



# OUR LADY OF THE *Assumption* PARISH



5057 COTTAGE WAY  
CARMICHAEL, CA 95608



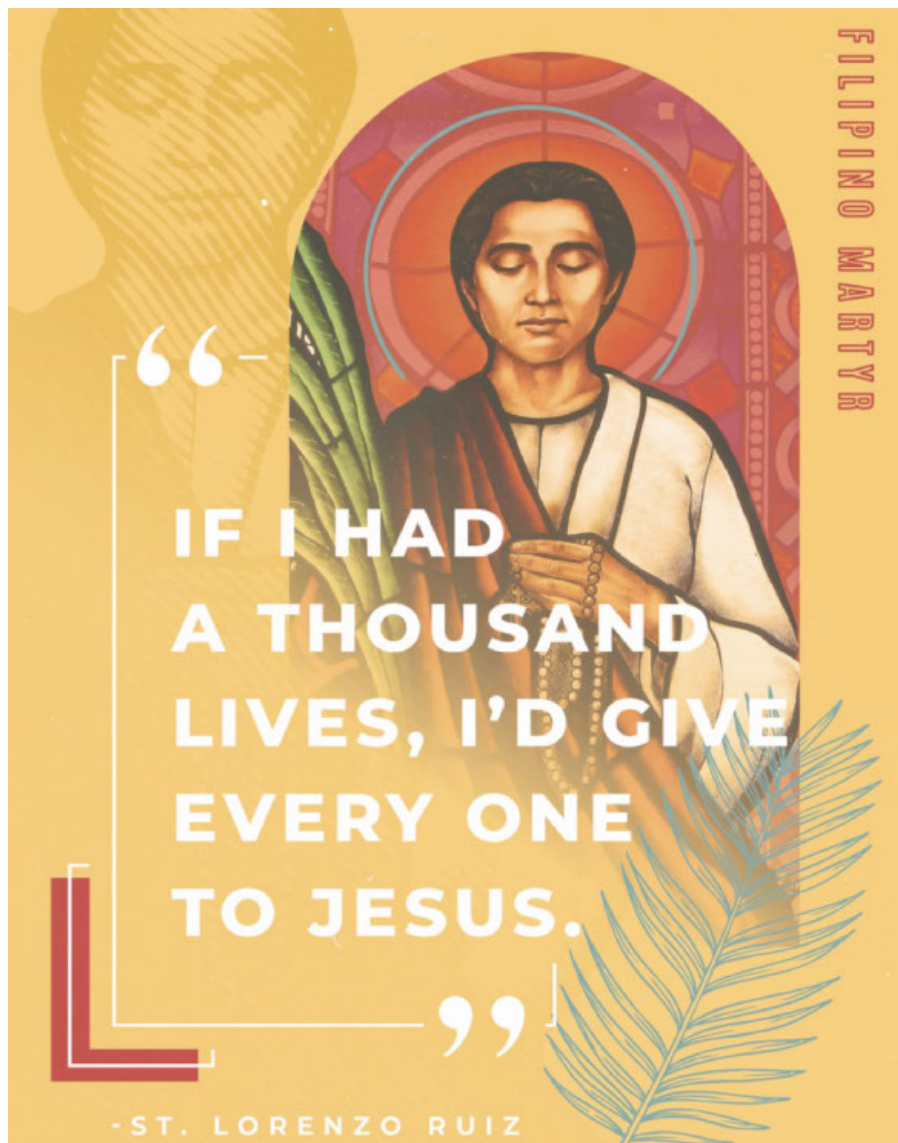
(916) 481-5115



WWW.OLAPARISH.NET



PARISH@OLAPARISH.NET



**Sunday, February 18, 2024**

Bulletin for the  
**First Sunday of Lent**

**Pastor**

**Rev. Eduino T. Silveira**  
pastor@olaparish.net

**Pastors Emeriti**

**Rev. Brendan McKeefry &  
Rev. Michael F. Kiernan**

**Deacon**

**Paul Friedrich**  
deaconpaul@olaparish.net

**PARISH OFFICE HOURS**

**Monday - Friday**  
**8:30 a.m. - 2:30 p.m.**

**OLA PARISH SCHOOL**

**PRESCHOOL - EIGHTH GRADE**  
**(916) 489-8958**

School Website: school.olaparish.net

Principal: Robert Love

**OLA ST. VINCENT DE PAUL SOCIETY**

*Provides assistance for those in need  
within our parish boundaries.*

Please call: (916) 481-6352

**Monday - Friday | 9:00 a.m. - 11:00 a.m.**

**Food Locker hours of operation  
are Tuesday and Thursday mornings  
from 10:00 a.m. - 12:00 p.m.**

## **Regular Mass Schedule**

**8:00 a.m. daily Masses**  
**(Monday-Friday and**  
**first Saturday)**

**Saturday vigil Mass**  
**at 5:00 p.m.**

**Sunday Masses at 7:30 a.m.,**  
**9:00 a.m., 11:00 a.m.,**  
**and 7:30 p.m.**

**Holy Days of Obligation:**  
**8:00 a.m. and 5:30 p.m.**

**Confessions are heard inside**  
**the church on Saturday**  
**afternoons at 3:30 pm.**

*You may also call the parish office to  
schedule an appointment.*

Please visit our website and  
subscribe to Flocknote for more  
information about our parish,  
ministries, and upcoming events.

**www.olaparish.net**



**flocknote.com/olaparish**

**You are invited to follow OLA Parish on**  
**Facebook, Instagram, and YouTube!**



**facebook.com/OLAParish**



**instagram.com/ola\_parish\_ca**



**youtube.com/@OLAParishCA**

## GOSPEL MEDITATION

### First Sunday of Lent

When I feel down, I sometimes watch the famous "Double Rainbow" video on YouTube to feel better. It's hilarious. A young man camping in Yosemite Park sees two rainbows stretching across the sky. He bursts into a kind of ecstasy. "Double rainbow, all the way! Oh my God!" he announces. Then he starts to weep. He cries out, "What does it *mean*?" Beneath the humor of his glorious overreaction is the deep intuition we all have, I think, when we see the colorful bow in the sky. This Sunday, God sends a rainbow to Noah, and to us. What *does* it mean?

Long before YouTube had the double rainbow, Dante's medieval poem *The Divine Comedy* featured one in his image of paradise. Seeing two rainbows, he muses that one is born of the other. The bow is God's promise of peace. For Dante, it's even more: nature's encrypted image of the Trinitarian God. One visible rainbow (God the Son) is begotten of another usually invisible one (God the Father) united by invisible light between them (God the Spirit). Like invisible light, Trinitarian glory surrounds us in every moment — but Jesus has made it visible in his glorious body.

**Lenten challenge:** This might seem silly, but this Lent I invite you to find a rainbow and meditate on it. You might have to make one yourself, like this current desert-dweller will. Gaze on it. See there a natural gift from the Creator, saying to you, "Here I am! I will love and protect you, surrounding you in My glory." This Lent let's embrace that with confidence, rain, or shine? —Father John Muir ©LPI



For those in our community who have passed away...

**Michael Campos  
Wallace Frandrup**

**Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.**

**Amen.**



## PRAY FOR OUR SICK BROTHERS & SISTERS

### Bulletin Sick List Policy

**To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list.**

Once a name is added, it will be removed either when requested OR after six months. Names will then be removed *unless there is a specific request to keep the name on the list for longer.*

To add a name, remove a name, or If a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email [parish@olaparish.net](mailto:parish@olaparish.net).

Thank you.

**Lisa Coffman**

**Theda Lord**

**Tomasa Washington**

**Ryan Daniels**

**Donna Blaschke (wife)**

**Donna Blaschke (mother)**

**Alice Mayer Govaars  
(baby)**

**Esther Paulos**

**Cole Miller Whitney (baby)**

**Jonathan Whitfield**

**Wesley Villariza**

**Charlie Wetherall**

**Lawrence Wilhelm**

**Camille Peter**

**Donna Deterding Parks**

**Yolande De Forge**

**Justin Langstroth**

**Roger Nagtalon**

**Bryan Woodward**

**Call the parish office to add a name or to remove a name from this list.**

### OLA Communications Information

	BULLETIN WEEKEND DATES	ARTICLE DUE
DEADLINES	<b>Mar 2-Mar 3</b>	<b>Feb 23</b>
	<b>Mar 9-Mar 10</b>	<b>Mar 1</b>
	<b>Mar 16-Mar 17</b>	<b>Mar 8</b>

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at <https://olaparish.net/communications-committee>. All communications requests are subject to approval by Father Eduino. **For general questions or bulletin requests, you may also send an email to [communications@olaparish.net](mailto:communications@olaparish.net).**

## PARISH STAFF

### Pastor

Rev. Eduino T. Silveira | pastor@olaparish.net

### Deacon

Paul Friedrich | deaconpaul@olaparish.net

### Parish Office

Lorraine Messerer | officemgr@olaparish.net

### Worship and Communications

Casey Oliver | worship@olaparish.net

### Faith Formation

Tracy Urban | faithformation@olaparish.net

### Youth Ministry

Johann Rubia-Miller | youth@olaparish.net

## ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

## OLA SCHOOL

Principal: Robert Love

Vice Principal: Hellen Brassfield

Admissions: Elisabeth Gustorf  
advancement@olaparish.net

General Questions: Donna Eaddy  
eaddy@olaparish.net



### SATURDAY, FEB 17

5:00 PM † Lizz Baca

by Carmy and Tina Baca

### SUNDAY, FEB 18

7:30 AM (Sp) Sorenson Family

by the Sorenson family

9:00 AM † Paul Davis

by the Sorenson family

11:00 AM † Vincenzo Mirandat

by Antonietta Pozzuto

7:30 PM All Parishioners (*Missa Pro Populo*)

### MONDAY, FEB 19

8:00 AM † Shane Barnes

by Selewicz Family

### TUESDAY, FEB 20

8:00 AM † Lu Lovisa

by Albers and James families

### WEDNESDAY, FEB 21

8:00 AM † Michael Campos

by Elinor DeCristoforo

### THURSDAY, FEB 22

8:00 AM †† Ken and Betty Mork

### FRIDAY, FEB 23

8:00 AM † Michael Campos

by OLA Office Staff and Volunteers

### SATURDAY, FEB 24

5:00 PM † Ken Adamson

by Fred and Susan Oliver

† Patrick Walsh

by Kate Walsh

## PARISH MISSION STATEMENT

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

## Observances for the week of February 18, 2024

Sunday: 1<sup>st</sup> Sunday of Lent

Monday: Presidents' Day

Tuesday:

Wednesday: St. Peter Damian, Bishop and Doctor of the Church

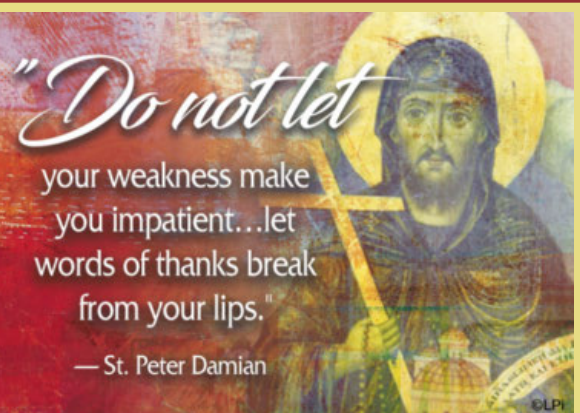
Thursday: The Chair of St. Peter the Apostle

Friday: St. Polycarp, Bishop and Martyr

Saturday:

Next Sunday: 2<sup>nd</sup> Sunday of Lent

©LPI





## JOIN OUR OLA COMMUNITY

**Are you attending Mass regularly at Our Lady of the Assumption Church but not registered?**

Register today as a parishioner! Go online to <https://olaparish.net/community/register-us> or scan the QR code.



You may also call or visit the parish office for assistance.

# Thank you!

**FOR THESE GIFTS WE ARE GRATEFUL**

Weekend Offertory 2/11/24	\$ 8,254.00
E-Giving 2/5/24 to 2/11/24	\$ 4,313.78
<b>Total:</b>	<b>\$12,567.78</b>



We encourage our parishioners to enroll in our automated donation program called **WeShare**. This program provides a convenient way to make your donations to our church from the comfort of your home. To enroll please follow these simple steps:

Go to <https://olaparish.net> and click on Donate.

This will take you to our "Contribute" page, where you will find the **WeShare** link to enroll and donate.

Current WeShare customers with questions about their account can access customer support.

**WeShare Donor Support** Phone: **(877) 316 0260** or go to <https://www.wesharegiving.com/support/>

**Help OLA continue its mission  
by making a special gift today!**

### CASH + CHECK

Checks payable to  
Our Lady of the Assumption Parish or  
Our Lady of the Assumption School

### ONLINE

Please visit <https://olaparish.net/contribute>  
or scan our QR Code.



### STOCK or PLANNED GIFTS

Please contact Elisabeth Gustorf, Advancement Director, at [advancement@olaparish.net](mailto:advancement@olaparish.net) or at (916) 489-8958 ext. 170.

Our Lady of the Assumption is a 501(c)(3) organization.  
All gifts are tax deductible as allowed by the law.  
Tax ID number is #45-3954215

## PARISH CALENDAR

### Sunday, Feb 18

**Masses: 7:30 am - 9:00 am -  
11:00 am - 7:30 pm**  
**12:00 pm** Baptism - Church

### Monday, Feb 19

**8:00 am** Mass

### Tuesday, Feb 20

**8:00 am** Mass  
**8:30 am - 7:00 pm** Exposition  
of the Blessed Sacrament -  
Church  
**10:30 am** PERT Club - St.  
John's Hall  
**4:00 pm** Liturgy Committee -  
St. Paul's Room  
**4:30 pm** PAL Host Varsity  
Basketball - Affinito Hall  
**7:00 pm** Baptism Class - St.  
Paul's Room

### Wednesday, Feb 21

**8:00 am** Mass  
**6:00 pm** Catholics in  
Recovery - St. Anne's Rm.  
**6:30 pm** RCIA - Affinito Hall  
Rm. 3

### Thursday, Feb 22

**8:00 am** Mass  
**8:30 am - 7:00 pm**  
Exposition of the Blessed  
Sacrament - Church  
**4:30 pm** PAL Host JV  
Basketball - Affinito Hall  
**6:30 pm** Lectio Divina  
and Taizé Prayer in the  
presence of the Blessed  
Sacrament - Church  
**7:00 pm** Living the Word  
- Affinito Hall Rm. 3

### Friday, Feb 23

**8:00 am** Mass  
**5:45 pm** Lenten Soup  
Supper - St. John's Hall  
**7:00 pm** Stations of the  
Cross - Church

### Saturday, Feb 24

**1:30 pm** Bible Study - St.  
John's Hall  
**3:30 pm** Confessions -  
Church  
**5:00 pm vigil Mass**  
**5:00 pm** OLA Crab Feed -  
Affinito Hall

We  love  
having you as part of our flock



Keep in touch  
with us via  
email & text



**Sign up for our parish Flocknote emails and Flocknote Engage educational resources at <https://olaparish.flocknote.com/>, or by scanning the QR code.**

If you need help accessing the Flocknote Engage educational resources, or if you are interested in starting a small group study, please contact Casey Oliver at [worship@olaparish.net](mailto:worship@olaparish.net).

**Beginning this year, 2024, we are transitioning to the Flocknote People database.** This will give us much improved functionality, and you will be able to update your personal information, easily access giving records, and so much more!

**Aren't signed up for OLA Parish Flocknote yet? We can help you!** We can assist you in the parish office and via email. Call the parish office or email Lorraine Messerer, Office Manager, at [officemgr@olaparish.net](mailto:officemgr@olaparish.net).

## PARISH AND SCHOOL NEWS

### Pasta Dinner Recap

**Thank you to Bob Cesario and the OLA Social Committee for putting on a fantastic Pasta Dinner!** Over 300 people were in attendance! Thank you to all of the volunteers who made the dinner possible, and thanks to those who attended for your generous donations. Thank you also to OLA Youth Ministry for hosting the Kid's Corner.



Bob Cesario served as chef for the dinner, sharing his Italian heritage and family recipes! (left) Louie Lodi sang Italian music for everyone. (right)



The Youth Ministry Kid's Corner was full of fun games and activities for the children in attendance.



### K of C Council 4970 Barbeque and Cornhole Tournament

**The men of OLA, SI, and SJE are invited to attend a Barbeque and Cornhole Tournament on Saturday, March 2<sup>nd</sup> at 6:00 p.m. at the St. Ignatius Parish Center Gym.** The cost is free, but we will take a free will offering for the host school. Burgers, Brats and Beer will be served. If you have a favorite beer, bring some to share. There will also be chips and slaw. The tournament will be low key. Winner takes home bragging rights and a trophy. Come with a teammate or be paired at the event. (Rules will be provided at the event. Judges' decisions are final.)

### SAVE THE DATE: OLA Cougar Classic

The OLA Cougar Classic golf tournament, which helps the OLA School is scheduled for April 26, 2024 at Lincoln Hills Golf Club. If you are interested in sponsoring, playing, or volunteering, please contact Mike Rockenstein at rockusc@gmail.com or at (916) 607-1973. **Let's make 2024 another successful OLA Cougar Classic!**

## "Becoming a More Eucharistic People"

### Lenten Parish Mission Feb. 26-28, 2024

**Monday, February 26 - Wednesday, February 28, 2024**

**Morning Sessions: 9:00 a.m. - 10:00 a.m.** in the church

- coffee/pastries and fellowship beginning at 8:30 a.m. in St. John's Hall following 8:00 a.m. Mass
- **Confessions available before and after the morning session.**

**Evening Sessions: 6:30 p.m. - 7:30 p.m.** in the church

- light dinner and fellowship beginning at 5:45 p.m. in St. John's Hall
- **Confessions available before and after the evening session.**

As our bishops call for a new American Eucharistic Revival, **we will renew our commitment to the church's teachings about the Eucharist and examine how the Eucharistic liturgy offers a pattern for a rich Christian life**, fulfilling Jesus' command to take the Gospel to four corners of the world.

**Our parish Lenten Mission will be conducted by Father Bart Hutcherson OP from the Diocese of San Francisco.**

Ordained for 26 years, Fr. Bart currently serves as an itinerant preacher, traveling to offer parish missions, retreats, and pilgrimages. He also teaches homiletics at the Dominican School of Philosophy and Theology in Berkeley, California. You can learn more about Fr. Bart's ministries at [www.frbart.com](http://www.frbart.com).

### February PERT Club Meeting

**Welcome to Presidents Month and the start of Lent.**

Looking forward to seeing everyone at the meeting on **Tuesday, February 20<sup>th</sup>**. *We are still working on a speaker for this month's meeting.* If we are not able to secure a speaker, we will continue with the games Sandy Lanz introduced us to in January. Weather is still on the cold side, so Potluck sounds good once again. We will need hot dishes, salads, side dishes, and deserts. Drinks, coffee & tea are provided, but don't forget your own silverware. **Please RSVP** if you will be attending and what you will be bringing to share during the meal. **Set up will start at 10:30am, meeting at 11:00am, followed by lunch.** Contact Joan and Don at 916-484-1587 or 916-849-2288 to RSVP. Remember to bring your nonperishable food donations for St. Vincent de Paul.

### "Brick by Brick" OLA School is Building Our Faith

**Students:** Please cut out the brick and bring it to school on Monday to add to your class board and help your class "build" their faith!



## PRAYER AND FORMATION AT OLA

### Exposition of the Blessed Sacrament

All are invited to come pray in the church on  
**Tuesdays and Thursdays**  
from 8:30 a.m. – 7:00 p.m.



*Make time in the new year  
to pray in the peaceful  
presence of our Lord.*

**We are in need of more regularly scheduled Adorers  
on Tuesdays and Thursdays.**

To sign up for an Adoration time slot, please contact  
Don Thamer at [don.nprz6@gmail.com](mailto:don.nprz6@gmail.com)  
or (916) 549-7195 mobile/text.

### OLA Live Events in the Presence of the Blessed Sacrament

At OLA, in addition to weekly Adoration, we host  
prayer services twice a month in the presence of the  
**Blessed Sacrament**. Each month we pray the rosary  
and have a Lectio Divina and Taizé Prayer service.  
Both services are livestreamed for those who cannot  
attend in person. All are welcome to attend.

#### Upcoming OLA Live Events

**Thursday, February 22<sup>nd</sup> at 6:30 p.m.**

Lectio Divina and Taizé Prayer in the presence of  
the Blessed Sacrament

**Tuesday, March 12<sup>th</sup> at 6:30 p.m.**

Rosary (Sorrowful Mysteries) in the presence of  
the Blessed Sacrament

**Join us in prayer inside the church or online!**

**<https://olaparish.net/ola-live>**

### OLA Meditation Group

This group gathers weekly on Monday afternoons at  
4:00 p.m. and follows guided meditations to help  
participants grow in relationship with Christ. Meetings  
are in the church on the first Monday of the month and  
then on Zoom for the rest of the month. Email Fran Rider  
at [blrider2808@sbcglobal.net](mailto:blrider2808@sbcglobal.net) for more information.



### Living the Word Scripture Study

All are welcome to join us for the Living the Word  
Scripture Study on Thursday evenings at 7:00 p.m. in  
Affinito Hall Meeting Room 3. At Living the Word, we  
discuss the Sunday scripture readings and how they  
apply to our daily lives.

## OLA Schedule for Lent

The OLA Lent and Easter Triduum calendar is available  
on our parish website, and copies are available in the  
church and parish office. We will also include a weekly  
summary of events in the bulletin throughout Lent.

### Tuesday, February 20

–Exposition of the Blessed Sacrament in the  
church from 8:30 a.m. – 7:00 p.m.

### Thursday, February 22

–Exposition of the Blessed Sacrament in the  
church from 8:30 a.m. – 7:00 p.m.  
– Lectio Divina & Taizé Prayer in the presence of  
the Blessed Sacrament at 6:30 p.m.

### Friday, February 23

–Soup Supper in St. John's Hall from 5:45 p.m.–  
6:45 p.m. hosted by OLA St. Vincent de Paul.  
–Stations of the Cross in the church at 7:00 p.m.  
(livestream)

## Adult / Family Faith Formation Resources AND New Small Group Scripture Studies!

**Fr. Eduino strongly encourages small groups to meet  
together to grow in faith, knowledge, and friendship!**

Thank you to some of our parishioners who have  
answered this special call. **Kristine Breault and friends  
are leading a Women's Lenten Bible Study with  
reflections from Blessed is She.** Blessed is She is a  
Catholic Women's Community with Bible Study and small  
group resources and products. We purchased 10 books  
for their Lenten Study and have planned weekly events  
using their guide, all taking place on Saturdays at 2 p.m.  
during Lent. Please contact Kristine Breault at  
[kristinebreault@gmail.com](mailto:kristinebreault@gmail.com) for more info!

**Sandi Lanz is leading a Lenten bible study focusing on  
the impact of scripture on our personal lives today!** The  
first session scheduled for Tuesday, February 20<sup>th</sup> from  
7:00 to 8:00 p.m. and all remaining Tuesdays throughout  
Lent. Sessions to be held at the home of Sandi Lanz. Call  
(916) 595-2413 to RSVP for additional information!

**Did you know that our parish has access to Flocknote  
Engage, which includes free and complete access to  
Bishop Barron's Word on Fire ENGAGE video library and  
study programs?** All that is required is a Flocknote  
account. If you do not have a Flocknote account, sign up  
for free at <https://app.flocknote.com/olaparish/>. Login  
to OLA Parish Flocknote and visit Word on Fire (WOF)  
Digital to watch any of the videos at any time. This is a  
robust faith formation resource that includes access to  
multiple study programs (including free pdf study  
materials). **Flocknote Engage is a great resource if you  
want to bring together a small group to grow in faith.** If  
you have any questions or are interested in leading a  
group, contact Casey Oliver at [worship@olaparish.net](mailto:worship@olaparish.net).



## COMMUNITY



### St. Vincent de Paul Society - OLA Conference

**Thank you for your continued support!**

**We especially need soup, and we also need spaghetti sauce, canned green beans, and macaroni and cheese for the Food Locker. We also need grocery bags, especially paper bags.** Drop donations off at the parish office or in the church SVdP collection boxes.

**For those who need assistance and live within our parish boundaries,** the food locker is open Tuesdays and Thursdays from 10 A.M.-12 P.M. We can also help with utility and rent payments. For more information, please call (916) 481-6352.

**Interested in volunteering for SVdP?**

Call (916) 481-6352 and leave a message, or email SVdP president Marylee Johnson at [jmjohn@surewest.net](mailto:jmjohn@surewest.net). Thank you again for your support of St. Vincent de Paul!

### Low Income Home Energy Assistance Program (LIHEAP)

**The Low-Income Home Energy Assistance Program (LIHEAP) is available to those who need financial assistance to pay their home energy bills.**

To find out if you qualify, call the toll-free hotline at 866-674-6327 or visit the informational website <https://liheapch.acf.hhs.gov/search-tool/>.



### Weekly Meetings at OLA

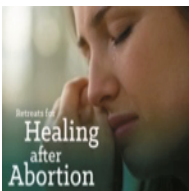
**Join Catholic in Recovery at OLA on Wednesdays at 6:00 p.m. in St. Anne's Room.**

Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer.

**Confidentiality is protected.**

**For more information,** please visit our website [www.catholicinrecovery.com](http://www.catholicinrecovery.com), or contact Bill B. at [bbefort@bellsouth.net](mailto:bbefort@bellsouth.net) or at (561) 827-0624.

### Find healing at Rachel's Vineyard



**Call (916) 733-0161 or email [projectrachel@scd.org](mailto:projectrachel@scd.org).**

**All messages are confidential.**

### Annual Diocesan Catholic Appeal

**This weekend at OLA, we will have the opportunity to offer ourselves as companions to those who suffer emotional, physical and spiritual poverty.** Each of our gifts, no matter the amount, makes a difference in someone's life. Catholic Charities can respond to the greatest needs in our communities. Seminarians receive support as they prepare to serve our local parishes. Catholic schools in economically-challenged neighborhoods can provide tuition assistance. Prayerfully consider what you can give this year. **25% comes back to our parish for our own outreach to those in need.**

### "UNITED IN CHRIST" Gathering

Announcing a GRAND ULTREYA! This is a gathering of the Vietnamese, English, and Filipino speaking Cursillo Communities in the Diocese of Sacramento.

**Saturday, March 2, 2024 10:30 am - 2:30pm**

Vietnamese Martyrs' Church  
8181 Florin Road, Sacramento 95828

**11:00 am Mass with main celebrant, Bishop Jaime Soto**  
*Please bring a lunch pot luck item reflective of your culture.*

### Eucharistic Revival Diocesan Congress

In celebration of the Eucharistic Revival, Bishop Soto invites Catholics across the Sacramento diocese to join us at our **Diocesan Congress on Saturday, March 9 from 2:00-6:00 pm** for one of three simultaneous gatherings: Our Lady of Guadalupe Parish, Sacramento (in Spanish), St. Francis Parish, Sacramento (in English), and a youth event at Immaculate Conception Parish, Sacramento (in English) hosted by the Black Catholic Ministry.

**The Diocesan Congress will feature music, food, and speakers such as Priscilla Garza, Fr. Agustino Torres CFR, Rhyann Ramirez, Pedro de Acevedo, and more.** The events will culminate with Mass and a Eucharistic Procession from each of the three locations to the Cathedral of the Blessed Sacrament for Night Fever from 7:00-9:00 pm. **For more information, please visit our website at [www.scd.org/celebrate](http://www.scd.org/celebrate).**



**Pregnant? Worried?  
Need Help?  
Call (800) 910-0191**

*The Gabriel Project*

**Interested in supporting the OLA Gabriel Project?  
Contact the parish office for more information.**



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*Nancy Arndorfer*

Parishioner  
**916-838-1763**  
narndorfer@golyon.com

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