masses with special daily reflections around a certain theme. This year the theme is "Hope: Finding God in an imperfect World". Masses feature a different speaker on each of the nine days sharing their reflection on the Theme of Hope.

There will also be music, a prayer to St. Francis Xavier and prayers of petition and thanksgiving. This year, because of restrictions due Covid-19, we will be presenting the Novena virtually. Although we cannot offer the praying with the relics personally, there will be an opportunity mediate virtually with a relic and offer your prayers of petition and thanksgiving.

The Novena will be conducted within our daily and weekend Masses: Daily and Saturday mornings at 8:00 am (livestreamed) and on Sunday at 7:30 and 11:30 (both livestreamed). Communion will be distributed after the 8:00 Mass from 8:30 to 9:15 and so Sunday from 8:30 to 9:30 and from 12:30 to 1:30. See information about the Communion procedure located on the St. Ignatius website. Recordings of the masses and the presenters' reflections will also be on the website each day.

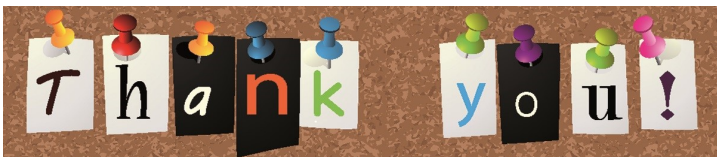
If it is not possible for you to participate for all 9 days of the retreat, please try to tune in to some of the days. It is a wonderful way to start your Lenten journey. The Novena begins on Thursday, February 18, 2021 and will end Friday, February 26, 2021 at St. Ignatius Church, 3235 Arden Way, Sacramento 95825. For more information see www.stignatiussac.org, scroll down until you see the big heart on the left.

TAX SEASON IS HERE

"The 2020 CARES act allows some taxpayers to deduct up to \$300 of qualified charitable donations from income in 2020 even if they do not itemize deductions. Please consult your accountant or tax preparer to determine whether this may benefit you."



We will be sending tax statements to all parishioners who generously donated to OLA in 2020.



FOR THESE GIFTS WE ARE GRATEFUL!

Weekend Offertory	01/24/21	\$ 10,451.00
E-Giving from	01/18/21 to 01/24/21	\$ 1,663.48.
Total		\$ 12,114.48
Average Weekly Budget Amount		\$12,000.00

WESHARE

We want to encourage our parishioners to enroll in our automated donation program called **WeShare**. This program provides a convenient way to make your donations to our church in the comfort of your home.



To enroll please follow these simple steps:

- Go to <https://olaparish.net>
- Click on **Donate**.
- This will take you to our "Contribute" page, where you will find the **WeShare** link to enroll and start making your donation.

Let us pray for those in our community who have passed away.

Dr. Claire A. Quinlan

Eternal rest grant unto them,
O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.



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Nancy Arndorfer

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narndorfer@golyon.com

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James Marta, CPA - Parishioner
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Craig Strunk, Local Parishioner
Matt Strunk, OLA Class of 2010

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