

WELCOME to OUR LADY OF THE ASSUMPTION CATHOLIC CHURCH!

Thank you for joining us today. We welcome you to our faith family and look forward to growing in faith and friendship with you. If you are interested in formally joining our parish community and/or the Catholic Faith, you can do so on-line or by coming in to the parish office. If you are returning to an active Catholic life, we are happy to facilitate a smooth and joy filled transition. May you find fellowship, peace and serenity in our community. Sincerely in Christ, Fr. Eduino, Pastor

CONTACT US

Parish Office

8:30 – 4:30pm, M-F

Closed 12:00 – 1:00pm, M-F

(916) 481-5115

5057 Cottage Way

Carmichael, CA 95608

www.olaparish.net

parish@olaparish.net



MASS SCHEDULE

Saturday Vigil: 5:00pm

First Saturdays: 8:00am

Sunday:

8:00, 9:30, 11:00 & 7:30pm

Weekday:

8:00am, Monday - Friday

Holy Days:

8:00am & 5:30pm

Our Mission Statement

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible around the world. We strive to build a sense of community among our parishioners, with the wider Diocesan community, and with the entire family of God.

Pastor

Rev. Eduino T. Silveira: pastor@olaparish.net

Pastors Emeriti

Rev. Brendan McKeefry & Rev. Michael F. Kiernan

Deacons

Michael Tateishi: deacon@olaparish.net

Paul Friedrich: deaconpaul@olaparish.net

Office Manager, Shannon Langer:

ministrycoordinator@olaparish.net

Parish Bookkeeper: 916-481-5115 ext. 203

Music Director, Casey Oliver: worship@olaparish.net

Faith Formation, Joan Cotton: faithformation@olaparish.net

Youth Minister, Johann Rubia-Miller: youth@olaparish.net

Building Maintenance, Earl Knight: maintenance@olaparish.net

Groundskeeper, Paul Narloch

ADVISORY COUNCIL CHAIRPERSONS:

Pastoral Council, Juan Yniguez

Liturgical Committee, Deacon Michael Tateishi

Finance Council, Joe Selewicz

Buildings & Grounds Committee, Paul Read

OLA PRESCHOOL – EIGHTH GRADE:

Principal: Robert Love

Vice Principal: Jeff Moore

K-8th: eaddy@olaparish.net, 489-8958

P-8th Admissions: eaddy@olaparish.net

P-8th Website: www.school.olaparish.net

Preschool Director, Yesenia Gutierrez: 916-485-1504

gutierrez@olaparish.net License No. 343616796

SACRAMENTS:

Baptism:

Required baptismal classes & scheduling, Deacon Michael

First Eucharist (child): Faith Formation

Reconciliation (child): Faith Formation

Confirmation (teen): Faith Formation

Marriage: Contact office six months in advance.

Reconciliation: Saturdays at 3:30pm or by appointment.

Anointing of the Sick: Contact Pastor to request.

Eucharist for Homebound Parishioners: Call office.

Eucharistic Adoration: T/Th after 8:00am Mass until 7:00pm

RCIA - RITE OF CHRISTIAN INITIATION OF ADULTS

(unbaptized or uncatechized) If you are interested in

learning more about the Catholic Faith, you are welcome

to join this year-round process at any time by contacting

Deacon Michael.

ST. VINCENT DE PAUL SOCIETY:

Provides assistance for those in need within our parish

boundaries. Please call: 916-481-6352

✠ **HEARING ASSISTANCE DEVICES:** Ask Usher



September 8, 2019

Twenty-third Sunday in Ordinary Time

"Whoever does not carry his own cross and come after me cannot be my disciple."

Lk 14:27

MASS INTENTIONS

SATURDAY, SEPTEMBER 7

8:00am Ann Neuhaus † Eric Neuhaus
5:00pm Gino & Jo Bertolucci † Bertolucci Family

SUNDAY, SEPTEMBER 8

8:00am Souls in Purgatory † Anonymous
9:30am Geoff Kleven † Messner Family
11:00am Paul Hickey † Abbes Family
7:30pm OLA Parishioners

MONDAY, SEPTEMBER 9

St. Peter Claver, Priest

8:00am Souls in Purgatory † Anonymous

TUESDAY, SEPTEMBER 10

8:00am Ed Campini † Chambers Family

WEDNESDAY, SEPTEMBER 11

8:00am Alvaro Moniz † Anonymous

THURSDAY, SEPTEMBER 12

8:00am Dale & Arlene Fuller † Portillo Family

FRIDAY, SEPTEMBER 13

St. John Chrysostom, Bishop, Doctor of the Church

8:00am Fr. Ted Wroblicky † KofC #4970

SATURDAY, SEPTEMBER 14

The Exaltation of the Holy Cross

5:00pm Fred Baca † Baca Family

READINGS FOR THE WEEK

MONDAY, SEPTEMBER 9

Col 1:24-2:3; PS 62:6-7, 9; Lk 6:6-11

TUESDAY, SEPTEMBER 10

Col 2:6-15; PS 145:1b-2, 8-9, 10-11; Lk 6:12-19

WEDNESDAY, SEPTEMBER 11

Col 3:1-11; PS 145:2-3, 10-11, 12-13ab; Lk 6:20-26

THURSDAY, SEPTEMBER 12

Col 3:12-17; PS 150:1b-2, 3-4, 5-6; Lk 6:27-38

FRIDAY, SEPTEMBER 13

1 Tm 1:1-2, 12-14; PS 16:1b-2a and 5, 7-8, 11; Lk 6:39-42

SATURDAY, SEPTEMBER 14

Nm 21:4b-9; PS 78:1bc-2, 34-35, 36-37, 38; Phil 2:6-11; Jn 3:13-17

SUNDAY, SEPTEMBER 15

Ex 32:7-11, 13-14; PS 51:3-4, 12-13, 17, 19; 1 Tm 1:12-17; Lk 15:1-32

PARISH CALENDAR

SATURDAY, SEPTEMBER 7

12:00pm Tay Reed Funeral, Church
1:30pm Reed Funeral Reception, St. John's Hall

SUNDAY, SEPTEMBER 8

7:30am OLA Men's Bball, Parish Hall
8:30am Boy Scouts Popcorn Sales, Portico
9:30am Parish Mass (5th Grade), Church
10:30am Flame Meeting, St. Paul's Room
12:00pm Group Baptism, Church
6:00pm Adult Bball (SP), Parish Hall

MONDAY, SEPTEMBER 9

3:00pm Girl Scouts Troop 3097 Mtg, St. John's Hall
4:00pm Christian Meditation, Church
4:30pm OLA Vball Practice, Parish Hall
6:00pm Women's Book Club, St. Paul's Room
6:30pm Boy Scouts Troop 328, St. John's Hall
7:00pm Gabriel Project Meeting, St. Anne's Room
7:00pm Sacto. Choral Society, Church

TUESDAY, SEPTEMBER 10

3:10pm Young Rembrandt's, St. Paul's Room
6:30pm Knights of Columbus Mtg., St. John's Hall
6:30pm B&G Meeting, St. Paul's Room
6:30pm Cub Scouts Wolf Den Meeting, Library

WEDNESDAY, SEPTEMBER 11

8:45am Legion of Mary Meeting, St. Paul's Room
4:30pm OLA Vball Practice, Parish Hall
6:00pm Youth Music Rehearsal, Church
7:00pm Adult Music Rehearsal, Church

THURSDAY, SEPTEMBER 12

3:30pm SVdP Meeting, St. John's Hall
6:15pm Girl Scouts Troop 103 Mtg., St. John's Hall
6:30pm Cub Scouts Bear Den Mtg., Library
7:00pm Living the Word, St. Paul's Room

FRIDAY, SEPTEMBER 13

No Events Scheduled

SATURDAY, SEPTEMBER 14

9:30am Legion of Mary Curia Mtg., St. Paul's Room

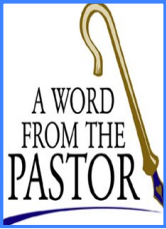
**Hearing
Assistive
Devices
Available**

Please ask an Usher for assistance



OUR PARISH

Stop, pray, listen, change the world...



This is the theme that our school students are working on this year and this is advice that Jesus gives us also for this Sunday. He says that before we do anything we should stop and calculate the cost and what steps we need to take before we act and make decisions. The First reading reminds us that all good wisdom and good counsel comes from God through His Holy Spirit. Before we act we should pray and seek the guidance of the Holy Spirit. This was the advice that St John Paul II followed all his life at the advice of his father.

PARISH NEWS & EVENTS

Rite of Christian Initiation for Adults

Are you interested in becoming Catholic? Do you need to complete your sacraments of Eucharist and/or Confirmation? RCIA will be started a new group soon! Please email Deacon Michael at deacon@olaparish.net or call him at 916-486-9485 to get started today!

Science vs Spirituality—REVISED

Are they incompatible? - Do they meet or agree?

September 18, 2019 from 6-8pm at St. John's Hall

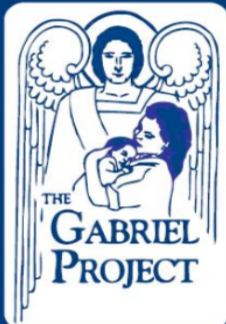
With Dr. Michal Duveneck, Ph. D.

Festival Dinner, 6pm, Parish Hall Saturday, November 2nd:

It's not quite October, but that's just a day! Come celebrate Oktoberfest anyway!

WEEKLY ACTIVITIES

Christian Meditation Group. In an age of rush and noise, it is essential that we find time to be still and quiet. "Be still and know that I am God," says the Psalmist. In this prayer of silence called Christian Meditation we find God who dwells in our own heart. And, in finding Him, we find our own selves and thus, are renewed. A Christian Meditation Group regularly meets Mondays at 4:00pm in the Chapel. Please call Fran at 488-4229 to learn more about this program.



**Pregnant?
Worried?
Need Help?**

*You are not alone.
We can help.*

**The Gabriel Project
Call: 800-910-0191**

OUR MINISTRIES



The OLA Ministry Fair will be Saturday, September 21 and Sunday, September 22 after each mass. Representatives from our parish ministries and councils will be available to answer questions and to help you get involved. Refreshments will be served. Please join us!

P.E.R.T. Club

New to the parish? Retired? Single or married? Want to meet other retirees for monthly social, potluck, games and occasional outings? Check out OLA's PERT (People Enjoying Retirement Together) Club. We meet at 11:00am on the Please call George at 916-483-7194, if you have any questions.

The Gabriel Project

The Gabriel Project is our new Parish-based program to help pregnant women in crisis. The mission of the Gabriel Project is to offer support to pregnant mothers and their infants by providing for their spiritual, emotional and material needs.

If you'd like to learn more please call our GP Coordinators Carolyn Albers 916-296-2675 or Judith Beck 916-485-6687.

Legion of Mary

The Legion of Mary is an international evangelical organization dedicated to the Immaculate Heart of Mary. There are weekly prayer meetings each Wednesday at 8:45am following the 8:00am morning Mass, in St. Anne's Room Room (in parish office).

Interested? Please call Maggie at 483-6897 or the parish office at 916-481-5115.

SCHOOL & YOUTH MINISTRY

SCHOOL NEWS & EVENTS

OLA parish spirit wear webstore is open!

Sales end Sunday, 9/15 (*no exceptions*)

A portion of every purchase supports the school!

[https://
ourladyoftheassumptionapp2019.itemorder.com](https://ourladyoftheassumptionapp2019.itemorder.com)



Come one and Come all!!!

This year's auction will be a blast from the past. We want to bring you back to your youth, 80's style. Let's take those old records off the shelf and dance the night away. This year, with the construction we needed to move off site. What that means is there will be a DJ there for during and after the auction.



YOUTH MINISTRY NEWS

Meetings are held in the Youth Room

Grades 7 & 8: Wednesdays, 7:00pm-8:30pm



Grades 9 - 12: OLA's Life Teen Mass every Sunday at 11am followed by group meeting from 12-1:30pm

For more information about Youth Groups, please contact OLA's Youth Minister, Johann Rubia-Miller at (916) 481-5115 or Email: youth@olaparish.net

YOUTH CHOIR & ENSEMBLE

Do you like to sing? Do you play an instrument? Please consider joining the OLA Youth Choir and Ensemble! This group is open to all OLA school and parish students grades 3-8.

Questions? Please email Casey Oliver, Music Director, at worship@olaparish.net. Thank you!

POPE'S TALKS TO YOUTH

"Jesus' love goes before us, **his look anticipates our needs**. He can see beyond appearances, beyond sin, beyond failures and unworthiness. He sees beyond our rank in society. He sees beyond this, to our dignity as sons and daughters, a dignity at times sullied by sin, but one which endures in the depth of our soul. **He came precisely to seek out all those who feel unworthy of God, unworthy of others.**"

"Whatever you do, do not become the sorry sight of an abandoned vehicle! Don't be parked cars, but dream freely and make good decisions. Take risks, even if it means making mistakes. Don't go through life anesthetized or approach the world like tourists. Make a ruckus! Cast out the fears that paralyze you, so that you don't become young mummies. Live! Give yourselves over to the best of life! Open the door of the cage, go out and fly! Please, don't take an early retirement."

*Homily at Plaza de la Revolución, Holguín - Cuba
Monday, 21 September 2015*

SPIRITUAL GROWTH

SOMETHING TO PONDER ON

How I Pray

...I confess that personal prayer has accompanied me through the years, steadily and usually daily. Often it was careless, poorly prepared, skimmed, rushed and so on. But it has also been a source of depth, joy, strength and I dare say love. That has been particularly true in this year of serious illness, probably because I had the time and the quiet to enjoy the presence of God. St Ignatius of Loyola surprises people with his claim that consolation is normal and desolation abnormal. He implies that God delights in people, as the Bible says. All I can say is that my everyday times of silence (never very lengthy, often just 30 minutes) have left me blessed and ready for life. And yet they are hard to describe or communicate for others. I usually started from some 'self-gathering'. The other constant was some starting point in scripture. Often just a phrase or two. Enough to awaken a sense of promise and of presence. Then sometimes it was enough to rest there, to let the heart learn its own way. But the scope of prayer is not rest, but movement, change, transformation, ultimately love learned from the action of the Spirit. Before concluding, and following the guidance of Ignatius again, I usually made it more conversational, as if speaking to Our Lady or Jesus or the Father (or some of the Saints). The focus here is to ask more concretely to live what I have glimpsed in the gift of being with God in prayer.

~Excerpted from Into Extra Time - Living Through the Final Stages of Cancer and Jottings Along the Way by Michael Paul Gallagher SJ

QUESTIONS OF THE WEEK

Question for Children: Jesus says that in order to be one of his followers, we must be close to him. When do you feel closest to Jesus?

Question for Youth: Jesus tells his disciples that they must renounce their possessions in order to be His disciple. If you had to, could you leave everything behind to be with God? What would hold you back? How much of a struggle would it be?

Question for Adults: Today's Gospel is demanding. How do you as a modern man or woman "denounce your possessions?" What does this mean for you?

POPE FRANCIS TWEETS



Pope Francis 
@Pontifex

"May God, the lover of life, grant us the courage to do good without waiting for someone else to begin, or until it is too late."



September 2, 2019

OPPORTUNITIES TO PRAY

"Pray without ceasing."

1 Thessalonians 5:17



Prayers for Peace

The Legion of Mary has a statue of Our Lady of Fatima for parishioners to host her at their homes, and commit to pray for peace in her presence.

For information, please call Maggie Mongeau at 483-5807 or the Parish office 481-5115.

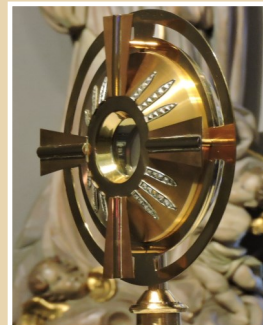
We will deliver it so you can offer your prayers in this time of great need.



Eucharistic Adoration

Tuesdays and Thursdays, following the 8 a.m. mass, and continuing until 7 p.m. First Saturday of the month following the 8 a.m. mass until 1 p.m.

For additional information please call Joan at 335-3532.



Living the Word

Every Thursday 7:00 pm
St. Paul's Room



Lectio Divina & Taizé Prayer

Fourth Thursday of every month, during our regular "Living the Word" meeting time.



PRAYER INTENTIONS

In Our Thoughts & Prayers

Please hold in your prayers our parishioners and friends:

- * Joan Cotton
- * Molly Garcia
- * Tom Bogetich
- * Kierston Cash
- * Deb Giglio
- * Larry Nelson
- * Patrick John Harris

Note: Please call the parish office to add a name.

COMMUNITY

NOURISH

***Praying with the Saints //
Silent Retreat for Women
and Men // Friday, Sep 27,
4:00pm through Sunday,
Sep 29, 2:00pm.***

Join Fr. Kevin Leidich, Fr. Andrew Rodriguez and Ms. Cris Goodman to learn from the saints and to follow in their footsteps.

***Encountering God in Prayer // Non-silent
Workshop for Women and Men // Friday,
Oct 4, 4:00pm through Sunday, Oct 6,
2:00pm***

Together with Fr. Chi Ngo, S.J. and Fr. Andrew Rodriguez, S.J. We learn to recognize God's voice by being centered in the sacred presence, by listening, and by being receptive to our Creator's graces.

For more information call (650) 917 4000 or email retreat@jrclosaltos.org.



INVITE



***Christ the King Passionist Retreat Center
2nd annual Autumn Splendor Gala // Satur-
day, October 5, 2019, 4:00 pm – 10:00 pm.***

Cost: \$125 pp. Tickets can be purchased online at www.christthekingretreatcenter.org, by phone, or on site. Donation of items for Silent and Live auction appreciated. For more information contact Sandra Gill 916-725-4720, ext. 302.

***50th Reunion for All Catholic High
Schools- St. Francis, Jesuit, Christian
Brothers, Loretto & Bishop Manogue.
Saturday, Oct. 12, 2019.***

Purchase tickets at www.stfrancishs.org/1969 or contact Marie Booth at 916-715-5756 for more info.

WORD OF LIFE

***Dr. Bernard Nathanson on Why He Stopped
Doing Abortions***

"I ran the largest abortion clinic in the world for 2 years. I had no conflicts whatsoever at the time I was doing the abortions. I changed my mind because the new scientific data which we were getting from advanced technology persuaded me that we could not indiscriminately continue to slaughter what was demonstrably a human being."

Interview with Bernard Nathanson, M.D., 1986 (the most famous abortionist in history)

"In its seventh week [the unborn baby] bears the familiar external features and all the internal organs of the adult....The brain in configuration is already like the adult brain and sends out impulses that coordinate the functions of other organs....The heart beats sturdily. The stomach produces digestive juices. The liver manufactures blood cells and the kidneys begin to function by extracting uric acid from the child's blood....The muscles of the arms and body can already be set in motion. After the eighth week....everything is already present that will be found in the full-term baby."

DIOCESAN NEWS

***Fr. Tolton Play at Ministry Days
September 26th, 2019***

Come join us as we present, "Tolton: From Slave to Priest" on Thursday, September 26 at St. Francis Catholic High School in Sacramento. The play tells the story of Venerable Fr. Augustus Tolton, the first African American Catholic priest. A young Augustus Tolton desired to be a priest but was not accepted to any seminaries in the United States because he was black. He travelled to Rome where he studied for the priesthood and later ordained in 1886. He returned to the United States where he started St. Monica's Parish in the South Side of Chicago. "Tolton" is a powerful multi-media live production, filled with music, drama and inspiring performances. Tickets are \$35 and include a cocktail hour. Register at www.ministrydays.com

PLEASE NOTE: All articles for bulletin must be submitted **two Fridays prior to the bulletin you want your information in** to the Parish Bulletin Email: parishbulletin@olaparish.net, with copy to our secretary, Shannon Langer ministrycoordinator@olaparish.net. Thank you!

STEWARDSHIP

OFFERING

Week of September 1
For these gifts we are grateful!

Weekend Offertory:	\$11,509.42
Electronic Giving:	\$ 2,562.25
Total:	\$14,071.67
Average Weekly Budget Amount:	\$12,500.00

SECOND COLLECTIONS

Please gently take note of the upcoming second collections:

September 28/29 St. Vincent de Paul Society
October 19/20 World Mission Sunday
November 2/3 Youth Ministry
November 9/10 Archdiocese of the Military Collection
November 23/24 Catholic Campaign for Human Development
December 7/8 Retirement Fund for the Religious
December 28/29 St. Vincent de Paul Society

Diocesan Collection for Priest Retirement September 7th/8th

There will be a second collection—the Diocesan Collection for Priests Retirement—at all Masses this weekend. This is our opportunity to take care of the faithful and dedicated priests who have spent their lives caring for our spiritual and sacramental needs within our Diocese. If you are not prepared this weekend, there are envelopes in the vestibule for you to take home. Simply return the envelope in the offering next week. Thank you for your support of our parish priests.

ONLINE GIVING

Do You Use WeShare Online Giving?



Did you know that you can print donation slips to put in the collection? It's simple! Just log in to your account and click on "Print Donation Slips" across the top. It will even put your name on it for you and you can print as many as you like! If you have any questions, please call Shannon at the parish office.

STEWARDSHIP THOUGHTS

23rd Sunday in Ordinary Time
Renounce Possessions

Stewards

"Everyone of you who does not renounce all his possessions cannot be my disciple." LUKE 14:33

When we first hear this statement, it seems that Jesus is making an unrealistic demand upon us. How can we renounce all of our possessions? We need them to live. However, what we must renounce is the belief that they belong to us. Everything that we have belongs to God alone. All of our resources are entrusted to us not only for our own use, but also so that we can help others. Once we renounce the idea that we possess or are entitled to anything, it is much easier to live **Stewardship** and share the many gifts that God has given us. Then we truly are His Disciples.

STEWARDSHIP OPPORTUNITIES



Where do you fit in?

Do you feel called to serve in Church? Maybe you've wondered how to become a lector or extraordinary minister of Eucharist? Do you feel called to greet your fellow parishioners as they enter the church? Did you know that to become a lector you only need to be 13 and confirmed? Or to serve as an extraordinary minister of Eucharist you only need to be 16 and confirmed? Would you prayerfully consider being part of these ministries or sign your family up to greet once a month at your chosen Mass? We'd love to have you because we are ALL part of this Church! Call the parish office and speak to Shannon for more information on how to be trained for your chosen ministry. We would love to welcome more people to participate in the liturgy, our greatest prayer!

SUNDAY READINGS SYNOPSIS

Who can comprehend the Lord's ways or conceive what the Lord intends (1)? True wisdom leads us to acknowledge our limitations (a matter of "calculation") and our idols of materialism as we seek to follow the Lord without reservation (3). True discipleship calls us to forgive those who have wronged us (2). May we gain the wisdom of heart (Ps) to discern more fully our call to take up the cross of Jesus.

 <p>LYON REAL ESTATE 916 484-5403 <i>Nancy Aradorfer</i> Parishioner cell: 838-1763 nancy@aradorfer.com</p>	<p>Jason Borg & Associates, Inc. A Professional Law Corporation (916) 478-4234 www.jasonborglaw.com Family Law, Bankruptcy: Chapter 7 & 13, Wills, Trusts & Probate</p> <p> James Marta CPA 993-9494 parishioner</p>	<p>CCC Remodel Residential & Commercial Remodels 916-952-3410 • Handyman Service - All Skilled Trades • Landscaping • Fencing • Carpentry • Cabinetry • Electrical • Plumbing James D. Corfee - Parishioner General Const. Lic # 877387 jdcorfee@comcast.net</p>
<p>Sophie Dux Cleaning New Clients: Book a 4 hr cleaning Non-toxic products get 1 hr FREE! 916-889-6941</p>	<p>Tax • Accounting • Audit James Marta & Company 701 Howe Avenue, Suite E3 Sacramento, CA 95825</p> <p> CHRYSALIS COSMETICS SACRAMENTOPLASTICS.COM Offering comprehensive plastic surgery services 785 University Ave Dr. Charles Perry 273-7435</p>	<p>RICHARD F. STRAWN II CPA 333 University Avenue, Suite 200 Sacramento, CA 95825 (916) 565-7424</p> <p> EMIGH ICE Hardware 3655 El Camino Avenue, Sacramento, CA 95821 916-482-1800 www.emigh.com</p>
<p> Photo by Danielle Evans DANIELLE EVANS • (916) 844-5343 bloomphotographyca.com</p>	<p> 24 HOUR NATIONAL PREGNANCY HELP HOTLINE: 1-800-712-4HELP (4357) www.pregnancyhelp.org</p> <p>The last three best BURIAL PLOTS @ Calvary Catholic Cemetery For Sale by owner. Call Pierce Rooney: 916-591-2335</p>	<p> THE LAW OFFICE OF ANTHONY J. GARAFOLA Revocable Trusts • Wills Estate Planning Health Care Directives Powers of Attorney Full Service Business & Civil Law Practice 916.481.7777 anthonylaw.com</p>

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<p>Aloha! In-Home Caregiver Call Linn: 916-410-8726</p>	<p>Join the 5pm weekdays on Relevant Radio</p>	<p>Know someone who'd like to advertise their business in our bulletin??? Ask them to call for info AND if they sign up, you receive a "cash referral REWARD" Call Isabelle for details: 916-921-8584.</p>	<p>Pray for Vocations & Eat Ice Cream! 15% OFF all cones 1st Choice Creamery 2333 Arden Way • 920-8382</p>
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<p>Medicare questions? We've got answers! Discover New Options! 916.581.1050 Sandra Stevens, parishioner www.sandystevensadvisors.com</p>	<p>Medicare questions? We've got answers! Discover New Options! 916.581.1050 Sandra Stevens, parishioner www.sandystevensadvisors.com</p>	<p>Medicare questions? We've got answers! Discover New Options! 916.581.1050 Sandra Stevens, parishioner www.sandystevensadvisors.com</p>	<p>Medicare questions? We've got answers! Discover New Options! 916.581.1050 Sandra Stevens, parishioner www.sandystevensadvisors.com</p>