



# OUR LADY OF THE *Assumption* PARISH

5057 COTTAGE WAY  
CARMICHAEL, CA 95608  
(916) 481-5115  
WWW.OLAPARISH.NET  
PARISH@OLAPARISH.NET



## 3<sup>rd</sup> SUNDAY IN ORDINARY TIME

*The Spirit of the Lord is upon me... He has sent me to proclaim liberty to captives  
and recovery of sight to the blind, to let the oppressed go free.*  
- Lk 4:18

Excerpts from the Lectionary for Mass ©2001, 1998, 1970 CCD.

©LPI

### Regular Mass Schedule

Saturday vigil Mass  
at 5:00 p.m.

Sunday Masses at 7:30 a.m.,  
9:00 a.m., 11:00 a.m.,  
and 7:30 p.m.

8:00 a.m. daily Masses  
(Monday-Friday and  
first Saturday)

Holy Days of Obligation:  
8:00 a.m. and 5:30 p.m.

**Confessions are heard inside  
the church on Saturday  
afternoons at 3:30 p.m.**

*You may also call the parish office  
to schedule an appointment.*

Please visit our website and  
subscribe to Flocknote for more  
information about our parish,  
ministries, and upcoming events.

[olaparish.net](http://olaparish.net)



[flocknote.com/olaparish](http://flocknote.com/olaparish)

**Sunday, January 26, 2025**

Bulletin for the  
**Third Sunday in Ordinary Time**

**Pastor**

**Rev. Eduino T. Silveira**  
[pastor@olaparish.net](mailto:pastor@olaparish.net)

**Pastors Emeriti**

**Rev. Brendan McKeefry &  
Rev. Michael F. Kiernan**

**Deacon**

**Paul Friedrich**  
[deaconpaul@olaparish.net](mailto:deaconpaul@olaparish.net)

**PARISH OFFICE HOURS**

**Monday - Friday**  
**8:30 a.m. - 2:30 p.m.**

**OLA PARISH SCHOOL**

**PRESCHOOL - EIGHTH GRADE**  
**(916) 489-8958**

School Website: [school.olaparish.net](http://school.olaparish.net)

Principal: Robert Love

**OLA ST. VINCENT DE PAUL SOCIETY**

**Provides assistance for those in need  
within our parish boundaries.**

Please call: (916) 481-6352

Monday - Friday | 9:00 a.m. - 11:00 a.m.

Food Locker hours of operation  
are Tuesday and Thursday mornings  
from 10:00 a.m. - 12:00 p.m.

**You are invited to follow OLA Parish on  
Facebook, Instagram, and YouTube!**



[facebook.com/OLAParish](https://facebook.com/OLAParish)



[instagram.com/ola\\_parish\\_ca](https://instagram.com/ola_parish_ca)



[youtube.com/@OLAParishCA](https://youtube.com/@OLAParishCA)

## PARISH STAFF

### Pastor

Rev. Eduino T. Silveira | pastor@olaparish.net

### Deacon

Paul Friedrich | deaconpaul@olaparish.net

### Office Manager

Stacie Nieves | officemgr@olaparish.net

### Worship and Communications

Casey Oliver | worship@olaparish.net

### Ministry Coordinator

Jane Ricci | ministrycoordinator@olaparish.net

### Faith Formation

Tracy Urban | faithformation@olaparish.net

### Youth Ministry

Johann Rubia-Miller | youth@olaparish.net

## ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

## OLA SCHOOL

Principal: Robert Love

Vice Principal: Hellen Brassfield

Admissions: Elisabeth Gustorf  
advancement@olaparish.net

General Questions: Donna Eaddy  
eaddy@olaparish.net

### Parish Mission Statement

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

### Observances for the week of

#### January 26, 2025

**Sunday:** 3<sup>rd</sup> Sunday in Ordinary Time  
Celebrate Catholic Schools Week

**Monday:** St. Angela Merici, Virgin

**Tuesday:** St. Thomas Aquinas, Priest and Doctor of the Church

**Wednesday:**

**Thursday:**

**Friday:** St. John Bosco, Priest

**Saturday:**

**Next Sunday:** The Presentation of the Lord  
World Day for Consecrated Life

©LPi



### SATURDAY, JANUARY 25

5:00 PM † Marcela Dumas  
by Yolanda and Robert DeAnda

### SUNDAY, JANUARY 26

7:30 AM † Tim Riehl  
by Steve and Mary Jo Riehl

9:00 AM †† Giovanni and Filomena Cascia  
by Antonietta Pozzuto

11:00 AM † Mary Zboralske  
by Frank Zboralske

7:30 PM All Parishioners (*Missa Pro Populo*)

### MONDAY, JANUARY 27

8:00 AM †† Fernando and Mary Garcia

### TUESDAY, JANUARY 28

8:00 AM † Joao Jose Machado

### WEDNESDAY, JANUARY 29

8:00 AM † Jutta Woodington

### THURSDAY, JANUARY 30

8:00 AM † Vasco Faria and family

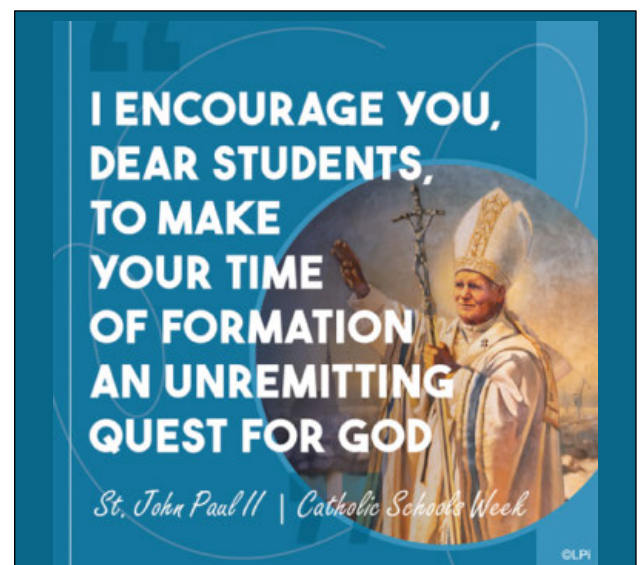
### FRIDAY, JANUARY 31

8:00 AM † Gloria Medeiros

### SATURDAY, FEBRUARY 1

8:00 AM † Connie Shepherd  
by Susan and David Murphy

5:00 PM † Serafin Silveira



## JOIN OUR OLA COMMUNITY

We ♥ love  
having you as part of our flock



Keep in touch  
with us via  
email & text



Sign up for Flocknote emails and the Flocknote Engage educational resources by scanning the QR code or at <https://olaparish.flocknote.com/>.

**Aren't signed up for OLA Parish Flocknote yet? We can help you!** We can assist you in the parish office and via email. Call the parish office or email Deacon Michael Tateishi at [deacon@olaparish.net](mailto:deacon@olaparish.net).

**Are you attending Mass regularly at Our Lady of the Assumption Church but not registered?**

Register today as a parishioner! Go online to <https://olaparish.net/community/register-us> or scan the QR code.



Current parishioners may also update/verify contact information using the parishioner registration form.

### Thank you!

FOR THESE GIFTS WE ARE GRATEFUL

Weekend Offertory 1/19/25	\$10,315.44
E-Giving 1/13/25 to 1/19/25	\$ 2,866.08
<b>Total:</b>	<b>\$13,181.52</b>

**Help OLA continue its mission  
by making a special gift today!**

**CASH + CHECK**

Checks payable to  
Our Lady of the Assumption Parish or  
Our Lady of the Assumption School

**ONLINE**

Please visit <https://olaparish.net/contribute>  
or scan our QR Code.



**STOCK or PLANNED GIFTS**

Please contact Elisabeth Gustorf, Advancement Director, at [advancement@olaparish.net](mailto:advancement@olaparish.net) or at (916) 489-8958 ext. 170.

Our Lady of the Assumption is a 501(c)(3) organization. All gifts are tax deductible as allowed by the law. Tax ID number is #45-3954215.

## PARISH CALENDAR

### Sunday, January 26

**Masses: 7:30 am - 9:00 am**  
**- 11:00 am - 7:30 pm**  
**10:00 am - 12:00 pm** Open House for Catholic Schools Week - OLA School Campus

### Monday, January 27

**8:00 am Mass**

### Tuesday, January 28

**8:00 am Mass**

**8:30 am - 7:00 pm**

Exposition of the Blessed Sacrament - Church  
**6:30 pm** Knights of Columbus - St. John's Hall

### Wednesday, January 29

**8:00 am Mass**

**6:00 pm** Catholics in Recovery - St. Anne's Rm.

**7:00 pm** OCIA - Affinito Hall Rm. 3

### Thursday, January 30

**8:00 am Mass**

**8:30 am - 7:00 pm**

Exposition of the Blessed Sacrament - Church  
**7:00 pm** Living the Word - Affinito Hall Rm. 3

### Friday, January 31

**8:00 am Mass**

### Saturday, February 1

**3:30 pm** Confessions - Church

**5:00 pm vigil Mass**

**6:00 pm** Pasta Dinner - Affinito Hall

# Special COLLECTIONS

**There will be no special collections during the months of January and February.**

The next collection will be for the diocesan **2025 Annual Catholic Appeal**.

The Commitment Weekend will be held March 1-2, 2025. 25% is returned to the donor's parish to help local social service ministries.



We encourage parishioners to enroll in our automated donation program called WeShare.

This program provides a convenient way to make your donations to our church from the comfort of your home.

To enroll please follow these simple steps:

Go to <https://olaparish.net> and click on Donate.

This will take you to our "Contribute" page, where you will find the **WeShare** link to enroll and donate.

**WeShare Donor Support** Phone: **(877) 316 0260** or go to <https://www.wesharegiving.com/support/>.

## GOSPEL MEDITATION

January 26, 2025  
 3<sup>rd</sup> Sunday of Ordinary Time  
 Luke 1:1-4, 4:14-21

A young couple in my parish told me they were expecting their second child, a baby boy. I knew that their five-year old only child Emma had been desperately wanting to be a big sister for years, so I said, "Emma must have been so happy when you told her the news." "Actually," they said, "she burst into tears. She wanted a baby sister!" How often in life God wonderfully fulfills our desires and we are sad because we don't approve of the way he does it. We want to control the gift and the delivery method.

The same thing occurs in the Gospel this week when Jesus announces in his hometown that the promise of an Anointed One bringing glad tidings to the poor is **"fulfilled in your hearing"** (Luke 4:21). After a moment of elation, his fellow townsfolk realize *this man* is the way God is fulfilling his promises, and they erupt into a violent outburst. So, Jesus departs. How sad for them.

Every single Sunday at Mass, including this one, some version of this happens to many of us. God's word announces the fulfillment of God's promises in Christ, and we easily overlook or disdain it. His way is almost never according to our narrow expectations. What's required of us is to set these aside, and to embrace a new openness to God's gifts, no matter how he wishes to give them. God is fulfilling his promises the way He likes – why be sad?

– Father John Muir

©LPI

For those in our community who have passed away...

### All Souls

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.

Amen.



## PRAY FOR OUR SICK BROTHERS & SISTERS

### Bulletin Sick List Policy

To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list.

Once a name is added, it will be removed either when requested OR after six months. Names will then be removed *unless there is a specific request to keep the name on the list for longer.*

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email [parish@olaparish.net](mailto:parish@olaparish.net).

Thank you.

Lisa Coffman  
 Tomasa Washington  
 Ryan Daniels  
 Donna Blaschke  
 Alice Mayer Govaars (baby)  
 Esther Paulos  
 Cole Miller Whitney (baby)  
 Wesley Villariza  
 Charlie Wetherall  
 Lawrence Wilhelm  
 Camille Peter  
 Donna Deterding Parks  
 Yolande De Forge  
 Justin Langstroth  
 Adam Peter  
 Langford Metzger  
 Mary Roy  
 Michael and Shannon Langer  
 Guadalupe Rodriguez  
 Amber Morris  
 Doug Abbes  
 John Klaas  
 Kathy Harreld

T.J. Rapozo  
 Diane Goodman  
 Will Walker  
 Bennett Mattingly  
 Jack Wetherall  
 Sally Leatherby  
 Elaine Lyons  
 John DeSouza  
 Jerry Seldon  
 Sheila Johnson  
 Nick Friedrich  
 Jerry Beck  
 April Valencia  
 Robert DeAnda  
 Angie Marakas  
 Linda Vaughan  
 Christine Jansen  
 Matthew Holmes  
 Carl Sikora  
 Pat Wood  
 Maria Passarelli  
 Cathy Apker

Call the parish office to add a name or to remove a name from this list.

### OLA Communications Information

	BULLETIN WEEKEND DATES	ARTICLE DUE
DEADLINES	Feb 8– Feb 9	Jan 31
	Feb 15– Feb 16	Feb 7
	Feb 22 – Feb 23	Feb 14

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at <https://olaparish.net/communications-committee>. All communications requests are subject to approval by Father Eduino. For general questions or bulletin requests, you may also send an email to [communications@olaparish.net](mailto:communications@olaparish.net).

## PARISH AND SCHOOL NEWS

### Catholic Schools Week



Let us pray for our OLA School students, parents, faculty, and staff as they celebrate Catholic Schools Week!

### Permanent Diaconate Class of 2030 Information

#### **Have you considered becoming a Permanent Deacon?**

The Diocese of Sacramento - Office of Clergy Formation has begun the process for identifying applicants for the Permanent Diaconate Class of 2030.

Could **YOU** be called to this special vocation? The Class of 2030 is open to men born between September 20, 1963, and June 29, 1995. If you feel drawn to explore the Permanent Diaconate, this is the time to have prayerful conversations with Father Eduino and, if married, with your wife.

For more information about the Permanent Diaconate, please visit [www.scd.org/deacon-formation](http://www.scd.org/deacon-formation). To learn about the application process for the Class of 2030, please complete the **Diaconate Inquiry Form Class of 2030** located there and follow the instructions. May God bless you in your discernment.



### Flocknote Database Update on 2024 Tax Records

Over the past year, parish staff have been using a new database to improve how we manage parishioner information, registrations, and communications. The database is provided through Flocknote, which we have been using for the parish's electronic communications for a few years. **We will be sending out the giving information for your tax records for 2024 this January.**

To accomplish this, we need to ensure the parishioner information we have on file is correct. You may also update/verify your information or register using the new parishioner registration webform (see *bulletin page 3*).

**Questions?** You may call the parish office or email Deacon Michael Tateishi at [deacon@olaparish.net](mailto:deacon@olaparish.net).

## Bulletin Communications Reminder

A reminder that going forward, Jane Ricci will be producing our weekly parish bulletin. **Please adhere to the bulletin submission requirements in the OLA Communications Information section on page 4.**



### Our Lady of the Assumption 75<sup>th</sup> Jubilee Year 1950-2025

**2025 is OLA's 75<sup>th</sup> parish anniversary year!** If you would like to help with the celebratory events throughout the year, please let us know by sending an email to [communications@olaparish.net](mailto:communications@olaparish.net).

**We look forward to sharing this milestone together!**

### OLA Pasta Dinner Information

**Join us for the annual Pasta Dinner on Saturday, February 1<sup>st</sup>.** Doors open after the 5 p.m. vigil Mass, and dinner will be served at 6:30 p.m. Menu includes Mama Cesario's Amazing Meatballs, pasta and sauce, salad, garlic French bread, and Leatherby's Ice Cream for dessert. All are welcome! The dinner is free of cost, but donations are appreciated. **Please RSVP by Monday, January 27<sup>th</sup>.** Flyers with the RSVP form are available in the church and in the parish office.

**You may also RSVP online by visiting our parish website [www.olaparish.net](http://www.olaparish.net), or by scanning the QR code using your smartphone camera.**



### OUR LADY OF THE ASSUMPTION SCHOOL



FEBRUARY 22, 2025

Affinito Hall at OLA School

*Benefiting the 8th Grade Field Trip to Washington, D.C.*

**Tickets are \$85 and will sell out!**

**Please go online using the web address below to purchase tickets.**

**<https://washingtondc.givesmart.com/>**

### "Brick by Brick" OLA School is Building Our Faith

**Students:** Please cut out the brick and bring it to school on Monday to add to your class board and help your class "build" their faith!



## PRAYER AND FORMATION AT OLA

### Exposition of the Blessed Sacrament

All are invited to come pray in the church on  
**Tuesdays and Thursdays**  
from 8:30 a.m. – 7:00 p.m.



**Make time in the  
new year to pray in the  
peaceful presence of  
our Lord.**

To sign up for an Adoration time slot, please contact  
Don Thamer at [don.nprz6@gmail.com](mailto:don.nprz6@gmail.com)  
or (916) 549-7195 mobile/text.

### OLA Live Events in the Presence of the Blessed Sacrament

**At OLA, in addition to weekly Adoration, twice a month we host prayer services in the presence of the Blessed Sacrament.** Each month we pray the rosary and have a prayer service with OLA Youth Ministry. Both services are livestreamed.

#### Upcoming OLA Live Events

**Thursday, February 13<sup>th</sup> at 6:30 p.m.**

Rosary (Luminous Mysteries) in the presence of  
the Blessed Sacrament

**Thursday, February 26<sup>th</sup> at 6:30 p.m.**

Youth Revival Night of Prayer with Youth Ministry  
in the presence of the Blessed Sacrament

**Join us in prayer inside the church or online!**  
<https://olaparish.net/ola-live>

### OLA Meditation Group

**This group gathers weekly on Monday afternoons at 4:00 p.m. and follows Christian meditations to help participants grow in relationship with Christ.**

Meetings are in the church on the first Monday of the month and then on Zoom for the rest of the month.

Email Fran Rider at [birider2808@sbcglobal.net](mailto:birider2808@sbcglobal.net) for more information. **"Be still and know that I am God."**



### Living the Word Scripture Study

All are welcome for the Living the Word Scripture Study on Thursday evenings at 7:00 p.m. in Affinito Hall Meeting Room 3. At Living the Word, we discuss the Sunday scripture readings and how they apply to our daily lives.

## "She Shall Be Called Woman" Women's Ministry at OLA

If you're looking to grow your relationship with the Lord, join us for **Season Two: Ten Virtues of Mary.**

**Wednesdays from 6:30 – 8:00 p.m. in St. Paul's Room  
February 5 – April 2, 2025**

This program offers a supportive environment for spiritual growth, featuring weekly gatherings that include fellowship with refreshments, a video presentation, and small group discussions. It's designed to help women grow in their faith and feel more connected to God and each other. Contact Magaly Beas at (209) 663-2188 or [mortega9512@gmail.com](mailto:mortega9512@gmail.com) for more information.

### OLA Youth Group

**OLA Youth Group meets the second Sunday of each month from 10:00 a.m. – 11:00 a.m.** We meet in the Youth Room in Bannon Hall on the stage. Youth Group is open to students in grades 7-12. Questions? Please reach out to Johann Rubia-Miller, OLA Youth Minister, at [youth@olaparish.net](mailto:youth@olaparish.net).



### Faith Enrichment and Formation Resources from Flocknote Engage

**Did you know that our parish has Flocknote Engage, which includes free access to Bishop Barron's Word on Fire ENGAGE video library and study programs?** All that is required is an OLA Parish Flocknote account.

**Login to Flocknote and visit Word on Fire (WOF) Digital to watch any of the videos at any time.** This is a robust faith formation resource that includes access to the popular Catholicism series and other study programs (including free pdf study materials).

**Fr. Eduino encourages parishioners to gather in small groups to learn more about our faith.** The Flocknote Engage library is a great resource if you want to bring together a small group to learn about a variety of topics. On Flocknote Engage, the educational series available include Catholicism, The Mass, The Sacraments, The Creed, The Pivotal Players, and so much more. If you have any questions or are interested in leading a group, please contact Casey Oliver at [worship@olaparish.net](mailto:worship@olaparish.net).



### OLA Ministry Information

**Want to join a ministry? Does your ministry need assistance?  
We can help you!**

**For more information about ministry at OLA,** visit our website: <https://olaparish.net/community/ministries>.

**Do you wish to learn more about our parish ministries and/or sign up to become involved?** Please contact Jane Ricci, our OLA Ministry Coordinator, via email at [ministrycoordinator@olaparish.net](mailto:ministrycoordinator@olaparish.net). You may also call the parish office at (916) 481-5115 to leave a message.

## COMMUNITY



### St. Vincent de Paul Society - OLA Conference

**Thank you for your continued support!**

**We need soup for the OLA Food Locker.** We also need paper grocery bags. Please drop off donations at the parish office or in the church SVdP collection boxes.

**For those who need assistance and live within our parish boundaries,** the food locker is open Tuesdays and Thursdays from 10 A.M.-12 P.M. We can also help with utility and rent payments. Call (916) 481-6352 for more information.

**Interested in volunteering for SVdP?** Please call us at (916) 481-6352 to leave a message, or email Marylee Johnson at [jmjohn@surewest.net](mailto:jmjohn@surewest.net).

### Hats for the Homeless Appeal

**Winter weather is now upon us, and the need for hats is great!** Hats will continue to be distributed to Mercy Pedalers, Loaves and Fishes, and Carmichael HART through March. Contributions are needed and much appreciated! They can be left in the containers at the back of church or at the parish office during office hours. Donations of yarn (#4 weight worsted machine washable) are also welcome. Gloves and scarves also welcome. *Matt. 25:37-40.* Questions? Contact Angie at [amstrawn@comcast.net](mailto:amstrawn@comcast.net).



### Weekly Meetings at OLA

**Join Catholic in Recovery Wednesday nights at 6 p.m. in St. Anne's Room.** The meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer. **Confidentiality is protected.** We welcome those recovering from any addiction, compulsion, or unhealthy attachment: alcoholism; drug addiction; compulsive overeating; restricted eating; lust/pornography addiction; gambling addiction; technology addiction; compulsive spending/debting; codependency; control, fear, resentment, and grief.

**For more information,** please go online to our website [www.catholicinrecovery.com](http://www.catholicinrecovery.com), or you may contact Bill B. at [bbefort@bellsouth.net](mailto:bbefort@bellsouth.net) or at (561) 827-0624.



**Pregnant? Worried?  
Need Help?**

**Call (800) 910-0191**

*The Gabriel Project*

### Laudato Si' Movement California Chapter



**THURSDAY 1/30 2025 4PM PST ON ZOOM**

Learn about the new California Chapter of the Laudato Si' Movement, their plans to celebrate the encyclical's 10th Anniversary & how you can get involved, including:

- Youth-led advocacy summit, Sacramento 4/6-4/7
- Pilgrimage to the Salton Sea 10/10-10/12\*\*

\*\*Date tentative

Meet other Catholics in California working in care for creation, be in fellowship, pray and dream of what we can do together

**For more information online, please visit:**

<https://tinyurl.com/CAPilgrimage>

### Marriage Encounter Weekends

**Worldwide Marriage Encounter is offering a great weekend experience for couples and religious.**

Our next weekends are **February 7-9<sup>th</sup> in Winters, CA** and **March 28-30<sup>th</sup> at Zephyr Point Conference Center in South Lake Tahoe.** The weekend is presented by three couples and a priest. This is a time to Restore, Rekindle, and Renew your relationship with your spouse.

As we say "**not everyone needs a weekend, they DESERVE a weekend**".

To register, visit our websites [sacramentowwme.org](http://sacramentowwme.org) or [wwme.org](http://wwme.org) more information. Questions? Please contact Janet and Terry Doane at 916-489-3464 or Jim and Mary Carr at 775-742-1123.

### Find healing at Rachel's Vineyard



**Call (916) 733-0161**

**or email [projectrachel@scd.org](mailto:projectrachel@scd.org)**

**All messages are confidential.**



**LOOK REAL ESTATE**  
DRE# 00443547

**Nancy Arndorfer**  
Parishioner  
916-838-1763  
narndorfer@golyon.com

**IF YOU LIVE ALONE**

**MDMedAlert!**™ As Low As **\$19<sup>95</sup>** mo.

✓ Ambulance/Police **CALL NOW!**  
✓ Family/Friends  
✓ GPS & Fall Alert **800.808.9294** md-medalert.com



**SUPPORT OUR ADVERTISERS!**

PRAY FOR OUR BISHOP & EAT ICE CREAM!

**leatherby's Family Creamery**

**15% OFF**  
Not valid with any other promotions  
2333 ARDEN WAY



**iSmile Dental Spa** Dr. Angel Soto  
Dr. Carla Gutierrez  
(916)979-7122 • 6227 Fair Oaks Blvd, Carmichael, CA  
www.ismiledentalspa.com

**COMMITTED TO DELIVERING THE HIGHEST QUALITY DENTAL CARE**

**JB** Jason Borg & Associates, Inc.  
A Professional Law Corporation  
(916) 478-4234 www.jasonborglaw.com

Family Law, Bankruptcy: Chapter 7 & 13, Wills, Trusts & Probate

**Brandt's Painting**  
484-7877

Russell James Brandt - Owner  
Since 1989 License #652471  
Quality Work • Free Estimates

**catholicmatch® California**



CatholicMatch.com/CA

**FOUR SEASONS COUNSELING**

**Michele Villarreal, LMFT**  
#131287

Psychotherapist & Owner  
916-425-2692  
Providing therapy for all ages with a Christian perspective.  
fourseasons-counseling.com

**EL DORADO SAVINGS BANK**  
Serving our local communities for over 65 Years

Dinah McMillin | Branch Manager  
4701 Manzanita Ave. • 916-481-0664

**EMIGH ACE Hardware**  
Sacramento's Hardware Store Since 1908  
3555 El Camino Ave  
Sacramento, CA 95821  
916-482-1900 emigh.com

**AR DEN DISPATCH**

shipping • mailboxes  
gifts & more!

**We're Open!**  
3575 Arden Way • Sacramento, CA  
916-418-4673  
store@ardendispatch.com  
M-F: 10am-5:30pm • Sat: 10am-2pm

**Donna Deterding & Associates**  
Senior Care Advisor & Patient Care Manager

Elderly family member in the hospital? Need help navigating the senior health care continuum? Questions about benefits, home health agencies, hospice? Need someone to help manage the process, & maintain your loved one's dignity, while you continue your daily activities?

Call Donna today for a **free** one hour consultation:  
916-769-1184 or email: DTDeterding@gmail.com

*Thank you*

**Martin Ross**

**YOUR CATHOLIC RESOURCE FOR END-OF-LIFE CARE**

**CALVARY CEMETERY & FUNERAL CENTER**  
F92262

916.726.1232 • CFCSSACRAMENTO.ORG

FUNERAL • MORTUARY • CREMATION • BURIAL

**PLACER CARPET CLEANING**  
truck mount system

We also offer Residential, R.V., 5th Wheel, and Area Rug cleaning.

**Tile and Grout Cleaning**  
916-289-8376  
Call Jose today!

**FREE AD DESIGN**  
with purchase of this space

CALL 800-477-4574

**Lombard Funeral Home** Dignity®

AT-NEED & PRE-NEED  
Funeral & Cremation services  
Serving our community since 1942

1550 Fulton Ave, Sacramento, CA 95825  
www.Lombardfunerals.com  
Call Today 916-483-3297

**SUPPORT OUR PARISH**

INSURANCE | WEALTH MANAGEMENT  
ESTATE PLANNING & TAX STRATEGIES | LONG TERM CARE

**Jeremy J. Wakamiya**  
Financial Advisor

Northwestern Mutual  
Wealth Management Company®

916-212-9165  
2990 Lava Ridge Court, Ste 210 • Roseville, CA 95661

Scan QR code to learn more:



**LET'S GROW YOUR BUSINESS**  
Place Your Ad Here and Support Our Parish!

**CONTACT ME Joanne Sullins**  
jsullins@4LPi.com • (800) 950-9952 x2662

**Be a Hero for the Homeless**



**Steve Ridenour**  
REALTOR®  
License# 01922051  
Cell: (916) 806-6912  
SteveSellsSac.com

**LYON REAL ESTATE**

**WILLS • TRUSTS • PROBATE**

**S. Susan King, Esq.**  
Certified Legal Specialist  
by the State Bar of California

(916) 794-3003  
sking@sacbusinesslaw.com

**Complimentary Consultation**  
Garafola, King & McCardle, LLP  
7801 Folsom Blvd., Suite 109 • Sacramento



**joshua's house VOLUNTEER HOSPICE**  
Joshuahousehospice.org

Hospice care for the terminally ill homeless.  
No one should die alone on the street.  
**Please donate today at GIVEJH.COM**  
Opening in Summer 2024






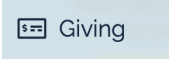


# OUR LADY OF THE *Assumption*

5057 COTTAGE WAY • CARMICHAEL, CA 95608 • (916) 481-5115 • OLAPARISH.NET

**Date:** January 26, 2025  
**To:** OLA Parishioners  
**From:** Deacon Michael Tateishi

Thank you for your generosity. We recently sent out tax information (contribution summaries) for 2024, and most of you should have received this via email. Parishioners who do not have an email address on file will be receiving their contribution summaries via US Mail soon.

For those who need more detailed information, you can access your giving history through your Flocknote account. Here's how:

1. **Log in to your Flocknote account** (please refer to the back of this insert for login instructions).
2. Once logged in, click on the **“View or edit my profile”** icon. 
3. Click the **“Giving”** tab. 
4. Click on the **calendar** icon. 
5. Click on the **“Last Year”** icon to view your itemized contributions for 2024. 

Please note, if you notice any discrepancies or incomplete information, it could be due to the way we compile data from weekly giving and WeShare electronic giving records. We're continuously working to improve our Flocknote database, and we welcome any feedback you may have.

***As a reminder, while logged in to Flocknote, you can also update personal information, such as your mailing address, email address, and phone number.***

Once again, thank you for your generous donations throughout the year. Your support is greatly appreciated. If you have any questions, please do not hesitate to reach out to me via email at [deacon@olaparish.net](mailto:deacon@olaparish.net), or you may call me directly at 916-486-9485.



# OUR LADY OF THE *Assumption*

5057 COTTAGE WAY • CARMICHAEL, CA 95608 • (916) 481-5115 • OLAPARISH.NET

## How To Access Your OLA Parish Flocknote Account

### Option 1

**If you are regularly receiving emails from OLA Parish Carmichael, you have easy access to your Flocknote account.**

At the bottom of each email, you will see a “my info” link (next to the “unsubscribe” link).



my info • unsubscribe

**Click on “my info” and follow the prompts to log in.**

One of the benefits of Flocknote is that you do not need to create a password in order to log in! Simply enter the email address that you signed up with, and you will be emailed a link or code to log in instantly – no password required! This is actually the most secure way to log in.

*Have you signed up for Flocknote but not receiving emails?* There are a few different reasons why you may not be receiving emails, and we can help you resolve these issues.

### Option 2

**If you have not signed up for Flocknote yet (or if you are not receiving Flocknote emails), you can still easily access OLA Parish Flocknote. See the instructions below.**



**OLA PARISH CARMICHAEL**



Visit our parish website <https://olaparish.net/> and click on the sheep in the upper left-hand corner or

Visit <https://olaparish.flocknote.com/> or

Scan the QR code with your smartphone camera



**If you have any questions, please do not hesitate to reach out to Deacon Michael Tateishi via email at [deacon@olaparish.net](mailto:deacon@olaparish.net), or you may call him directly at 916-486-9485.**