

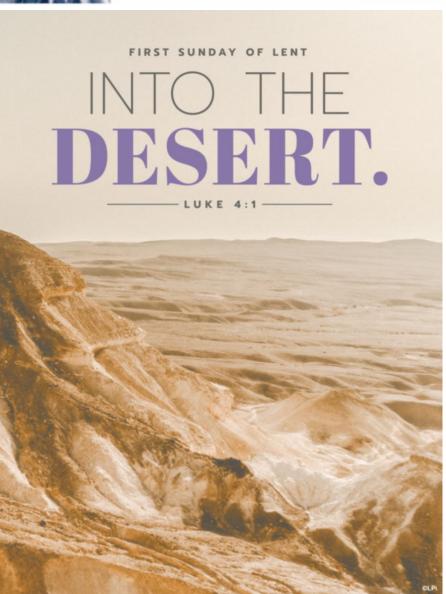
OUR LADY OF THE Assumption

O 5057 COTTAGE WAY CARMICHAEL, CA 95608

(916) 481-5115

WWW.OLAPARISH.NET

PARISH@OLAPARISH.NET



Regular Mass Schedule Saturday vigil Mass at 5:00 p.m.

Sunday Masses at 7:30 a.m., 9:00 a.m., 11:00 a.m., and 7:30 p.m.

8:00 a.m. daily Masses (Monday-Friday and first Saturday)

Holy Days of Obligation: 8:00 a.m. and 5:30 p.m.

Confessions are heard inside the church on Saturday afternoons at 3:30 p.m.

You may also call the parish office to schedule an appointment.

Please visit our website and subscribe to Flocknote for more information about our parish, ministries, and upcoming events.

olaparish.net

flocknote.com/olaparish

Sunday, March 9, 2025

Bulletin for the

First Sunday of Lent

Pastor Rev. Eduino T. Silveira pastor@olaparish.net

Pastors Emeriti
Rev. Brendan McKeefry &
Rev. Michael F. Kiernan

Deacon
Paul Friedrich
deaconpaul@olaparish.net

PARISH OFFICE HOURS

Monday - Friday 8:30 a.m. - 2:30 p.m.

OLA PARISH SCHOOL

PRESCHOOL - EIGHTH GRADE (916) 489-8958

School Website: school.olaparish.net
Principal: Robert Love

OLA ST. VINCENT DE PAUL SOCIETY

Provides assistance for those in need within our parish boundaries.

Please call: (916) 481-6352

Monday - Friday | 9:00 a.m. - 11:00 a.m.

Food Locker hours of operation are Tuesday and Thursday mornings from 10:00 a.m. - 12:00 p.m.

You are invited to follow OLA Parish on Facebook, Instagram, and YouTube!



facebook.com/OLAParish



instagram.com/ola_parish_ca



youtube.com/@OLAParishCA

PARISH STAFF

Pastor

Rev. Eduino T. Silveira | pastor@olaparish.net Deacon

Paul Friedrich | deaconpaul@olaparish.net

Office Manager

Stacie Nieves | officemgr@olaparish.net

Worship and Communications
Casey Oliver | worship@olaparish.net

Ministry Coordinator

Jane Ricci | ministry coordinator @ olaparish.net

Faith Formation

Tracy Urban | faithformation@olaparish.net

Youth Ministry

Johann Rubia-Miller | youth@olaparish.net

ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

OLA SCHOOL

Principal: Robert Love

Vice Principal: Hellen Brassfield Admissions: Elisabeth Gustorf advancement@olaparish.net General Questions: Donna Eaddy eaddy@olaparish.net

Parish Mission Statement

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

Observances for the week of March 9, 2025

Sunday: First Sunday of Lent

Daylight Savings Time begins

Monday: Tuesday: Wednesday: Thursday: Friday: Saturday:

Next Sunday: Second Sunday of Lent



SATURDAY, MARCH 8

5:00 PM † Joseph Cotton

love Mom and Dad

† John Halla (2 years)

by daughter Susan

SUNDAY, MARCH 9

7:30 AM † Guilhermina Silveira

9:00 AM † Joao Jose Machado

11:00 AM † Norma Vickery

by Debbie Armstrong

7:30 PM All Parishioners (Missa Pro Populo)

MONDAY, MARCH 10

8:00 AM † Jutta Woodington

TUESDAY, MARCH 11

8:00 AM † Gloria Medeiros

WEDNESDAY, MARCH 12

8:00 AM †† Dale and Arlene Fuller

by Portillo Family

†† Richard and Pat Ramey

(76th Anniversary) by John Ramey

THURSDAY, MARCH 13

8:00 AM † Jake De Souza-Warlitner

(birthday)

by grandmother, Virginia De Souza

FRIDAY, MARCH 14

8:00 AM †† Fernando and Mary Garcia

SATURDAY, MARCH 15

5:00 PM † Serafin Silveira



JOIN OUR OLA COMMUNITY







Sign up for Flocknote emails and the Flocknote Engage educational resources by scanning the QR code or at https://olaparish.flocknote.com/.

Aren't signed up for OLA Parish Flocknote yet? **We can help you!** We can assist you in the parish office and via email. Call the parish office or email Deacon Michael Tateishi at deacon@olaparish.net.

Are you attending Mass regularly at Our Lady of the **Assumption Church but not registered?**

Register today as a parishioner! Go online to https://olaparish.net/community/register-us or scan the OR code.



Current parishioners may also update/verify contact information using the parishioner registration form.

Thank you! FOR THESE GIFTS WE ARE GRATEFUL

Weekend Offertory 3/2/25 E-Giving 2/24/25 to 3/3/25

\$ 9,486.50 \$6,748.42

Total:

\$16,234.92

Support our church easily & securely with online giving!

Our church now uses Flocknote for secure online giving! You can donate by visiting the website below on your computer or a mobile browser!



It's the easiest & most secure way to give to our church and its ministries!



You can make one-time donations or you can set up automatic, recurring giving!



Sign up for online giving through your **OLA Parish Flocknote account or by visiting** https://olaparish.flocknote.com/give.

Flocknote Fund It transaction fees are the industry standard 1.1% + 30¢ per ACH transaction, and 2.9% + 30¢ per credit/debit card transaction.

For questions or assistance with your OLA Parish Flocknote account, please send an email to flocknotesupport@olaparish.net.

PARISH CALENDAR

Sunday, March 9

Masses: 7:30 am - 9:00 am -

11:00 am - 7:30 pm

10:15 am Faith Formation -Bannon Hall/St. John's Hall

Monday, March 10

8:00 am Mass

4:00 pm Meditation Group -Church

7:00 pm Gabriel Project -Affinito Hall Rm. 3

Tuesday, March 11

8:00 am Mass

8:30 am - 7:00 pm

Exposition of the Blessed Sacrament - Church

6:30 pm Knights of

Columbus - St. John's Hall

Wednesday, March 12

8:00 am Mass

12:00 pm OLA Jubilee Planning mtg.- St. John's Hall 6:00 pm Catholics in

Recovery - St. Anne's Rm. 6:00 pm OCIA - Affinito Hall

Room 3

6:30 pm She Shall Be Called Woman - St. Paul's Room

Thursday, March 13

8:00 am Mass

8:30 am - 5:00 pm Exposition of the Blessed Sacrament -Church

3:00 pm OLA SVdP mtg. -Affinito Hall Rm. 3

5:30 pm Univ. of Notre Dame Glee Club Pre-concert Reception - Affinito Hall

7:00 pm Univ. of Notre Dame Glee Club Concert - Church

7:00 pm Living the Word -Affinito Hall Rm. 3

7:00 pm Knights of Columbus' Grow Your Faith - St. Paul's Rm

Friday, March 14

8:00 am Mass

5:45 pm Lenten Soup Supper - St. John's Hall

7:00 pm Stations of the Cross - Church

Saturday, March 15

12:00 pm Baptism - Church

3:30 pm Confessions -Church

5:00 pm vigil Mass







Through the Annual Catholic Appeal, we offer ourselves as missionaries of hope to those who suffer in our **communities.** 25% comes back to our parish for our own outreach to those in need. To donate online, please use your smartphone to scan the OR code, or visit the website https://www.scd.org/catholic-foundation/giving.

LEAVE A LEGACY OF FAITH: Include OLA in your Estate Planning

Ensure your faith and values live on for generations to come by including OLA in your will or estate plans.

Your legacy gift will support our parish's mission, ministries, and future growth.



Questions? Contact Elisabeth Gustorf, Advancement Director, advancement@olaparish.net

GOSPEL MEDITATION

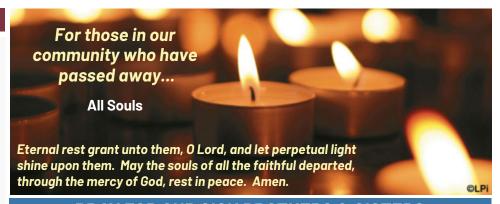
March 9, 2025 1st Sunday of Lent Luke 4:1-13

One of the most fascinating moments in American history is when George Washington could have become the king of the newly liberated United States and didn't. At the height of his power and fame, on Dec. 23, 1783, he resigned his commission as Commander-in-Chief, and went home. The astonished King of England remarked that in doing so, Washington was "the greatest man in the world." Greatness is often defined by what we could do but don't. Greatness is measured by the temptations we overcome.

Jesus' greatness is revealed in his victory over temptations, too. The three offered him by the devil contain, we might say, all potential possible temptations: food, power and fame. They correspond to the triple human needs of body, soul and spirit. In overcoming these three, he says "no" in essence to every and even the greatest temptation. We see that every desire of his humanity — body, soul and spirit – is perfectly united to God, to love. This is a power available to each member of his body. It is the path to true greatness. How can we, who so easily fall into even small temptations, find the power to overcome large ones? By entering into the great dynamics of Jesus' temptations.

Lenten challenge: This first week of Lent, list some concrete ways you can overcome temptations that correspond with your desires. For example, you may give up snacks between meals, choose not to participate in an activity of which you are an expert, and decide to reduce social media posting by 50%. It may not seem like much, but by saying "no" to the tyranny of food, power, and fame (in this example), you'll discover true greatness.

- Father John Muir ©LPi



PRAY FOR OUR SICK BROTHERS & SISTERS

Bulletin Sick List Policy

To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list.

Once a name is added, it will be removed either when requested OR after six months. Names will then be removed unless there is a specific request to keep the name on the list for longer.

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email parish@olaparish.net. Thank you.

Tomasa Washington Ryan Daniels Donna Blaschke **Esther Paulos Wesley Villariza Charlie Wetherall** Lawrence Wilhelm **Camille Peter Donna Deterding Parks** Yolande De Forge **Adam Peter Langford Metzger Mary Roy** Michael and Shannon Langer

Guadalupe Rodriguez Amber Morris Doug Abbes John Klaas **Kathy Harreld** T.J. Rapozo **Diane Goodman**

Will Walker **Bennett Mattingly Jack Wetherall**

Elaine Lyons John DeSouza **Jerry Seldon**

Sheila Johnson

Nick Friedrich April Valencia **Robert DeAnda**

Angie Marakas Linda Vaughan

Christine Jansen Matthew Holmes

Carl Sikora

Pat Wood Maria Passarelli **Cathy Apker**

Shannon Armstrong

Earl Knight Karen DeAnda **Kathleen Nolan**

Jessica Montgomery

Dave Palmer Scott Miller

Call the parish office to add a name or to remove a name from this list.

Distribution of the Eucharist to our homebound parishioners is available.

Eucharistic Homebound Ministers are dedicated to serving the spiritual needs of our homebound parishioners by bringing Christ to them and keeping them connected to our community. Leave a message for Peggy Vellanoweth at the parish office if you would like to receive the Eucharist.

OLA Communications Information

BULLETIN WEEKEND ARTICLE DATES Mar 14 Mar 22 - Mar 23 DEADLINES

Mar 29 - Mar 30 **Mar 21**

Mar 28 April 5 - April 6

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at https:// olaparish.net/communications**committee**. All communications requests are subject to approval by Father Eduino.

For general questions or bulletin requests, you may also send an email to communications@olaparish.net.

PARISH AND SCHOOL NEWS

Annual Catholic Appeal Commitment

Through the Annual Catholic Appeal, 25% comes back to our parish for our own outreach to those in need. We may not all work on the front lines of charity, but through the Annual Catholic Appeal, our whole community leans in to help our Catholic charities and our own parish to sustain programs and ministries that help lift our neighbors and friends out of the hardships of poverty.

The Annual Catholic Appeal is dedicated solely to the social mission of the Church here in Northern California. Last year, 509,000 people were helped by appeal-funded charitable works. Every gift makes a profound difference in someone's life. Thank you for your generosity! It is not too late to make a gift for this year's appeal.

OLA Gabriel Project Meeting



Please join us for the next Gabriel Project meeting on Monday, March 10th at 7:00 p.m. in Affinito Hall room 3. We look forward to sharing how we provide spiritual, emotional, and material support to help meet the needs of women and families facing difficult or crisis pregnancies.

OLA Parish Proposed Projects Meeting

Please come to a meeting on Sunday, March 16th from 12:00 pm to 1:30 pm in Affinito Hall - Lucchetti Gym. We would like to present various projects for our parish and would like your input. Thank you.



Jubilee Year Pilgrimage Sites "We are pilgrims of hope at OLA!"

Bishop Soto has designated twelve Pilgrimage Sites for the Jubilee Year and encourages all Catholics to make a pilgrimage and visit these sites and to reflect and pray upon the three diocesan themes for the Jubilee. The first theme is "To See God" based on the scripture passage from 1 John 3:2-3: "We shall be like him, for we shall see him as he is. Everyone who has this hope based on him makes himself pure as he is pure." As pilgrims of hope, we believe: One day, we shall see God as He is. What does this mean to you? And how does that give you hope?

On the diocesan jubilee website, www.scd.org/Jubilee2025, each parish icon is listed with the days and hours that the pilgrimage site will be open during the Jubilee Year. After visiting a site, place the sticker on the corresponding site in the Jubilee brochure. Take a picture or a selfie and share it on social media with the hashtag #hopefulpilgrims.

We hope that OLA parishioners will visit pilgrimage sites. Place a picture from your visit on the new OLA Jubilee bulletin board in the back of the church. There is a copy of the brochure with the map posted on the board. If you are the first person from OLA to visit one of the pilgrimage sites, please place a sticker for that site on the map. We hope to fill the bulletin board with pictures from our pilgrimages!

University of Notre Dame Glee Club Concert at OLA





On Thursday, March 13th, the University of Notre Dame Glee Club will be holding a concert right here at OLA!

There will be a pre-concert reception at 5:30 p.m. in Affinito Hall, and the concert will follow the reception at 7:00 p.m. in the church. *Tickets prices are as follows:* \$30 Reserved; \$20 General; \$10 Children (12 & under); \$50 Family Bundle (2 adults & 2 children).

Visit http://sacramento.undclub.org/events/111350 to purchase tickets, or scan the OR code above.

Catholic 0 & A: Lent

Question: What can I do to keep the spirit and practice of Lent?

Answer: It is important for us to "tune up" our faith, taking some time to renew ourselves through prayer, meditation, and education. By deepening our knowledge and understanding of faith, we are often better attuned to its richness and meaning for our life.

Lent is an intense retreat, a forty-day period of reflection and penance that prepares us to celebrate the passion, death and resurrection of Christ. Our communication with God and our awareness of him is the purpose of prayer. Setting aside extra time each day helps intensify the season. Prayer includes daily Mass, Stations of the Cross, communal penance services and private confession. Making restitution for sin as well as disciplining our hearts and minds to focus on God is the purpose of penance. It helps us restore a sense of balance to our souls, thrown off kilter by sin. Penance includes personal sacrifice, self-denial, fasting, almsgiving and charitable works.

Finally, spiritual practices help us sharpen our understanding and insight into the meaning and understanding of our faith. When you take your faith seriously, you do what is necessary to follow Jesus more closely, to integrate your life and your faith more carefully.

Prayer for Lent

Dear Jesus,

This is the first Sunday of Lent, and I want to commit myself more deeply to you this season. Inspire me with the Lenten penances you most desire, the ones that help me to grow ever nearer to you. **Amen.** ©LPi

"Brick by Brick" OLA School is Building Our Faith

Students: Please cut out the brick and bring it to school on Monday to add to your class board and help your class "build" their faith!



PRAYER AND FORMATION AT OLA

Exposition of the Blessed Sacrament

All are invited to come pray in the church on Tuesdays and *Thursdays from 8:30 a.m. - 7:00 p.m.



Make time during Lent to pray in the peaceful presence of our Lord.

*Exposition will conclude at 5:00 p.m. on Thursday, March 13th, due to the Notre Dame Glee Club Concert.

To sign up for an Adoration time slot, please contact Don Thamer at <u>don.nprz6@gmail.com</u> or (916) 549-7195 mobile/text.

OLA Live Events

Join us for prayer inside the church or online! https://olaparish.net/ola-live

Fridays during Lent at 7:00 p.m.

Stations of the Cross

Tuesday, March 11th at 6:30 p.m.

Rosary (Sorrowful Mysteries) in the presence of the Blessed Sacrament

OLA Meditation Group

This group gathers weekly on Monday afternoons at 4:00 p.m. and follows Christian meditations to help participants grow in relationship with Christ.

Meetings are in the church on the first Monday of the month and then on Zoom for the rest of the month. Email Fran Rider at billrider2808@sbcglobal.net for more information. "Be still and know that I am God."



Living the Word Scripture Study

All are welcome for Living the Word Scripture Study on Thursday evenings at 7:00 p.m. in Affinito Hall Meeting Room 3. At Living the Word, we discuss the Sunday scripture readings and how they apply to our daily lives.



OLA Ministry Information

Want to join a ministry? Does your ministry need assistance? We can help you!

For more information about ministry at OLA, visit our website: https://olaparish.net/community/ministries.

Do you wish to learn more about our parish ministries and/or sign up to become involved? Please contact Jane Ricci, our OLA Ministry Coordinator, via email at ministrycoordinator@olaparish.net. You may also call the parish office at (916) 481-5115 to leave a message.

OLA Schedule for Lent

The OLA Lent and Easter Triduum calendar is posted on our parish website, and copies are also available in the church and parish office. We will include a weekly summary of events in the bulletin throughout Lent.

Thursday, March 11

- -Exposition of the Blessed Sacrament in the church from 8:30 a.m. 7:00 p.m.
- Sorrowful Mysteries of the Rosary in the presence of the Blessed Sacrament at 6:30 p.m.

Thursday, March 13

- -Exposition of the Blessed Sacrament in the church from 8:30 a.m. 5:00 p.m.
- -Living the Word Scripture Study in Affinito Hall Rm. 3 at 7:00 p.m.

Friday, March 14

- -Soup Supper in St. John's Hall from 5:45 p.m.-6:45 p.m. hosted by OLA SVdP.
- -Stations of the Cross in the church at 7:00 p.m. (livestream)



Since the earliest days of the church, Christians have meditated upon Christ's passion and death. Over the centuries, the Stations of the Cross was popularized as a devotional means to experience the places and moments central to the story of Holy Week.

Resources to Help You Grow in Faith and Knowledge During Lent and Beyond

Did you know that our parish has access to Flocknote Engage, which includes <u>free</u> and complete access to Bishop Barron's Word on Fire ENGAGE video library and study programs? All that is required is a Flocknote account. Login to OLA Parish Flocknote and visit Word on Fire (WOF) Digital to watch any of the videos at any time. This is a robust faith formation resource that includes access to multiple study programs (including free pdf study materials). Flocknote Engage is a great resource if you want to bring together a small group to grow in faith. If you have questions or are interested in leading a group, contact Casey Oliver at <u>worship@olaparish.net</u>.

Check out our parish website which has even more spiritual and educational resources for your faith journey: https://olaparish.net/formation/resources.

Our parish social media channels feature inspiring and educational content to help us grow in faith and knowledge. Learn about the saints, feast days, teachings of the Catholic Church, and so much more!

facebook.com/OLAParish instagram.com/ola_parish_ca

COMMUNITY



St. Vincent de Paul Society - OLA Conference

Thank you for your support! We will be selling tickets for the Dinner for the Poor Maui Raffle after the Saturday, vigil and Sunday morning Masses this weekend. We need soup for the OLA Food Locker. We also need paper grocery bags. Please drop off donations at the parish office or in the church SVdP collection boxes.

For those who need assistance and live within our parish boundaries, the food locker is open Tuesdays and Thursdays from 10 A.M.-12 P.M. We can also help with utility and rent payments. Call (916) 481-6352 for more information. Interested in volunteering for SVdP? Please call us at (916) 481-6352 to leave a message, or email Marylee Johnson at imiohn@surewest.net.

SVdP Shred Day: Saturday, April 12, 2025, from 8:30 - 11:30 a.m. (or until the truck is full) in the Walnut Ave. parking lot. Bring old or new tax records, confidential documents, or other dust-gathering papers. The onsite truck allows you to watch your documents being shredded if you wish. Shredded paper is recycled. Donation suggestion is \$5.00 for a paper grocery bag and \$10.00 for a standard file box. No binders, large metal clips, plastic bags, or Amazon-style packaging. Email OLASVDPSHRED@GMAIL.COM for more info.

A Life Full of Hope-Persons with disAbilities

Join us on Saturday, March 22nd, 9:30–11:30 a.m., Pastoral Center, 2110 Broadway. No Cost! No one expects or wants their child to be born with a disAbility, but this is not the end of the world. It is the beginning of an unimaginable story to be lived. Join us in recognizing and sharing how to find and celebrate this hope. Questions: Martha Haig mhaig@icloud.com. Register at: https://www.scd.org/event/ministry-catholics-disabilities-spring-workshop.



Weekly Meetings at OLA

Join Catholic in Recovery Wednesday nights at 6 p.m. in St. Anne's Room. The meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer. Confidentiality is protected. We welcome those recovering from any addiction, compulsion, or unhealthy attachment. For more info, please go online to our website www.catholicinrecovery.com, or contact Bill B. at bbefort@bellsouth.net or at (561) 827-0624.



Pregnant? Worried? Need Help? Call (800) 910-0191 The Gabriel Project

Parents of Graduating High School Seniors

Are you a parent or guardian with a graduating high school senior and wondering how they're going to stay connected with their faith in college? **The Newman Center is a college ministry program that helps students across the country connect with their faith and build community.** All centers are hosting an Open House for parents & students to visit. Please join us at the Sacramento location on Sunday, March 16th at 5900 Newman Ct., 5:00pm – Mass, 6:30–8:00pm – Open House.

St. Patrick's Seminary Annual Day of Giving

St. Patrick's Seminary in Menlo Park is having their Annual Day of Giving on March 16th. If you would like to participate, go to: St. Patrick's Seminary – Roman Catholic post-graduate.seminary

Catholic Relief Services - Lenten Rice Bowl

Catholic Relief Services (CRS) is the relief and development agency of the United States Conference of Catholic Bishops. Since 1975, Catholics across the United States have come together each Lent to respond to global hunger through the CRS Rice Bowl program! During this Lenten season we'll share how people like you have made a local and global impact on the lives of our sisters and brothers in need and why our prayers and almsgiving are still needed today. During this holy season, let us recommit to sharing bread for life with our global family so that all people can reach their God-given potential. You may pick up a rice bowl at the rectory-side exit of the church to collect your physical donations during the Lenten season, or you may use the QR codes on the bottom of the bowls, CRS Rice Bowl posters, and pew pamphlets to donate online directly. Physical CRS Rice Bowls will be collected at the end of the Lenten season. To read this week's Story of Hope, go online and visit crsricebowl.org/week-1.

Sacramento Life Center Baby Bottle Drive



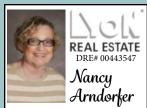


This Lent our parish and school will participate in the Sacramento Life Center's Baby Bottle Project. **This is a wonderful way we can give back to the community and help others in need.** Families are asked to fill the baby bottles with cash, checks, or coins throughout the weeks of Lent. This fundraiser supports the mission of the Sacramento Life Center, a licensed community medical clinic offering free pregnancy and related health services, along with community resources and referrals in a confidential and compassionate life-affirming environment. Please go to www.saclife.org for more information. You can donate online by scanning the QR above, or visit our website. If you write a check to the Sacramento Life Center, enter on the Memo Line: "Baby Bottle Drive – OLA." Thank you for your support!

Find healing at Rachel's Vineyard



Call (916) 733-0161 or email projectrachel@scd.org. All messages are confidential.



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