



OUR LADY OF THE *Assumption* PARISH

LOVE AND SERVE GOD · LOVE AND SERVE ONE ANOTHER

5057 COTTAGE WAY CARMICHAEL, CA 95608 · (916) 481-5115 · OLAPARISH.NET

OUR MISSION

LOVE AND SERVE GOD.
LOVE AND SERVE ONE ANOTHER.

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

JOIN OUR COMMUNITY

If you are attending Mass in person or online but not yet registered? PLEASE REGISTER TODAY! Access our online form by scanning the QR code or by visiting our parish website at <https://olaparish.net/register-us>.

Scan the QR code using your smartphone camera for the online parish registration form.



CONTACT US

OUR LADY OF THE ASSUMPTION CATHOLIC CHURCH

Address: 5057 Cottage Way Carmichael, CA 95608

Phone: (916) 481-5115

E-mail: parish@olaparish.net

Website: www.olaparish.net

Parish Office Hours

Monday - Friday | 8:30am to 2:30pm



flocknote.com/olaparish



facebook.com/OLAParish



youtube.com/@OLAParishCA



instagram.com/ola_parish_ca

OUR LADY OF THE ASSUMPTION PARISH SCHOOL

Preschool - Eighth Grade

Phone: (916) 489-8958

Website: <https://school.olaparish.net/>



JULY 19, 2026

**SIXTEENTH SUNDAY IN
ORDINARY TIME**

PAROCHIAL ADMINISTRATOR

Rev. Alvaro Perez, PES, Dean

PAROCHIAL VICAR

Rev. Dante "Dane" Lumabas, SSP

PASTOR EMERITUS

Rev. Michael F. Kiernan

MASS AND CONFESSION SCHEDULE

WEEKEND MASSES

Saturday vigil | 5:00pm

Sunday | 7:30am, 9:00am, 11:00am, & 7:30pm

DAILY MASS

Monday - Friday | 8:00am

First Saturday | 8:00am

HOLY DAYS OF OBLIGATION

8:00am & 5:30pm

RECONCILIATION

Saturday | 3:00pm

You may also call the parish office to schedule an appointment for confession.

EUCCHARISTIC ADORATION



Exposition of the Blessed Sacrament takes place each Tuesday and Thursday following the 8:00am Mass and concludes at 7:00pm.



OLA ST. VINCENT de PAUL SOCIETY provides assistance for those in need within our parish boundaries. Please call (916) 481-6352 Monday - Friday from 9:00am - 11:00am.

OLA SVdP Food Locker hours of operation are Tuesday and Thursday mornings from 10:00am - 12:00pm.

OLA PARISH STAFF

PAROCHIAL VICAR

Fr. Dante "Dane" Lumabas, SSP -
parochialvicar@olaparish.net

OFFICE MANAGER

Stacie Nieves - officemgr@olaparish.net

WORSHIP DIRECTOR

Casey Oliver - worship@olaparish.net

FAITH FORMATION

Tracy Urban - faithformation@olaparish.net

PARISH MAINTENANCE

Jake Benjamin - olamaint@olaparish.net

Emails from OLA Parish staff will be sent from an @olaparish.net email address or sent via OLA Parish Flocknote (mail@flocknote.com). Please check the sender's email address if you receive any suspicious emails.

ADVISORY BOARD CHAIRPERSONS

PASTORAL COUNCIL

Carmy Baca

FINANCE COUNCIL

Joe Selewicz

BUILDINGS & GROUNDS

John Blashke

To reach out to any of our parish advisory council chairpersons, please call the parish office or send an email to their attention at parish@olaparish.net.

OLA PARISH GIVING UPDATE

SUNDAY COLLECTION

Donations for Sunday, July 12: \$13,987.00

UPCOMING SPECIAL COLLECTION

There is no special collection in July.

The next special collection is taking place the weekend of August 9th. Proceeds from this collection go directly to support the work of pastoral projects in Mexico, Central and South America, and the Caribbean and supports catechetical and lay programs, youth ministry, evangelization, and programs for religious, priests and deacons throughout Latin America. For more info, visit www.usccb.org/latinamerica.

OLA PARISH FLOCKNOTE



Our parish uses Flocknote multipurpose software for our parishioner database, for email messaging, and for online giving. Flocknote also offers a smartphone app that allows you to easily check parish communications, view educational videos through Flocknote Engage, and access Flocknote Online Giving to make a gift, view your giving history and donor summaries, or update recurring gifts.

Keep current with details of OLA parish activities by scanning the QR code or going online to <https://olaparish.flocknote.com>.

Once there, be sure to join the OLA Parish Carmichael News and the OLA Parish Carmichael Faith and Catechesis email groups to receive important updates from OLA, including the weekly bulletin.



Scan the QR code using your smartphone camera for OLA Parish Flocknote emails.

If you haven't signed up for online giving yet and would like to do so, please scan the QR code or visit our online giving portal at <https://olaparish.flocknote.com/give> to sign up. Flocknote Online Giving is a simple and secure way to donate online. If you need assistance or have questions about online giving, please email our parish Flocknote support team at flocknotesupport@olaparish.net.



Scan the QR code using your smartphone camera for OLA Parish Flocknote online giving.

OLA PARISH COMMUNICATIONS



If you have an event to promote or news to share, please fill out the Communications Request Form at <https://olaparish.net/communications>. All requests are subject to approval. Due to limited bulletin space, we may be unable to include your submission, or it may be summarized. When space allows, submissions may be included for up to a 2-3 week timeframe. For further questions, email us at communications@olaparish.net.

Bulletin Weekend Dates

Aug 1st - 2nd

Aug 8th - 9th

Aug 15th - 16th

Submission Due Dates

July 24th

July 31st

Aug 7th

**Due dates may be earlier due to the printer's holiday schedule.*

MASS INTENTIONS

SATURDAY, JULY 18TH

5:00pm

† Frank Azevedo *by Robin and Mary Meriano*
(Sp) Janice Leighton-Armah *by Leighton-Armah*

SUNDAY, JULY 19TH

16th Sunday in Ordinary Time

7:30am

†† Peglow & Meriano family *by Meriano family*
† Bernard Klevens *by Victoria*
† Margaret Peggy Ingran *by Robert Messa*

9:00am

† Andrew J. Martelon (*birthday*) *by Cathy Apker*

11:00am

† Frank Zboralski family

7:30pm

All Parishioners (*Missa Pro Populo*)

MONDAY, JULY 20TH

8:00am

† Jerry Mouton *by Mouton family*

TUESDAY, JULY 21ST

8:00am

(Sp) Abercrombie family *by Kannengeiser family*
(Sp) Monohon family *by Kannengeiser family*

WEDNESDAY, JULY 22ND

St. Mary Magdalene

8:00am

† Fr. Brendan McKeefry

THURSDAY, JULY 23RD

8:00am

† Patricia Ann Walters

FRIDAY, JULY 24TH

8:00am

† Fr. Brendan McKeefry

SATURDAY, JULY 25TH

St. James, Apostle

5:00pm

† John West *by Constance West*
†† Albert and Bette Lovotti *by Nancy Carney*
† Don Cotton *by Wife*

PARISH CALENDAR

SUNDAY, JULY 19TH

7:30am, 9:00am, 11:00am, and 7:30pm Masses - Church
10:00am (after Mass) Pray & Play - Preschool Playground

MONDAY, JULY 20TH

8:00am Mass - Church

6:00pm Bereavement Meeting - OLA St. Paul's Room

TUESDAY, JULY 21ST

8:00am Mass - Church

8:30am - 7:00pm Eucharistic Adoration - Church

12:30pm St. Vincent de Paul Meeting - Affinito Hall Rm.3

6:30pm Group Rosary in the presence of the Blessed Sacrament - Church

WEDNESDAY, JULY 22ND

8:00am Mass - Church

6:00pm Catholics in Recovery - St. Anne's Room

THURSDAY, JULY 23RD

8:00am Mass - Church

8:30am - 7:00pm Eucharistic Adoration - Church

7:00pm Living the Word - Affinito Hall Room 3

FRIDAY, JULY 24TH

8:00am Mass - Church

SATURDAY, JULY 25TH

3:00pm Confessions - Church

5:00pm Vigil Mass - Church

For a **COMPLETE** listing of events, visit our parish website: <https://olaparish.net/calendar>.

OLA PARISH FUNERAL INFORMATION



Our OLA Bereavement Ministry is here to support families in their time of need with funeral planning.

Please call the parish office for more information.

MASS INTENTION INFORMATION

To request a Mass Intention, you may visit the parish office or send an email to parish@olaparish.net. The "†" means that a person is deceased. The "(Sp)" means Special Intention. A donation of \$10.00 is suggested but not required.

PRAY FOR OUR SICK BROTHERS AND SISTERS



*For those in pain and in sorrow,
God be their comfort.*

*For caretakers and medical staff,
God give them grace.*

*Surround those afflicted with Your
love, care, and mercy,*

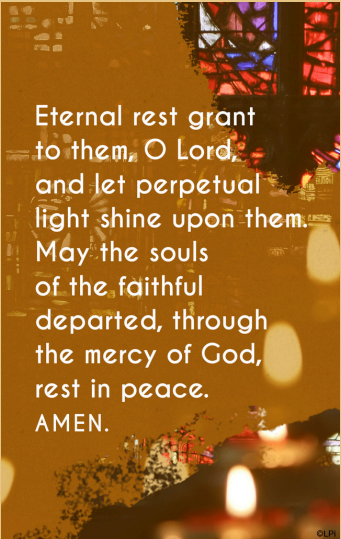
*You who are our healing and hope.
Amen.*

BULLETIN SICK LIST POLICY

To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list. The names will be added in alphabetical order. When a name is added it will be in bold type for a week. Once a name is added, it will be removed either when requested OR after six months, unless there is a specific request to keep the name on the list for longer.

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email: communications@olaparish.net.

FOR THOSE IN OUR COMMUNITY WHO HAVE PASSED AWAY



Eternal rest grant
to them, O Lord,
and let perpetual
light shine upon them.
May the souls
of the faithful
departed, through
the mercy of God,
rest in peace.
AMEN.

Cathy Apker
Carmy Baca
Doreen Baldwin
Donna Blaschke
Joan Cotton
Ryan Daniels
Yolande De Forge
Robert DeAnda
Aaron Esselman
Bobbie Hall
Kathy Harreld
Dorothy Heimbichner
Matthew Holmes
Christine Jansen
Sheila Johnson
Maya Juarez
Bernd Koerber
Michael Kyalwazi
Michael and Shannon Langer
Julia Silva Lara
John Lemieux
Kathleen Lemieux
David DeLeonardis
Elaine Lyons
Delilah Macfal
Bennett Mattingly
Armie Mauricio
Langford Metzger

Jessica Montgomery
Cesar Muedas
Nguyen Family
Kathleen Nolan
Ovvie Ortega
Jane Osborn
Dave Palmer
Camille Peter
Adam Peter
T.J. Rapozo
Rob & Teresa Reavis
Salvador Silva Reyes
David Rider
Guadalupe Rodriguez
Mary Roy
Emily Tuazon
Linda Vaughan
Joe S. Venegas
Bobby & Marlowe Villariza
Wesley Villariza
Diane Wadys-Wooly
Rachel Wann
Charlie Wetherall
Jack Wetherall
Lawrence Wilhelm
Pat Wood
Juan and Victoria Yniguez
Bobby Zoppi

HOMEBOUND PARISHIONERS

Distribution of the Eucharist to our homebound parishioners is available from our Eucharistic Homebound Ministers who are dedicated to serving the spiritual needs of our homebound by bringing Christ to them and keeping them connected to our community. Please leave a message for Peggy at the parish office (916) 481-5115 for details.

BEREAVEMENT SUPPORT GROUP

The OLA Bereavement Support Group will have its next meeting this **Monday, July 20th, from 6:00pm - 7:30pm** in St. Paul's Room, next to the parish office.

If you have any questions or would like more information, reach out to Daniel Hernandez via email at d315hernandez@gmail.com.

PRAYER, FORMATION, AND MINISTRY AT OLA

EUCCHARISTIC ADORATION

Make time to pray in the peaceful presence of our Lord. All are invited to pray in the church during Exposition of the Blessed Sacrament on Tuesdays and Thursdays between 8:30am – 7:00pm. Our Adoration Ministry needs regular adorers, as well as substitutes. To sign up for an Adoration time slot, email Don Thamer at don.nprz6@gmail.com or text (916) 549-7195.

INTERESTED IN BECOMING CATHOLIC?

Are you interested in learning more about our rich Catholic faith and possibly becoming Catholic? Or do you know someone who is interested? The process begins in August with inquiry sessions and concludes with reception into the Church at Easter Vigil.

If you are the age of 18 or older and interested, there will be inquiry sessions on the following Wednesdays: August 5th, 12th, 19th, and 26th. All sessions will be from 7:00pm - 8:00pm in Affinito Hall, Meeting Room 3 (accessed via Cottage Way). You are welcome to join us at any or all of the four sessions. We will answer your questions and share the OCIA process. If you will be joining us, or if you have any questions, contact Jordan Holmes via email at ocia@olaparish.net.

RETURNING TO YOUR CATHOLIC FAITH

If you are returning to your Catholic Faith, we would like to offer an informal conversation with a member of the parish staff to help facilitate a comfortable and active return to our church community. Please leave a message for Casey Oliver at (916) 481-5115 ext. 212, or email worship@olaparish.net. Welcome home!

ADULT FELLOWSHIP GROUP

Join us in prayer and recreation this month! All are welcome to come and pray at the Tuesday evening rosaries closing out adoration at 6:30pm. **Adult parishioners 18 years or older are also invited on Saturday, July 25th for scripture study and games following the 5pm Mass in Affinito Hall. All players and spectators for basketball must be 18 years or older and registered parishioners.**

Questions? Please reach out to Catherine Olguin by calling/texting (916) 223-1257, or you may also email Catherine at Catharina.936@gmail.com.

YOUTH FAITH FORMATION

Save the Date! Faith Formation classes will begin in Bannon Hall on **September 13th** at 10:15am with a mandatory family orientation.

Registration for the 2026-2027 school year will begin on Sundays in August following the morning Masses. To learn more about the program, reach out to Faith Formation Coordinator Tracy Urban via email at faithformation@olaparish.net.

OLA MINISTRY INFORMATION

Visit the ministry page on our parish website at <https://olaparish.net/community/ministries>. OLA Ministry Handbooks are also available in the parish office and in the hanging display cases by the church doors. Our ministries are categorized by the Four Pillars of Stewardship: prayer, hospitality, formation, and service. Prayerfully consider participating in one (or more) of our parish ministries, and thank you for allowing us to serve you and to pray for you when you are in need.

LIVING THE WORD SCRIPTURE STUDY

All are welcome for Living the Word Scripture Study on Thursday evenings at 7:00pm in Affinito Hall Meeting Room 3. At Living the Word, we discuss the Sunday scripture readings and how they apply to our daily lives.

CHOIR IN THE PEWS MUSIC MINISTRY



OLA Choir in the Pews is a volunteer ministry that is open to all ability levels. We need prepared singers in the pews who are willing to sing out to support and encourage the singing of others during Mass. All are welcome!

Participants receive a weekly email with online music video links and support materials. Members of Choir in the Pews are also encouraged to give input regarding song selection for Masses. An engaged and singing assembly glorifies God and helps evangelize, and singing is also good for your health. Interested in learning more? Please email Casey Oliver at worship@olaparish.net.

NEWS FROM OUR PARISH AND SCHOOL

WELCOME PAROCHIAL VICAR FR. DANE



Reverend Dante "Dane" Lumabas is from Laoag City, Philippines and is a religious priest of the congregation of the Society of Saint Paul (SSP). Fr. Dane entered the seminary after graduating with a Bachelor of Science degree in Commerce, majoring in accounting. After completing his theological studies at the Loyola School of Theology, Ateneo de Manila University, he was ordained a priest in November of 1995. Most of his priestly assignments were as formator of seminarians. In the Diocese of Sacramento, Fr. Dane served as parochial vicar for two years at St. Basil the Great Parish in Vallejo and for one year at Holy Spirit Church in Fairfield.

To relax, Fr. Dane enjoys taking long walks, watching plays, and reading. His favorite foods are fish, veggies, and all kinds of berries. Fr. Dane loves the Blessed Mother and would love to support any ministry that concerns Mary, in addition to Adoration of the Blessed Sacrament. Fr. Dane's favorite saints are Pope John Paul II and Carlo Acutis. Welcome to OLA, Fr. Dane!



2026 SUMMER RECYCLING CHALLENGE

Last year's summer recycling challenge raised over \$1,500 thanks to the enthusiastic participation of OLA parishioners. New recycling containers were purchased for Affinito Hall, and there was enough money left over to help fund the trash and recycling containers for the church. **Back by popular demand, we will have another recycling challenge this summer!** This year OLA School student Nathan Oliver is inviting his fellow 5th grade OLA School classmates to help make this challenge possible. **The OLA 2026 Summer Recycling Challenge collections dates will be the weekends of July 25th - 26th and August 1st - 2nd.** In the meantime, keep saving your cans and bottles! Proceeds will go to the church and school to assist with recycling and sustainability efforts.

OLA SCHOOL IS BUILDING THEIR FAITH

Students, please cut out the brick and save it over the summer to help your class "build" their faith when school resumes in August!



ADDITIONAL COMMUNITY NEWS AND PRAYER RESOURCES



OLA GABRIEL PROJECT UPDATE

The Gabriel Project is a parish ministry dedicated to providing practical support, encouragement, and hope to pregnant women and families in need. We welcome new volunteers from OLA and neighboring parishes who are interested in sharing their time and talents in service to life. Whether you can participate regularly or help occasionally, there is a place for you in this ministry. If you can't attend in person, you may also join us through MS Teams. For meeting information, reach out to skropf@winfirst.com. Together, we can make a difference in the lives of mothers, babies, and families in our community.

All are welcome to attend our meetings. *The OLA Gabriel Project will not meet in July. Join us for our next meeting on Monday, August 10, at 7:00pm in Affinito Hall, Room 3.* Email Rose Ross at jross2331@att.net or Sharon Kropf at skropf@winfirst.com for more information.

If you are a pregnant Mother and Need Help, please call

(800) 910-0191

You can also visit us:
www.scd.org/gabrielproject



OLA CONFERENCE OF THE ST. VINCENT de PAUL SOCIETY

For those who need assistance and live within our parish boundaries, our OLA SVdP Food Locker is open Tuesdays and Thursdays from 10:00am – 12:00pm. OLA SVdP can also offer assistance with rent, utilities, and more, due to the generosity of our parishioners. Are you interested in volunteering? Please reach out to OLA SVdP President Leo Winternitz via email at lwintern@comcast.net.



Catholic in Recovery

WEEKLY MEETINGS AT OLA

Join Catholic in Recovery Wednesday nights at 6pm in St. Anne's Room. For more information, please visit <https://catholicinrecovery.com/> or contact Bill via email at bbefort@bellsouth.net or call (561) 827-0624.

CARMELITE FUNDRAISER DINNER

You are invited to attend a fundraiser dinner in support of the Carmelite Monastery in Georgetown at St. Rose of Lima Church in Roseville from 6-9pm on Saturday, August 8, 2026. Dinner is tri-tip (or vegetarian) with picnic sides and dessert. Silent Auction and Raffle with a drawing for a beautiful homemade quilt whose theme is Mary, Our Lady of America. You may register online or learn more at www.carmeliteauxiliary.org.

"HOLY HOOPS 2" BASKETBALL FUNDRAISER

On Friday, July 31st at 7pm at St. John the Baptist in Folsom, there will be a "Holy Hoops 2" basketball fundraiser to benefit the November conference in San Francisco of the National Association of Filipino Priests. For more info and tickets, visit www.folsomcatholic.org.

The Gift of the Divine Will

TALKS BY MOTHER GABRIELLE MARIE



SAINT CLARE CATHOLIC CHURCH – MORRIS CENTER
1950 Junction Blvd., Roseville, CA 95747

FRIDAY, AUGUST 21, 2026 | 7:00 PM to 9:00 PM

SATURDAY, AUGUST 22, 2026

9:30 AM to 5:00 PM
Mass will be celebrated by
Fr. Chuck Kelly 8:30 AM



REGISTRATION FEE: \$40



LUNCH AND SNACKS WILL BE PROVIDED



SPACE IS LIMITED – REGISTER EARLY!



SCAN TO REGISTER

TO REGISTER OR FOR QUESTIONS, CALL:



Cecilia Rivas (916) 792-1101



Jennifer Briones (707) 213-7077



Or email: divinewillcal@gmail.com



SCAN FOR DETAILS



WEEKEND DATES & APPLY TODAY!

Rediscover the one you love on a Worldwide Marriage Encounter experience. Learn practical communication tools, deepen your relationship, and become the best version of yourselves together!

The next Worldwide Marriage Encounter weekend is Aug 21-23 at the Holiday Inn Express in Modesto, CA.



LOVE



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COMMITMENT



GROWTH



JOY

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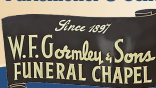
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