



OUR LADY OF THE *Assumption* PARISH

5057 COTTAGE WAY
CARMICHAEL, CA 95608
(916) 481-5115
WWW.OLAPARISH.NET
PARISH@OLAPARISH.NET



- ST. ELIZABETH ANN SETON

Regular Mass Schedule

8:00 a.m. daily Masses
(Monday-Friday and
first Saturday)

Saturday vigil Mass
at 5:00 p.m.

Sunday Masses at 7:30 a.m.,
9:00 a.m., 11:00 a.m.,
and 7:30 p.m.

Holy Days of Obligation:
8:00 a.m. and 5:30 p.m.

**Confessions are heard inside
the church on Saturday
afternoons at 3:30 pm.**

You may also call the parish office to
schedule an appointment.

Please visit our website and
subscribe to Flocknote for more
information about our parish,
ministries, and upcoming events.

www.olaparish.net



flocknote.com/olaparish

Sunday, January 28, 2024

Bulletin for the
Fourth Sunday in Ordinary Time

Pastor

Rev. Eduino T. Silveira
pastor@olaparish.net

Pastors Emeriti

Rev. Brendan McKeefry &
Rev. Michael F. Kiernan

Deacon

Paul Friedrich
deaconpaul@olaparish.net

PARISH OFFICE HOURS

Monday - Friday
8:30 a.m. - 2:30 p.m.

OLA PARISH SCHOOL

PRESCHOOL - EIGHTH GRADE
(916) 489-8958

School Website: school.olaparish.net
Principal: Robert Love

OLA ST. VINCENT DE PAUL SOCIETY

*Provides assistance for those in need
within our parish boundaries.*

Please call: (916) 481-6352

Monday - Friday | 9:00 a.m. - 11:00 a.m.

Food Locker hours of operation
are Tuesday and Thursday mornings
from 10:00 a.m. - 12:00 p.m.

**You are invited to follow OLA Parish on
Facebook, Instagram, and YouTube!**



facebook.com/OLAParish



instagram.com/ola_parish_ca



youtube.com/@OLAParishCA

GOSPEL MEDITATION

4th Sunday in Ordinary Time

I love movies about exorcisms. Apparently, so do many others. The 2023 movie "Nefarious" features a possibly possessed inmate on death row. Critics were not impressed, but audiences scored it at 97% on the website Rotten Tomatoes. Most people have an appreciation for the demonic realm, even if cultural elites are generally embarrassed about it. As is standard in exorcism movies, the afflicted person (in this case, a man named Edward Brady) thinks and acts like multiple persons. He is someone besides himself. We know what that is like. We feel fake sometimes, not ourselves.

The same dynamic is on dramatic display this week in the Gospel. Jesus the Exorcist approaches a possessed man who utters, **"What have you to do with us, Jesus of Nazareth?"**

Notice the plural, us. The basic effect of the demonic is division. The man's identity is fractured, divided, and thus many. Jesus powerfully expels the spirit by saying, **"Quiet! Come out of him!"** Jesus' word has the power to restore the man's singularity – him – and indeed it does.

All this helps us to dismiss childish images of demons sporting red goat tails. Equally, it overcomes the cultured aloofness that dreams demons are mere metaphors for evil. We see instead that fallen angels are conscious and intelligent beings who orient their agency toward division. They bring about schism where there should be unity, e.g., in persons, families, communities, politics, and so on. Thankfully, Jesus commands demons to flee from all these places to restore wholeness and peace. What if we made room for his word where we need it?

Father John Muir ©LPi

For those in our community who have passed away...

All Souls

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.

Amen.



PRAY FOR OUR SICK BROTHERS & SISTERS

Bulletin Sick List Policy

To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list.

Once a name is added, it will be removed either when requested OR after six months. Names will then be removed *unless there is a specific request to keep the name on the list for longer.*

To add a name, remove a name, or If a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email parish@olaparish.net.

Thank you.

Lisa Coffman

Theda Lord

Tomasa Washington

Ryan Daniels

Donna Blaschke (wife)

Donna Blaschke (mother)

Alice Mayer Govaars (baby)

Esther Paulos

Cole Miller Whitney (baby)

Jonathan Whitfield

Wesley Villariza

Charlie Wetherall

Lawrence Wilhelm

Camille Peter

Donna Deterding Parks

Yolande De Forge

Justin Langstroth

Roger Nagtalon

Call the parish office to add a name or to remove a name from this list.

OLA Communications Information

	BULLETIN WEEKEND DATES	ARTICLE DUE
DEADLINES	Feb 10-Feb 11	Feb 2
	Feb 17-Feb 18	Feb 9
	Feb 24-Feb 25	Feb 16

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at <https://olaparish.net/communications-committee>. All communications requests are subject to approval by Father Eduino. **For general questions or bulletin requests, you may also send an email to communications@olaparish.net.**

PARISH STAFF

Pastor

Rev. Eduino T. Silveira | pastor@olaparish.net

Deacon

Paul Friedrich | deaconpaul@olaparish.net

Parish Office

Lorraine Messerer | officemgr@olaparish.net

Worship and Communications

Casey Oliver | worship@olaparish.net

Faith Formation

Tracy Urban | faithformation@olaparish.net

Youth Ministry

Johann Rubia-Miller | youth@olaparish.net

ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

OLA SCHOOL

Principal: Robert Love

Vice Principal: Hellen Brassfield

Admissions: Elisabeth Gustorf
advancement@olaparish.net

General Questions: Donna Eaddy
eaddy@olaparish.net

PARISH MISSION STATEMENT

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

Observances for the week of January 28, 2024

Sunday: 4th Sunday in Ordinary Time
Celebrate Catholic Schools Week

Monday:

Tuesday:

Wednesday: St. John Bosco, Priest

Thursday:

Friday: The Presentation of the Lord
World Day for Consecrated Life

Saturday: St. Blaise, Bishop and Martyr
St. Ansgar, Bishop

Next Sunday: 5th Sunday in Ordinary Time



Weekly Mass Intentions

SATURDAY, JAN 27

5:00 PM † Fred Brown

by Laurie Brown and Judy Hecox

SUNDAY, JAN 28

7:30 AM † Joao Jose Machado

9:00 AM † Ben Dougherty

by the Albers family

11:00 AM † Mary Baeza

by Pat and Jerry

7:30 PM All Parishioners (Missa Pro Populo)

MONDAY, JAN 29

8:00 AM (Sp) Zenithe Ayube

by Paulina Carbon and the Leighton-Armah family

TUESDAY, JAN 30

8:00 AM †† Dale and Arlene Fuller

†† Juan and Amelia San Miguel

† Bill Portillo

by the Portillo family

WEDNESDAY, JAN 31

8:00 AM † Marie Leonardini

by Donna Eaddy

THURSDAY, FEB 1

8:00 AM †† Francisco and Adelina Sousa

FRIDAY, FEB 2

8:00 AM †† John and Mary Jane Fuoco

SATURDAY, FEB 3

8:00 AM (Sp) Teresa and Doug Abbes

5:00 PM † Joey Cotton

by Mom and Dad



JOIN OUR OLA COMMUNITY

Are you attending Mass regularly at Our Lady of the Assumption Church but not registered?

Register today as a parishioner! Go online to <https://olaparish.net/community/register-us> or scan the QR code.



You may also call or visit the parish office for assistance.

Thank you!

FOR THESE GIFTS WE ARE GRATEFUL

Weekend Offertory 1/21/24	\$ 6,866.33
E-Giving 1/15/24 to 1/21/24	\$ 4,825.32
Total:	\$11,691.65



We encourage our parishioners to enroll in our automated donation program called **WeShare**. This program provides a convenient way to make your donations to our church from the comfort of your home. To enroll please follow these simple steps:

Go to <https://olaparish.net> and click on Donate.

This will take you to our "Contribute" page, where you will find the **WeShare** link to enroll and donate.

Current WeShare customers with questions about their account can access customer support.

WeShare Donor Support Phone: (877) 316 0260 or go to <https://www.wesharegiving.com/support/>

**Help OLA continue its mission
by making a special gift today!**

CASH + CHECK

Checks payable to

Our Lady of the Assumption Parish or
Our Lady of the Assumption School

ONLINE

Please visit <https://olaparish.net/contribute>
or scan our QR Code.



STOCK or PLANNED GIFTS

Please contact Elisabeth Gustorf, Advancement Director, at advancement@olaparish.net or at (916) 489-8958 ext. 170.

Our Lady of the Assumption is a 501(c)(3) organization.
All gifts are tax deductible as allowed by the law.
Tax ID number is #45-3954215

PARISH CALENDAR

Sunday, Jan 28

**Masses: 7:30 am – 9:00 am
– 11:00 am – 7:30 pm**

5:30 pm Youth Ministry Mtg.
– Bannon Hall

Monday, Jan 29

8:00 am Mass

Tuesday, Jan 30

8:00 am Mass

8:30 am – 7:00 pm

Exposition of the Blessed
Sacrament in the Church

4:30 pm PAL Host Varsity
Basketball – Affinito Hall

Wednesday, Jan 31

8:00 am Mass

6:00 pm Catholics in
Recovery – St. Anne's Rm.

6:30 pm RCIA – Affinito Hall
Rm. 3

Thursday, Feb 1

8:00 am Mass

8:30 am – 7:00 pm

Exposition of the Blessed
Sacrament in the Church

7:00 pm Living the Word –
Affinito Hall Rm. 3

Friday, Feb 2

8:00 am Mass


Saturday, Feb 3

8:00 am Mass

3:30 pm Confessions –
Church

5:00 pm vigil Mass

6:00 pm OLA Ministry Fair
following the 5 pm vigil
Mass – Affinito Hall

We  love
having you as part of our flock



Keep in touch
with us via
email & text



Sign up for our parish Flocknote emails and Flocknote Engage educational resources at <https://olaparish.flocknote.com/>, or by scanning the QR code. If you have any questions about Flocknote, or if you need help accessing the Flocknote Engage educational resources, please contact Casey Oliver at worship@olaparish.net.

Beginning this year, 2024, we are transitioning to the Flocknote People database. This will give us much improved functionality, and you will be able to update your personal information, easily access giving records, and so much more!

Aren't signed up for OLA Parish Flocknote yet? We can help you! We will be assisting people with sign ups in person beginning the first weekend of February during our parish ministry fair. Saturday February 3rd and Sunday, February 4th. We can also assist you in the parish office and via email. Contact Casey Oliver at worship@olaparish.net.

PARISH AND SCHOOL NEWS

Join Us for the Parish Ministry Fair

Looking for a new ministry to join in 2024? The upcoming OLA Ministry Fair will be an opportunity to learn about our parish ministries and how they "Love and serve God, love and serve one another" through prayer, formation, service, and hospitality.

Join us in Affinito Hall on Saturday, February 3rd after the 5:00 p.m. Mass and Sunday, February 4th after all morning Masses. Ministries will have information to share, and the 2024 OLA Ministry Handbook will be available.

OLA Pasta Dinner Information

Join us for the annual Pasta Dinner on Saturday, February 10th. Doors open after the 5 p.m. vigil Mass, and dinner will be served at 6:30 p.m. Menu includes Mama Cesario's Amazing Meatballs, pasta and sauce, salad, garlic French bread, and Leatherby's Ice Cream for dessert.

All are welcome! The dinner is free of cost, but donations are appreciated. **Please RSVP by Monday, February 5th. Flyers with the RSVP form are available in the church and in the parish office.**

You may also RSVP online by visiting our parish website or by scanning the QR code.



Crab Feed Tickets On Sale



February 24, 2024
Affinito Hall at OLA School
benefiting the 8th Grade trip to Washington DC

Doors open 5:00 PM
Dinner 6:30 PM

Salad, Bread, Pasta, Steak, & Crab!
Silent and Live Auction
Dessert Auction

Tickets are \$75 and will sell out!
Buy individual tickets or a whole table at
olacrabfeed2024.givesmart.com

Details to note:

- Crab crackers and butter warmers available for purchase during ticket purchase or at the door!
- Want to sit with friends? When purchasing tickets, please note this in the box titled "Table Group"

Questions? Email juliestarbird@gmail.com or jdsfam@gmail.com

OLA Youth Ministry Meeting / Service Hours

On Sunday, 1/28, at 5:30 p.m., members of Youth Ministry will be meeting on the stage in Bannon Hall to sort and prepare all of the donations from the recent Winter Coat Drive. **Dinner will be provided, and all participants will earn two service hours.** After the meeting, Youth Ministry will attend the 7:30 p.m. Sunday Mass together. Items collected from the Winter Coat Drive will be distributed next Sunday, February 4th.

Youth grades 7-12 are welcome to participate and earn service hours, too! Contact Johann Rubia-Miller at youth@olaparish.net for more information.

Lenten Parish Mission "Becoming a More Eucharistic People"

Mark your calendars for February 24-28, 2024.

At OLA we will have a **parish Lenten Mission conducted by Father Bart Hutcherson OP from the Diocese of San Francisco.** Father Bart will speak at all of the Masses the weekend of 2/24-2/25, and there will be morning and evening sessions on Monday the 26th, Tuesday the 27th, and Wednesday the 28th. Opportunities for confession will be available. Meals will be provided for both the morning and evening sessions.

As our bishops call for a new American Eucharistic Revival, we will renew our commitment to the church's teachings about the Eucharist and examine how the Eucharistic liturgy offers a pattern for a rich Christian life, fulfilling Jesus' command to take the Gospel to four corners of the world.



"Becoming a More Eucharistic People"

presented by

Fr. Bartholomew
Hutcherson, OP

Western Dominican
Preaching

February 24-28, 2024

"Brick by Brick" OLA School is Building Our Faith

Students: Please cut out the brick and bring it to school on Monday to add to your class board and help your class "build" their faith!



PRAYER AND FORMATION AT OLA

Exposition of the Blessed Sacrament

All are invited to come pray in the church on
Tuesdays and Thursdays
from 8:30 a.m. – 7:00 p.m.



*Make time in the new year
to pray in the peaceful
presence of our Lord.*

**We are in need of more regularly scheduled Adorers
on Tuesdays and Thursdays.**

To sign up for an Adoration time slot, please contact
Don Thamer at don.nprz6@gmail.com
or (916) 549-7195 mobile/text.

OLA Live Events in the Presence of the Blessed Sacrament

At OLA, in addition to weekly Adoration, we host
prayer services twice a month in the presence of the
Blessed Sacrament. Each month we pray the rosary
and have a Lectio Divina and Taizé Prayer service.
Both services are livestreamed for those who cannot
attend in person. All are welcome to attend.

Upcoming OLA Live Events

Thursday, February 8th at 6:30 p.m.

Rosary (Luminous Mysteries) in the presence of
the Blessed Sacrament

Thursday, February 22nd at 6:30 p.m.

Lectio Divina and Taizé Prayer in the presence of
the Blessed Sacrament

Join us in prayer inside the church or online!

<https://olaparish.net/ola-live>

OLA Meditation Group

This group gathers weekly on Monday afternoons at
4:00 p.m. either via Zoom or in the church and follows
guided meditations to help participants grow in
relationship with Christ. Contact Fran Rider via email
at bilrider2808@sbcglobal.net for more information.



Living the Word Scripture Study

All are welcome to join us for the Living the Word
Scripture Study program on Thursday evenings at
7:00 p.m. in Affinito Hall Meeting Room 3. At Living
the Word, we discuss the Sunday scripture readings
and how they apply to our daily lives.

OLA School Admissions Information

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We can't wait to meet you!



Our Lady of the Assumption
School

Preschool thru 8th grade

**2024-2025
OLA Admissions
Season is Here!**

Begin your journey by submitting
an online Inquiry form at
school.olaparish.net
and to schedule a tour of our school.



Faith Enrichment and Formation Resources from Flocknote Engage

Did you know that our parish has Flocknote Engage, which includes free and complete access to Bishop Barron's Word on Fire ENGAGE video library and study programs? All that is required is a Flocknote account. If you do not have a Flocknote account, sign up for free at <https://app.flocknote.com/olaparish/>.

Login to Flocknote and visit Word on Fire (WOF) Digital to watch any of the videos at any time. This is a robust faith formation resource that includes access to the complete Catholicism series and multiple study programs (including free pdf study materials).

Fr. Eduino encourages parishioners to gather in small groups to learn more about our faith. The Flocknote Engage library is a great resource if you want to bring together a small group to learn about a variety of topics. On Flocknote Engage, the educational series available include Catholicism, The Mass, The Sacraments, The Creed, The Pivotal Players, and so much more. If you have any questions or are interested in leading a group, please contact Casey Oliver at worship@olaparish.net.

Bring Your Dried Blessed Palms

Once again we will be burning palms from past Palm Sunday Masses to use for ashes on Ash Wednesday (February 14th). **Please bring in your dried blessed palms to Mass and drop them in the baskets at the church doors by Sunday, February 11th.** Deacon Michael will be burning the blessed palms on Tuesday, February 13th at approximately 8:30 a.m. (after the 8:00 a.m. Mass). All are welcome to attend.

COMMUNITY



St. Vincent de Paul Society - OLA Conference

Thank you for your continued support! We need soup, pasta, canned corn, canned green beans, spaghetti sauce, and macaroni and cheese for the Food Locker. We also need grocery bags, especially paper bags. Drop donations off at the parish office or in the church SVdP collection boxes.

For those who need assistance and live within our parish boundaries, the food locker is open Tuesdays and Thursdays from 10 A.M.-12 P.M. We can also help with utility and rent payments. For more information, please call (916) 481-6352.

Interested in volunteering for SVdP? Come see us at the Ministry Fair, call (916) 481-6352 and leave a message, or email SVdP president Marylee Johnson at jmjohn@surewest.net.

Low Income Home Energy Assistance Program (LIHEAP)

The Low-Income Home Energy Assistance Program (LIHEAP) is available to those who need financial assistance to pay their home energy bills. To find out if you qualify, call the toll-free hotline at 866-674-6327 or visit <https://liheapch.acf.hhs.gov/search-tool/>.



Weekly Meetings at OLA

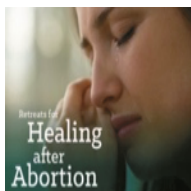
Join Catholic in Recovery at OLA on Wednesdays at 6:00 p.m. in St. Anne's Room.

Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer.

Confidentiality is protected.

For more information, please visit our website www.catholicinrecovery.com, or contact Bill B. at bbefort@bellsouth.net or at (561) 827-0624.

Find healing at Rachel's Vineyard



Call (916) 733-0161 or email
projectrachel@scd.org.

All messages are confidential.

World Marriage Day

Feb 3rd, 2024 1:00 p.m. at St Charles Borromeo Parish
7584 Center Parkway Sacramento Ca. 95823

Join us as we honor marriage and salute the beauty of faithfulness, sacrifice, and joy in married life. There will be a special blessing for sacramentally married couples and an opportunity for them to renew their marital commitment. After Mass, there will be an opportunity to receive a blessing and picture with Bishop Jaime Soto. Special certificates will be distributed at the reception honoring couples celebrating milestone anniversaries (10, 25, 30, 35, 40, 45, 50, 50+).

If you plan to attend, please register online at <https://www.scd.org/wmd2024>. If you have questions, contact Deacon Danny Patterson at the Office of Family and Faith Formation at (916) 733-0133 or Jazmin Ortiz (916) 733-0123.

World Day of the Sick Mass at OLA

Saturday, February 17, 2024

**11:00 a.m. Mass with Bishop Jaime Soto
Our Lady of Assumption Parish**

This celebration of the Eucharist will include sacramental Anointing of the Sick, the blessing of caregivers and blessing with water from the shrine in Lourdes.

Sponsored by the Diocese of Sacramento and the Order of Malta

For questions, contact:

Tony Riehl • 916-733-0274 • triehl@scd.org



Worldwide Marriage Encounter
Feb. 16-18 ~ Mi-Wuk Village, CA
The Lodge Christian Retreat Center
WWME.org 916-489-3464



**Pregnant? Worried?
Need Help?**
Call (800) 910-0191

The Gabriel Project

**Interested in supporting the OLA Gabriel Project?
Contact the parish office for more information.**



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Nancy Arndorfer
Parishioner
916-838-1763
narndorfer@golyon.com

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Michele Villarreal, LMFT
#131287



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Michele Villarreal, LMFT
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916-769-1184 or email: **DTDeterding@gmail.com**

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