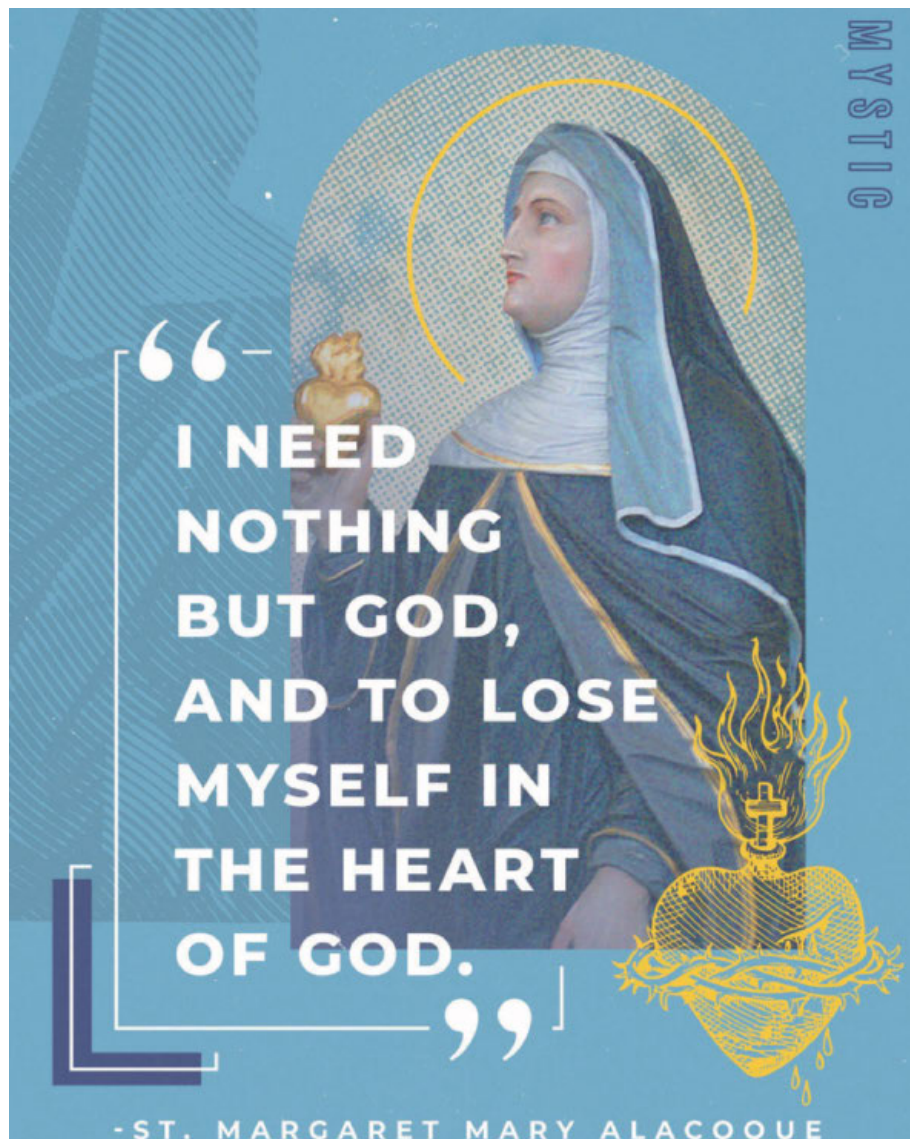




# OUR LADY OF THE *Assumption* PARISH

5057 COTTAGE WAY  
CARMICHAEL, CA 95608  
(916) 481-5115  
WWW.OLAPARISH.NET  
PARISH@OLAPARISH.NET



## Regular Mass Schedule

8:00 am daily Masses  
(Monday-Friday and  
first Saturday)

Saturday vigil Mass  
at 5:00 pm

Sunday Masses at 7:30 am,  
9:00 am, 11:00 am,  
and 7:30 pm

Holy Days of Obligation:  
8:00 am and 5:30 pm

**Confessions are heard inside  
the church on Saturday  
afternoons at 3:30 pm.**

You may also call the parish  
office to schedule an  
appointment.

Please check our website for  
current MASS SCHEDULE  
information.

**www.olaparish.net**

**Sunday, June 11, 2023**  
**Solemnity of the Most Holy**  
**Body and Blood of Christ**

**Pastor**  
**Rev. Eduino T. Silveira**  
**pastor@olaparish.net**

**Pastors Emeriti**  
**Rev. Brendan McKeefry &**  
**Rev. Michael F. Kiernan**

**Deacon**  
**Paul Friedrich**  
**deaconpaul@olaparish.net**

**OLA PARISH SCHOOL**  
**PRESCHOOL - EIGHTH GRADE**  
**(916) 489-8958**

School Website: [school.olaparish.net](http://school.olaparish.net)

Principal: Robert Love

Vice Principal: Steven Vidal

Admissions: Elisabeth Gustorf  
[advancement@olaparish.net](mailto:advancement@olaparish.net)

General Questions: Donna Eaddy  
[eaddy@olaparish.net](mailto:eaddy@olaparish.net)

## **OLA ST. VINCENT DE PAUL SOCIETY**

***Provides assistance for those in need  
within our parish boundaries.***

**Please call: (916) 481-6352**

**Monday - Friday | 9:00am - 11:00am**

**Food Locker hours of operation  
are Tuesday and Thursday mornings  
from 10:00 am - 12:00 pm.**

## **Parish Office Hours**

Monday - Friday  
8:30am - 2:30pm

## GOSPEL MEDITATION

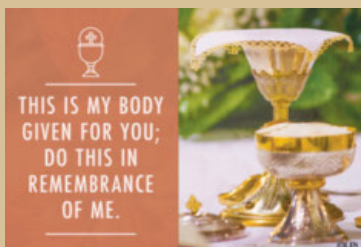
**June 11, 2023**

### The Most Holy Body and Blood of Christ – Corpus Christi

Years ago, a woman at daily Mass approached me in the communion procession. She had her arms crossed, indicating she wanted a blessing instead of the Sacred Host. She had tears in her eyes. I gave her a little blessing. She returned the next day. And the next. The same thing repeated. After a few weeks, I asked her why she didn't receive Holy Communion. She said she wasn't Catholic yet and was preparing to become so. I asked her why she wanted to be Catholic. She said, "Because I long to be in a real communion with Christ and with everyone I love." That, I submit, is a darn good reason. A few months later, she became Catholic and received the Body and Blood of Christ with unspeakably great joy and still does to this day.

Saint Paul says of the Eucharistic bread, "Is it not a participation in the body of Christ?" For Paul, the answer is obvious. Yes, it is exactly that. Which is why he can say, "we, though many, are one body." Jesus is truly, really, and substantially present in the Holy Eucharist. This is no magic trick, but a mystery of our salvation. He feeds us with the Sacrament of his body so that our communion with him – and with the other members of his body – is built up and becomes mature. That's why the Eucharist quenches our deep thirst for love and communion. The Body and Blood of Christ is the best reason to be Catholic. It's our participation of love in the one we love.

*Father John Muir* ©LPi



For those in our community who have passed away...

### All Souls

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.

Amen.



## PRAY FOR OUR SICK BROTHERS & SISTERS

**Jonathan Rassmussen**  
**Stacie Higginbotham**  
**Shirley Ward**  
**J. Richard Heintz**  
**Richard McClintock**  
**Debbie McGee**  
**Tom Hickman**  
**Denny Colleran**  
**Petra Morales**  
**Amanda Young**  
**Salvador Beltran**  
**Annette Megie**  
**Maria Bosker**  
**Diva Orsolini**  
**Nancy Colleran**  
**Loretta Taylor**  
**Sandy Berumen**  
**Evelyn Jensen**  
**John Tenerio**

**Sarah Maya**  
**Charles Kesmodel MD**  
**Lisa Berumen Cox**  
**Elsie & Mona Berumen**  
**Ericka Mora**  
**Junior Mora**  
**Adam Peters**  
**Maureen Baker**  
**Henry Holt (baby)**  
**Salvador Morales**  
**Joan Cotton**  
**Wayne Stone**  
**Sharon DeLeonardis**  
**Crystal Weeks**  
**Lisa Coffman**  
**Christine Jensen**  
**Malachi Rex-Pentacost**  
**Lila McHugh**  
**Pete Weir**

**Steve Oxarart**  
**Bob Thrasher**  
**Theda Lord**  
**Maria De Silva**  
**Cole Miller Whitney (baby)**  
**Ann Weldy**  
**Robert de Anda**  
**Felix Reyes**  
**Tomasa Washington**  
**Ryan Daniels**  
**Cindy Blecha**  
**Michael Taijeron**  
**Wyatt Chan (baby)**  
**Kamille Peter-Lienert**  
**Brian Blaschke**  
**Donna Blaschke (wife)**  
**Donna Blaschke (mother)**

Call the parish office to add a name or to remove a name from this list.

### OLA Communications Information

**BULLETIN WEEKEND DATES**

**ARTICLE DUE**

**DEADLINES**

**Jun 24-Jun 25**

**Jun 16**

**Jul 1-Jul 2**

**Jun 23**

**Jul 8-Jul 9**

**Jun 30**

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at <https://olaparish.net/communications-committee>. All communications requests are subject to approval by Father Eduino. For general questions or bulletin requests, you may also send an email to [communications@olaparish.net](mailto:communications@olaparish.net).



### **PARISH STAFF**

#### **Pastor**

Rev. Eduino T. Silveira | pastor@olaparish.net

#### **Deacon**

Paul Friedrich | deaconpaul@olaparish.net

#### **Parish Office**

Lorraine Messerer | officemgr@olaparish.net

#### **Worship and Communications**

Casey Oliver | worship@olaparish.net

#### **Faith Formation**

Tracy Urban | faithformation@olaparish.net

#### **Youth Ministry**

Johann Rubia-Miller | youth@olaparish.net

#### **Building Maintenance**

Earl Knight | maintenance@olaparish.net

### **ADVISORY COUNCIL CHAIRPERSONS**

Pastoral Council: Carmy Baca

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

### **OLA SCHOOL**

Principal: Robert Love

Vice Principal: Steven Vidal

Admissions: Elisabeth Gustorf  
advancement@olaparish.net

General Questions: Donna Eaddy  
eaddy@olaparish.net

### **PARISH MISSION STATEMENT**

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

### **Observances for the week of June 11, 2023**

**Sunday:** The Most Holy Body and Blood of Christ  
Second year of National Eucharistic Revival begins  
(Year of Parish Revival)

**Monday:**

**Tuesday:** St. Anthony of Padua, Priest & Doctor of the Church

**Wednesday:** Flag Day

**Thursday:**

**Friday:** The Most Sacred Heart of Jesus

**Saturday:** The Immaculate Heart of the Blessed Virgin Mary

**Next Sunday:** 11th Sunday in Ordinary Time  
Father's Day

©LPi



### **Weekly Mass Intentions**

#### **SATURDAY, JUN 10**

**5:00 PM (Sp) Tomasa Washington (Healing)**  
by Anne Perez

#### **SUNDAY, JUN 11**

**7:30 AM † Cian O'Neill**  
by Gearóid and Catherine O'Neill

**9:00 AM † Gregg Safford**  
by Safford family

**11:00 AM † Edward Schlesinger**  
by Margaret Schlesinger

**7:30 PM All Parishioners (Missa Pro Populo)**

#### **MONDAY, JUN 12**

**8:00 AM † Amelia San Miguel**  
**(Sp) Juan San Miguel**  
**† Bill Portillo**  
by Linda and Ernest Portillo

#### **TUESDAY, JUN 13**

**8:00 AM (Sp) Kamille Peter-Lienert (Healing)**  
by DeFrank family

#### **WEDNESDAY, JUN 14**

**8:00 AM (Sp) Kamille Peter-Lienert (Healing)**  
by DeFrank family

#### **THURSDAY, JUN 15**

**8:00 AM (Sp) Kamille Peter-Lienert (Healing)**  
by DeFrank family

#### **FRIDAY, JUN 16**

**8:00 AM (Sp) Kamille Peter-Lienert (Healing)**  
by DeFrank family

#### **SATURDAY, JUN 17**

**5:00 PM † John Freitas**  
by Sandi Lanz



## JOIN OUR OLA COMMUNITY

**Are you attending Mass regularly at Our Lady of the Assumption Church but not registered?**

Register today as a parishioner! Go online to <https://olaparish.net/community/register-us> or scan the QR code.



You may also call or visit the parish office for assistance.

*Thank you!*

### FOR THESE GIFTS WE ARE GRATEFUL

Weekend Offertory 6/4/23	\$ 8,920.00
E-Giving 5/29/23 to 6/4/23	\$ 5,855.16
<b>Total:</b>	<b>\$14,775.16</b>



We encourage our parishioners to enroll in our automated donation program called **WeShare**. This program provides a convenient way to make your donations to our church from the comfort of your home. To enroll please follow these simple steps:

Go to <https://olaparish.net> and click on Donate.

This will take you to our "Contribute" page, where you will find the **WeShare** link to enroll and donate.

Current WeShare customers with questions about their account can access customer support.

**WeShare Donor Support** Phone: (877) 316 0260 or go to <https://www.wesharegiving.com/support/>

**Help OLA continue its mission  
by making a special gift today!**

### CASH + CHECK

Checks payable to  
Our Lady of the Assumption Parish or  
Our Lady of the Assumption School

### ONLINE

Please visit <https://olaparish.net/contribute>  
or scan our QR Code.



### STOCK or PLANNED GIFTS

Please contact Elisabeth Gustorf, Advancement Director, at [advancement@olaparish.net](mailto:advancement@olaparish.net) or at (916) 489-8958 ext. 170.

Our Lady of the Assumption is a 501(c)(3) organization.  
All gifts are tax deductible as allowed by the law.  
Tax ID number is #45-3954215

## PARISH CALENDAR

### Sunday, Jun 11

**Masses: 7:30 am - 9:00 am  
- 11:00 am - 7:30 pm**

**10:15 am** Faith Formation  
Second Sunday Activity -  
Bannon Hall

**10:30 am** Flame Meeting -  
St. Paul's Room

**12:00 pm** Baptisms -  
Church

**12:30 pm** Girl Scouts Troop  
103 - Affinito Hall Rm. 3

### Monday, Jun 12

**8:00 am** Mass

**10:00 am** OLA Women's  
Book Club - Affinito Hall Rm.  
3

**6:30 pm** Boy Scouts Troop  
328 - St. John's Hall

**7:00 pm** Gabriel Project -  
Affinito Hall Rm. 3

### Tuesday, Jun 13

**8:00 am** Mass

**8:30 am - 7:00 pm**  
Adoration in the Church

**6:30 pm** Knights of  
Columbus Meeting - St.  
John's Hall

### Wednesday, Jun 14

**8:00 am** Mass

**6:00 pm** Catholics in  
Recovery - St. Anne's Rm.

### Thursday, Jun 15

**8:00 am** Mass

**8:30 am - 7:00 pm**  
Adoration in the Church

**8:00 am** Parent  
Engagement (CSAC) -  
Affinito Hall Rm. 3

**7:00 pm** Living the Word -  
Affinito Hall Rm. 3

### Friday, Jun 16

**8:00 am** Mass

**2:30 pm** Music Ministry  
Prayer Service Recording -  
Church

### Saturday, Jun 17

**10:30 am** Alanon Meeting -  
Affinito Hall Rm. 3

**12:00 pm** Baptisms -  
Church

**1:30 pm** Bible Study -  
Affinito Hall Rm. 3

**3:30 pm** Confessions -  
Church

**5:00 pm vigil Mass**



**June 11<sup>th</sup>, 2023 begins the Year of Parish Revival as part of the three-year National Eucharistic Revival.** Our world is hurting.

We all need healing, yet many of us are separated from the very source of our strength. Jesus Christ invites us to return to the source and summit of our faith in the celebration of the Eucharist. The National Eucharistic Revival is a movement to restore understanding and devotion to this great mystery here in the United States by helping us renew our worship of Jesus Christ in the Eucharist.



**Per Bishop Soto, on the Solemnity of the Most Holy Body and Blood of Christ, the weekend of June 10-11, pastors may resume the traditional practice of distributing the Precious Blood from the Chalice along with the Body of Christ for Holy Communion.** Please check our parish website for more information. Copies of the notice are also available in the parish office and in the church.

## PARISH & SCHOOL NEWS

### Altar Server Year End Party

**OLA hosted an end of the year party at Country Club Lanes to show its appreciation to all the altar servers, as well as their parents and families who support them in this essential liturgical ministry.**

Attendees enjoyed bowling, pizza, and fellowship! The party was organized by our new altar server coordinators, Steve, Jeff, and Megan Hall.



**To all of the altar servers and their families, we thank you for your dedication and service at the altar!** For more information about our altar server ministry, please send an email to the Hall family at [altarservers@olaparish.net](mailto:altarservers@olaparish.net).



### St. Vincent de Paul Society - OLA Conference

**Thank you for your continued generosity!** Your support makes a big difference in our community. **During the month of May, we served 1038 people at the Food Locker.** (564 adults ages 18-63, 131 seniors over the age of 63, 270 children ages 4-17, and 73 children ages 0-3.)

We also helped several families with rent and utilities, and two families with beds and furniture lost to a fire.

**For those who need assistance and live within our parish boundaries,** the food locker is open Tuesdays and Thursdays from 10 a.m. - 12 p.m. We give enough food for each member of the family to have 3 days of meals, breakfast, lunch, and dinner. We can also help with utility and rent payments. For more information, call SVdP at (916) 481-6352.

**Interested in volunteering for SVdP?** We currently need shoppers. If you can help, please call (916) 481-6352 and leave a message, or email SVdP president Marylee Johnson at [jmjohn@surewest.net](mailto:jmjohn@surewest.net).

## Faith Formation "Second Sundays" Summer Program



**The OLA Faith Formation Program will be hosting children focused faith-based development and community building events this summer in Bannon Hall following the 9:00 a.m. Mass from 10:15-11:30 a.m. the second Sunday of June, July, and August.**

These events will be held on the following Sundays:

- June 11
- July 9
- August 13

**Activities will include stories, crafts, games, snacks, and more.** The activities are targeted for younger ages (preschoolers - school age children grades K-6), and older siblings and parents are invited to stay and help. Entire families are welcome to participate.

Please reach out to Tracy Urban at [faithformation@olaparish.net](mailto:faithformation@olaparish.net) with questions.

### PERT Club June Meeting



**ALOOOOHA, June is Hawaiian month for PERT (People Enjoying Retirement Together).** So, let's grab those Muu Muus and Hawaiian shirts and join the Fun. We'll provide refreshments and a few treats; you can bring your own lunch and your sense of humor. **Join us on Tuesday, June 20<sup>th</sup>. Set up and visiting start at 10:30 a.m., and the meeting will begin at 11:00 a.m. in St. John's Hall.**

Please bring your food donation for St. Vincent de Paul. We will be planning the events for the next 6 months, so if you have a fun place to go, be sure and let us know.



## Adoration at OLA

**All are invited to come pray during Adoration in the church on Tuesdays and Thursdays from 8:30 a.m. - 7:00 p.m.**



***Make time to pray  
in the peaceful  
presence of our  
Lord.***

To sign up for an Adoration time slot, please contact Don Thamer at [don.nprz6@gmail.com](mailto:don.nprz6@gmail.com) or (916) 549-7195 mobile/text.

After Adoration on Thursdays, we have **Living the Word scripture study at 7:00 pm** in Affinito Hall Meeting Room 3. All are welcome!

## OLA Live Events in the Presence of the Blessed Sacrament

**June 11<sup>th</sup>, 2023 begins the Year of Parish Revival** as part of the three-year National Eucharistic Revival.

**At OLA, in addition to weekly Adoration, we host prayer services twice a month in the presence of the Blessed Sacrament.** Each month we pray the rosary and have a Lectio Divina and Taizé prayer service. Both services are livestreamed for those who cannot attend in person. All are welcome!

### Upcoming June OLA Live Events

**Thursday, June 22<sup>nd</sup> at 6:30 pm**

Lectio Divina and Taizé Prayer in the presence of the Blessed Sacrament

***Join us in prayer inside the church or online!***

**<https://olaparish.net/ola-live>**

## Catholic in Recovery

**Join Catholic in Recovery at Our Lady of the Assumption on Wednesdays at 6:00 p.m. in St. Anne's Room.** Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer. Confidentiality is protected.

**For more information about Catholic in Recovery,** visit [www.catholicinrecovery.com](http://www.catholicinrecovery.com), or email Bill B. at [bbefort@bellsouth.net](mailto:bbefort@bellsouth.net) or call (561) 827-0624.

## Reflection on the "Real Presence"

**Question: How do you explain "Real Presence" to children?**

**Answer:** The first Communion class is filled with excitement to the point of bursting! They are just awestruck by every new thing they learn about Jesus. Their enthusiasm is contagious as they rattle off the names of the things in church, the vessels and vestments used at Mass, and the names of their pastors and priests. Of course, they know Christ can do anything because he's God. He comes to us in holy Communion because he loves us so much that he wants to be with us. And he comes to us in the form of bread and wine. We really receive him in the Eucharist.

Sometimes it is easier to explain this to children than to adults. Their faith and trust in Jesus is not limited by the questions and doubts that often come with the question of how he does it. Rather, they focus on the question "why," and the answer is something they can easily grasp: love. Christ wants to be with us because he loves us. Nothing is purer in truth or in faith. Not even the theological explanation of transubstantiation, or philosophical reasoning or symbolic references, come close. Christ takes on the form of bread and wine to be simple and approachable, so that no one is afraid or turned away. His love for us is complete and total. We try to love him the same way in return. For a child, it is simple. For us adults, we keep trying. "Unless you turn and become like children, you will not enter the kingdom of heaven" (Mt 18:3). ©LPI

## Parish and Diocesan Vocations News

***Are you interested in supporting vocations in our parish and diocese? OLA needs new membership and chairs for our parish Vocations Committee.*** If you are interested, please contact the parish office at [parish@olaparish.net](mailto:parish@olaparish.net) or (916) 481-5115.

**Deus Vocat Retreat (God is Calling)** Boys ages 13 to 17 can learn more about the various vocations: marriage, diaconate, religious life, or priesthood. The weekend has time for prayer, fellowship, and games. July 28 - 30, 2023 at Trinity Pines Catholic Center in Colfax, CA. Reserve a spot for your son at [www.scd.rog/quovadis](http://www.scd.rog/quovadis).

**OLA Vocations Prayer:** Loving God, You speak to us and nourish us through the life of this church community. In the name of Jesus, we ask you to send your Spirit to us so that men and women among us, young and old, will respond to your call to service and leadership in the church. We pray, especially in our day, for those who hear your invitation to be a priest, sister, brother, or deacon; and also for those called to be a spouse or single person. May those who are opening their hearts and minds to your call be encouraged and strengthened through our enthusiasm in your service. We ask this through Christ our Lord. **Amen**

## COMMUNITY

We ♥ love  
having you as part of our flock



Keep in touch  
with us via  
email & text

Sign up for our parish Flocknote emails and Flocknote Engage educational resources at <https://olaparish.flocknote.com/>, or by scanning the QR code.



**Thank you to everyone who has signed up for Flocknote!** If you are regularly receiving emails from OLA, you are automatically a member of the OLA Parish Carmichael Flocknote group. This group is for all general communications from OLA, including the weekly Mass information and bulletin email, as well as emails regarding parish events, **volunteer opportunities (including special event volunteer opportunities)**, and other important information.

**Have you signed up for Flocknote but not receiving emails?** There are a few different reasons why you may not be receiving emails, and we can help you resolve these issues.

**If you have any questions or problems with Flocknote, or if you need help signing up or accessing the Flocknote Engage resources, please contact Casey Oliver at [worship@olaparish.net](mailto:worship@olaparish.net).**



**Pregnant? Worried?  
Need Help?**  
Call (800) 910-0191

*The Gabriel Project*

**Interested in supporting the OLA Gabriel Project?  
Contact the parish office for more information.**

**Find healing at Rachel's Vineyard**



**Call (916) 733-0161 or email  
[projectrachel@scd.org](mailto:projectrachel@scd.org).**

**All messages are confidential.**

## WORLD YOUTH DAY 2023 STATESIDE



Not attending World Youth Day in Lisbon?  
**Join us for World Youth Day Stateside!**

World Youth Day is a call to all Catholic young adults to renew their faith in Christ and prepare themselves for the work of the new evangelization and we are celebrating World Youth Day here in the Diocese of Sacramento.

**When:** August 5 & 6, 2023

**Where:** Trinity Pines Retreat Center, Colfax, CA

**Who:** Young Adults ages 18-39

**Cost:** \$25

Join our diocesan pilgrims in celebrating World Youth Day as they are in Lisbon celebrating this joyfilled moment!



Registration:

<https://catholic.formstack.com/forms/wydstateside>

Questions? Alex Barraza - [abaraza@scd.org](mailto:abaraza@scd.org) - 916-733-0134 - [facebook.com/scdoyys](https://www.facebook.com/scdoyys)



## Memories are made at Camp Pendola!

**Don't let you camper miss a chance to spend a week up in the pines at Camp Pendola.** Camp Pendola is offering five full weeks of camp for campers of all ages. While at camp, your camper will experience a small faith community with campers their age, find God in nature, and make memories that will last a lifetime. All while practicing their faith through the sacraments with the help of our weekly Chaplains. Camp sessions begin on June 18, 2023. **For more information check out our web site <https://www.pendola.org> or call Jen Campbell at 916-733-0135.**

## Prepare & Enrich Facilitator Training

**Saturday, June 17, 2023 from 8:00 am-2:30pm - online**

Want to help couples in their journey of marriage? Become a Marriage Prep facilitator. Learn the skills you need to joyfully accompany couples as you journey with them through numerous marriage life topics and statements. You will also receive access to the PREPARE & ENRICH website, customer service, and Catholic manuals to assist your conversations with both engaged & married couples. Cost: \$195 per couple (registration & materials). Register online at: <https://www.scd.org/marriageprep> Contact: Moises De Leon at 916-733-0133 or [Mdeleon@scd.org](mailto:Mdeleon@scd.org)



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**Nancy Arndorfer**  
Parishioner  
916-838-1763  
narndorfer@golyon.com

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jsullins@4LPi.com  
(800) 950-9952 x2662

**Donna Deterding & Associates**  
**Senior Care Advisor & Patient Care Manager**  
Elderly family member in the hospital? Need help navigating the senior health care continuum? Questions about benefits, home health agencies, hospice? Need someone to help manage the process, & maintain your loved one's dignity, while you continue your daily activities?  
Call Donna today for a **free** one hour consultation:  
916-769-1184 or email: DTDeterding@gmail.com

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