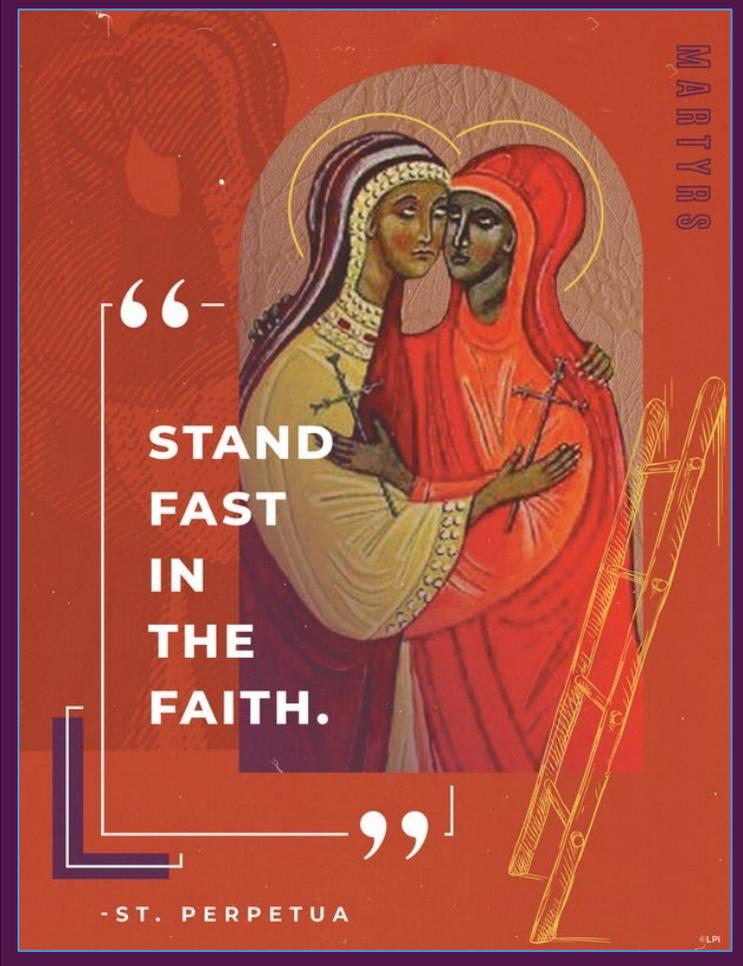




OUR LADY OF THE *Assumption* PARISH

5057 COTTAGE WAY
CARMICHAEL, CA 95608
(916) 481-5115
WWW.OLAPARISH.NET
PARISH@OLAPARISH.NET

Sunday, March 1, 2026
The Second Sunday of Lent



Pastor

Rev. Eduino T. Silveira - pastor@olaparish.net

Pastors Emeriti

Rev. Brendan McKeefry & Rev. Michael F. Kiernan

Office Manager

Stacie Nieves - officemgr@olaparish.net

Worship and Communications

Casey Oliver - worship@olaparish.net

Communications

communications@olaparish.net

Faith Formation

Tracy Urban - faithformation@olaparish.net

Parish Maintenance

Jake Benjamin - olamaint@olaparish.net

Emails from OLA Parish staff will be sent from an @olaparish.net email address or sent from OLA Parish via Flocknote (mail@flocknote.com). Please check the sender's email address if you receive any suspicious emails. Thank you.

OLA PARISH SCHOOL (Preschool - Eighth Grade)

Website: school.olaparish.net

Principal

Robert Love

Admissions

Elisabeth Gustorf - advancement@olaparish.net

School Office

Donna Eaddy - eaddy@olaparish.net

OLA ST. VINCENT DE PAUL SOCIETY

Provides assistance for those in need within our parish boundaries.

Please call: (916) 481-6352

Monday - Friday from 9:00 a.m. to 11:00 a.m.

Food Locker hours of operation are Tuesday and Thursday mornings from 10:00 a.m. - 12:00 p.m.

Mass Schedule

Saturday vigil Mass at 5:00 p.m.

Sunday Masses at 7:30 a.m., 9:00 a.m., 11:00 a.m., and 7:30 p.m.

8:00 a.m. daily Masses
(Monday-Friday and first Saturday)

Holy Days of Obligation:
8:00 a.m. and 5:30 p.m.

Confessions

Confessions are heard inside the church on Saturday afternoons at 3:00 p.m.

You may also call the parish office to schedule an appointment.

Parish Office Hours

Monday - Friday from 8:30 a.m. to 2:30 p.m.

Visit our website and join Flocknote for more information about our parish, ministries, and upcoming events.

olaparish.net  flocknote.com/olaparish

Follow us on Facebook, Instagram, and YouTube!

 facebook.com/OLAParish

 instagram.com/ola_parish_ca

 youtube.com/@OLAParishCA

PARISH MISSION STATEMENT

Love and Serve God. Love and Serve One Another.

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

PARISH ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

To reach out to any advisory council chairperson, please call the parish office or email parish@olaparish.net.

BULLETIN SUBMISSION INFORMATION

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at <https://olaparish.net/communications-committee>. **All requests are subject to approval by our Pastor, Fr. Eduino Silveira.** We will do our best to accommodate your timeline. For questions or requests, email communications@olaparish.net.

Bulletin Weekend Dates	Article Submission Due Date
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March 14 th – 15 th	March 6 th
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March 21 st – 22 nd	March 13 th
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March 28 th – 29 th	*March 18 th
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**Due dates may be earlier due to the printer's holiday schedule.*

STEWARDSHIP UPDATE

Your kindness has made a significant impact. Thank you!

February 14 th – 15 th Donations:	\$15,629.68
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February 18 th Ash Wednesday:	\$ 3,096.13
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February 21 st – 22 nd Donations:	\$ 9,060.29
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SPECIAL COLLECTIONS

This weekend is our Annual Catholic Appeal Commitment weekend. 25% is returned to the donor's parish to help support local social Service ministries.

March 14th/15th our parish will take up The Catholic Relief Services Collection. Funds from this collection provide for basic humanitarian needs, protect vulnerable children, reunite families, encourages legislation that reflects the importance of family in society, and bring Christ's love and mercy to all people here and abroad. Learn more about the collection at www.usccb.org/catholic-relief or donate at: <https://www.scd.org/crs>.

March 29th will be the 5th Sunday Collection for Saint Vincent de Paul

MEET A FINANCE COUNCIL MEMBER EACH WEEK



"As a member of the Finance Council, I serve our parish by using my financial background to service the needs of the church." -Wesley Carson

The Parish Finance Council is a consultative body of lay persons appointed to advise the Pastor in matters pertaining to the financial affairs of the parish. For details, contact Chair, Joe Selewicz by leaving a message with the parish office at (916) 481-5115.

JOIN OUR COMMUNITY



If you are attending Mass in person or online but not yet registered? PLEASE REGISTER TODAY! This will enable you to get more information about liturgical and social events. Access our online form by scanning the QR code or go to: <https://olaparish.net/community/register-us>.



FLOCKNOTE ONLINE GIVING COMMUNICATION & DATABASE

PLEASE JOIN OUR FLOCKNOTE ONLINE GIVING

If you have not already signed up for Flocknote Online Giving, we ask you to please take a minute and sign up for continued recurring giving. Flocknote Online Giving is an integral component of OLA's comprehensive parishioner communication and database system. Flocknote Fund It transaction fees are the industry standard amount. Using Flocknote Online Giving is more convenient for both parishioners and parish office staff. **You will have the ability to support OLA and it will allow you to:**

1. Make one-time donations.
2. Set up automatic recurring giving.
3. Choose which fund you specifically want to donate to.
4. Print your own tax records.



You can sign up for online giving by going through your existing OLA Parish Carmichael Flocknote account or go to: <https://olaparish.flocknote.com/give>.

Please contact us for assistance, at 916-481-5115 ext. 212 or flocknotesupport@olaparish.net.

FLOCKNOTE SMARTPHONE APP

Flocknote also offers an app for your smartphone where you can easily:

1. Check parish communications
2. Access educational videos through Flocknote Engage
3. Access Flocknote Online Giving to make a gift
4. View your giving history
5. Update recurring gifts

STAY CONNECTED BY SIGNING UP FOR EMAILS



Keep current with details of OLA parish activities by visiting our Flocknote website or by scanning the QR code using your smartphone camera or go to <https://olaparish.flocknote.com>. Once

there, be sure to join the OLA Parish Carmichael News and the OLA Parish Carmichael Faith and Catechesis email groups to receive important updates from OLA, including the weekly bulletin.

MASS INTENTIONS

SATURDAY, FEBRUARY 28TH

5:00 PM † **Sue Oliver**
by Fred Oliver
† **Debbie Giannoni**
by Fred Oliver

SUNDAY, MARCH 1ST

7:30 AM † **Sylvia Powers**
by Meriano family
† **Monsignor Valdemiro Fagundes** (99th Birthday)
by Meriano family
9:00 AM † **Will Canny**
by Selewicz family
(Sp) Nicolas Becerra
by Aida Lund
11:00 AM **(Sp) Barbarich family**
by Doud family
† **Jerry Costan**
by Campos family
7:30 PM **All Parishioners** (Missa Pro Populo)

MONDAY, MARCH 2ND

8:00 AM † **Gloria Medeiros**

TUESDAY, MARCH 3RD

8:00 AM † **Bill Portillo**
by Portillo family
† **Dave Leatherby Sr.**
by Leatherby family

WEDNESDAY, MARCH 4TH

8:00 AM † **Luis Alonso Barahona Martinez**
by Sharon Finley

THURSDAY, MARCH 5TH

8:00 AM **(Sp) Linda and Ernie Portillo**
by Annie Perez

FRIDAY, MARCH 6TH

8:00 AM † **Jose Nabor Gomez**
by Sofia Gomez

SATURDAY, MARCH 7TH

8:00 AM †† **Juan and Amelia San Miguel**
by Portillo family
5:00 PM † **Sue Oliver**
by George and Kathy Whitehouse
5:00 PM † **Joseph Cotton**
by Mom and Dad
5:00 PM **(Sp) Matt Dooling**
by Siobhan and Tony Riehl



PARISH CALENDAR

SUNDAY, MARCH 1ST

7:30 am, 9:00 am, 11:00 am,
and 7:30 pm Mass – Church
9:50 am (After Mass) Pray &
Play – Preschool Playground

MONDAY, MARCH 2ND

8:00 am Mass
9:30 am Meditation Group –
Church

TUESDAY, MARCH 3RD

8:00 am Mass
8:30 am – 7:00 pm
Exposition of the Blessed
Sacrament – Church

WEDNESDAY, MARCH 4TH

8:00 am Mass
6:00 pm Catholics in
Recovery – St. Anne's Room
7:00 pm OCIA – Affinito Hall
Rm. 3

For a **COMPLETE CALENDAR**, go
to the parish website:
<https://olaparish.net/calendar>.



THURSDAY, MARCH 5TH

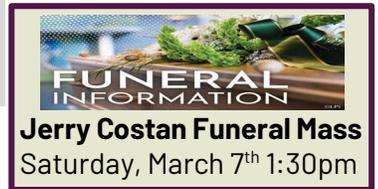
8:00 am Mass
8:30 am – 7:00 pm Exposition
of the Blessed Sacrament –
Church
6:30 – 8:00 pm She Shall Be
Called Woman – St. John's Hall
7:00 pm Living the Word –
Affinito Hall Rm. 3

FRIDAY, MARCH 6TH

8:00 am Mass
5:45 pm Lenten Soup Supper
– St. John's Hall
7:00 pm Stations of the Cross
– Church

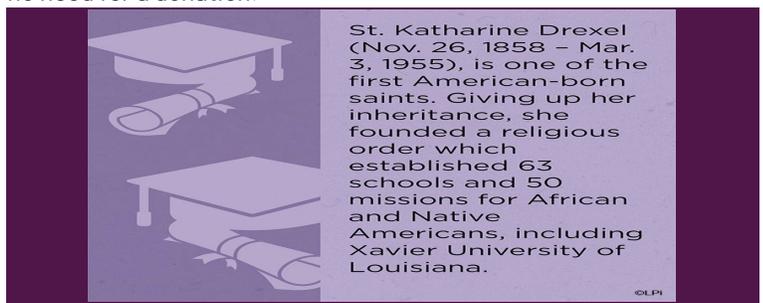
SATURDAY, MARCH 7TH

1:30pm Jerry Costan Funeral
Mass – Church
3:00 pm Confessions –
Church
5:00 pm vigil Mass



REQUEST A MASS INTENTION

To request a Mass Intention, please come by the parish office or call (916) 481-5115. Mass Intentions refer to the practice of offering a Mass for a specific purpose, such as for living or deceased individuals. **This practice allows us to pray for others, both the living and the dead. This is a meaningful way for Catholics to express their faith and support for others through prayer.** The “†” means that a person is deceased. The “(Sp)” means that it is a Special Intention for someone in need or an event like a birthday. A suggested donation in the province of the Archdiocese of San Francisco, which the Diocese of Sacramento is part, is \$10.00 but if a person cannot afford it there is no need for a donation.



OBSERVANCES FOR THE WEEK OF MARCH 1ST

Sunday: 2nd Sunday of Lent
Tuesday: St. Katharine Drexel, Virgin
Wednesday: St. Casimir
Saturday: Sts. Perpetua and Felicity, Martyrs
Sunday: 3rd Sunday of Lent; Daylight Saving Time begins

GOSPEL MEDITATION

March 1, 2026
2nd Sunday of Lent
Matthew 17:1-9

When I sit down to answer emails or write a Gospel reflection or return a phone call, I sometimes wonder: Does any of this humdrum work matter? Maybe you ask the same thing about your daily labor. Today's Gospel, the Transfiguration, offers a surprising answer.

Jesus leads Peter, James, and John up a mountain. There, "his face shone like the sun face and his clothes become white as light" (Matthew 17:2). That detail regarding his clothes is worth considering.

We know Jesus' body is inseparably united to the divine nature. But his clothing? That's something made by human hands. It's an artifact. And yet it shines with the same uncreated light. What does this detail mean? The early Church noted that Adam and Eve's first act after the Fall was to make clothing. This clothing symbolizes all human labor that supports our dignity. In Jesus' glorified garments, we see not just the redemption of our body, but of human effort to protect and uplift human dignity. Parents, your family is your work. Baristas, plumbers, nurses, accountants – your labor, your emails, your phone calls, your spreadsheets – can all become radiant when offered to God in love. The question isn't just do I believe in Jesus' glory, but do I believe he can share it with the work of my hands?

Lenten Challenge: Identify the "artifact" you are making to uplift the dignity of others: your job, your home, your relationships. Consciously bring it to the Lord this Sunday at Mass. Offer it to share in His glory. It will begin to shine.

– Father John Muir

©LPI

THANK YOU

Thank you to Tim Flanigan who coordinates our weekly Living the Word. This group is dedicated to reading and contemplating the Sunday Scripture readings for each week. There are also opportunities for faith sharing and discussions about how to live your faith in your daily life. Volunteers can serve as discussion leaders. They meet on Thursday evenings at 7:00pm in Affinito Hall Meeting Room 3.

FOR THOSE IN OUR COMMUNITY WHO HAVE PASSED AWAY...

*Eternal rest grant unto them, O Lord,
and let perpetual light shine upon them.
May the souls of all the faithful
departed, through the mercy of God,
rest in peace. Amen.*

Michael Ellison and Jerry Costan

PRAY FOR OUR SICK BROTHERS & SISTERS

BULLETIN SICK LIST POLICY

To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list.

The names will be added in alphabetical order. When a name is added it will be in bold type for a week. **Once a name is added, it will be removed either when requested OR after six months, unless there is a specific request to keep the name on the list for longer.**

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email:

communications@olaparis.net.

Thank you.

Doug Abbes

Mariano Afonso

Cathy Apker

Shannon Armstrong

Carmy Baca

Doreen Baldwin

Donna Blaschke

Larry E. Carnine

Joan Cotton

Mary Cottor

Ryan Daniels

Yolande De Forge

Robert DeAnda

Aaron Esselman

Bobbie Hall

Kathy Harreld

Dorothy Heimbichner

Matthew Holmes

Christine Jansen

Sheila Johnson

Maya Juarez

Michael Kyalwazi

Michael and Shannon Langer

Julia Silva Lara

John Lemieux

Kathleen Lemieux

David DeLeonardis

Dave Levin

Elaine Lyons

Delilah Macfal

Bennett Mattingly

Armie Mauricio

Langford Metzger

Margaret Mongeau

Jessica Montgomery

Nguyen Family

Kathleen Nolan

Jane Osborn

Dave Palmer

Camille Peter

Adam Peter

T.J. Rapozo

Rob & Teresa Reavis

Salvador Silva Reyes

David Rider

Guadalupe Rodriguez

Mary Roy

Mary Silva

Emily Tuazon

Linda Vaughan

Wesley Villariza

Rachel Wann

Tomasa Washington

Charlie Wetherall

Jack Wetherall

Cole Miller Whitney (baby)

Lawrence Wilhelm

Pat Wood

Bobby Zoppi

HOMEBOUND PARISHIONERS

Distribution of the Eucharist to our homebound parishioners is available. Eucharistic Homebound Ministers are dedicated to serving the spiritual needs of our homebound parishioners by bringing Christ to them and keeping them connected to our community. **Leave a message for Peggy Vellanoweth at the parish office if you would like to receive the Eucharist.**

PREGNANCY ASSISTANCE



**Pregnant? Worried?
Need Help?
Call (800) 910-0191**

The Gestational Program

HEALING AFER ABORTION



**Call (916) 733-0161 or
email:
projectrachel@scd.org**

All messages are confidential.

PARISH AND SCHOOL NEWS



YOUTH STATIONS OF THE CROSS MARCH 20TH

The OLA Youth Stations of the Cross will be featuring youth from our parish school and Faith Formation program. It will begin at 6:00pm in the church. We are looking for student readers (2nd-8th grades). The readings are short, simple and will be emailed to you as soon as you sign up. We will meet in the church at apx. 5:30pm that night to review the readings and the order. We are also looking for students to sing in the choir that evening. **Please email Casey at worship@olaparish.net if your student would like to volunteer to read or sing.**

LENTEN FISH FRY MARCH 20TH

Doors open for the Lenten Fish Fry at approximately 6:30pm after the Youth Stations of the Cross. Dinner will begin after Fr. Eduino gives the blessing. The menu includes fish, fries, apple slaw, and Leatherby's Ice Cream. Gluten free options are available. The dinner is free but donations are appreciated. Please RSVP by Friday, March 13th. RSVP forms are available in the church, parish/school offices or <https://olaparish.net/>.

We hope to see you there!



ADULT FELLOWSHIP



OLA adult parishioners are welcome to a fellowship of Sunday prayer and a pickup Basketball game in Affinito Hall.



Come to the church as early as 5:00 pm if you like. There will be a group rosary at 5:30 pm followed by basketball in Affinito Hall. Basketball will wrap up prior to 7:30 pm Mass. All players and spectators must be 18yrs or older and a registered parishioner. **The next meetings are Sundays, February 22nd, March 1st and 15th.** For details contact: Catherine Olguin at: 916-223-1257 or email catharina.936@gmail.com.

KNIGHTS OF COLUMBUS

Next Sunday is "WHEELCHAIR SUNDAY". Please join the knights of Columbus and The American Wheelchair Mission for a brief presentation on how you can help someone in need receive a free wheelchair. \$42,000 will deliver a container of 280 brand new wheelchairs to an American Wheelchair Mission approved country. **Your tax-deductible donation goes towards the purchase and delivery of these life-altering chairs.** Please help Fr. Eduino in his efforts to reach his goal of one full container of wheelchairs.

OLA SCHOOL IS BUILDING THEIR FAITH

Students: Please cut out the brick and bring it to school on Monday to add to your class board and help your class "build" their faith!



PARISH BULLETIN - NEW FORMAT

The bulletin's new format will begin on Sunday, March 8th.

- Stacie Nieves, Office Manager and Casey Oliver, Worship Director will be creating the 4pg. bulletin.
- Bulletin submission due dates will continue to be listed in the bulletin and submissions sent to: communications@olaparish.net. They will still be approved by Fr. Eduino and included if there is space.
- The *Pray for Our Sick Brothers and Sisters* section will no longer be in the bulletin. Instead, those names will be found in the *Prayers for the Sick* book located by the front right door area of the Church. The names in the book are also prayed for during Mass. The current names in the bulletin will be transferred over to the book.
- Due to space limitations, all submissions must be no longer than two lines.
- Ministry information will be available in *Ministry Booklets* located in the church and parish office.
- The bulletin will be informational only.
- Advertising on the back page of the bulletin is till through LPi at 1-800-950-9952 or www.4lpi.com.

LENTEN BABY BOTTLE DRIVE

Please join Sacramento Life Center's Lenten Baby Bottle Drive by supporting mothers this Lent! Pick up your baby bottle at the back of the church for your almsgiving and return it on Easter.

OLA GABRIEL PROJECT

OLA Gabriel Project meeting is on Monday, March 9th, 7:00 p.m. in Affinito Hall, Room 3. Be a part of a ministry that changes lives! Join us for our monthly Gabriel Project meeting as we support moms and families in need. New members from OLA or other parishes are always welcome! Whether you can give a little time or a lot, your help will truly make a difference! If you can't join us in person, please connect with us via MS Teams (contact skropf@winfirst.com for information). We'd love to have you!

SAINT VINCENT DE PAUL, OLA CONFERENCE

The St. Vincent de Paul Society (OLA Parish) needs a volunteer driver with an SUV or pick-up to purchase, deliver and unload eggs, milk and other groceries once a week for the SVDP Food Locker. If you wish to volunteer, please contact Dale Stradford at dstradford@ymail.com.

See page 7 for a letter from Leo Winternitz.

CATHOLICS IN RECOVERY

Join Catholic in Recovery Wednesday nights at 6 p.m. in St. Anne's Room. Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer. Confidentiality is protected. For details, visit our website: www.catholicinrecovery.com, or **Bill B. at (561) 827-0624 or at bbefort@bellsouth.net**.

PRAYER AND FORMATION AT OLA

EXPOSITION OF THE BLESSED SACRAMENT

All are invited to come to pray in the church on Tuesdays and Thursdays between 8:30 am – 7:00 pm.



**Make time to pray
in the peaceful presence of
our Lord.
All are invited to pray a Holy
Hour if you have the time to
do so.**

To sign up for an Adoration time slot, please contact Don Thamer at don.nprz6@gmail.com or text (916) 549-7195.

OLA MEDITATION GROUP

"BE STILL AND KNOW THAT I AM GOD" This group meets weekly on Mondays at 9:30 am in the church and follows Christian Meditation practice to help participants to grow in relationship with Christ. For more information, email: bilrider2808@sbcglobal.net.

OLA MINISTRY OPPORTUNITIES

For more information about ministry at OLA, visit our parish website: <https://olaparish.net/community/ministries> or contact Casey at: worship@olaparish.net. You may also leave a message at: (916) 481-5115 ext. 212.

LIVING THE WORD SCRIPTURE STUDY

All are welcome for Living the Word Scripture Study on Thursday evenings at 7:00 p.m. in Affinito Hall Meeting Room 3. At Living the Word, we discuss the Sunday scripture readings and how they apply to our daily lives.

RETURNING TO YOUR CATHOLIC FAITH

If you are returning to your Catholic Faith, we would like to offer an informal conversation with a member of the parish staff to help facilitate a comfortable active return to our church community by sharing information on topics that may have changed in your absence: Sacraments, Explanation of Mass, Church Terminology, Divorce/Annulment, etc. as well as discussing the many OLA ministry options. Interested? Please leave a message for Casey at (916) 481-5115 ext. 212 or send an email: worship@olaparish.net. We are very excited to have you join our faith family!

CHOIR IN THE PEWS MUSIC MINISTRY



Choir in the Pews is a volunteer ministry that is open to all ability levels. We need prepared singers in the pews who are willing to sing out during Mass to support and encourage the singing of others. If you have been interested in participating in music ministry, but have never had the time, this ministry is for you!

Please email Casey Oliver at worship@olaparish.net to learn more.

OLA LENT AND EASTER TRIDUUM SCHEDULE

LENT

Sunday, March 1st: Second Sunday of Lent (usual Mass schedule) – Penitential Rite for Candidates at 2/28 5:00pm Vigil Mass

Tuesdays, March 3rd, 10th, 17th, 24th, and 31st

- 8:30am – 7:00pm Exposition of the Blessed Sacrament in the church
- 6:45pm Rosary in the presence of the Blessed Sacrament (*livestream*)

Thursdays, March 5th, 12th, 19th, and 26th

- 8:30am – 7:00pm Exposition of the Blessed Sacrament in the church
- 7:00pm Living the Word Scripture Study in Affinito Hall Rm. 3

Fridays, March 6th, 13th, and 27th

- 5:45pm–6:45pm Soup Supper in St. John's Hall
- 7:00pm Stations of the Cross in the church (*livestream*)

Friday, March 20th

- 6:00pm Stations of the Cross in the church
- 6:30pm (approximately) After Stations of the Cross will be our Lenten Fish Fry, after Fr. Eduino gives the blessing.

Saturday, March 7th, 14th, 21st, and 28th

- 3:00pm *Sacrament of Confession* in the church

HOLY WEEK

Sunday, March 29th: Palm Sunday (usual Mass schedule)

Tuesday, March 31st: Tuesday of Holy Week

- 8:30am – 7:00pm Exposition of the Blessed Sacrament in the Church
- 6:45pm Sorrowful Mysteries of the Rosary in the presence of the Blessed Sacrament (*livestream*)

Thursday, April 2nd: Holy Thursday

- 7:00pm Holy Thursday Evening Mass of the Lord's Supper (*livestream*)
- 8:00pm (approximately)– 9:00pm Adoration following the transfer of the Most Blessed Sacrament.

Friday, April 3rd: Good Friday

- 12:00pm Good Friday Service
- 7:00pm Good Friday Stations of the Cross in the church

Saturday, April 4th: Easter Vigil

- 8:15pm Easter Vigil
- Celebration of the Sacraments of Initiation and Rite of Reception of Baptized Christians into Full Communion at the Easter Vigil Mass

Sunday, April 5th: Easter Sunday Masses/Events

- 8:00am Mass
- 10:00am Mass (*livestream*)
- 11:00am (approximately) Easter Egg Hunt after the 10:00am Mass
- 12:00pm Mass

*There will be no 7:30pm evening Mass on Easter Sunday.

The most current OLA Lent and Easter Triduum calendar is posted on our Parish Website at: <https://olaparish.net> and copies are also available in the church and parish office. Visit <https://olaparish.net/livestream-mass> for livestream Masses or <https://olaparish.net/ola-live> for all other livestream events.

LOVE AND SERVE GOD, LOVE AND SERVE ONE ANOTHER

BOY SCOUT TROOP 328 FUNDRAISER

We will be outside the church after the 7:30am, 9am, and 11am Mass, March 1ST to take orders for custom, scout crafted cutting boards. The cutting boards are great for cutting food, for charcuterie, and for display. This is one of our biggest fundraisers and proceeds will go toward summer programs. Troop 328 is an integral part of the OLA, with over 60yrs serving the OLA community. We are always looking for individuals interested in joining Scouts, to have fun, to learn, and to make lifelong friends. For details on both, contact Mike at rockusc@gmail.com, or Cynthia at cheebclark@gmail.com. Thank you for your support.

CHRISM MASS

Bishop Jaime Soto will preside at the annual **Chrism Mass at the Cathedral on Thursday, March 26, 2026, at 6pm.** Bishop Soto and the priests of the diocese will pray for God's continued blessings on the local church of Sacramento. The priests will renew their priestly promises. The Chrism Mass is one of our most important Diocesan celebrations where Bishop Soto will bless the Holy Oils that are used in sacramental celebrations in all the parishes of the Diocese throughout the coming year.

YCP SACRAMENTO – NETWORKING NIGHT

Join us for a **Young Catholic Professionals networking night at St. Lawrence the Martyr in North Highlands on Saturday, March 7th from 7:00pm-9:00pm.** You can expect conversation prompts and networking activities that help you move beyond surface-level introductions. Young professionals striving for

excellence – without compromising their faith. Mocktails, light bites, desserts, and a welcoming atmosphere that makes it easy to relax and engage.



7 PARISHES PILGRIMAGE – APRIL 4TH, 7AM – 2PM

The Seven Parish visit is a beautiful Hispanic tradition that we will be carrying out on Holy Saturday, walking 7.8 miles. For those unable to walk, you can participate by car. **Walk with the entire community, our Bishop Jaime Soto, Father Arnold and the relic of the Cross of Jesus belonging to the parish of the Holy Cross.** For more information, call Radio Santisimo at 916-999-1240 or go to www.radiosantisimosacramento.com.

SUMMIT SPRING RETREAT

The **Newman Catholic Center's Summit Spring Retreat** will be providing chartered bus transportation from Sacramento St, Chico St, & UC Davis. Breakfast, lunch, and dinner will also be provided. This will be a minute walk away from the Pacific Ocean/Beach! Music, food, fellowship/fun, and games as well as Mass, keynotes, workshops, prayer, confession, and Eucharistic Adoration. **This will be at Camp St. Francis in Aptos, CA (near Santa Cruz) on April 17-19th.** Register today!

Early Registration is \$100 before 4/01/26, \$150 after that date. Use the QR code to register or get additional information at: www.NewmanCatholicCenter.org.



LETTER TO OLA PARISHIONERS

Dear OLA Parishioners,

Thanks to your generosity the Our Lady of the Assumption Saint Vincent de Paul Society was able to help 2, 961 of our neighbors during the months of December and January. This includes 1,235 children between the ages of 0-17 years.

SVdP helped by providing nutritious food twice a month, rent and utility assistance, gift cards for clothing, furniture, bedding and school supplies. We also always provide information for additional resources.

Most importantly, SVdP volunteers offered our neighbors presence and compassion; information and self-help; and then, a little material help.

It is important that you know that based on our latest tax returns, more than 99.9 cents of each dollar you donate is used directly for the needs of our neighbors. This is made possible because SVdP workers are all volunteers. Our overhead is low and we rely principally on donations of food and other services.

We would not be able to do this without your generous support and the critical support of Fr. Eduino Silveira. Thank you, fellow parishioners, and thank you Father Eduino.

If you would like further information on SVdP please visit the OLA website: <https://olaparish.net/st-vincent-de-paul-society-ola-conference> or contact me at: svdpparish@olaparish.net.

Thank you,

Leo Winternitz

STATIONS OF THE CROSS

Question: Who invented the Stations of the Cross?

Answer: The first Stations of the Cross were walked by Jesus himself on the way to Calvary. Known as the "Via Dolorosa" ("The Way of Suffering") or the "Via Crucis" ("The Way of the Cross"), it was marked out from the earliest times and was a traditional walk for pilgrims who came to Jerusalem. The early Christians in Jerusalem would walk the same pathway that Jesus walked, pausing for reflection and prayer. Later, when Christians could not travel to the Holy Land, artistic depictions of "The Way of the Cross" were set up in churches, or outside and Christians would walk from station to station, reading the Gospel account of the Passion, or simply praying and reflecting on each event. While the content or place of each station had changed, the intention was to make a mini-pilgrimage and follow—literally—in the footsteps of Jesus.

This devotion became better known in the Middle Ages, and the Franciscans are credited with its spread. Lent is a time when many people make the Stations and some churches present Passion plays or Living Stations. But anyone can pray the Stations at any time. **It is a simple and personal reflection on the passion of Jesus and what it means to us.** ©LPI

SECOND WEEK OF LENT



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