



OUR LADY OF THE *Assumption* PARISH

5057 COTTAGE WAY
CARMICHAEL, CA 95608
(916) 481-5115
WWW.OLAPARISH.NET
PARISH@OLAPARISH.NET

Sunday, July 21, 2024

Bulletin for the
Sixteenth Sunday in Ordinary Time

Pastor

Rev. Eduino T. Silveira
pastor@olaparish.net

Pastors Emeriti

**Rev. Brendan McKeefry &
Rev. Michael F. Kiernan**

Deacon

Paul Friedrich
deaconpaul@olaparish.net

PARISH OFFICE HOURS

**Monday - Friday
8:30 a.m. - 2:30 p.m.**

OLA PARISH SCHOOL

**PRESCHOOL - EIGHTH GRADE
(916) 489-8958**

**School Website: school.olaparish.net
Principal: Robert Love**

OLA ST. VINCENT DE PAUL SOCIETY

**Provides assistance for those in need
within our parish boundaries.**

Please call: (916) 481-6352

Monday - Friday | 9:00 a.m. - 11:00 a.m.

**Food Locker hours of operation
are Tuesday and Thursday mornings
from 10:00 a.m. - 12:00 p.m.**

**You are invited to follow OLA Parish on
Facebook, Instagram, and YouTube!**



facebook.com/OLAParish



instagram.com/ola_parish_ca



youtube.com/@OLAParishCA

**PRAY, HOPE, AND
DON'T WORRY.**

- ST. PADRE PIO

PRIEST AND MYSTIC

Regular Mass Schedule

**8:00 a.m. daily Masses
(Monday-Friday and
first Saturday)**

**Saturday vigil Mass
at 5:00 p.m.**

**Sunday Masses at 7:30 a.m.,
9:00 a.m., 11:00 a.m.,
and 7:30 p.m.**

**Holy Days of Obligation:
8:00 a.m. and 5:30 p.m.**

**Confessions are heard inside
the church on Saturday
afternoons at 3:30 p.m.**

*You may also call the parish office
to schedule an appointment.*

Please visit our website and
subscribe to Flocknote for more
information about our parish,
ministries, and upcoming events.

olaparish.net



flocknote.com/olaparish

GOSPEL MEDITATION

16th Sunday in Ordinary Time

Burnout. Recent studies suggest that roughly two-thirds of doctors and nurses have signs of it. You probably know what burnout is: long-term stress leading to emotional exhaustion and a lack of a sense of personal accomplishment. Burnout can threaten anyone who tries to seriously serve and love others. How does our faith inform this challenging experience; how do we find refreshment?

The apostles face something like burnout this week in Mark 6. They are run down from their missionary work, and Jesus says, **"Come away by yourselves to a lonely place, and rest a while."** For them, and for us, it takes humility to intentionally rest. It means the world can go on without us. It stings our pride to admit God is necessary and we are not. Choosing to leave our good work to be with him—whatever the cost—is an act of humble faith. And that trust in God begins to revive us.

But there's more to it. Hilariously, Mark tells us that throngs of needy people find out where the apostles are going and arrive ahead of them. Imagine the exasperation of the burnt-out apostles. "Can we *please* get a minute to ourselves? This is not healthy!" And Jesus seems to *encourage* the boundary violation by telling his frayed followers to feed the crowd. Look: once we move into humble rest, he calls us to *more* work because we are made for love, not for rest. But Jesus does the vast bulk of the labor. He himself is the one who multiplies the small offering until everyone is satisfied.

What finally gives our heart rest isn't more vacation time. It's experiencing the super abundant generosity of God for us and those whom we serve.

— Father John Muir ©LPi

*Rest in the
Generosity of God*

For those in our community who have passed away...

All Souls

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May the souls of all the faithful departed, through the mercy of God, rest in peace.

Amen.



PRAY FOR OUR SICK BROTHERS & SISTERS

Bulletin Sick List Policy

To ensure the privacy of people who are sick, please make sure you have their permission before submitting their name to the list.

Once a name is added, it will be removed either when requested OR after six months. Names will then be removed *unless there is a specific request to keep the name on the list for longer.*

To add a name, remove a name, or if a name has been removed that needs to be added back, you may call the parish office at (916) 481-5115 or email parish@olaparish.net.

Thank you.

Lisa Coffman

Theda Lord

Tomasa Washington

Ryan Daniels

Donna Blaschke (wife)

Donna Blaschke (mother)

Alice Mayer Govaars (baby)

Esther Paulos

Cole Miller Whitney (baby)

Jonathan Whitfield

Wesley Villariza

Charlie Wetherall

Lawrence Wilhelm

Camille Peter

Donna Deterding Parks

Yolande De Forge

Justin Langstroth

Roger Nagtalon

Adam Peter

Carlos Gonzalez

Langford Metzger

Mary Roy

Shannon Langer

Susan Plog Phillip

Guadalupe Rodriguez

Amber Morris

Doug Abbes

John Klaas

Randy Lee

Kathy Harreld

T.J. Rapozo

Diane Goodman

Will Walker

Bennett Mattingley

Jack Wetherall

James (Jim) Dillon

Sally Leatherby

Call the parish office to add a name or to remove a name from this list.

OLA Communications Information

	BULLETIN WEEKEND DATES	ARTICLE DUE
DEADLINES	Aug 3-Aug 4	July 26
	Aug 10-Aug 11	Aug 2
	Aug 17-Aug 18	Aug 9

If you have an event to promote or news to share, please fill out the Communications Request Form on our parish website at <https://olaparish.net/communications-committee>. All communications requests are subject to approval by Father Eduino. **For general questions or bulletin requests, you may also send an email to communications@olaparish.net.**

PARISH STAFF

Pastor

Rev. Eduino T. Silveira | pastor@olaparish.net

Deacon

Paul Friedrich | deaconpaul@olaparish.net

Worship and Communications

Casey Oliver | worship@olaparish.net

Faith Formation

Tracy Urban | faithformation@olaparish.net

Youth Ministry

Johann Rubia-Miller | youth@olaparish.net

ADVISORY COUNCIL CHAIRPERSONS

Pastoral Council: Carmy Baca

Finance Council: Joe Selewicz

Buildings & Grounds Committee: John Blaschke

OLA SCHOOL

Principal: Robert Love

Vice Principal: Hellen Brassfield

Admissions: Elisabeth Gustorf

advancement@olaparish.net

General Questions: Donna Eaddy

eaddy@olaparish.net

PARISH MISSION STATEMENT

The Mission of the parish community at Our Lady of the Assumption Church is to proclaim the Word of God more fully, to gain a more intimate knowledge of God through our Catholic traditions, and to serve the people of God, especially in our efforts to meet the needs of the poor in our community, and when possible, around the world. We strive to build a sense of community among our parishioners, with the entire family of God.

Observances for the week of

July 21, 2024

Sunday: 16th Sunday in Ordinary Time
Monday: St. Mary Magdalene
Tuesday: St. Bridget
Wednesday: St. Sharbel Makhlūf, Priest
Thursday: Saint James, Apostle
Friday: Saints Joachim and Anne, Parents of the Blessed Virgin Mary
Saturday:
Next Sunday: 17th Sunday in Ordinary Time

©LPi



SATURDAY, JULY 20

5:00 PM † Fred Baca

by Carmy and Tina Baca

SUNDAY, JULY 21

7:30 AM † Mark Felton

by OLA Music Ministry

9:00 AM † Susan Start

by the Jones family

11:00 AM (Sp) Janice Leighton-Armah

by Theresa Crawley Kannengeiser

7:30 PM All Parishioners (Missa Pro Populo)

MONDAY, JULY 22

8:00 AM (Sp) Sandi Lanz

by Cathy Apker

TUESDAY, JULY 23

8:00 AM † Patricia Ann Walters

by the Walters family

WEDNESDAY, JULY 24

8:00 AM (Sp) Sally Leatherby

by Cathy Apker

THURSDAY, JULY 25

8:00 AM † Mark Felton

by Cathy Apker

FRIDAY, JULY 26

8:00 AM † Natalie Giorgi

by OLA Classmates

SATURDAY, JULY 27

5:00 PM (Sp) Amber Morris

by the Abbes Family



JOIN OUR OLA COMMUNITY

We ♥ love
having you as part of our flock



Keep in touch
with us via
email & text



Sign up for Flocknote emails and the Flocknote Engage educational resources by scanning the QR code or at <https://olaparish.flocknote.com/>.

Aren't signed up for OLA Parish Flocknote yet?

We can help you! We can assist you in the parish office and via email. Call the parish office or email Casey Oliver at worship@olaparish.net.

Are you attending Mass regularly at Our Lady of the Assumption Church but not registered?

Register today as a parishioner! Go online to <https://olaparish.net/community/register-us> or scan the QR code.



You may also call or visit the parish office for assistance.

Thank you!

FOR THESE GIFTS WE ARE GRATEFUL

Weekend Offertory 7/14/24	\$11,343.00
E-Giving 7/8/24 to 7/14/24	\$ 2,443.23
Total:	\$13,786.23

**Help OLA continue its mission
by making a special gift today!**

CASH + CHECK

Checks payable to

Our Lady of the Assumption Parish or
Our Lady of the Assumption School

ONLINE

Please visit <https://olaparish.net/contribute>
or scan our QR Code.



STOCK or PLANNED GIFTS

Please contact Elisabeth Gustorf, Advancement Director, at advancement@olaparish.net or at (916) 489-8958 ext. 170.

Our Lady of the Assumption is a 501(c)(3) organization.
All gifts are tax deductible as allowed by the law.
Tax ID number is #45-3954215.

PARISH CALENDAR

Sunday, July 21

Masses: 7:30 am - 9:00 am -
11:00 am - 7:30 pm

Monday, July 22

8:00 am Mass

Tuesday, July 23

8:00 am Mass

8:30 am - 7:00 pm

Exposition of the Blessed
Sacrament - Church

6:30 pm Knights of
Columbus mtg. - St. John's
Hall

Wednesday, July 24

8:00 am Mass

Thursday, July 25

8:00 am Mass

8:30 am - 7:00 pm

Exposition of the Blessed
Sacrament - Church

6:30 pm Lectio Divina and
Taizé Prayer in the
presence of the Blessed
Sacrament - Church

Friday, July 26

8:00 am Mass

Saturday, July 27

3:30 pm Confessions -
Church

5:00 pm vigil Mass



Support the Collection for the Church in Latin America

**The next special collection will take place the weekend
of August 10th-11th for the Church in Latin America.**

Proceeds from this collection go directly to support the work of pastoral projects in Mexico, Central and South America, and the Caribbean and supports catechetical and lay programs, youth ministry, evangelization, and programs for religious, priests and deacons throughout Latin America.

For more information, please visit
www.usccb.org/latinamerica.



We encourage parishioners to enroll in our automated donation program called WeShare.

This program provides a convenient way to make your donations to our church from the comfort of your home.

To enroll please follow these simple steps:

Go to <https://olaparish.net> and click on Donate.

This will take you to our "Contribute" page, where you will find the **WeShare** link to enroll and donate.

WeShare Donor Support Phone: (877) 316 0260 or go to
<https://www.wesharegiving.com/support/>.

PARISH AND SCHOOL NEWS

Group Baptism Sunday, July 14th



Our Lady of the Assumption Parish Community congratulates the Mehigan, Storelli, and Navarro families as they celebrate bringing their children into the faith through the Sacrament of Baptism.

For more information about baptisms at OLA, visit <https://olaparish.net/sacraments/sacrament-baptism>.

You may also contact the Baptism Ministry via email at baptism@olaparish.net.

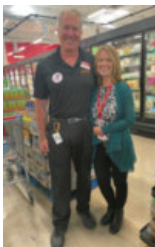


OLA SVdP Monthly Client Story and Additional News

This client story is part of a monthly series for the parish bulletin that shows the different kinds of assistance offered to clients who live within our parish boundaries by the OLA Conference of the St. Vincent de Paul Society.

Client Story from May 2024 – During set up at the OLA Country Fair in May of this year, a visitor came up to a volunteer and inquired if the fair was open to anyone. She responded that it sure was, it was a community event and he was most certainly welcome to attend. The visitor then said that when he arrived on campus, he recognized the school because years before, when he was struggling to get by, he would come to the food locker to get food. He said it was a very difficult time in his life, and the food locker really helped him and his family get by.

Additional News – Grocery Outlet has a promotion going on during the month of July to help the hungry. **Daniel and Amanda Regan, owners of the Grocery Outlet at 2280 Sunrise Blvd. in Gold River, have chosen OLA SVdP to be the beneficiary of the monies they receive.** By shopping at this Grocery Outlet location this month, you will be helping the SVdP food locker!



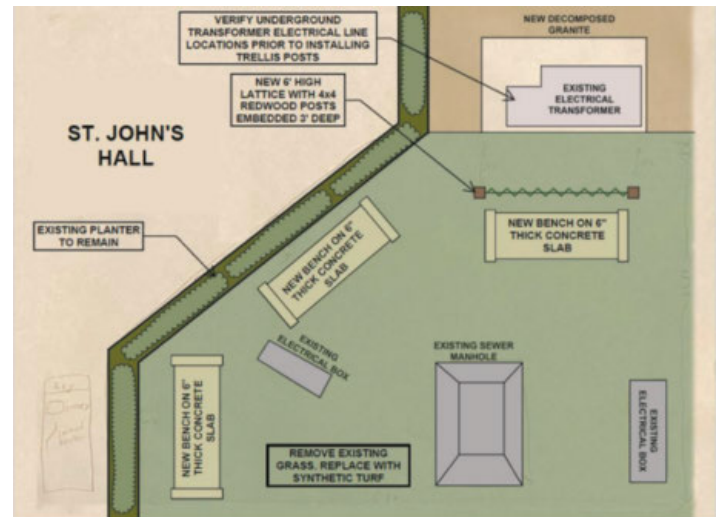
Thank you to Daniel and Amanda Regan for selecting OLA SVdP Food Locker as the beneficiary of the Grocery Outlet July 2024 community food drive, Independence From Hunger.



BSA Eagle Project Fundraising Update – St. John's Landscaping

Thank you to all who have donated towards John Rockenstein's Eagle Scout project, and thank you to John for embarking on this ambitious project to create a beautiful new space for prayer and contemplation at OLA. **So far he has raised 30% of his fundraising goal of \$9,000. More contributions are still needed.**

John's Eagle Scout Project for St John's Hall



John will be installing turf in place of the grass on the right side of St. John's Hall (opposite side from Mary). He will also be putting in new rose bushes, as well as new wood benches.

If you would like to donate to this project, you can drop off a check to the church office addressed to Troop 328, or you can also donate via the Venmo app: @Mike-Rockenstein-2. **Bench sponsorship is also available if you are interested.** This is a wonderful opportunity for a family or parish ministry to make a commemorative contribution to the beautification of the OLA campus.

Please contact johnmrockenstein@gmail.com and rockusc@gmail.com with any questions you have.

Any help is appreciated. Thank you for your support!



OLA Ministry Information

Want to join a ministry? Does your ministry need assistance? We can help you!

For more information about ministry at OLA, visit our website: <https://olaparish.net/community/ministries>.

Do you wish to learn more about our parish ministries and/or sign up to become involved? Please contact OLA Ministry Coordinator Jane Ricci via email at ministrycoordinator@olaparish.net. You may also call the Parish Office at (916) 481-5115 to leave a message.

If you are active in ministry at OLA, and your ministry needs assistance in any way, please contact Jane Ricci to communicate your needs or concerns. Thank you!

PRAYER AND FORMATION AT OLA

Exposition of the Blessed Sacrament

**All are invited to come pray in the church on
Tuesdays and Thursdays
from 8:30 a.m. – 7:00 p.m.**



***Make time to pray
in the peaceful
presence of our
Lord.***

To sign up for an Adoration time slot, please contact
Don Thamer at don.nprz6@gmail.com
or (916) 549-7195 mobile/text.

OLA Live Events in the Presence of the Blessed Sacrament

At OLA, in addition to weekly Adoration, twice a month we host prayer services in the presence of the Blessed Sacrament. Each month we pray the rosary and have a Lectio Divina and Taizé Prayer service. Both services are livestreamed.

Upcoming OLA Live Events

Thursday, July 25th at 6:30 p.m.

Lectio Divina and Taizé Prayer in the presence of the Blessed Sacrament

Thursday, August 8th at 6:30 p.m.

Rosary (Luminous Mysteries) in the presence of the Blessed Sacrament

Join us in prayer inside the church or online!

<https://olaparish.net/ola-live>

OLA Meditation Group

This group gathers weekly on Monday afternoons at 4:00 p.m. and follows guided meditations to help participants grow in relationship with Christ.

Meetings are in the church on the first Monday of the month and then on Zoom for the rest of the month.

Email Fran Rider at birider2808@sbcglobal.net for more information.



Living the Word Scripture Study

There will be no Living the Word meetings during the month of July. Our next scheduled meeting will be Thursday, August 1st. At Living the Word, we discuss the Sunday scripture readings and how they apply to our daily lives. We look forward to seeing you in August!

Catholic Q&A – Daily Faith

Question: What can I do to help our family practice our faith each day?

Answer: Some families practice their religion together as just another event on their schedule: go to church, observe Lent, help at the parish picnic, go to a meeting, volunteer time, make your confession, use your envelope... But the focus needs to be on who we are—God's people, in relationship with him, loved, forgiven, and redeemed, and called to live and proclaim the Gospel. Our awareness of God's presence and our sense of mission are supported by the daily rituals, celebrations, and traditions that help us stay focused. Sharing our faith strengthens us and clarifies the beliefs and values of Christian living.

Daily family practices include time for prayer—before meals, before bed, before important meetings and activities. Attend Sunday Mass together and discuss the homily afterward. Create family celebrations for holy days and holidays. Make religion a regular part of your discussions. Include others, especially the elderly and the less fortunate, in your activities and charitable efforts. By applying the virtues of faith, hope, and love to each day, faith becomes part of who your family is. It influences how you act towards others, what you value, and how mindful of God you are. Faith is the leaven of life that helps all of us rise to our calling and dignity as God's people. ©LPi

Adult Small Group Studies

Fr. Eduino strongly encourages small groups to meet together to grow in faith, knowledge, and friendship!

This summer could be the perfect time to start a small group study. You may also want to begin planning for a group study this fall.

Did you know that our parish has access to Flocknote Engage, which includes free and complete access to Bishop Barron's Word on Fire ENGAGE video library and study programs? This resource includes access to the complete Catholicism series/study program with free pdf study materials for leaders and participants.

Additional study programs available include The Mass, The Creed, and The Sacraments.

Interested in leading a small group study? Please contact Casey Oliver at worship@olaparish.net for more information.

For more spiritual and educational resources, visit <https://olaparish.net/formation/resources>.

Grow in Faith and Knowledge - Follow OLA Parish on Social Media

Every week our parish social media channels feature inspiring and educational content to help us grow in faith and knowledge. Learn about the saints, feast days, teachings of the Catholic Church, and so much more!

facebook.com/OLAParish instagram.com/ola_parish_ca

COMMUNITY



St. Vincent de Paul Society - OLA Conference

Thank you for your continued support!

We need tuna and green beans for the Food Locker.

We also need grocery bags, especially paper bags.

Drop donations off at the parish office or in the church SVdP collection boxes.

For those who need assistance and live within our parish boundaries, the food locker is open Tuesdays and Thursdays from 10 A.M.-12 P.M. We can also help with utility and rent payments. Call (916) 481-6352 for more information.

Interested in volunteering for SVdP? Call (916) 481-6352 to leave a message, or email Marylee Johnson at jmjohn@surewest.net.

St. Vincent de Paul, pray for us!

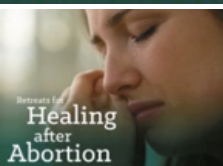


Weekly Meetings at OLA

Join Catholic in Recovery at OLA on Wednesdays at 6:00 p.m. in St. Anne's Room. Meetings combine the spiritual principles of 12-step recovery and the sacraments of the Catholic Church. Join others in recovery as we overlap scripture from Sunday's Mass readings, liturgical themes, and recovery topics with honest discussion and prayer.

Confidentiality is protected. We welcome those recovering from any addiction, compulsion, or unhealthy attachment: alcoholism; drug addiction; compulsive overeating; restricted eating; lust/pornography addiction; gambling addiction; technology addiction; compulsive spending/debting; codependency; control, fear, resentment, and grief. **For more information**, visit our website www.catholicinrecovery.com, or contact Bill B. at bbefort@bellsouth.net or at (561) 827-0624.

Find healing at Rachel's Vineyard



Call (916) 733-0161 or email

projectrachel@scd.org.

All messages are confidential.



**Pregnant? Worried?
Need Help?**

Call (800) 910-0191

The Gabriel Project

Interested in supporting the OLA Gabriel Project?

Contact the parish office for more information.

Quo Vadis Retreat ("Where Are You Going?")



The Office of Priestly & Religious Vocations invites all young men ages 13 to 17 to the 2024 Quo Vadis Retreat.

Attendees will learn about the Priesthood, Diaconate and Married Life. There will be time for fellowship, games and prayer about their vocation.

Dates: August 2-4, 2024 at Trinity Pines Catholic Center in Colfax.

Cost: Late Registration is \$100 as of July 19th.

Registration will not be accepted after July 24th.

To register your son, please visit www.scd.org/quovadis or if you have questions, contact us at (916) 733-0258.

Internet Safety for Kids and Teens Webinar

The Central California Intelligence Center, working with the FBI and the Placer County Sheriff's Department, is presenting a two-hour **Internet Safety for Kids and Teens Webinar on August 6 from 6:00- 8:00 PM**. The webinar will focus on protecting children and young adults from individuals using the internet for predatory purposes including human trafficking and sextortion. Federal officials have recently described the ever-increasing number of victims of sextortion schemes designed to extort money from unsuspecting young people. Investigators will describe the risks youths face and the best practices parents can follow to keep young people safe from these crimes as the new school year approaches.

Please scan the QR code below or visit the training calendar at <https://sacrtac.org/> for registration information.

Central California Intelligence Center, in collaboration with Placer County Sheriff's Office, the Federal Bureau of Investigation and the Eastern District of California US Attorney's Office presents:

Internet Safety for Kids & Teens

August 6, 2024 6:00-8:00pm

Topics covered include:

- Sextortion-What it is and how to protect your child
- Human Trafficking-Keeping our children safe

Scan to Register or visit the training calendar at www.sacrtac.org

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Opening in Summer 2024