



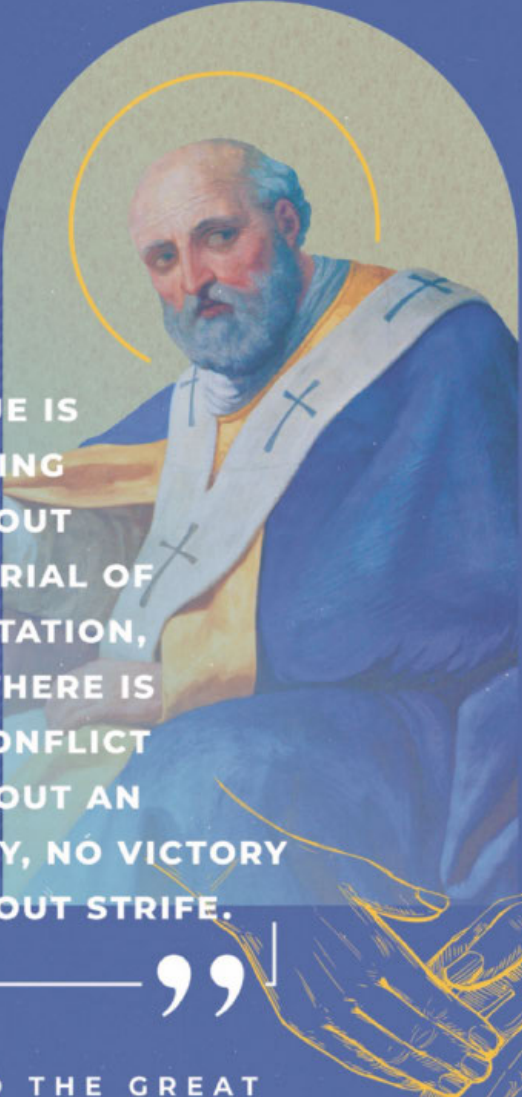
OUR LADY OF THE *Assumption* PARISH

5057 COTTAGE WAY
CARMICHAEL, CA 95608
(916) 481-5115
WWW.OLAPARISH.NET
PARISH@OLAPARISH.NET

THE GREAT

“
VIRTUE IS
NOTHING
WITHOUT
THE TRIAL OF
TEMPTATION,
FOR THERE IS
NO CONFLICT
WITHOUT AN
ENEMY, NO VICTORY
WITHOUT STRIFE.
”

- ST. LEO THE GREAT



Sunday, February 26, 2023
First Sunday of Lent

Pastor
Rev. Eduino T. Silveira
pastor@olaparish.net

Pastors Emeriti
Rev. Brendan McKeefry &
Rev. Michael F. Kiernan

Deacon
Paul Friedrich
deaconpaul@olaparish.net

OLA PARISH SCHOOL
PRESCHOOL - EIGHTH GRADE
(916) 489-8958
Principal, Robert Love
Vice Principal, Steven Vidal
K-8th: eaddy@olaparish.net
P-8th Admissions: Elisabeth Gustorf
advancement@olaparish.net
P-8th Website:
www.school.olaparish.net

OLA ST. VINCENT DE PAUL
SOCIETY
Provides assistance for those in need within our parish boundaries.
Please call: (916) 481-6352
Monday - Friday | 9:00am - 11:00am
Food Locker hours of operation are Tuesday and Thursday mornings from 10:00 am - 12:00 pm.

Regular Mass Schedule
8:00 am daily Masses
(Monday-Friday and first Saturday)
Saturday Vigil Mass
at 5:00 pm
Sunday Masses at 7:30 am,
9:00 am, 11:00 am,
and 7:30 pm
Holy Days of Obligation:
8:00 am and 5:30 pm

Confessions are heard inside the church on Saturday afternoons at 3:30 pm.
You may also call the parish office to schedule an appointment.
Please check our website for current MASS SCHEDULE information.
www.olaparish.net

Parish Office Hours
Monday - Friday
8:30am - 2:30pm

GOSPEL MEDITATION

First Sunday of Lent

The Spirit leads Jesus into the desert to be tempted by the devil, and we hear this: **“He fasted for forty days and forty nights, and afterwards he was hungry.”**

Seems like a questionable battle preparation plan. When I fast, I usually feel grouchy at best, and at worst, like I might pass out from longing for a hamburger. Isn't it better to be well-fed and fully hydrated, especially to face spiritual struggles? Why fast?

This might help. The origin of the word “fast” means to “hold firmly.” We still use it that way when we say, “I held fast to my original decision.” We human beings are a bundle of desires which vie for our attention: food, drink, comfort, safety, sex, laughter, beauty, and so on. If we can't manage to have firm grip on them, in short order they'll have a firm grip on us. By fasting from our lower desires, we learn to firmly grip on to what is greater. Fasting leads to us to a firmer hold on our body and mind.

Jesus fasts for us. He's showing us that his grace can help us regain this firm hold of our lives, which makes it more difficult for the devil to tempt us. But take it one more step. Fasting also teaches us to finally hold fast to Jesus, the Word of God in flesh. **“Man does not live by bread alone,”** he says, **“But by every word that comes forth from the mouth of God.”** Jesus' fasting reveals his fast hold to the Father in everything. May our fasting help us to grasp ourselves more firmly, and then to hold fast to Jesus alone. *Father John Muir* ©LPI

For those in our community who have passed away...

James Morlock

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.

Amen.



PRAY FOR OUR SICK BROTHERS & SISTERS

Jonathan Rassmussen
Stacie Higginbotham
Shirley Ward
J. Richard Heintz
Richard McClintock
Debbie McGee
Tom Hickman
Denny Colleran
Petra Morales
Amanda Young
Salvador Beltran
Chela DeAnda
Annette Megie
Maria Bosker
Olivia Jacobo

Diva Orsolini
Nancy Colleran
Loretta Taylor
Sandy Berumen
Tamsyn R Heimbichner
Evelyn Jensen
John Tenerio
Larry Wager
Sarah Maya
Charles Kesmodel MD
Lisa Berumen Cox
Elsie & Mona Berumen
Janice Leighton-Armah
Ericka Mora
Junior Mora

Adam Peters
Maureen Baker
Henry Holt (baby)
Joan Cotton
Wayne Stone
Sharon DeLeonardis
Crystal Weeks
Charles Roug
Lisa Coffman
Irene Simmons
Christine Jensen
Malachi Rex-
Pentacost
Lila McHugh
Pete Weir

Call the parish office to add a name or to remove a name from this list.

OLA Communications Information

BULLETIN WEEKEND DATES

ARTICLE DUE

DEADLINES

Mar 11-Mar 12

Mar 3

Mar 18-Mar 19

Mar 10

Mar 25-Mar 26

Mar 17

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at <https://olaparish.net/communications-committee>. All communications requests are subject to approval by Father Eduino. For general questions or bulletin requests, you may also send an email to communications@olaparish.net.

PARISH STAFF

Pastor

Rev. Eduino T. Silveira | pastor@olaparish.net

Deacon

Paul Friedrich | deaconpaul@olaparish.net

Parish Office

Lorraine Messerer | officemgr@olaparish.net

Worship and Communications

Casey Oliver | worship@olaparish.net

Faith Formation

Tracy Urban | faithformation@olaparish.net

Youth Ministry

Johann Rubia-Miller | youth@olaparish.net

Building Maintenance

Earl Knight | maintenance@olaparish.net

ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

OLA SCHOOL

Principal, Robert Love

Vice Principal, Steven Vidal

K-8th: eaddy@olaparish.net

P-8th Admissions: Elisabeth Gustorf

advancement@olaparish.net

PARISH MISSION STATEMENT

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

Observances for the week of February 26, 2023

Sunday: 1st Sunday of Lent
Monday: St. Gregory of Narek, Abbot and Doctor of the Church
Tuesday:
Wednesday:
Thursday:
Friday: St. Katharine Drexel, Virgin
Saturday: St. Casimir
Next Sunday: 2nd Sunday of Lent

©LPI



Weekly Mass Intentions

SATURDAY, FEB 25

5:00 PM † Dave Merold
by Merold family

SUNDAY, FEB 26

7:30 AM † Sylvia Powers
by family

9:00 AM † Dave Merold
by Riehl family

11:00 AM † Mary Zboralske
by Frank Zboralske

7:30 PM † Phero (Peter) Chu Van Rinh
(2nd Anniversary) by Kim and family

MONDAY, FEB 27

8:00 AM (Sp) Catherine Apker
by Alice Kanief

TUESDAY, FEB 28

8:00 AM † Virginia Montisanti (aunt)
† Robert Fratus (brother)
by Virginia DeSouza

WEDNESDAY, MAR 1

8:00 AM † Msgr. Val Fagundes
by Merino family

THURSDAY, MAR 2

8:00 AM † Pietro Pozzuto
by Antonietta Pozzuto

FRIDAY, MAR 3

8:00 AM (Sp) Joan Cotton (healing)
by Cathy Apker

SATURDAY, MAR 4

8:00 AM † Jim Morlock
by Friedrich family
5:00 PM † Molly Garcia
by Garcia family



JOIN OUR OLA COMMUNITY

Are you attending Mass regularly at Our Lady of the Assumption Church but not registered?

Register today as a parishioner! Go online to <https://olaparish.net/community/register-us> or scan the QR code.



You may also call or visit the parish office for assistance.

Thank you!

FOR THESE GIFTS WE ARE GRATEFUL

Weekend Offertory 2/19/23	\$7,722.52
E-Giving 2/13/23 to 2/19/23	\$2,985.59
Total:	\$10,708.11



We encourage our parishioners to enroll in our automated donation program called **WeShare**. This program provides a convenient way to make your donations to our church from the comfort of your home. To enroll please follow these simple steps: Go to <https://olaparish.net> and click on Donate.

This will take you to our "Contribute" page, where you will find the **WeShare** link to enroll and start making your donation.

Current WeShare customers with questions about their account can access customer support.

WeShare Donor Support Phone: (877) 316 0260 or go to <https://www.wesharegiving.com/support/>

Help OLA continue its mission by making a special gift today!

CASH + CHECK

Checks payable to
Our Lady of the Assumption Parish or
Our Lady of the Assumption School

ONLINE

Please visit <https://olaparish.net/contribute>
or scan our QR Code.



STOCK or PLANNED GIFTS

Please contact Elisabeth Gustorf, Advancement Director, at advancement@olaparish.net or at (916) 489-8958 ext. 170.

Our Lady of the Assumption is a 501(c)(3) organization. All gifts are tax deductible as allowed by the law.
Tax ID number is #45-3954215

PARISH CALENDAR

Sunday, Feb 26

Masses: 7:30 am - 9:00 am - 11:00 am - 7:30 pm

10:00 am Faith Formation - Bannon Hall / St. John's Hall

10:30 am Flame Mtg. - St. Paul's Rm.

10:45 am RCIA - Affinito Hall Mtg. Rm. 3

11:30 am Youth Ministry Mtg. - Bannon Hall

12:30 pm Girl Scouts Troop 103 - Affinito Hall Mtg. Rm. 3

Monday, Feb 27

8:00 am Mass

3:00 pm Young Rembrandts - St. John's Hall

3:00 pm - 8:30 pm OLA Basketball - Affinito Gym

6:00 pm NCL Parent Mtg. - St. John's Hall

6:00 pm Webelos and Troop 225 - Bannon Hall

Tuesday, Feb 28

8:00 am Mass

8:30 am - 7:00 pm Adoration in the Church

3:00 pm - 8:30 pm OLA Basketball - Affinito Gym

6:30 pm Knights of Columbus - St. John's Hall

6:30 pm Boy Scout Committee Mtg. - Affinito Hal Mtg. Rm. 3

Wednesday, Mar 1

8:00 am Mass

11:00 am Martha and Mary Gathering - St. John's Hall

3:00 pm - 8:30 pm OLA Basketball - Affinito Gym

6:00 pm Catholics in Recovery - St. Anne's Rm.

6:30 pm RCIA - Affinito Hall Mtg. Rm. 3

Thursday, Mar 2

8:00 am Mass

8:30 am - 7:00 pm

Adoration in the Church
3:00 pm - 8:30 pm OLA Basketball - Affinito Gym

7:00 pm Living the Word - Affinito Hall Mtg. Rm. 3

Friday, Mar 3

8:00 am Mass

3:00 pm - 8:00 pm OLA Basketball - Affinito Gym

5:45 pm Lenten Soup Supper - St. John's Hall

7:00 pm Stations of the Cross - Church

Saturday, Mar 4

8:00 am Mass

10:30 am Alanon Meeting - Affinito Hall Mtg. Rm. 3

1:30 pm Bible Study - Affinito Hall Mtg. Rm. 3

3:30 pm Confessions - Church

5:00 pm Vigil Mass



PARISH & SCHOOL NEWS

Resources to Help You Grow in Faith and Knowledge During Lent and Beyond

Our parish has Flocknote Engage, which includes complete access to Bishop Robert Barron's Word on Fire ENGAGE video library! All that is required is a Flocknote account. Visit **Word on Fire Digital** through Flocknote to watch any of the videos at any time. This is a robust faith formation resource that includes access to the complete Catholicism series, multiple study programs (including free pdf study materials), and more. *You can even start a small study group with your friends and family using these free resources if you wish.*

Looking for scripture study at our parish? Check out our Living the Word group! This group meets weekly on Thursday evenings at 7:00 pm in Affinito Hall Meeting Room 3 and discusses the Sunday Mass readings.

Check our parish website for more resources to help you grow in faith:
<https://olaparish.net/formation/resources>.

We  love
having you as part of our flock



Keep in touch
with us via
email & text

Sign up for our parish Flocknote emails and Flocknote Engage educational resources at <https://olaparish.flocknote.com/>, or by scanning the QR code below.



Have you signed up for Flocknote but are not receiving emails? *There are a few different reasons why you may not be receiving emails, and we can help you resolve these issues.*

If you have any questions or problems with Flocknote, or if you need help signing up or accessing the Flocknote Engage resources, please contact Casey Oliver at worship@olaparish.net.

OLA School

Cougar Classic Golf Tournament

Our Lady of the Assumption Parish School



The 13th annual OLA Cougar Classic is set for Friday, April 28, 2023 at Lincoln Hills Golf Club. Lots of great golf, golf store, food and drink, raffles, live and silent auction, and prizes await.

This year's tournament starts with 9AM check-in with a 11AM shotgun start. All proceeds benefit the OLA School and its programs and activities.

Check out the brochure for more information on sponsoring and playing opportunities. SIGN UP TODAY! Copies of the brochure can be found on the school and parish websites, in the church, and in the parish and school offices.

You may also reach out to Mike Rockenstein at rockusc@gmail.com for more information.

Thank you for your continued support of OLA School!

"Brick by Brick"

OLA School is Building Our Faith

Students: Please cut out the brick and bring it to school on Monday to add to your class board and help your class "build" their faith!

February 26, 2023

OLA Schedule for Lent

The full Lent and Easter Triduum calendar is available on our parish website, and copies are available in the church and parish office.

We will also include a weekly summary of events in the bulletin throughout Lent.

Tuesday, February 28

- Adoration in the church 8:30 am - 7:00 pm

Thursday, March 2

- Adoration in the church 8:30 am - 7:00 pm

- Living the Word Scripture Study in Affinito Hall Mtg. Rm. 3 at 7:00 pm

Friday, March 3

- Soup Supper in St. John's Hall from 5:45-6:45 pm

- Stations of the Cross in the church at 7:00 pm (*livestream*)

Adoration at OLA

All are invited to come pray during Adoration in the church on Tuesdays and Thursdays from 8:30 am - 7:00 pm.



Make time during Lent to pray in the peaceful presence of our Lord.

If you would like to sign up for an Adoration time slot, please contact Don Thamer at don.nprz6@gmail.com

Catholic in Recovery

Join Catholic in Recovery at Our Lady of the Assumption on Wednesdays at 6:00 p.m. in St. Anne's Room. Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer. Confidentiality is protected.

For more information, go online to www.catholicinrecovery.com or contact Bill B. via email at bbefort@bellsouth.net or by phone at (561) 827-0624.



St. Vincent de Paul Society - OLA Conference

Thank you for your continued generosity! Your support makes a big difference in our community.

The OLA St. Vincent de Paul Conference still needs volunteers for the teams that work with helping clients with rent and utilities. The Food Locker is especially looking for interpreters for Russian and Spanish speaking clients who visit on Tuesdays and Thursdays from 10:00 a.m.-12:00 p.m.

We also have a need for thick plastic reusable grocery bags. You can drop them off at the parish office or in the collection boxes in the church.

Interested in volunteering for St. Vincent de Paul? Please contact president Marylee Johnson: jmjohn@surewest.net.



OUR LADY OF THE
Assumption
PARISH

OLA
LIVE

March 2023 OLA Live Events

Fridays during Lent at 7:00 pm

Stations of the Cross

Thursday, March 7th at 6:30 pm

Rosary (Sorrowful Mysteries) in the Presence of the Blessed Sacrament

Monday, March 27th at 6:15 pm

Lenten Contemplative Prayer and Penance Service

www.olaparish.net



OLA Vocations Prayer: Loving God, You speak to us and nourish us through the life of this church community. In the name of Jesus, we ask you to send your Spirit to us so that men and women among us, young and old, will respond to your call to service and leadership in the church. We pray, especially in our day, for those who hear your invitation to be a priest, sister, brother, or deacon; and also for those called to be a spouse or single person. May those who are opening their hearts and minds to your call be encouraged and strengthened through our enthusiasm in your service.

We ask this through Christ our Lord. **Amen**

Mother Daughter Program

Mother * Daughter

2023 Program

The Mother-Daughter Program explores God's gift of human fertility and helps you and your daughter see God's plan of true femininity and becoming a Catholic woman.



Registration:

presentationparish.org/mdprogram

Ages 10-12: Saturday, March 18th | 9am - 12pm
Ages 13-16: Saturday, March 18th | 2pm - 5:30pm

Questions?

email: suzannefrancois8@gmail.com

Cost: \$30 per family

paid at the door

Presentation of the Blessed Virgin Mary Parish | 4123 Robertson Ave. Sacramento, CA 95821

Parish and Diocesan Vocations News

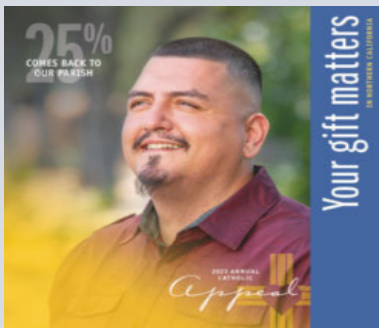
Are you interested in supporting vocations in our parish and diocese? OLA needs new membership and chairs for our parish Vocations Committee. If you are interested, please contact the parish office at parish@olaparish.net or (916) 481-5115. There is an upcoming retreat offered by the diocese on March 11th for parish Vocations Committee members.

Deus Vocat Retreat (God is Calling)

The Office of Priestly & Religious Vocations invites girls ages 13 to 17 to our Deus Vocat weekend retreat at Trinity Pines Catholic Center in Colfax. The dates are April 21-23, 2023. You may register your daughter at www.scd.org/DeusVocat. Cost: \$85 (after March 31st, registration will go up to \$90). No registrations will be accepted after April 10th. Space is limited. If you have any questions, please contact our office at (916) 733-0258 or by email to msmith@scd.org.

VOCARE – Young Adult Discernment Retreat

For women and men - ages 19-35 on Saturday, April 1, 2023 from 9am - 5pm at the Pastoral Center: 2110 Broadway, Sacramento 95818. Register for \$25 (includes lunch). www.scd.org/vocare If you have any questions, please contact the Diocese of Sacramento Office of Vocations at 916-733-0258 or email msmith@scd.org.



Come together in the charity of Christ to restore dignity and hope to others.

25% comes back to our parish for our own outreach to those in need.

Gifts that have already been made to the Appeal will make a difference in the lives of those who suffer physical, material, and spiritual poverty. If you have not yet made a donation, it's not too late! Donate online at www.scd.org/acagive.

Envelopes are also available in the church or parish office. 25% is returned to our parish for our own ministry to people in our community. Your gift matters.

The Annual Catholic Appeal is dedicated solely to the social mission of the Church here in Northern California. Last year, 380,000 people were helped by Appeal funded charitable works. In our parish, the Annual Catholic Appeal support St. Vincent de Paul and our school. Please be as generous as you can. Every gift makes a profound difference in someone's life.



Pregnant? Worried? Need Help? Call (800) 910-0191

The Gabriel Project

Interested in supporting the OLA Gabriel Project? Please contact the parish office for more information.

Find healing at Rachel's Vineyard



Call 916-733-0161 or email projectrachel@scd.org. All messages are confidential.



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