

## **WELCOME to OUR LADY OF THE ASSUMPTION CATHOLIC CHURCH!**

Thank you for joining us today. We welcome you to our faith family and look forward to growing in faith and friendship with you. If you are interested in formally joining our parish community and/or the Catholic Faith, you can do so on-line or by coming in to the parish office. If you are returning to an active Catholic life, we are happy to facilitate a smooth and joy filled transition. May you find fellowship, peace and serenity in our community. Sincerely in Christ, Fr. Eduino, Pastor

### **CONTACT US**

#### Parish Office

8:30 – 4:30pm, M-F

Closed 12:00 – 1:00pm, M-F

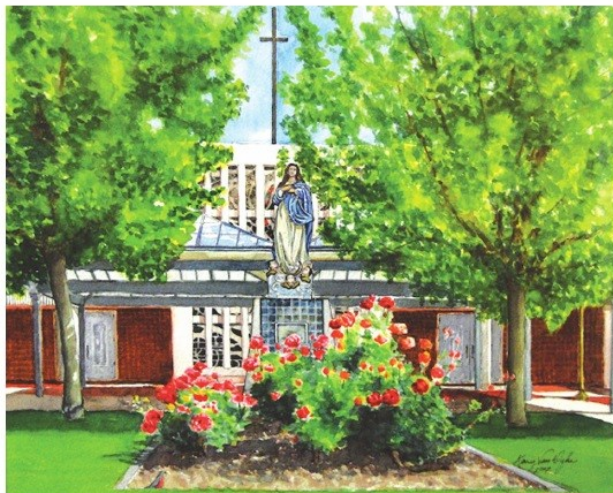
(916) 481-5115

5057 Cottage Way

Carmichael, CA 95608

[www.olaparish.net](http://www.olaparish.net)

[parish@olaparish.net](mailto:parish@olaparish.net)



### **MASS SCHEDULE**

Saturday Vigil: 5:00pm

First Saturdays: 8:00am

Sunday:

8:00, 9:30, 11:00 & 7:30pm

Weekday:

8:00am, Monday - Friday

### **Holy Days:**

8:00am & 5:30pm

### **Our Mission Statement**

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible around the world. We strive to build a sense of community among our parishioners, with the wider Diocesan community, and with the entire family of God.

### **Pastor**

Rev. Eduino T. Silveira: [pastor@olaparish.net](mailto:pastor@olaparish.net)

### **Pastors Emeriti**

Rev. Brendan McKeefry & Rev. Michael F. Kiernan

### **Deacons**

Michael Tateishi: [deacon@olaparish.net](mailto:deacon@olaparish.net)

Paul Friedrich: [deaconpaul@olaparish.net](mailto:deaconpaul@olaparish.net)

Office Manager, Shannon Langer:

[ministrycoordinator@olaparish.net](mailto:ministrycoordinator@olaparish.net)

Parish Bookkeeper: 916-481-5115 ext. 203

Music Director, Casey Oliver: [worship@olaparish.net](mailto:worship@olaparish.net)

Faith Formation, Joan Cotton: [faithformation@olaparish.net](mailto:faithformation@olaparish.net)

Youth Minister, Johann Rubia-Miller: [youth@olaparish.net](mailto:youth@olaparish.net)

Building Maintenance, Earl Knight: [maintenance@olaparish.net](mailto:maintenance@olaparish.net)

Groundskeeper, Paul Narloch

### **ADVISORY COUNCIL CHAIRPERSONS:**

Pastoral Council, Juan Yniguez

Liturgical Committee, Deacon Michael Tateishi

Finance Council, Joe Selewicz

Buildings & Grounds Committee, Paul Read

### **OLA PRESCHOOL – EIGHTH GRADE:**

Principal: Robert Love

Vice Principal: Jeff Moore

K-8th: [eaddy@olaparish.net](mailto:eaddy@olaparish.net), 489-8958

P-8th Admissions: [eaddy@olaparish.net](mailto:eaddy@olaparish.net)

P-8th Website: [www.school.olaparish.net](http://www.school.olaparish.net)

Preschool Director, Yesenia Gutierrez: 916-485-1504

[gutierrez@olaparish.net](mailto:gutierrez@olaparish.net) License No. 343616796

### **SACRAMENTS:**

Baptism:

Required baptismal classes & scheduling, Deacon Michael

First Eucharist (child): Faith Formation

Reconciliation (child): Faith Formation

Confirmation (teen): Faith Formation

Marriage: Contact office six months in advance.

Reconciliation: Saturdays at 3:30pm or by appointment.

Anointing of the Sick: Contact Pastor to request.

Eucharist for Homebound Parishioners: Call office.

Eucharistic Adoration: T/Th after 8:00am Mass until 7:00pm

### **RCIA - RITE OF CHRISTIAN INITIATION OF ADULTS**

(unbaptized or uncatechized) If you are interested in learning more about the Catholic Faith, you are welcome to join this year-round process at any time by contacting Deacon Michael.

### **ST. VINCENT DE PAUL SOCIETY:**

Provides assistance for those in need within our parish boundaries.

Please call: 916-481-6352

 **HEARING ASSISTANCE DEVICES:** Ask Usher



February 9, 2020  
Fifth Sunday in Ordinary Time

*You are the* **SALT**  
*and the* **LIGHT**  
OF THE WORLD

MT 5: 13-16

## MASS INTENTIONS

### SATURDAY, FEBRUARY 8

5:00pm Joey Cotton † Mom & Dad

### SUNDAY, FEBRUARY 9

8:00am Mr. & Mrs. Thomas Blanchard † †  
Anonymous

9:30am Ann Neuhaus † Eric Neuhaus

11:00am Anne Mitchell † Pat & Jerry Launer

7:30pm OLA Parishioners

### MONDAY, FEBRUARY 10

*St. Scholastica, Virgin*

8:00am Mary Jane Fouco † Albers Family

### TUESDAY, FEBRUARY 11

*Our Lady of Lourdes*

8:00am Jerry Silveira Alice Silveira

### WEDNESDAY, FEBRUARY 12

8:00am Kristina Perscheid † Paula Wiesner

### THURSDAY, FEBRUARY 13

8:00am Mary Jane Fuoco † Anthony, Gloria &  
Lillian Garafola

### FRIDAY, FEBRUARY 14

*Saints Cyril, Monk & Methodious, Bishop*

8:00am Poor Souls in Purgatory † Anonymous

### SATURDAY, FEBRUARY 15

5:00pm Edwin Silva † Kelly Family

## READINGS FOR THE WEEK

### MONDAY, FEBRUARY 17

Jas 1:1-11; Ps 119:67, 68, 71, 72, 75, 76; Mk 8:11-13

### TUESDAY, FEBRUARY 18

Jas 1:12-18; Ps 86:1-2, 3-4, 5-6; Mk 8:14-21

### WEDNESDAY, FEBRUARY 19

Jas 1:19-27; Ps 15:2-3a, 3bc-4ab, 5; Mk 8:22-26

### THURSDAY, FEBRUARY 20

Jas 2:1-9; Ps 34:2-3, 4-5, 6-7; Mk 8:27-33

### FRIDAY, FEBRUARY 21

Jas 2:14-24, 26; Ps 112:1-2, 3-4, 5-6; Mk 8:34-9:1

### SATURDAY, FEBRUARY 22

1 Pt 5:1-4; Ps 23:1-3a, 4, 5, 6; Mt 16:13-19

### SUNDAY, FEBRUARY 23

Lv 19:1-2, 17-18; Ps 103:1-2, 3-4, 8, 10, 12-13;  
1 Cor 3:16-23; Mt 5:38-48

## PARISH CALENDAR

### SATURDAY, FEBRUARY 08

8:00pm OLA Bball Practices - Parish Hall

9:30am Legion of Mary Curia Meeting - St. Paul's Rm.

11:00am World Day of the Sick Mass - Church

12:00pm World Day of the Sick Rept. - St. John's Hall

### SUNDAY, FEBRUARY 09

7:30am OLA Men's Bball, Parish Hall

10:30am Flame Group Meeting St. Paul's Rm.

10:45am Faith Formation Classes-OLA School

12:00pm OLA Bball Practices - Parish Hall

12:00pm Spanish Baptism - OLA Church

### MONDAY, FEBRUARY 10

3:00pm OLA Bball Practices - Parish Hall

3:00pm Girl Scout Troop 3097 Meeting-St. John's Hall

4:00pm Christian Meditation - Church

6:30pm Boy Scouts Troop 328 Meeting - St. John's Hall

6:30pm OLA Women's Book Club - St. Paul's Rm.

7:00pm Sacramento Choral Practice - Church

7:00pm Gabriel Project Mtg. - OLA School Meeting Rm.

8:30pm Sacramento Choral Meeting - St. John's Hall

### TUESDAY, FEBRUARY 11

1:30pm OAC Meeting - St. Paul's Rm.

2:50pm Young Rembrandts - St. Paul's Rm.

3:00pm OLA Bball Practices - Parish Hall

6:30pm B&G Meeting- St. Paul's Rm.

6:30pm Wolf Den Pack 225 Meeting - OLA Library

7:00pm RCIA Adapted for Teens - St. John Paul II Rm.

7:00pm Baptism Preparation - St. Anne's Rm.

7:30pm Knights of Columbus Meeting - St. John's Hall

### WEDNESDAY, FEBRUARY 12

8:45am Legion of Mary Meeting - St. Paul's Rm.

9:30am OLA Cap Campaign re-boot - St. Paul's Rm.

3:00pm Country Fair Chairs Meeting - St. Paul's Rm.

3:00pm OLA Bball Practices - Parish Hall

6:00pm Youth Music Ministry Rehearsal - Church

6:30pm Catholic Daughters Meeting - St. John's Hall

7:00pm Adult Music Ministry Rehearsal - Church

7:00pm RCIA - St. Paul Rm.

### THURSDAY, FEBRUARY 13

11:00am Communications Committee - St. Paul's Rm.

3:00pm OLA Bball Practices - Parish Hall

3:30pm SVdP Meeting - St. John's Hall

6:30pm Bear Den Meeting (Pack 225) - OLA Library

7:00pm Living the Word - St. Paul's Rm.

### FRIDAY, FEBRUARY 14

3:00pm OLA Bball Practices - Parish Hall

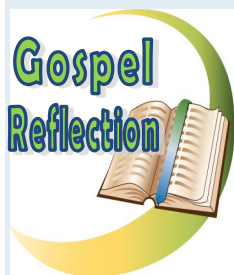
### SATURDAY, FEBRUARY 15

8:00pm OLA Bball Practices - Parish Hall



# OUR PARISH

## *Salt and Light*



Riches, power and control are valued highly in our world. But Jesus draws on little things to teach deeper values. Salt preserves food: in the hands of a skilled cook it adds flavor to food. But its work is hidden. As salt of the earth we can be effective in bringing more taste to life for others.

Light does not change a room: it enables us to see what is in it. It helps us appreciate what is good and beautiful, just as it facilitates avoiding pitfalls. We are children of the light: our lives are illumined by Jesus, the light of the world (John 8:12). This light helps us to see the hidden hope of glory that is in us. So, we can rejoice even in the darkness of the world.

## PARISH NEWS & EVENTS

### Palms for Ash Wednesday



Once again we will be burning palms from the prior year's Palm Sunday for our ashes on Ash Wednesday. Could you please bring in your palms to Mass and drop them in the baskets at the church doors. Thank you.

### *Email Hackers are at it again!*

Please know that our Pastor will NEVER email or text you asking for money or to purchase gift cards. These messages are a scam. Hacker spoof a priest's email address and pray upon your kind nature to give them money. This type of social engineered attack is commonly referred to as Phishing or CEO Fraud.



**BE WARY. BE WISE. DON'T FEED THE PHISH!**

**REMEMBER: A pastor or clergy member will never ask for gift cards electronically via email or text message!!**

### *Construction Update: Parking*

Many of the parking spaces close to the church entrance have been temporarily eliminated due to construction of the new hall. Please reserve the parking near the parish office for the elderly and those with handicapped license plates. This is especially important on **Tuesdays and Thursdays** due to Adoration.

## WEEKLY ACTIVITIES

### *Christian Meditation Group*

In an age of rush and noise, it is essential that we find time to be still and quiet. "Be still and know that I am God," says the Psalmist. In this prayer of silence called Christian Meditation we find God who dwells in our own heart. And, in finding Him, we find our own selves and thus, are renewed. A Christian Meditation Group regularly meets Mondays at 4:00pm in the Chapel. Please call Fran Rider at (916) 488-4229 to learn more about this program.

## GET CONNECTED!

### **Have you registered?**

To become a member of OLA, register online: <https://olaparish.net/community/register-us> or fill out a form at the parish office. As a member you will receive all mailings as well as envelopes for weekly offerings.

### **My Parish App**

My Parish app gives you access to a wealth of information on your phone! Check it out today.  
**Choice #1:** Text "App" to 88202 to download the parish app. Simply select our parish after downloading it.  
**Choice #2:** On the Apple Store or on Google Play search for "myparishapp" and download the app. Again, choose our parish name after downloading it.

### **Flocknote**

Receive the weekly parish bulletin and updates in your email that may be read at your convenience. If you have not already received a Flocknote notification, please contact Ivan Florez at [officemgr@olaparish.net](mailto:officemgr@olaparish.net) with your email address and he will add you to the list of recipients!

# SCHOOL & YOUTH MINISTRY

## SCHOOL NEWS & EVENTS

### Upcoming School Events

#### **8<sup>TH</sup> ANNUAL OLA CRAB FEED BENEFITTING THE 8<sup>TH</sup> GRADE CLASS TRIP**

**When:** Saturday, February 22nd, 2020  
**Where:** OLA Parish Hall Time: 6:30 pm  
(doors open at 5:00 pm)



**Tickets:** \$60 per person and tickets are now on sale. You can buy tickets at the school office, before and after all masses and by email at: [olacrabfeed@olaparissh.net](mailto:olacrabfeed@olaparissh.net)

**\*\*Please join us for an all you can eat antipasto, salad, bread, pasta and tasty crab! There is also a Live/Silent & Dessert Auction\*\***



#### **SAVE THE DATE Friday, May 3rd, 2020**

Our annual OLA Golf Cougar Classic will be at the Lincoln Hills Golf Club on Friday, May 1st, 2020. More details to follow.



## YOUTH CHOIR & ENSEMBLE

### *Youth Ministry Choir and Ensemble*

OLA Youth Ministry Choir and Ensemble serves weekly at the 11:00 Sunday Mass plus at other events as scheduled. Rehearsals are every Wednesday at 6:00 pm. Open to students grades 5-12. Arrangements can be made for scheduled absences for individual or seasonal activities, but students have the opportunity to serve weekly as they are available year-round. All ability levels are welcome. This is an instructional program designed to help motivated and enthusiastic young people grow in both musical ability and in faith. Participants learn about the various liturgical seasons, the structure and sequence of the Mass, liturgical participation and leadership, and basic vocal technique and musicianship. Questions? Please email Casey Oliver, Music Director, at [worship@olaparissh.net](mailto:worship@olaparissh.net). Thank you!

## YOUTH MINISTRY NEWS

**Meetings are held in the Youth Rm.**

Grades 7 & 8: Wednesdays, 7:00pm-8:30pm



Grades 9 - 12: OLA's Life Teen Mass every Sunday at 11am followed by group meeting from 12-1:30pm

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**For more information about Youth Groups, please contact OLA's Youth Minister, Johann Rubia-Miller at (916) 481-5115 or Email: [youth@olaparissh.net](mailto:youth@olaparissh.net)**

### Upcoming Youth Events

#### **OVERNIGHT LOCK-IN FOR HIGH SCHOOL YOUTH**

Begins Friday, March 27, 2020 at 7PM  
Ends Saturday, March 28, 2020 at 8AM

Our Lady of the Assumption Parish  
5057 Cottage Way, Carmichael, CA 95608

*Inspiring speaker • Games • Adoration • Music • Snacks throughout the night*

# ARISE!



\$25/person • info + register: [www.scd.org/lockin](http://www.scd.org/lockin)

Co-Sponsored by the Diocese of Sacramento Office of Youth & Young Adult Ministry (OYAM) with Our Lady of the Assumption Youth Ministry, St. Paul Youth Ministry, and St. Joseph Life Teen (Lincoln)

No in and out privileges.  
Questions? Lindsey West  
lwest@scd.org • 916-733-0151  
f t i @SCDYOUTHMin

## POPE FRANCIS TWEETS



**Pope Francis** ✓  
@Pontifex

**"The Document on Human Fraternity, signed one year ago, has written a new page in the dialogue between religions and people of good will. As brothers and sisters, we want to say "no" to violence, and together promote peace, life, and religious freedom."**



February 4, 2020



# SPIRITUAL GROWTH

## SOMETHING TO PONDER ON

### *Making a Difference*

*"You are the salt of the earth... You are the light of the world." Matthew 5:13a&14a*

Salt and light, that's us. Hopefully! Have you ever pondered what it means to be salt or light in this world?

Let's start with this image. Imagine you cook some wonderful vegetable soup with all the best ingredients. It slowly simmers for hours and the broth looks very tasty. But the one thing you are out of is salt and other spices. So, you just let the soup simmer and hope for the best. Once it's fully cooked you try a taste and, to your disappointment, it's somewhat tasteless. So, you search until you find the missing ingredient, salt, and you add just the right amount. After another half hour of simmering you try a sample and are greatly delighted. It's amazing what salt can do!

Or imagine going for a walk in the forest and getting lost. As you search for your way out, the sun sets and it slowly becomes dark. It's overcast so there are no stars or moon. About a half hour after sunset you find yourself in complete darkness in the middle of the forest. As you sit there, you suddenly see the bright moon peek through the clouds. It's a full moon and the overcast skies are clearing up. Suddenly, the full moon sheds so much light your way that you are able to once again navigate the dark forest.

These two images provide us with the importance of just a little salt and a little light. Just a little changes everything!

So it is with us in our faith. The world we live in is dark in so many ways. The "flavor" of love and mercy is also quite void. God is calling you to add that little flavor and produce that little light so that others can find their way.

Like the moon, you are not the source of light. You only reflect the light. God wants to shine through you and He wants you to reflect His light. If you are open to this, He will move the clouds at the right time so as to use you in the way He has chosen. Your responsibility is to simply be open.

Reflect, today, upon how open you are. Pray each day that God will use you in accord with His divine purpose. Make yourself available to His divine grace and you will be amazed at the way He can use the small things in your life to make a difference.

## QUESTIONS OF THE WEEK

**Question for Children:** What can you do to bring the light of Jesus into the lives of your family, friends, and people you meet?

**Question for Youth:** How do you feel when Jesus says that YOU are the salt of the earth and that YOU are called to be the light for others?

**Question for Adults:** What specific efforts do you take to maintain your light? Do you let your light dim? Why?

## OPPORTUNITIES TO PRAY

*"Pray without ceasing."*

*1 Thessalonians 5:17*



### Prayers for Peace

The Legion of Mary has a statue of Our Lady of Fatima for parishioners to host her at their homes, and commit to pray for peace in her presence.

**For information, please call Maggie Mongeau at 483-5807 or the Parish office 481-5115.**

We will deliver it so you can offer your prayers in this time of great need.



### Eucharistic Adoration

Tuesdays and Thursdays, following the 8 a.m. mass, and continuing until 7 p.m. First Saturday of the month following the 8 a.m. mass until 1 p.m.

**For additional information please call Joan at 335-3532.**



### Living the Word

Every Thursday 7:00 pm  
St. Paul's Rm.



### Lectio Divina & Taizé Prayer

Typically the 4th Thursday of every month, during our regular "Living the Word" meeting time. Please check parish calendar.



### Pray for our sick brothers & sisters

Joan Cotton, Larry Nelson, George Peres, Jennifer Burk, Julie Nelson, Nancy Carlson, Jonathan Rassmussen, Stacie Higginbotham, Sandi Lanz, Tom Bogetich, Joe and Sue Simon, Shirley Ward, Mary Silva, Cathy Quesinberry, Gloria Plog, J. Richard Heintz, Molly Garcia.



**REQUESTS  
— FOR —  
PRAYER**

**Note:** Please call the parish office to add a name.

# COMMUNITY

## NOURISH

***37th Annual Retreat for Mem-  
bers of the Legal Profession  
Silent Retreat for Women and  
Men // Friday, Feb 28, 4:00pm  
- Sunday, Mar 1, 2:00pm  
Fr. Eddie Fernandez, S.J.***



Center of Los Altos

Lent is an invitation to spend some quality time with Jesus in the desert, a spiritual place where God is often found. Spend quiet, focused time in prayer, experiencing the Lord who wants you not just to survive but to be refreshed, healed, and sanctified in your vocation to serve.

\*\*\*\*\*

*Healing and Forgiveness in the Gospels  
Silent Retreat for Women and Men // Fri-  
day, Mar 13, 4:00pm - Sunday, Mar 15,  
2:00pm  
Ms. Anne Grycz and Fr. Chi Ngo, S.J.*

Jesus was deeply moved with compassion and mercy in His encounters with those who came to Him seeking healing and forgiveness. He desired to liberate and call people to a new identity rooted in faith. We too yearn to be healed and forgiven as we encounter the Lord in our spiritual journeys so we may be grateful and generous. Spend a weekend examining the stories of healing and forgiveness that lead us to interior freedom and hope. For more information call (650) 917 4000 or email [retreat@jrclosaltos.org](mailto:retreat@jrclosaltos.org).

## WORD OF LIFE

“As disciples of Jesus, we are called to become neighbors to everyone (cf. Lk 10:29-37), and to show special favor to those who are poorest, most alone and most in need. In helping the hungry, the thirsty, the foreigner, the naked, the sick, the imprisoned—as well as the child in the womb and the old person who is suffering or near death—we have the opportunity to serve Jesus.”

*-Pope Saint John Paul II, Evangelium vitae, 87.  
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**PLEASE NOTE:** All articles for bulletin must be submitted **two Fridays prior to the bulletin you want your information in** to the Parish Bulletin  
Email: [parishbulletin@olaparish.net](mailto:parishbulletin@olaparish.net), with copy to our office manager, Ivan Florez [officemgr@olaparish.net](mailto:officemgr@olaparish.net). Thank you!

# INVITE

## ***Spiritual Highlights of Iberia, Lourdes & Italy - 20 Day Tour from Lisbon to Rome***

Take your Faith on a Journey with our Spiritual Highlights of Iberia, Lourdes & Italy You will enjoy this 20 day experience. May 29, 2020 - June 17, 2020.

Your included destinations while on this Journey: Lisbon, Portugal–Santarém–Fátima–Braga–Santiago De Compostela, Spain–Burgos–Loyola– Lourdes, France–Carcassonne–Montserrat, Spain–Barcelona–Rome, Italy- Excursion to Castel Gandolfo– Pietrelcina- San Giovanni Rotondo - Excursion To Monte Sant’angelo–Lanciano–Loreto–Assisi Area – Cascia–Rome. Plus, Mass and Rosary throughout your journey. Land prices begin at \$3059 per person, based on double occupancy. Deposit of only \$400 per person will reserve your space. Limited space available. For further info or to register, contact Michael or Eileen at 860-399-1785/  
[Eileen@CatholicCruisesandTours.com](mailto:Eileen@CatholicCruisesandTours.com).



**Are you...Unemployed?, Disabled?, On Social security?, Homeless?, In need?**

## GOD'S HELPING HANDS LAUNDRY DAY

Every 3rd Saturday | 9-11 am  
Lauderland | 3100 Fulton Ave.  
2 Loads wash & dry free  
Including Detergent

# DIOCESAN NEWS

***World Marriage Day Mass 2020***  
***Saturday February 15, 2020 11:00 am - 1:00 pm***

Cathedral of the Blessed Sacrament, Join us as we honor marriage and salute the beauty of faithfulness, sacrifice and joy in married life. During this Mass, there will be a special blessing for sacramentally married couples and an opportunity for them to renew their marital commitment. An informal reception will follow for couples and their families.

Special certificates will be distributed at the reception honoring couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+). If you have questions, call the Office of Family and Faith Formation at (916) 733-0133.



# STEWARDSHIP

## OFFERING

*For these gifts we are grateful!*

**Week of February 2**

Weekend Offertory:	\$15,142.51
Electronic Giving:	\$ 2,907.25
<b>Total:</b>	<b>\$18,049.76</b>
<b>Average Weekly Budget Amount:</b>	<b>\$12,500.00</b>

## SECOND COLLECTIONS

Thanks to your generous contribution, this weekend we have collected \$1,721.00 for our Youth Ministry.



Please gently take note of the upcoming second collections:

- ♦ March 21-22: Catholic Relief Services



Assisting people in need

### ***Be there for others through the Annual Catholic Appeal***

On the weekend of February 22, we will once again have the opportunity to walk with others as Jesus asks us to do. Together as Catholics, the Appeal is a way we can all help in a powerful way. Many of our sisters and brothers in the North State have endured catastrophic natural disasters. Others still struggle on the margins of communities. Let us remember them and that each of our gifts, no matter the amount, really do make a difference in someone's life. Please prayerfully consider what you can give this year.

## ONLINE GIVING

### ***Do You Use WeShare Online Giving?***



Did you know that you can print donation slips to put in the collection? It's simple! Just log in to your account and click on "Print Donation Slips" across the top. It will even put your name on it for you and you can print as many as you like! If you have any questions, please call Ivan Florez at the parish office.

## STEWARDSHIP THOUGHTS

### **5<sup>th</sup> Sunday in Ordinary Time      Stewardship Example**

*"Let your light shine before others, that they may see your good works and give glory to your Father who is in heaven." MATTHEW 5:16*

The generosity of being a good **Steward** of your gifts has a positive effect on people and it is contagious! Good works encourages more good works. Let your light shine! Be careful to recognize that God is working through you and don't put yourself above the people you have been called to help.

## STEWARDSHIP OPPORTUNITIES

### ***Volunteers Needed for Home Visitation Team***

Saint Vincent de Paul needs volunteers to staff its home visitation teams. We serve once every five weeks for two and one half hours per day to help people in need pay their rent of utility bills. With enough people on team, serving every day is not always necessary. This is a wonderful opportunity to volunteer and be part of our Parish ministries. Please contact Fran Rider at (916) 488 -4229, for more information.



### ***Volunteer Needed for Homebound Ministry***

The Homebound Ministry serves the needs of homebound persons unable to attend mass. It is a beneficial opportunity for the sick not only to receive communion but to have a nice visit from an OLA parishioner who cares. Please call Peggy at (916) 488-1982 if you are able to assist.

## STEWARDSHIP OF PRAYER



**Pope's Worldwide Prayer Network**



### ***Pope Francis' Prayer Intention for February***

#### ***Listen to the Migrants' Cries***

We pray that the cries of our migrant brothers and sisters, victims of criminal trafficking, may be heard and considered.

 <p><b>LYON</b> REAL ESTATE DIRECTOR 00443547</p> <p>916 484-5403</p> <p><i>Nancy Arndorfer</i> Parishioner</p> <p>cell: 838-1763 nancy@arndorfer.com</p>	<p><b>Jason Borg &amp; Associates, Inc.</b> <i>A Professional Law Corporation</i></p> <p><b>(916) 478-4234</b> www.jasonborglaw.com</p> <p>Family Law, Bankruptcy: Chapter 7 &amp; 13, Wills, Trusts &amp; Probate</p>	<p><b>CCC Remodel</b></p> <p>Residential &amp; Commercial Remodels <b>916-952-3410</b></p> <ul style="list-style-type: none"> <li>Handyman Service - All Skilled Trades</li> <li>Landscaping • Fencing</li> <li>Carpentry • Cabinetry • Electrical • Plumbing</li> </ul> <p><b>James D. Corfee - Parishioner</b> General Cont. Lic # 877363 JDCorfee@comcast.net</p>
<p><b>Sophie Dux Cleaning</b> New Clients: Book a 4 hr cleaning Non-toxic products get 1 hr <b>FREE!</b> 916-889-6941</p>	<p><b>James Marta &amp; Company</b> 701 Howe Avenue, Suite E3 Sacramento, CA 95825</p> <p><b>Tax • Accounting • Audit</b></p>	<p><b>CHRYSLIS COSMETICS</b> SACRAMENTOPLASTICS.COM</p> <p>Offering comprehensive plastic surgery services 785 University Ave Dr. Charles Perry <b>273-7435</b></p>
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