



# OUR LADY OF THE *Assumption* PARISH

5057 COTTAGE WAY  
CARMICHAEL, CA 95608  
(916) 481-5115  
WWW.OLAPARISH.NET  
PARISH@OLAPARISH.NET

**“**

**UNFURL THE  
SAILS, AND LET  
GOD STEER US  
WHERE HE WILL.**

**”**

**PATRON OF SCHOLARS**

**- ST. BEDE THE VENERABLE**

## Regular Mass Schedule

8:00 a.m. daily Masses  
(Monday-Friday and  
first Saturday)

Saturday vigil Mass  
at 5:00 p.m.

Sunday Masses at 7:30 a.m.,  
9:00 a.m., 11:00 a.m.,  
and 7:30 p.m.

Holy Days of Obligation:  
8:00 a.m. and 5:30 p.m.

**Confessions are heard inside  
the church on Saturday  
afternoons at 3:30 pm.**

You may also call the parish office to  
schedule an appointment.

Please visit our website and  
subscribe to Flocknote for more  
information about our parish,  
ministries, and upcoming events.

[www.olaparish.net](http://www.olaparish.net)



[flocknote.com/olaparish](http://flocknote.com/olaparish)

**Sunday, January 14, 2024**

Bulletin for the  
**Second Sunday in Ordinary Time**

**Pastor**

Rev. Eduino T. Silveira  
[pastor@olaparish.net](mailto:pastor@olaparish.net)

**Pastors Emeriti**

Rev. Brendan McKeefry &  
Rev. Michael F. Kiernan

**Deacon**

Paul Friedrich  
[deaconpaul@olaparish.net](mailto:deaconpaul@olaparish.net)

## PARISH OFFICE HOURS

Monday - Friday  
8:30 a.m. - 2:30 p.m.

## OLA PARISH SCHOOL

**PRESCHOOL - EIGHTH GRADE**

(916) 489-8958

School Website: [school.olaparish.net](http://school.olaparish.net)

Principal: Robert Love

## OLA ST. VINCENT DE PAUL SOCIETY

*Provides assistance for those in need  
within our parish boundaries.*

Please call: (916) 481-6352

Monday - Friday | 9:00 a.m. - 11:00 a.m.

Food Locker hours of operation  
are Tuesday and Thursday mornings  
from 10:00 a.m. - 12:00 p.m.

**You are invited to follow OLA Parish on  
Facebook, Instagram, and YouTube!**



[facebook.com/OLAParish](https://facebook.com/OLAParish)



[instagram.com/ola\\_parish\\_ca](https://instagram.com/ola_parish_ca)



[youtube.com/@OLAParishCA](https://youtube.com/@OLAParishCA)

## GOSPEL MEDITATION

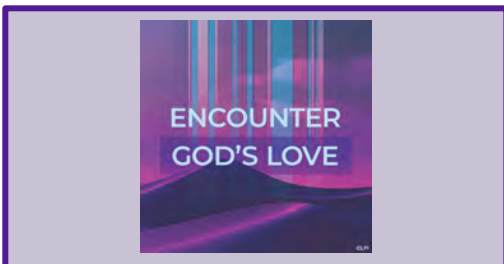
### 2<sup>nd</sup> Sunday in Ordinary Time

As a priest, I'm amazed how happily married couples remember the tiniest details of their earliest encounters. They effortlessly report things like: "he wore a blue shirt," "we ordered brussels sprouts," "her hair was up in a bun," and "he spilled shrimp cocktail sauce at my family's open front door when it was ten degrees below zero," (that one's courtesy of my mom). We delight in remembering and speaking of when our new life of love began. The little details are glorious reminders that it's all real.

It's similar for John the Apostle. He tells us of the two disciples who followed Jesus into his house, **"...they stayed with him that day. It was about four o'clock in the afternoon."** Why does that tiny detail matter? Because that's the time of day when they encountered the love of Jesus the Messiah in their lives. Our religion is not primarily about abstract truths about God, no matter how true or sublime. It is about God meeting and saving us in our human nature. It's about a human relationship.

What was the time of day when you first recall encountering Christ and his Church? Who was there? What did you feel? How did things look and smell? What happened? Take some time to recall it in detail. For me, it was inside an old, rickety church on a hillside in Jerome, Arizona. It was about 9 p. m. on a Saturday evening. I was with my friends Jenny, Brad, and Laura. We were praying, singing, and laughing. When was it for you? Remembering the details isn't empty nostalgia. It reminds us now that God's love for us in our humanity is real.

Father John Muir ©LPi



For those in our community who have passed away...

Rita Gollbach  
Joyce Kaniff

**Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.**

**Amen.**



## PRAY FOR OUR SICK BROTHERS & SISTERS

### Bulletin Sick List Policy

**To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list.**

Once a name is added, it will be removed either when requested OR after six months. Names will then be removed *unless there is a specific request to keep the name on the list for longer.*

To add a name, remove a name, or If a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email [parish@olaparish.net](mailto:parish@olaparish.net).

Thank you.

Lisa Coffman

Theda Lord

Tomasa Washington

Ryan Daniels

Donna Blaschke (wife)

Donna Blaschke (mother)

Alice Mayer Govaars  
(baby)

Rachel Carrasco

Esther Paulos

Cole Miller Whitney (baby)

Cheryl Jones

Jonathan Whitfield

Wesley Villariza

Charlie Wetherall

Tom DeAnda

Lawrence Wilhelm

Camille Peter

Donna Deterding Parks

Yolande De Forge

Justin Langstroth

**Call the parish office to add a name or to remove a name from this list.**

### OLA Communications Information

BULLETIN WEEKEND  
DATES

ARTICLE  
DUE

DEADLINES

Jan 27-Jan 28

Jan 19

Feb 3-Feb 4

Jan 26

Feb 10-Feb 11

Feb 2

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at <https://olaparish.net/communications-committee>. All communications requests are subject to approval by Father Eduino. **For general questions or bulletin requests, you may also send an email to [communications@olaparish.net](mailto:communications@olaparish.net).**



## PARISH STAFF

### Pastor

Rev. Eduino T. Silveira | pastor@olaparish.net

### Deacon

Paul Friedrich | deaconpaul@olaparish.net

### Parish Office

Lorraine Messerer | officemgr@olaparish.net

### Worship and Communications

Casey Oliver | worship@olaparish.net

### Faith Formation

Tracy Urban | faithformation@olaparish.net

### Youth Ministry

Johann Rubia-Miller | youth@olaparish.net

## ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

## OLA SCHOOL

Principal: Robert Love

Vice Principal: Hellen Brassfield

Admissions: Elisabeth Gustorf  
advancement@olaparish.net

General Questions: Donna Eaddy  
eaddy@olaparish.net

## PARISH MISSION STATEMENT

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

## Observances for the week of

January 14, 2023

Sunday: 2nd Sunday in Ordinary Time  
Monday: Martin Luther King Day  
Tuesday:  
Wednesday: St. Anthony, Abbot  
Thursday: January 18-25: Week of Prayer for Christian Unity  
Friday:  
Saturday: St. Fabian, Pope and Martyr; St. Sebastian, Martyr  
Next Sunday: 3rd Sunday in Ordinary Time

©LPI



## Weekly Mass Intentions

**SATURDAY, JAN 13**

**5:00 PM † Molly Garcia**  
by the Garcia family

**SUNDAY, JAN 14**

**7:30 AM † Shane Barnes**  
**9:00 AM † Jorge Silveira**  
by Frank Mooney

**11:00 AM † Dorothy Poprac**  
by Marie Mauer

**7:30 PM All Parishioners (Missa Pro Populo)**

**MONDAY, JAN 15**

**8:00 AM † Vasco Faria and family**

**TUESDAY, JAN 16**

**8:00 AM †† Francisco and Adelina Sousa**

**WEDNESDAY, JAN 17**

**8:00 AM † Helen Gregorio**

**THURSDAY, JAN 18**

**8:00 AM † Bill Paganetti**  
(father of Candace Lucchetti)  
by OLA School

**FRIDAY, JAN 19**

**8:00 AM †† Fernando and Mary Garcia**

**SATURDAY, JAN 20**

**5:00 PM † Fred and Lizz Baca**  
by Carmy and Tina Baca  
† Patrick Joseph McNamee  
by Kate Walsh



©LPI

## JOIN OUR OLA COMMUNITY

**Are you attending Mass regularly at Our Lady of the Assumption Church but not registered?**

Register today as a parishioner! Go online to <https://olaparish.net/community/register-us> or scan the QR code.



You may also call or visit the parish office for assistance.

# Thank you!

FOR THESE GIFTS WE ARE GRATEFUL

Weekend Offertory 1/7/24	\$ 9,946.92
E-Giving 1/1/24 to 1/7/24	\$ 8,744.49
<b>Total:</b>	<b>\$18,691.41</b>



We encourage our parishioners to enroll in our automated donation program called **WeShare**. This program provides a convenient way to make your donations to our church from the comfort of your home. To enroll please follow these simple steps: Go to <https://olaparish.net> and click on Donate. This will take you to our "Contribute" page, where you will find the **WeShare** link to enroll and donate. Current WeShare customers with questions about their account can access customer support.

**WeShare Donor Support** Phone: (877) 316 0260 or go to <https://www.wesharegiving.com/support/>

**Help OLA continue its mission  
by making a special gift today!**

### CASH + CHECK

Checks payable to  
Our Lady of the Assumption Parish or  
Our Lady of the Assumption School

### ONLINE

Please visit <https://olaparish.net/contribute>  
or scan our QR Code.



### STOCK or PLANNED GIFTS

Please contact Elisabeth Gustorf, Advancement Director, at [advancement@olaparish.net](mailto:advancement@olaparish.net) or at (916) 489-8958 ext. 170.

Our Lady of the Assumption is a 501(c)(3) organization.  
All gifts are tax deductible as allowed by the law.  
Tax ID number is #45-3954215

## PARISH CALENDAR

### Sunday, Jan 14

**Masses: 7:30 am – 9:00 am – 11:00 am – 7:30 pm**

**10:15 am** Faith Formation – Bannon Hall & St. John's Hall

### Monday, Jan 15

**8:00 am** Mass

**7:00 pm** Gabriel Project – Affinito Hall Rm. 3

### Tuesday, Jan 16

**8:00 am** Mass

**8:30 am – 7:00 pm**

Exposition of the Blessed Sacrament in the Church

**10:30 am** PERT Club – St. John's Hall

**4:00 pm** Liturgy Committee – St. Paul's Room

**4:30 pm** PAL Host Varsity Basketball – Affinito Hall

**7:00 pm** Baptism Class – St. Paul's Room

### Wednesday, Jan 17

**8:00 am** Mass

**6:00 pm** Catholics in Recovery – St. Anne's Rm.

**6:30 pm** RCIA – Affinito Hall Rm. 3

**6:30 pm** OLA School Info Night – St. John's Hall

### Thursday, Jan 18

**8:00 am** Mass

**8:30 am – 7:00 pm** Exposition of the Blessed Sacrament in the Church

**7:00 pm** Living the Word – Affinito Hall Rm. 3

### Friday, Jan 19

**8:00 am** Mass

**10:00 am** Rita Gollbach Funeral Mass – Church

**11:00 am** Funeral Reception – St. John's Hall

**1:00 pm** Joyce Kaniff Funeral Mass – Church

### Saturday, Jan 20

**3:30 pm** Confessions – Church

**5:00 pm** vigil Mass

We  love  
having you as part of our flock



Keep in touch  
with us via  
email & text



Sign up for our parish Flocknote emails and Flocknote Engage educational resources at <https://olaparish.flocknote.com/>, or by scanning the QR code. If you have any questions about Flocknote, or if you need help accessing the Flocknote Engage educational resources, please contact Casey Oliver at [worship@olaparish.net](mailto:worship@olaparish.net).

**Beginning this year, 2024, we are transitioning to the Flocknote People database.** This will give us much improved functionality, and you will be able to update your personal information, easily access giving records, and so much more!

**Aren't signed up for OLA Parish Flocknote yet? We can help you!** We will be assisting people with sign ups in person beginning the first weekend of February during our parish ministry fair. Saturday February 3<sup>rd</sup> and Sunday, February 4<sup>th</sup>.

## PARISH AND SCHOOL NEWS

### Important Message: Tax Letters

We have a few changes to the mailing of 2023 tax letters. **Due to technical issues with our database, we will not be able to send letters to those who used WeShare to donate.** You can access this information by logging into your account. Go to our parish website and click on Donate. This will take you to our "Contribute" page, where you will find the WeShare link. You will then see a link to Recurring / One Time Offering. Click on that, and it will bring you to the "Sign In" page. **For those who donated using church envelopes or by check, you will receive your letter in the mail.** Because of the database issues, you may have missing donations. If that is the case, please contact the office and we will assist you.

Please note that per the IRS, your donation checks are recognized on the date of the deposit and not the date you had on the check. So, those checks that were received the week after Christmas will be seen on your 2024 tax letter.

We are sorry for any inconvenience. The good news is that we are in the process of getting a new database through Flocknote People. More information to come. Thank you all for your generosity in 2023.

### OLA Pasta Dinner Information

**Join us for the annual Pasta Dinner on Saturday, February 10th.** Doors open after the 5 p.m. vigil Mass, and dinner will be served at 6:30 p.m. Menu includes Mama Cesario's Amazing Meatballs, pasta and sauce, salad, garlic French bread, and Leatherby's Ice Cream for dessert.

All are welcome! The dinner is free of cost, but donations are appreciated. **Please RSVP by Monday, February 5th. Flyers with the RSVP form are available in the church and in the parish office.**

You may also RSVP online by visiting our parish website [www.olaparch.net](http://www.olaparch.net), or by scanning the QR code.



### Crab Feed Save the Date



OLA CRABFEED

*Save the Date*

Saturday, February 24, 2024

Affinito Hall

**Tickets are \$75 and go on sale 1/22/24.**

Proceeds from the Crab Feed support the OLA School 8<sup>th</sup> grade class trip to Washington, D.C.

## OLA Youth Ministry Winter Coat Drive



Thank you to all who donated last weekend! **Youth Ministry will still be hosting their Winter Coat Drive after the Sunday morning 9 am and 11 am Masses this Sunday January 14<sup>th</sup>.** They are accepting coats, blankets, and gloves to support the unsheltered of Sacramento. **On Sunday, 1/28, members of Youth Ministry will be distributing all of your generous donations downtown. Youth grades 7-12 are welcome to participate and earn service hours, too!** Contact Johann Rubia-Miller at [youth@olaparch.net](mailto:youth@olaparch.net) for more information.

### January PERT Club Meeting

**PERT (People Enjoying Retirement Together) is starting the New Year with a potluck.** Bring a favorite item: a hot dish, salad or a yummy dessert to share with all. No need to bring a plate, silverware or drink items, all these will be provided. Hope to see you **Tuesday, January 16th in St. John's Hall. Set up and visiting starts at 10:30 a.m. with the meeting starting at 11:00 a.m. Program regarding senior assistance provided through Sacramento County following at 12:00 noon with lunch following.** Please bring your non-perishable food donations for St. Vincent de Paul. Also bring program or site visit ideas for the continuation of PERT through 2024. Come socialize with fellow OLA parishioners. For more information contact Cathy Apker at (916) 973-9787.

### "Brick by Brick" OLA School is Building Our Faith

**Students:** Please cut out the brick and bring it to school on Monday to add to your class board and help your class "build" their faith!

January 14, 2024



## PRAYER AND FORMATION AT OLA

### Exposition of the Blessed Sacrament

All are invited to come pray in the church on  
**Tuesdays and Thursdays**  
from 8:30 a.m. – 7:00 p.m.



*Make time in the new year  
to pray in the peaceful  
presence of our Lord.*

**We are in need of a regularly scheduled Adorer  
Thursdays from 5 p.m. – 6 p.m.**

To sign up for an Adoration time slot, please contact  
Don Thamer at [don.nprz6@gmail.com](mailto:don.nprz6@gmail.com)  
or (916) 549-7195 mobile/text.

### OLA Live Events in the Presence of the Blessed Sacrament

At OLA, in addition to weekly Adoration, we host prayer services twice a month in the presence of the Blessed Sacrament. Each month we pray the rosary and have a Lectio Divina and Taizé Prayer service. Both services are livestreamed for those who cannot attend in person. All are welcome to attend.

#### Upcoming OLA Live Events

**Thursday, January 25<sup>th</sup> at 6:30 p.m.**

Lectio Divina and Taizé Prayer in the presence of the Blessed Sacrament

**Thursday, February 8<sup>th</sup> at 6:30 p.m.**

Rosary (Luminous Mysteries) in the presence of the Blessed Sacrament

**Join us in prayer inside the church or online!**

**<https://olaparish.net/ola-live>**

### OLA Meditation Group

This group gathers weekly on Monday afternoons at 4:00 p.m. either via Zoom or in the church and follows guided meditations to help participants grow in relationship with Christ. Contact Fran Rider via email at [bilrider2808@sbcglobal.net](mailto:bilrider2808@sbcglobal.net) for more information.



### Living the Word Scripture Study

All are welcome to join us for the Living the Word Scripture Study program on Thursday evenings at 7:00 p.m. in Affinito Hall Meeting Room 3. At Living the Word, we discuss the Sunday scripture readings and how they apply to our daily lives.

## OLA School Information Night



## INFORMATION NIGHT

Our Lady of the Assumption School

Wednesday, January 17th  
6:00 p.m.  
St. John's Hall  
2141 Walnut Avenue

Come learn more about  
OLA! You will have a  
chance to meet our  
Principal Mr. Robert Love  
and hear from our faculty.

We can't wait to meet you!  
Fill out an inquiry form today.

[school.olaparish.net/admissions](https://school.olaparish.net/admissions)



### Faith Enrichment and Formation Resources from Flocknote Engage

Did you know that our parish has Flocknote Engage, which includes **free and complete access to Bishop Barron's Word on Fire ENGAGE video library and study programs?** All that is required is a Flocknote account. If you do not have a Flocknote account, sign up for free at <https://app.flocknote.com/olaparish/>.

**Login to Flocknote and visit Word on Fire (WOF) Digital to watch any of the videos at any time.** This is a robust faith formation resource that includes access to the complete Catholicism series and multiple study programs (including free pdf study materials).

**Fr. Eduino encourages parishioners to gather in small groups to learn more about our faith.** The Flocknote Engage library is a great resource if you want to bring together a small group to learn about a variety of topics. On Flocknote Engage, the educational series available include Catholicism, The Mass, The Sacraments, The Creed, The Pivotal Players, and so much more. If you have any questions or are interested in leading a group, please contact Casey Oliver at [worship@olaparish.net](mailto:worship@olaparish.net).

### Parish Ministry Fair Save the Date

The upcoming Ministry Fair will be an opportunity to learn about our parish ministries and how they "Love and serve God, love and serve one another" through prayer, formation, service, and hospitality.

**Join us in Affinito Hall on February 3rd after the 5:00pm Mass and February 4th after all morning Masses.**

More information to come!

## COMMUNITY



### St. Vincent de Paul Society - OLA Conference

**Thank you for your continued support!**

**We need pasta, canned corn, canned green beans, spaghetti sauce, and macaroni and cheese for the Food Locker. We also need grocery bags, especially paper bags.** Drop donations off at the parish office or in the church SVdP collection boxes.

**For those who need assistance and live within our parish boundaries,** the food locker is open Tuesdays and Thursdays from 10 A.M.-12 P.M. We can also help with utility and rent payments. For more information, please call (916) 481-6352.

**Interested in volunteering for SVdP?** Call (916) 481-6352 and leave a message, or email SVdP president Marylee Johnson at [jmjohn@surewest.net](mailto:jmjohn@surewest.net).

### Low Income Home Energy Assistance Program (LIHEAP)

**The Low-Income Home Energy Assistance Program (LIHEAP) is available to those who need financial assistance to pay their home energy bills.** To find out if you qualify, call the toll-free hotline at 866-674-6327 or visit <https://liheapch.acf.hhs.gov/search-tool/>.



**Catholic  
in Recovery**

### Weekly Meetings at OLA

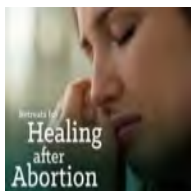
**Join Catholic in Recovery at OLA on Wednesdays at 6:00 p.m. in St. Anne's Room.**

Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer.

**Confidentiality is protected.**

**For more information,** please visit our website [www.catholicinrecovery.com](http://www.catholicinrecovery.com), or contact Bill B. at [bbefort@bellsouth.net](mailto:bbefort@bellsouth.net) or at (561) 827-0624.

### Find healing at Rachel's Vineyard



**Call (916) 733-0161 or email  
[projectrachel@scd.org](mailto:projectrachel@scd.org).**

**All messages are confidential.**

### Special Annual Event for Week of Prayer for Christian Unity on Tuesday, 1/23/24

**...You Shall Love the Lord God...and Your Neighbor as Yourself... (cf. Luke 10:27)**

**You are invited to attend a Special Annual Event on Tuesday, January 23, 2024 during the Week of Prayer for Christian Unity.** Sponsored by the North State Ecumenical Conference (NSEC), which was established in 1968 and is comprised of Christian faiths in the Greater Sacramento Area.

You are invited to attend this event in person at St. John's Lutheran Church (916-444-0874) 1701 L Street Sacramento, California 95811

**There is no charge for this Special Event.**

**Please RSVP online:**

**<https://form.jotform.com/233367380273155>**

### CEMETERY CLEAN-UP JANUARY 15TH- JANUARY 31ST

ALL ITEMS WILL BE REMOVED AND DISPOSED OF STARTING JANUARY 15

- This includes items on outdoor and indoor crypts and niches
- Please remove all Christmas decorations and any item you would like saved on or before Sunday, January 14th.
- Remove any item you would like saved prior to January 15th.
- Do not place or replace any item prior to Sunday, January 31st.
- Please call or visit our office should you have any questions.

ST. MARY CEMETERY  
& FUNERAL CENTER  
SACRAMENTO, CA  
95811-1111

CALVARY CEMETERY  
& FUNERAL CENTER  
CITY OF SACRAMENTO, CA  
95811-1111

ALL SOULS CEMETERY  
& FUNERAL CENTER  
VALLEJO, CA  
94591-1111



CEC-SACRAMENTO, CA



CATHOLIC FUNERAL  
& CEMETERY SERVICES  
OF THE DIOCESE OF SACRAMENTO

### Old acquaintance been forgot?



**Worldwide Marriage Encounter ~ WWME.ORG**  
The Lodge Christian Retreat Ctr ~ Feb. 16-18 ~ (916) 489-3164



Pregnant? Worried?  
Need Help?  
Call (800) 910-0191

*The Gabriel Project*

**Interested in supporting the OLA Gabriel Project?  
Contact the parish office for more information.**





**LOOK REAL ESTATE**  
DRE# 00443547

**Nancy Arndorfer**  
Parishioner  
916-838-1763  
narndorfer@golyon.com

**IF YOU LIVE ALONE**

**MDMedAlert!**™ As Low As **\$19<sup>95</sup>** mo.

✓ Ambulance/Police **CALL NOW!**  
✓ Family/Friends  
✓ GPS & Fall Alert **800.808.9294** • md-medalert.com



**RICHARD F. STRAWN II**  
**CPA**  
333 University Ave, Suite 200  
Sacramento, CA 95825  
**(916) 565-7424**  
richardfstrawn@gmail.com

PRAY FOR OUR BISHOP & EAT ICE CREAM!

**leatherby's**  
Family Creamery

**15% OFF**  
Not valid with any other promotions  
**2333 ARDEN WAY**



**iSmile Dental Spa** Dr. Angel Soto  
Dr. Carla Gutierrez  
**(916) 979-7122** • 6227 Fair Oaks Blvd, Carmichael, CA  
**www.ismiledentalspa.com**

**COMMITTED TO DELIVERING THE HIGHEST QUALITY DENTAL CARE**

**JB** Jason Borg & Associates, Inc.  
A Professional Law Corporation  
**(916) 478-4234** www.jasonborglaw.com

Family Law, Bankruptcy: Chapter 7 & 13, Wills, Trusts & Probate

**Brandt's Painting**  
**484-7877**  
Russell James Brandt - Owner  
Since 1989 License #652471  
Quality Work • Free Estimates

**catholicmatch®**  
California



**CatholicMatch.com/CA**

**FOUR SEASONS COUNSELING**

**Michele Villarreal, LMFT**  
#131287

Psychotherapist & Owner  
**916-425-2692**  
Providing therapy for all ages with a Christian perspective.  
fourseasons-counseling.com



**EL DORADO SAVINGS BANK**  
65 Years of Service to our Community  
Dinah McMillin | Branch Manager  
4701 Manzanita Ave. • **916-481-0664**

**EMIGH ACE Hardware**  
Sacramento's Hardware Store Since 1908  
3555 El Camino Ave  
Sacramento, CA 95821  
916-482-1900 emigh.com



**ARDEN DISPATCH**  
shipping • mailboxes  
gifts & more!

**We're Open!**  
3575 Arden Way • Sacramento, CA  
**916-418-4673**  
store@ardendispatch.com  
M-F: 10am-5:30pm • Sat: 10am-2pm

**Donna Deterding & Associates**  
**Senior Care Advisor & Patient Care Manager**  
Elderly family member in the hospital? Need help navigating the senior health care continuum?  
Questions about benefits, home health agencies, hospice? Need someone to help manage the process, & maintain your loved one's dignity, while you continue your daily activities?  
Call Donna today for a **free** one hour consultation:  
**916-769-1184** or email: **DTDeterding@gmail.com**

*Compliments of*  
**Martin Ross**

**Funeral • Mortuary • Cremation • Cemetery**

**916-726-1232**  
**Jocelyn Young**  
Family Service Advisor



**CALVARY CEMETERY & FUNERAL CENTER**



**cogir FOLSOM MEMORY CARE**

**Offering Memory Care**

Call to schedule your tour today!  
**(916) 623-1093**  
License #345002909 **COGIROFFOLSOM.COM**

**INSURANCE | WEALTH MANAGEMENT**  
**ESTATE PLANNING & TAX STRATEGIES | LONG TERM CARE**

**Jeremy J. Wakamiya**  
Financial Advisor

**Northwestern Mutual**  
Wealth Management Company®  
**916-212-9165**  
2990 Lava Ridge Court, Ste 210 • Roseville, CA 95661

Scan QR code to learn more:




**Sierra View**  
Funeral Chapel & Crematory

Catholic Funeral And Cremation Services  
Family Owned & Operated  
Matthew Strunk  
OLA Alumnus  
Jesuit High School Alumnus  
3rd Generation Funeral Director  
**916-481-1515**  
6201 Fair Oaks Blvd. • Carmichael, CA  
mattstrunksvfc@gmail.com  
www.sacramentofuneralandcremation.com  
FD-924



Continue your support of  
**ST VINCENT DE PAUL**

**Steve Ridenour**  
REALTOR®  
License# 01922051  
Cell: **(916) 806-6912**  
**SteveSellsSac.com**



**LYON**  
REAL ESTATE

**WILLS • TRUSTS • PROBATE**  
**S. Susan King, Esq.**  
Certified Legal Specialist  
by the State Bar of California  
**(916) 794-3003**  
sking@sacbusinesslaw.com  
**Complimentary Consultation**  
Garafola, King & McCardle, LLP  
7801 Folsom Blvd., Suite 109 • Sacramento



**Be a Hero for the Homeless**



**joshua's house**  
VOLUNTEER HOSPICE  
Joshuahousehospice.org

Hospice care for the terminally ill homeless.  
No one should die alone on the street.  
**Please donate today at GIVEJH.COM**  
Opening soon

